

SUMMER

2026 ACTIVITIES GUIDE



Youth & Adult Programs & Activities • Financial Aid Available

In-District

Saturday, April 11, 2026

Sábado, 11 de abril de 2026

Out-of-District

Monday, April 13, 2026

Lunes, 13 de abril de 2026



**Online
En línea**

Saturday, April 11, 2026 at 8 am

You can register 24 hours a day, seven days a week at www.thprd.org/portal. You must use a credit card or THPRD gift card to pay.

Sábado, 11 de abril de 2026 a las 8 am

Puede inscribirse las 24 horas del día, los siete días de la semana en www.thprd.org/portal. Debe utilizar una tarjeta de crédito o una tarjeta regalo de THPRD para pagar.



**Walk-in
En persona**

Saturday, April 11, 2026 at 8 am

Visit any THPRD recreation or aquatic center to register for classes.

Sábado, 11 de abril de 2026 a las 8 am

Visite cualquier centro acuático o de recreación de THPRD para inscribirse en las clases.



**Questions
Preguntas**

For questions or support with your online account, please call 503-645-6433. For program questions, please contact the center where the program is being held. The THPRD directory can be found online, with links to current hours of operation and contact information: www.thprd.org/facilities/directory

Si tiene preguntas o necesita ayuda con su cuenta en línea, llame al 503-645-6433. Si tiene preguntas sobre el programa, póngase en contacto con el centro donde se lleva a cabo el programa. El directorio de THPRD se puede encontrar en línea, con enlaces a los horarios de atención actuales e información de contacto: www.thprd.org/facilities/directory

Summer registration is for classes and activities that take place from June 14 - August 22, 2026.

La inscripción de verano es para clases y actividades que se llevarán a cabo del 14 de junio al 22 de agosto de 2026.



Centro DE BIENVENIDA



Centro de Bienvenida is a series of events designed to assist Financial Aid recipients, individuals with disabilities, and English Language Learners who may need language-specific support to access and register for activities.



Centro de Bienvenida es una serie de eventos de apoyo, diseñados para asistir a personas del Programa de Asistencia Financiera, personas con discapacidades y/o personas quienes requieren apoyo específico en su idioma para acceder y registrarse en actividades.

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The THPRD bond would focus on repair and replacement.

This measure would allow THPRD to issue up to \$280 million in bonds to fund repairs and improvements for facilities and properties owned or operated by THPRD. The primary focus of this measure is to repair and maintain the park system allowing existing facilities to last longer. THPRD currently operates 120+ parks, 85 miles of trails and pathways, 6 recreation centers, 8 swimming pools, and hundreds of sports fields and courts throughout the 50 square miles. The proposal was developed with the help of a community-led Bond Task Force.

The replacement bond would fund the next 20 years of safety improvements:



Repair and Update Parks, Trails, and Facilities; Protect Natural Areas:

Repair parks, trails, boardwalks, recreation centers, sports fields, courts, pools, playgrounds, equipment, and protect natural areas. A portion of funds would be for targeted land acquisition and updated amenities.



Improve Safety and Accessibility:

Address safety and accessibility concerns – similar to work done in schools, upgrade lighting, replace aging security and fire suppression systems.

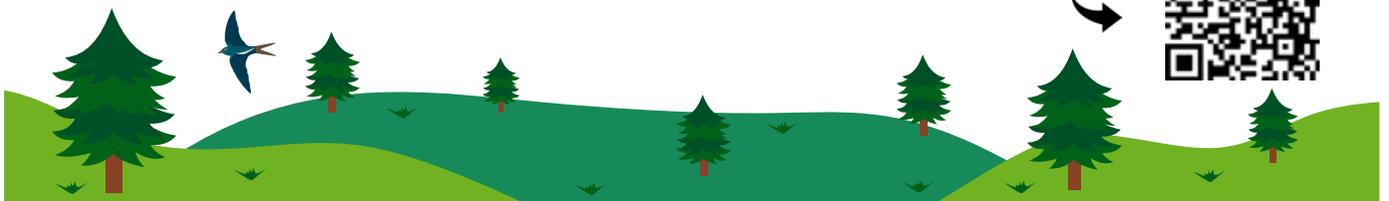


Infrastructure Improvements:

Replace roofs, heating/cooling systems, energy efficiency improvements, building infrastructure. Modernize building entrances to address safety and accessibility issues.

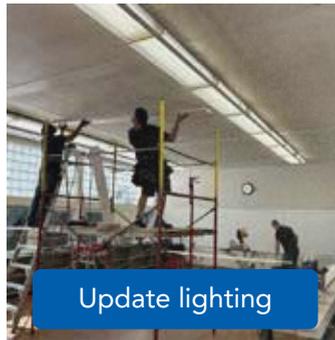
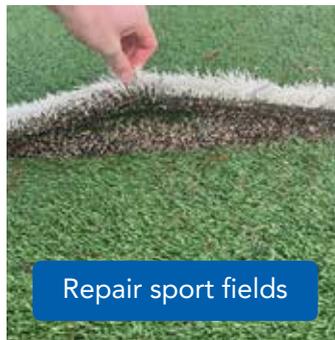
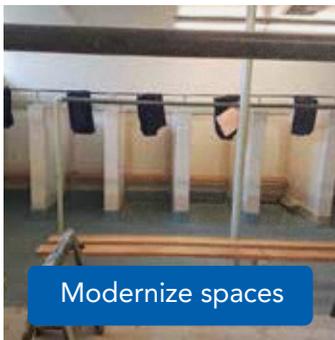
THPRD estimates that the tax rate on the bonds authorized by this Measure will not exceed the rate the district targeted when communicating with voters about the expiring 2008 measure. The final payment on the 2008 bonds will be made before taxes are levied to pay for the bonds authorized by this Measure. The projected rate is \$0.37 cents per \$1,000 in assessed value, or approximately \$10 per month or \$120 per year on a home with the average assessed value of \$325,421. Actual bond rates will fluctuate based on final interest rates and property value changes.

Scan for more info



What would the bond do?

Proposed projects that the bond would fund may include, but are not limited to:

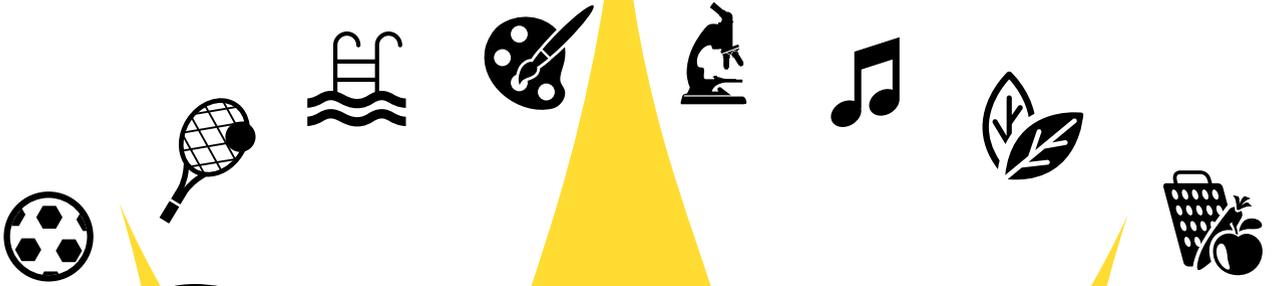


Capital Projects Only

Funds would be used for capital projects and costs only and not used for day-to-day operations.

To learn more visit: www.thprd.org/district-information/2026-bond-measure





Summer Camps 2026



Full and half-day camps

Summer Camps

Aloha Swim Center Camps at a Glance

503-629-6311

Age	6-12 yrs	12-15 yrs
Time	9 am-1 pm	9 am-1 pm
Week 1 6/15-6/18*	Make a Splash Aquatics Camp	
Week 2 6/22-6/26	Make a Splash Aquatics Camp	Babysitter's Training Camp
Week 3 6/29-7/2*	Make a Splash Aquatics Camp	
Week 4 7/6-7/10	Make a Splash Aquatics Camp	Babysitter's Training Camp
Week 5 7/13-7/17	Make a Splash Aquatics Camp	Jr. Lifeguarding Camp - Dual Language Camp
Week 6 7/20-7/24	Make a Splash Aquatics Camp	Babysitter's Training Camp
Week 7 7/27-7/31	Make a Splash Aquatics Camp	
Week 8 8/3-8/7	Make a Splash Aquatics Camp	Babysitter's Training Camp
Week 9 8/10-8/14	Make a Splash Aquatics Camp	Jr. Lifeguarding Camp
Week 10 8/17-8/21	Make a Splash Aquatics Camp	

* No camp 6/19, 7/3



Make a splash this summer at Aloha Swim Center! Campers enjoy weekly crafts, games, and activities, along with a daily swim lesson and pool time – so learning to swim stays part of the fun! Sign up for one or all ten weeks.

18650 SW Kinnaman Road, Aloha

Summer Camps

Aloha Swim Center Camps at a Glance

503-629-6311

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29. Deposits are applied to the following camps: Make a Splash Aquatics Camp.

No camp on 6/19, 7/3.

Half-day Summer Camps

Make a Splash Aquatics Camp • 6-12 yrs

Come join us at Aloha Swim Center for camp! Every week we will be doing crafts, games and activities. Included in your camp are swimming lessons and structured pool time so you don't have to miss out on learning to swim this summer season! Campers need to bring lunch, snacks, sunscreen, water bottle, and a swimsuit plus a towel each day.

Week 1					
6/15-6/18	M-Th	9 am – 1 pm	6-12 yrs	AL182006	
No camp 6/19					
Aloha Pool		ID/AP: \$212	OD: \$265		
Week 2					
6/22-6/26	M-F	9 am – 1 pm	6-12 yrs	AL182007	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 3					
6/29-7/2	M-TH	9 am – 1 pm	6-12 yrs	AL182008	
No camp 7/3					
Aloha Pool		ID/AP: \$212	OD: \$265		
Week 4					
7/6-7/10	M-F	9 am – 1 pm	6-12 yrs	AL182009	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 5					
7/13-7/17	M-F	9 am – 1 pm	6-12 yrs	AL182010	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 6					
7/20-7/24	M-F	9 am – 1 pm	6-12 yrs	AL182011	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 7					
7/27-7/31	M-F	9 am – 1 pm	6-12 yrs	AL182012	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 8					
8/3-8/7	M-F	9 am – 1 pm	6-12 yrs	AL182013	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 9					
8/10-8/14	M-F	9 am – 1 pm	6-12 yrs	AL182014	
Aloha Pool		ID/AP: \$261	OD: \$326.25		
Week 10					
8/17-8/21	M-F	9 am – 1 pm	6-12 yrs	AL182015	
Aloha Pool		ID/AP: \$261	OD: \$326.25		

Specialty Camps

Babysitter's Training

This course is taught in-line with the ARC standards for babysitting and is intended to provide youth interested in babysitting with the knowledge and skills necessary to give care safely and responsibly for children and infants. This course will run in conjunction with our age-appropriate camps, to give students hands on experience working with children. This course will certify participants with an ARC "babysitter's training" certificate.

Week 2					
6/22-6/26	M-F	9am-1 pm	12-15 yrs	AL156007	
Aloha Swim Center		ID/AP: \$253	OD: \$316.25		
Week 4					
7/6-7/10	M-F	9am-1 pm	12-15 yrs	AL156009	
Aloha Swim Center		ID/AP: \$253	OD: \$316.25		
Week 6					
7/20-7/24	M-F	9am-1 pm	12-15 yrs	AL156011	
Aloha Swim Center		ID/AP: \$253	OD: \$316.25		
Week 8					
8/3-8/7	M-F	9am-1 pm	12-15 yrs	AL156013	
Aloha Swim Center		ID/AP: \$253	OD: \$316.25		

Jr. Lifeguarding Camp • 12-15 yrs

This Junior Lifeguarding camp is designed for youth ages 12-15 who have achieved at least an Aquatic Level 4 proficiency. This camp introduces the fundamental skills and responsibilities of a lifeguard and swim lesson instructor aide.

Participants will engage in both classroom instruction and water-based practice. Key topics include lifesaving techniques, such as in-water rescues, proper use of a rescue tube, and foundational first aid, CPR, and AED skills (note: this course does not include certification).

Students will also have the opportunity to shadow lifeguards during their rotations, gaining practical insight into real-life lifeguarding duties. Upon completing the course, participants may apply for volunteer positions as Junior Guards or Swim Aides at any of THPRD's aquatic centers.

Please bring a sack lunch, swimsuit and towel each day. Comfortable clothes and shoes/sandals with a heel strap are a must! Completion of the emergency contact form and medical information must be completed before the program.

Week 5 - Dual Language Camp					
7/13-7/17	M-F	9 am – 1pm	12-15 yrs	AL151010	
Aloha Swim Center		ID/AP: \$185	OD: \$231.25		
Week 9					
8/10-8/14	M-F	9 am – 1pm	12-15 yrs	AL151014	
Aloha Swim Center		ID/AP: \$185	OD: \$231.25		

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Beaverton Swim Center Camps at a Glance

503-629-6312

Age	7-12 yrs	12-15 yrs
Time	8:45 am-1 pm	9 am-4 pm
Week 1 6/15-6/18*	Fun, Sun and Waves Camp	
Week 2 6/22-6/26	Fun, Sun and Waves Camp	Jr. Lifeguarding Camp
Week 3 6/29-7/2*	Fun, Sun and Waves Camp	
Week 4 7/6-7/10	Fun, Sun and Waves Camp	Jr. Lifeguarding Camp
Week 5 7/13-7/17	Fun, Sun and Waves Camp	
Week 6 7/20-7/24	Fun, Sun and Waves Camp	Jr. Lifeguarding Camp
Week 7 7/27-7/31	Fun, Sun and Waves Camp	
Week 8 8/3-8/7	Fun, Sun and Waves Camp	Jr. Lifeguarding Camp
Week 9 8/10-8/14	Fun, Sun and Waves Camp	
Week 10 8/17-8/21	Fun, Sun and Waves Camp	Jr. Lifeguarding Camp

* No camp 6/19, 7/3.



12850 SW Third Street, Beaverton

Summer Camps

Beaverton Swim Center

503-629-6312

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29. Deposits are applied to the following camps: Camp Fun, Sun and Waves and Jr. Lifeguarding Camp.

No camp on 6/19, 7/3, 8/21.

Half-day Summer Camps

Camp Fun, Sun and Waves • 7-12 yrs

Come join us at Beaverton Swim Center for camp! Every week we will be doing crafts, games and activities, field trips to local parks, and playing at the city water feature. Included in your camp are swimming lessons and structured pool time so you don't have to miss out on learning to swim this summer season! Campers need to bring lunch, snacks, sunscreen, water bottle, and a swimsuit plus a towel each day.

Week 1 6/15-6/18 No camp 6/19	Sea Creatures M-Th	8:45 am – 1 pm	7-12 yrs	BV190001
	Beaverton Classroom	ID/AP: \$224	OD: \$280	
Week 2 6/22-6/26	Mystery Solvers M-F	8:45 am – 1 pm	7-12 yrs	BV190002
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 3 6/29-7/2 No camp 7/3	Swimprov M-Th	8:45 am – 1 pm	7-12 yrs	BV190003
	Beaverton Classroom	ID/AP: \$224	OD: \$280	
Week 4 7/6-7/10	Aquabonanza M-F	8:45 am – 1 pm	7-12 yrs	BV190004
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 5 7/13-7/17	Super Heros M-F	8:45 am – 1 pm	7-12 yrs	BV190005
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 6 7/20-7/24	Super Scientists M-F	8:45 am – 1 pm	7-12 yrs	BV190006
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 7 7/27-7/31	Lego Engineers M-F	8:45 am – 1 pm	7-12 yrs	BV190007
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 8 8/3-8/7	All Ball M-F	8:45 am – 1 pm	7-12 yrs	BV190008
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 9 8/10-8/14	Lego Engineers M-F	8:45 am – 1 pm	7-12 yrs	BV190009
	Beaverton Classroom	ID/AP: \$277	OD: \$346.25	
Week 10 8/17-8/20 No camp 8/21.	Aquabonanza M-Th	8:45 am – 1 pm	7-12 yrs	BV190010
	Beaverton Classroom	ID/AP: \$224	OD: \$280	

Jr. Lifeguarding Camp • 12-15 yrs

This Junior Lifeguarding camp is designed for youth ages 12-15 who have achieved at least an Aquatic Level 4 proficiency. This camp introduces the fundamental skills and responsibilities of a lifeguard and swim lesson instructor aide.

Participants will engage in both classroom instruction and water-based practice. Key topics include lifesaving techniques, such as in-water rescues, proper use of a rescue tube, and foundational first aid, CPR, and AED skills (note: this course does not include certification).

Students will also have the opportunity to shadow lifeguards during their rotations, gaining practical insight into real-life lifeguarding duties. Upon completing the course, participants may apply for volunteer positions as Junior Guards or Swim Aides at any of THPRD's aquatic centers.

Please bring a sack lunch, swimsuit and towel each day.

Comfortable clothes and shoes/sandals with a heel strap are a must! Completion of the emergency contact form and medical information must be completed before the program.

Week 2 6/22-6/26	M-F	9 am – 4pm	12-15 yrs	BV191002
	Beaverton Swim Center	ID/AP: \$321	OD: \$401.25	
Week 4 7/6-7/10	M-F	9 am – 4pm	12-15 yrs	BV191004
	Beaverton Swim Center	ID/AP: \$321	OD: \$401.25	
Week 6 7/20-7/24	M-F	9 am – 4pm	12-15 yrs	BV191006
	Beaverton Swim Center	ID/AP: \$321	OD: \$401.25	
Week 8 8/3-8/7	M-F	9 am – 4pm	12-15 yrs	BV191008
	Beaverton Swim Center	ID/AP: \$321	OD: \$401.25	
Week 10 8/17-8/20 No camp 8/21.	M-Th	9 am – 4pm	12-15 yrs	BV191010
	Beaverton Swim Center	ID/AP: \$258	OD: \$322.50	



Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Cedar Hills Recreation Center Camps at a Glance

503-629-6340

Age	3-4 yrs	5-6 yrs	7-8 yrs	9-10 yrs	11-16 yrs
Week 1 6/15-6/18 No camp 6/19 The Call to Adventure	Preschool Camp Preschool Art Camp: Pirate Arrrrr! Preschool Cooking Camp Dance & Tumble Adventure Camp Pee Wee Hoops Camp Jumpstart Preschool Sports Camp T-ball Skills Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Camp Preschool Art Camp: Pirate Arrrrr! Art Camp: Pirate's Cove Preschool Cooking Camp Dance & Tumble Adventure Camp Gymnastics Camp Pee Wee Hoops Camp Jumpstart Preschool Sports Camp T-ball Skills Camp Soccer Skills Camp Tiny Aces Tennis Camp Wacky Rackets Camp	Camp Summer Craze Art Camp: Pirate's Cove Dance & Tumble Adventure Camp Gymnastics Camp Soccer Skills Camp Tiny Aces Tennis Camp Youth Tennis Camp Wacky Rackets Camp	Camp Cedar Thrills Role Playing Games Camp Dance & Tumble Explorers Camp Gymnastics Camp Youth Soccer Camp Youth Tennis Camp	Camp Summer Journey Role Playing Games Camp Dance and Tumble Camp Gymnastics Camp Youth Soccer Camp Youth Tennis Camp Throwers Camp
Week 2 6/22-6/26 Splash & Spark	Preschool Camp Preschool Art Camp: Hero Headquarters Creative Spark Dance Camp Jumpstart Sports: Mini Soccer Camp Tiny Touchdown Football Camp Kickstart Sports Adventure Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Camp Preschool Art Camp: Hero Headquarters Art Camp: Comics in Action Creative Spark Dance Camp Gymnastics Camp Tiny Touchdown Football Camp Kickstart Sports Adventure Camp Tiny Aces Tennis Camp	Camp Summer Craze Art Camp: Comics in Action Theater Camp: All About Improv! Creative Spark Dance Camp Gymnastics Camp Kickstart Sports Adventure Camp Flag Football Camp Tiny Aces Tennis Camp Badminton Skills Camp Girls Basketball Camp Youth Tennis Camp	Camp Cedar Thrills Theater Camp: All About Improv! Cooking, Ultimate Eats Camp Creative Motion Dance Camp Gymnastics Camp Badminton Skills Camp Girls Basketball Camp Flag Football Camp Youth Tennis Camp	Camp Summer Journey Cooking, Ultimate Eats Camp Creative Spark Dance Camp Gymnastics Camp Gymnastics Camp Girls Basketball Camp Youth Tennis Camp
Week 3 6/29-7/2 No camp 7/3 Nature's Quest	Preschool Camp Preschool Art Camp: Forest Friends Preschool Cooking Camp Wild Ones Hip Hop Camp Mini Golfers Adventure Camp Little Heroes Training Camp Camp Inflatables: Outdoor Adventures Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Camp Preschool Art Camp: Forest Friends Art Camp: Nature Explorers Preschool Cooking Camp Wild Ones Hip Hop Camp Gymnastics Camp Mini Golfers Adventure Camp Little Heroes Training Camp Camp Inflatables: Outdoor Adventures Camp Soccer Skills Camp Tiny Aces Tennis Camp	Camp Summer Craze Art Camp: Nature Explorers Beast Mode Hip Hop Camp Gymnastics Camp All-Star Field Sports Camp Camp Inflatables: Outdoor Adventures Camp Soccer Skills Camp Tiny Aces Tennis Camp Youth Tennis Camp	Camp Cedar Thrills Camp Hogwarts Beast Mode Hip Hop Camp Gymnastics Camp All-Star Field Sports Camp Youth Soccer Camp Youth Tennis Camp	Camp Summer Journey Camp Hogwarts Beast Mode Hip Hop Camp Gymnastics Camp Sand Volleyball Camp Youth Soccer Camp Youth Tennis Camp
Week 4 7/6-7/10 Mind Over Matter	Preschool Camp Preschool Art Camp: Poke Pals Preschool Cooking Camp Hip Hop Mindset Dance Camp Mini Tennis Camp Jumpstart Preschool Sports Camp	Camp Funshine Preschool Camp Preschool Art Camp: Poke Pals Art Camp: Pokémon Studio Preschool Cooking Camp Hip Hop Mindset Dance Camp Gymnastics Camp Mini Tennis Camp Jumpstart Preschool Sports Camp Kids Lacrosse Camp Karate Kids Summer Camp	Camp Summer Craze Art Camp: Pokémon Studio Theater Camp: All About Design! Strength & Grace Ballet Camp Gymnastics Camp Pickleball Kids - Outdoor Sports Camp Kids Lacrosse Camp Karate Kids Summer Camp Youth Soccer Camp	Camp Cedar Thrills Camp Hogwarts Theater Camp: All About Design! Strength & Grace Ballet Camp Gymnastics Camp Hoop Camp Pickleball Kids - Outdoor Sports Camp Youth Soccer Camp	Camp Summer Journey Camp Hogwarts Strength & Grace Ballet Camp Gymnastics Camp Hoop Camp Karate Kids Summer Camp Middle School Pickleball Camp
Week 5 7/13-7/17 Legends of the Wild	Preschool Camp Preschool Art Camp: Dinosaurs and Doodles Ballet Move & Play Dance Camp Jumpstart Sports: Mini Soccer Camp Pee Wee Hoops Camp Golf Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Camp Preschool Art Camp: Dinosaurs and Doodles Art Camp: Jurassic Adventures Ballet Move & Play Dance Camp Gymnastics Camp Pee Wee Hoops Camp Basketball Skills Camp Golf Camp Tiny Aces Tennis Camp	Camp Summer Craze Art Camp: Jurassic Adventures Camp Skywalker - A Star Wars Fan Camp! Young Artists' Playground Youth Cooking Camp Hip Hop Level Up Dance Camp Gymnastics Camp Basketball Skills Camp Golf Camp Girls Soccer Skills Camp Tiny Aces Tennis Camp Youth Tennis Camp	Camp Cedar Thrills Camp Skywalker - A Star Wars Fan Camp! Young Artists' Playground Youth Cooking Camp Hip Hop Level Up Dance Camp Gymnastics Camp Golf Camp Girls Soccer Skills Camp Youth Tennis Camp	Camp Summer Journey Camp Skywalker - A Star Wars Fan Camp! Young Artists' Playground Hip Hop Level Up Dance Camp Gymnastics Camp Outdoor Exploration: Hiking Camp Girls Soccer Skills Camp Youth Tennis Camp

Camps run for 3, 4 or 5 days. Check the Class List information for specific dates and times.

Camps are spread across the age divisions on this page. Check the Class List for individual age offerings.

Summer Camps

Cedar Hills Recreation Center Camps at a Glance

503-629-6340

Age	3-5 yrs	5-6 yrs	7-8 yrs	9-10 yrs	11-16 yrs
Week 6 7/20-7/24 Sky's the Limit	Preschool Camp Preschool Art Camp: Astronaut Extraordinaire K-Pop Little Stars Dance Camp Tiny Stars Cheer Camp Pee Wee Soccer Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Camp Preschool Art Camp: Astronaut Extraordinaire Art Camp: Space Odyssey K-Pop Little Stars Dance Camp Gymnastics Camp Archery Camp Tiny Stars Cheer Camp Pee Wee Soccer Camp Kids Lacrosse Camp Soccer Skills Camp Tiny Aces Tennis Camp	Camp Summer Craze Art Camp: Space Odyssey All About Fiber Arts Camp Youth Cooking Camp K-Pop Star Power Dance Camp Cheer Camp Kids Lacrosse Camp Lacrosse Skills Camp Archery Camp Soccer Skills Camp Tiny Aces Tennis Camp Youth Tennis Camp	Camp Cedar Thrills Super Sleuths Camp All About Fiber Arts Camp Youth Cooking Camp K-Pop Star Power Dance Camp Gymnastics Camp Cheer Camp Lacrosse Skills Camp Archery Camp	Camp Summer Journey Super Sleuths Camp All About Fiber Arts Camp K-Pop Star Power Dance Camp Gymnastics Camp Cheer Camp Lacrosse Skills Camp Archery Camp Outdoor Exploration: Disc Golf Camp Youth Tennis Camp Youth Weight Training Camp (2 weeks)
Week 7 7/27-7/31 Tides of Fun	Preschool Art Camp: Under the Sea Safety Town (2 weeks) Dress up & Dance Sea Adventure Camp Jumpstart Preschool Sports Camp Water Fun Camp All Comers Wrestling Camp	Camp Funshine Preschool Art Camp: Under the Sea Art Camp: Ocean Explorers Safety Town (2 weeks) Dress up & Dance Sea Adventure Camp Gymnastics Camp Archery Camp Basketball Skills Camp Jumpstart Preschool Sports Camp Water Fun Camp All Comers Wrestling Camp	Camp Summer Craze PDX Explorers Camp Art Camp: Ocean Explorers Youth Cooking Camp Ballet Tides & Twirls Dance Camp Gymnastics Camp Basketball Skills Camp Pickleball Kids - Outdoor Sports Camp Archery Camp Water Fun Camp All Comers Wrestling Camp	Camp Cedar Thrills PDX Explorers Camp Youth Cooking Camp Ballet Tides & Twirls Dance Camp Gymnastics Camp Pickleball Kids - Outdoor Sports Camp Youth Soccer Camp Archery Camp All Comers Wrestling Camp	Camp Summer Journey Ballet Tides & Twirls Dance Camp Gymnastics Camp Archery Camp Middle School Pickleball Camp All Comers Wrestling Camp Youth Soccer Camp
Week 8 8/3-8/7 Rise of the Legends	Preschool Art Camp: Fairytale Fantasies Ballet Wild Wonders Dance Camp T-ball Skills Camp Tiny Aces Tennis Camp Water Fun Camp	Camp Funshine Preschool Art Camp: Fairytale Fantasies Art Camp: Legends and Fables Ballet Wild Wonders Dance Camp Gymnastics Camp Archery Camp T-ball Skills Camp Tiny Aces Tennis Camp Water Fun Camp	Camp Summer Craze Camp Olympus-A Percy Jackson Fan Camp! Art Camp: Legends and Fables All About Paper Arts Camp Youth Cooking Camp Contemporary Quest Dance Camp Gymnastics Camp All-Star Field Sports Camp Archery Camp Tiny Aces Tennis Camp Youth Tennis Camp Youth Volleyball Camp Water Fun Camp	Camp Cedar Thrills Camp Olympus-A Percy Jackson Fan Camp! All About Paper Arts Camp Youth Cooking Camp Contemporary Quest Dance Camp Gymnastics Camp All-Star Field Sports Camp Archery Camp Youth Tennis Camp Youth Volleyball Camp	Camp Summer Journey Camp Olympus-A Percy Jackson Fan Camp! All About Paper Arts Camp Contemporary Quest Dance Camp Gymnastics Camp Archery Camp Youth Tennis Camp Volleyball Skills Camp
Week 9 8/10-8/14 Game On!	Preschool Art Camp: Monster Mania Safety Town (2 weeks) Hip Hop Little Legends Dance Camp Mini Golf Camp: Outdoors! Jumpstart Preschool Sports Camp Tiny Aces Tennis Camp Water Fun Camp	Camp Funshine Preschool Camp Preschool Art Camp: Monster Mania Art Camp: Pixel Play Art Safety Town (2 weeks) Hip Hop Little Legends Dance Camp Gymnastics Camp Archery Camp Mini Golf Camp: Outdoors! Jumpstart Preschool Sports Camp Tiny Aces Tennis Camp Water Fun Camp	Camp Summer Craze Art Camp: Pixel Play Art Hip Hop Legends Dance Camp Gymnastics Camp Archery Camp Tiny Aces Tennis Camp Youth Tennis Camp Youth Volleyball Camp Water Fun Camp	Camp Cedar Thrills Cooking, Ultimate Eats Camp Hip Hop Legends Dance Camp Archery Camp Youth Tennis Camp Youth Volleyball Camp	Camp Summer Journey Cooking, Ultimate Eats Camp Hip Hop Legends Dance Camp Gymnastics Camp Archery Camp Middle School Cross Country Training Camp (2 weeks) Youth Tennis Camp Volleyball Skills Camp
Week 10 8/17-8/21 No Full day Camps 8/20, 8/21 The Grand Finale!	Preschool Art Camp: Bug-tastic! Finale Fun Dress up & Dance Camp Mini Tennis Camp Jumpstart Preschool Sports Camp Pee Wee Soccer Camp Tiny Touchdowns Football Camp Tiny Aces Tennis Camp	Camp Funshine Preschool Art Camp: Bug-tastic! Art Camp: Grand Slam! Finale Fun Dress up & Dance Camp Gymnastics Camp Mini Tennis Camp Jumpstart Preschool Sports Camp Pee Wee Soccer Camp Tiny Touchdowns Football Camp Soccer Skills Camp Tiny Aces Tennis Camp	Camp Summer Craze Cozy Camp Art Camp: Grand Slam Line Dancing Camp Gymnastics Camp Pickleball Kids Sports Camp Soccer Skills Camp Tiny Aces Tennis Camp Youth Tennis Camp	Camp Cedar Thrills Cozy Camp Line Dancing Camp Gymnastics Camp Pickleball Kids Sports Camp Youth Tennis Camp	Camp Summer Journey Line Dancing Camp Gymnastics Camp Youth Tennis Camp

Camps run for 3, 4 or 5 days. Check the Class List information for specific dates and times.

Camps are spread across the age divisions on this page. Check the Class List for individual age offerings.

11640 SW Park Way, Portland

Ages in Grid are a Guide, may not be absolute. Visit www.thprd.org for more info.

Summer Camps

Cedar Hills Recreation Center

503-629-6340

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29.

Deposits are applied to the following camps: **Camp Funshine, Camp Summer Craze, Camp Cedar Thrills and Camp Summer Journey.**

Full-day Summer Camps

Camp Funshine

Join the Camp Funshine crew for a summer filled with creativity, games, and adventure! Campers will enjoy arts and crafts, outdoor play, and activities connected to the weekly themes. They will take walking field trips to local parks (closed-toe shoes required), play on inflatables, and experience the foam cannon. Each day offers opportunities for friendship, imagination, and tons of fun. Please note: Off-site field trips are subject to change.

Week 1	The Call to Adventure				
Field Trip: Xplore PDX					
No camp 6/19					
6/15-6/18	M-Th	7:30 am-6 pm	5-6 yrs	CH17101	
Rm C1	ID/AP: \$256	OD: \$320			
Week 2	Splash & Spark				
Field Trip: Bonneville Dam					
6/22-6/26	M-F	7:30 am-6 pm	5-6 yrs	CH17102	
Rm C1	ID/AP: \$320	OD: \$400			
Week 3	Nature's Quest				
Field Trip: Portland Goat Parties					
No camp 7/3					
6/29-7/2	M-Th	7:30 am-6 pm	5-6 yrs	CH17103	
Rm C1	ID/AP: \$256	OD: \$320			
Week 4	Mind Over Matter				
Field Trip: OMSI					
7/6-7/10	M-F	7:30 am-6 pm	5-6 yrs	CH17104	
Rm C1	ID/AP: \$320	OD: \$400			
Week 5	Legends of the Wild				
Field Trip: Oregon Zoo					
7/13-7/17	M-F	7:30 am-6 pm	5-6 yrs	CH17105	
Rm C1	ID/AP: \$320	OD: \$400			
Week 6	Sky's the Limit				
Field Trip: Top Golf					
7/20-7/24	M-F	7:30 am-6 pm	5-6 yrs	CH17106	
Rm C1	ID/AP: \$320	OD: \$400			
Week 7	Tides of Fun				
Field Trip: North Clackamas Aquatic Park					
7/27-7/31	M-F	7:30 am-6 pm	5-6 yrs	CH17107	
Rm C1	ID/AP: \$320	OD: \$400			
Week 8	Rise of the Legends				
Field Trip: Sky Zone					
8/3-8/7	M-F	7:30 am-6 pm	5-6 yrs	CH17108	
Rm C1	ID/AP: \$320	OD: \$400			
Week 9	Game On!				
Field Trip: Next Level Pinball					
8/10-8/14	M-F	7:30 am-6 pm	5-6 yrs	CH17109	
Rm C1	ID/AP: \$320	OD: \$400			

Week 10	The Grand Finale!			
No Field Trip				
No camp 8/20, 8/21				
8/17-8/19	M-W	7:30 am-6 pm	5-6 yrs	CH17110
Rm C1	ID/AP: \$192	OD: \$240		

Camp Summer Craze

Join the Camp Summer Craze team for a week filled with creativity, games, and adventure! Campers will enjoy arts and crafts, outdoor play, and activities connected to the weekly themes. They will take walking field trips to local parks (closed-toe shoes required), play on inflatables, and experience the excitement of the foam cannon. Each day encourages imagination, teamwork, and fun. Please note: Off-site field trips are subject to change.

Week 1	The Call to Adventure				
Field Trip: Xplore PDX					
No camp 6/19					
6/15-6/18	M-Th	7:30 am-6 pm	7-8 yrs	CH17201	
Rm A	ID/AP: \$256	OD: \$320			
Week 2	Splash & Spark				
Field Trip: Bonneville Dam					
6/22-6/26	M-F	7:30 am-6 pm	7-8 yrs	CH17202	
Rm A	ID/AP: \$320	OD: \$400			
Week 3	Nature's Quest				
Field Trip: Portland Goat Parties					
No camp 7/3					
6/29-7/2	M-Th	7:30 am-6 pm	7-8 yrs	CH17203	
Rm A	ID/AP: \$256	OD: \$320			
Week 4	Mind Over Matter				
Field Trip: OMSI					
7/6-7/10	M-F	7:30 am-6 pm	7-8 yrs	CH17204	
Rm A	ID/AP: \$320	OD: \$400			
Week 5	Legends of the Wild				
Field Trip: Oregon Zoo					
7/13-7/17	M-F	7:30 am-6 pm	7-8 yrs	CH17205	
Rm A	ID/AP: \$320	OD: \$400			
Week 6	Sky's the Limit				
Field Trip: Top Golf					
7/20-7/24	M-F	7:30 am-6 pm	7-8 yrs	CH17206	
Rm A	ID/AP: \$320	OD: \$400			
Week 7	Tides of Fun				
Field Trip: North Clackamas Aquatic Park					
7/27-7/31	M-F	7:30 am-6 pm	7-8 yrs	CH17207	
Rm A	ID/AP: \$320	OD: \$400			
Week 8	Rise of the Legends				
Field Trip: Sky Zone					
8/3-8/7	M-F	7:30 am-6 pm	7-8 yrs	CH17208	
Rm A	ID/AP: \$320	OD: \$400			
Week 9	Game On!				
Field Trip: Next Level Pinball					
8/10-8/14	M-F	7:30 am-6 pm	7-8 yrs	CH17209	
Rm A	ID/AP: \$320	OD: \$400			
Week 10	The Grand Finale!				
No Field Trip					
No camp 8/20, 8/21					
8/17-8/19	M-W	7:30 am-6 pm	7-8 yrs	CH17210	
Rm A	ID/AP: \$192	OD: \$240			

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Camp Cedar Thrills

Join the Camp Cedar Thrills group for a week filled with creativity, games, and adventure! Campers will enjoy arts and crafts, outdoor play, and activities connected to the weekly themes. They will take walking field trips to local parks (closed-toe shoes required), play on inflatables, and experience the foam cannon. Each day encourages teamwork, confidence, and fun. Please note: Off-site field trips are subject to change.

Week 1	The Call to Adventure			
Field Trip:	Hopscotch			
No camp 6/19				
6/15-6/18	M-Th	7:30 am-6 pm	9-10 yrs	CH17301
Rm C2	ID/AP: \$256	OD: \$320		
Week 2	Splash & Spark			
Field Trip:	Bonneville Dam			
6/22-6/26	M-F	7:30 am-6 pm	9-10 yrs	CH17302
Rm C2	ID/AP: \$320	OD: \$400		
Week 3	Nature's Quest			
Field Trip:	Portland Goat Parties			
No camp 7/3				
6/29-7/2	M-Th	7:30 am-6 pm	9-10 yrs	CH17303
Rm C2	ID/AP: \$256	OD: \$320		
Week 4	Mind Over Matter			
Field Trip:	OMSI			
7/6-7/10	M-F	7:30 am-6 pm	9-10 yrs	CH17304
Rm C2	ID/AP: \$320	OD: \$400		
Week 5	Legends of the Wild			
Field Trip:	Oregon Zoo			
7/13-7/17	M-F	7:30 am-6 pm	9-10 yrs	CH17305
Rm C2	ID/AP: \$320	OD: \$400		
Week 6	Sky's the Limit			
Field Trip:	Top Golf			
7/20-7/24	M-F	7:30 am-6 pm	9-10 yrs	CH17306
Rm C2	ID/AP: \$320	OD: \$400		
Week 7	Tides of Fun			
Field Trip:	North Clackamas Aquatic Park			
7/27-7/31	M-F	7:30 am-6 pm	9-10 yrs	CH17307
Rm C2	ID/AP: \$320	OD: \$400		
Week 8	Rise of the Legends			
Field Trip:	Sky Zone			
8/3-8/7	M-F	7:30 am-6 pm	9-10 yrs	CH17308
Rm C2	ID/AP: \$320	OD: \$400		
Week 9	Game On!			
Field Trip:	Next Level Pinball			
8/10-8/14	M-F	7:30 am-6 pm	9-10 yrs	CH17309
Rm C2	ID/AP: \$320	OD: \$400		
Week 10	The Grand Finale!			
No Field Trip				
No camp 8/20, 8/21				
8/17-8/19	M-W	7:30 am-6 pm	9-10 yrs	CH17310
Rm C2	ID/AP: \$192	OD: \$240		

Camp Summer Journey

Join the Camp Summer Journey crew for a summer filled with creativity, games, and adventure! Campers will enjoy arts and crafts, outdoor play, and activities connected to the weekly theme. They will take walking field trips to local parks (closed-toe shoes required), play on inflatables, and experience the excitement of the foam cannon. Each day encourages leadership, independence, and fun. Please note: Off-site field trips are subject to change.

Week 1	The Call to Adventure			
Field Trip:	Hopscotch			
No camp 6/19				
6/15-6/18	M-Th	7:30 am-6 pm	11-14 yrs	CH17401
Rm B	ID/AP: \$256	OD: \$320		
Week 2	Splash & Spark			
Field Trip:	Bonneville Dam			
6/22-6/26	M-F	7:30 am-6 pm	11-14 yrs	CH17402
Rm B	ID/AP: \$320	OD: \$400		
Week 3	Natures Quest			
Field Trip:	Portland Goat Parties			
No camp 7/3				
6/29-7/2	M-Th	7:30 am-6 pm	11-14 yrs	CH17403
Rm B	ID/AP: \$256	OD: \$320		
Week 4	Mind Over Matter			
Field Trip:	OMSI			
7/6-7/10	M-F	7:30 am-6 pm	11-14 yrs	CH17404
Rm B	ID/AP: \$320	OD: \$400		
Week 5	Legends of the Wild			
Field Trip:	Oregon Zoo			
7/13-7/17	M-F	7:30 am-6 pm	11-14 yrs	CH17405
Rm B	ID/AP: \$320	OD: \$400		
Week 6	Sky's the Limit			
Field Trip:	Top Golf			
7/20-7/24	M-F	7:30 am-6 pm	11-14 yrs	CH17406
Rm B	ID/AP: \$320	OD: \$400		
Week 7	Tides of Fun			
Field Trip:	North Clackamas Aquatic Park			
7/27-7/31	M-F	7:30 am-6 pm	11-14 yrs	CH17407
Rm B	ID/AP: \$320	OD: \$400		
Week 8	Rise of the Legends			
Field Trip:	Sky Zone			
8/3-8/7	M-F	7:30 am-6 pm	11-14 yrs	CH17408
Rm B	ID/AP: \$320	OD: \$400		
Week 9	Game On!			
Field Trip:	Next Level Pinball			
8/10-8/14	M-F	7:30 am-6 pm	11-14 yrs	CH17409
Rm B	ID/AP: \$320	OD: \$400		
Week 10	The Grand Finale!			
No Field Trip				
No camp 8/20, 8/21				
8/17-8/19	M-W	7:30 am-6 pm	11-14 yrs	CH17410
Rm B	ID/AP: \$192	OD: \$240		

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Before/Mid-day/After Camp Care

Before Camp Care

Drop off your child as early as 7:30 am and kick-start their day with fun, supervised activities before their camp adventure officially begins! While you go about your morning, your child will enjoy exciting pre-camp fun, and we'll make sure they arrive to their scheduled on-site camp when it's time to start. **Transportation to offsite programs is not included.**

Week 1				
No camp 6/19				
6/15-6/18	M-Th	7:30-9 am	4-14 yrs	CH17001
Rm 2	ID/AP: \$36	OD: \$45		
Week 2				
6/22-6/26	M-F	7:30-9 am	4-14 yrs	CH17002
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 3				
No camp 7/3				
6/29-7/2	M-Th	7:30-9 am	4-14 yrs	CH17003
Rm 2	ID/AP: \$36	OD: \$45		
Week 4				
7/6-7/10	M-F	7:30-9 am	4-14 yrs	CH17004
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 5				
7/13-7/17	M-F	7:30-9 am	4-14 yrs	CH17005
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 6				
7/20-7/24	M-F	7:30-9 am	4-14 yrs	CH17006
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 7				
7/27-7/31	M-F	7:30-9 am	4-14 yrs	CH17007
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 8				
8/3-8/7	M-F	7:30-9 am	4-14 yrs	CH17008
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 9				
8/10-8/14	M-F	7:30-9 am	4-14 yrs	CH17009
Rm 2	ID/AP: \$45	OD: \$56.25		
Week 10				
8/17-8/21	M-F	7:30-9 am	4-14 yrs	CH17010
Rm 2	ID/AP: \$45	OD: \$56.25		

After Camp Care

Need a little extra time before picking up your child after a half day camp like preschool, sports, gymnastics or art? No problem! We'll escort your child from their half day camp ending at 4pm or later and provide fun supervised activities. **Transportation from offsite programs is not included.**

Week 1				
No camp 6/19				
6/15-6/18	M-Th	4-6 pm	4-14 yrs	CH17031
Rm 2	ID/AP: \$48	OD: \$60		
Week 2				
6/22-6/26	M-F	4-6 pm	4-14 yrs	CH17032
Rm 2	ID/AP: \$60	OD: \$75		

Week 3				
No camp 7/3				
6/29-7/2	M-Th	4-6 pm	4-14 yrs	CH17033
Rm 2	ID/AP: \$48	OD: \$60		
Week 4				
7/6-7/10	M-F	4-6 pm	4-14 yrs	CH17034
Rm 2	ID/AP: \$60	OD: \$75		
Week 5				
7/13-7/17	M-F	4-6 pm	4-14 yrs	CH17035
Rm 2	ID/AP: \$60	OD: \$75		
Week 6				
7/20-7/24	M-F	4-6 pm	4-14 yrs	CH17036
Rm 2	ID/AP: \$60	OD: \$75		
Week 7				
7/27-7/31	M-F	4-6 pm	4-14 yrs	CH17037
Rm 2	ID/AP: \$60	OD: \$75		
Week 8				
8/3-8/7	M-F	4-6 pm	4-14 yrs	CH17038
Rm 2	ID/AP: \$60	OD: \$75		
Week 9				
8/10-8/14	M-F	4-6 pm	4-14 yrs	CH17039
Rm 2	ID/AP: \$60	OD: \$75		
Week 10				
8/17-8/21	M-F	4-6 pm	4-14 yrs	CH17040
Rm 2	ID/AP: \$60	OD: \$75		

Summer Fun! Midday Hangout new

Extend the fun with supervised mid-day care at Cedar Hills! This program bridges the gap between our half-day camps and keeps kids engaged with light activities and supervision. Perfect for campers waiting for an afternoon session or families who need mid-day coverage while using the facility. **Lunch is not provided.** BSD offers an on-site meal program Monday-Thursday, and we will follow their regular service schedule. **Transportation to or from offsite programs is not included.**

Week 1				
No camp 6/19				
6/15-6/18	M-Th	11 am-1 pm	4-14 yrs	CH17021
Rm 8	ID/AP: \$48	OD: \$60		
Week 2				
6/22-6/26	M-F	11 am-1 pm	4-14 yrs	CH17022
Rm 8	ID/AP: \$60	OD: \$75		
Week 3				
No camp 7/3				
6/29-7/2	M-Th	11 am-1 pm	4-14 yrs	CH17023
Rm 8	ID/AP: \$48	OD: \$60		
Week 4				
7/6-7/10	M-F	11 am-1 pm	4-14 yrs	CH17024
Rm 8	ID/AP: \$60	OD: \$75		
Week 5				
7/13-7/17	M-F	11 am-1 pm	4-14 yrs	CH17025
Rm 8	ID/AP: \$60	OD: \$75		
Week 6				
7/20-7/24	M-F	11 am-1 pm	4-14 yrs	CH17026
Rm 8	ID/AP: \$60	OD: \$75		
Week 7				
7/27-7/31	M-F	11 am-1 pm	4-14 yrs	CH17027
Rm 8	ID/AP: \$60	OD: \$75		

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Week 8	M-F	11 am-1 pm	4-14 yrs	CH17028
8/3-8/7	ID/AP: \$60	OD: \$75		
Rm 8				
Week 9	M-F	11 am-1 pm	4-14 yrs	CH17029
8/10-8/14	ID/AP: \$60	OD: \$75		
Rm 8				
Week 10	M-F	11 am-1 pm	4-14 yrs	CH17030
8/17-8/21	ID/AP: \$60	OD: \$75		
Rm 8				

Specialty Camps

Role Playing Games Camp

Leave the screens at home and make like-minded friends playing tween-friendly sessions of popular tabletop games - fantasy role-playing games, board games, and collaboration and teamwork games! Plus, learn how to play a Dungeons and Dragons 5e one shot with our knowledgeable dungeon masters (DMs), design or bring your own original character (OC), make custom shrinky dink miniatures, and more! All are welcome, we will give out dice sets and teach you everything you need to know!

6/15-6/18	M-Th	9 am-4 pm	9-13 yrs	CH17501
Rm D	ID/AP: \$360	OD: \$450		

Camp Hogwarts

Accio witches and wizards! Join us for a magical Harry Potter-themed camp where you'll take lessons in Potions, Herbology, Charms, and more! After the sorting ceremony, earn points for your house by competing in fun team games and activities! Create enchanted crafts like your very own wand. Plus, test your taste buds with the Bertie Bott's Every Flavor Beans challenge!

6/29-7/2	M-Th	9 am-4 pm	9-12 yrs	CH17502
Rm D	ID/AP: \$373	OD: \$466.25		
7/6-7/9	M-Th	9 am-4 pm	9-12 yrs	CH17503
Rm D	ID/AP: \$373	OD: \$466.25		

Camp Skywalker - A Star Wars Fan Camp!

Join us in a galaxy far, far, away at the new Camp Skywalker, inspired by the Star Wars universe! Build a recycled droid, create galactic crafts, and dive into the science of space as we explore the galaxy together! Train in lightsaber skills and agility and learn the ways of the Force during team-building missions, with a special guest appearance by a Force-sensitive group from another planet. Field trips to OMSI (plus one planetarium show) and Laser Tag are included, subject to substitution. May the Force be with you! Please note: Off-site field trips are subject to change.

7/13-7/16	M-Th	9 am-4 pm	8-12 yrs	CH17504
Rm D	ID/AP: \$373	OD: \$466.25		

Super Sleuths Camp

Hey, you're acting "kinda sus"... Come help us find the imposter in our new and improved Camp Super Sleuths, where we will spend time deciphering clues, solving puzzles, and even using our deductive skills in a real-life version of the hit game Among Us! Field trips to SkyZone Beaverton and Portland Escape Rooms are included, subject to substitution. Please note: Off-site field trips are subject to change.

7/20-7/23	M-Th	9 am-4 pm	9-12 yrs	CH17505
Rm D	ID/AP: \$373	OD: \$466.28		

PDX Explorers Camp

Want to spend the day staying active and exploring the fun of Portland? Look no further than PDX Explorers, where you can make fast friends and have a ton of fun exploring in and around Portland! Field trips are subject to change. Please note: Off-site field trips are subject to change.

7/27-7/30	M-Th	9 am-4 pm	9-13 yrs	CH17506
Rm D	ID/AP: \$373	OD: \$466.28		

Camp Olympus - A Percy Jackson Fan Camp!

Welcome to Camp Olympus, an adventurous camp based on Rick Riordan's hit Percy Jackson series. You will be sorted into cabin groups, learn all about Greek mythology, play exciting camp games, create book-inspired crafts, train in agility, speed, sword fighting, and more! Field trip to Tree to Tree Adventure Park included, subject to change. Please note: Off-site field trips are subject to change.

8/3-8/6 (1)	M-Th	9 am-4 pm	9-13 yrs	CH17507
Rm D	ID/AP: \$373	OD: \$466.28		

Camp Cozy

Welcome to Camp Cozy, the perfect retreat for budding creators, hobby collectors, and anyone looking to unwind and embrace self-care before school starts! This week, you'll bake delicious treats, explore fiber arts like crochet and blanket-making, craft DIY bath and body products, and try your hand at other comforting crafts, foods, and drinks that spark warmth and joy. Practice mindfulness through journaling, scrapbooking, yoga, and more. With time set aside for creative reading and writing, plus trips to a forested park, and a local bookstore, you'll leave feeling refreshed, inspired, and cozy inside and out!

8/17-8/20	M-Th	9 am-4 pm	9-13 yrs	CH17508
Rm D	ID/AP: \$373	OD: \$466.28		

Art Camp - Preschool

Pirate Arrrrr!

Ahoy there! Join us this week as we take to the high seas with our swashbuckling crafts. We'll read stories, play games, and explore different mediums like clay and paint, all with a pirate-y theme! Bring snacks and a water bottle daily. **No camp on 6/19.**

6/15-6/18	M-Th	9 am-12 pm	4-5 yrs	CH14101
Rm 2	ID/AP: \$173	OD: \$216.25		

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Hero Headquarters

Calling to all superheroes! This week, join us as we make art pieces, read stories, and play games inspired by your favorite heroes! Bring snacks and a water bottle daily.

6/22-6/26 M-F 9 am-12 pm 4-5 yrs CH14102
Rm 2 ID/AP: \$214 OD: \$267.50

Forest Friends

Join us for this week's art camp, inspired by woodland creatures! We'll learn all about various critters, through art projects, games, and stories! Bring snacks and a water bottle daily. **No camp on 7/3.**

6/29-7/2 M-Th 9 am-12 pm 4-5 yrs CH14103
Rm 2 ID/AP: \$173 OD: \$216.25

Poké Pals

We choose you! To sign up for our Pokémon themed art camp. We'll be playing games, reading stories, and doing various crafts and projects inspired by the captivating world of Pokémon. Bring snacks and a water bottle daily.

7/6-7/10 M-F 9 am-12 pm 4-5 yrs CH14104
Rm 2 ID/AP: \$214 OD: \$267.50

Dinos and Doodles

Stomp on over to preschool art camp! You'll roar with excitement when you learn all about dinosaurs through art projects, games, and themed stories. Bring snacks and a water bottle daily.

7/13-7/17 M-F 9 am-12 pm 4-5 yrs CH14105
Rm 2 ID/AP: \$214 OD: \$267.50

Astronaut Extraordinaire

Blast off into this week's art camp! Ignite your campers imagination as we explore the furthest reaches of the solar system with our various space themed crafts, stories, and games. Bring snacks and a water bottle daily.

7/20-7/24 M-F 9 am-12 pm 4-5 yrs CH14106
Rm 2 ID/AP: \$214 OD: \$267.50

Under The Sea

Ready to make a splash? Dive in with us to this weeks art camp Under the Sea where we will voyage through games, stories, and art projects all inspired by cute and friendly sea creatures, you're "shore" to have a fun time with. Bring snacks and a water bottle daily.

7/27-7/31 M-F 9 am-12 pm 4-5 yrs CH14107
Rm 2 ID/AP: \$214 OD: \$267.50

Fairytale Fantasies

Once upon a time... you signed up for art camp and had a blast! This week, we'll play fairy tale filled games, read stories, and complete art projects based on your favorite fairy tales. Bring snacks and a water bottle daily.

8/3-8/7 M-F 9 am-12 pm 4-5 yrs CH14108
Rm 2 ID/AP: \$214 OD: \$267.50

Monster Mania

Spooky or cool? No matter the monster join us in our monster mania art camp as we explore different imaginative art projects, read themed stories, and play each day! Be prepared to create silly spooky crafts, imagine and create wild creatures, and have monstrously good fun! Bring snacks and a water bottle daily.

8/10-8/14 M-F 9 am-12 pm 4-5 yrs CH14109
Rm 2 ID/AP: \$214 OD: \$267.50

Bug-tastic!

This weeks art camp is bug-a-fied, we're making art based on bugs! We'll read and learn about various insects, play interactive games, and draw everything from beautiful butterflies to creepy crawlies. Bring snacks and a water bottle daily.

8/17-8/21 M-F 9 am-12 pm 4-5 yrs CH14110
Rm 2 ID/AP: \$214 OD: \$267.50

Art Camp - Youth

Pirate's Cove

Get ready to set sail this summer with our youth art camp! This week is Pirate's Cove art, so gather your mateys and get ready for pirate-y crafts, games, and stories. Bring snacks and a water bottle daily. **No camp on 6/19.**

6/15-6/18 M-Th 1-4 pm 6-8 yrs CH14211
Rm 2 ID/AP: \$173 OD: \$216.25

Comics in Action

Do you like comics? Come to this week's art camp! Learn how to create your own comic book! We will be studying the whole process of making a comic book! From sketching to story boarding to character creation and dialogue. Bring snacks and a water bottle daily.

6/22-6/26 M-F 1-4 pm 6-8 yrs CH14212
Rm 2 ID/AP: \$214 OD: \$267.50

Nature Explorers

In this week's art camp, we'll be heading outdoors for nature-inspired art. We'll be using natural materials to create multi-medium art, as well as other crafts and games inspired by the great outdoors. Bring snacks and a water bottle daily. **No camp on 7/3.**

6/29-7/2 M-Th 1-4 pm 6-8 yrs CH14213
Rm 2 ID/AP: \$173 OD: \$216.25

Pokémon Studio

Hey Poké Trainers! Join us this week as we play games, read stories, and create art projects inspired by the world of Pokémon! Bring snacks and a water bottle daily.

7/6-7/10 M-F 1-4 pm 6-8 yrs CH14214
Rm 2 ID/AP: \$214 OD: \$267.50

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Jurassic Adventures

Archeologists and artists wanted! Join us this week for Jurassic art camp, where we'll play games, read stories, and make art, all inspired by your favorite prehistoric creatures. Bring snacks and a water bottle daily.

7/13-7/17 M-F 1-4 pm 6-8 yrs CH14215
Rm 2 ID/AP: \$214 OD: \$267.50

Space Odyssey

This week join us and explore the science and beauty of the Milky Way! We'll make various crafts, play games, and read stories inspired by the planets and constellations. Bring snacks and a water bottle daily.

7/20-7/24 M-F 1-4 pm 6-8 yrs CH14216
Rm 2 ID/AP: \$214 OD: \$267.50

Ocean Explorers

Dive right in to this week's art camp! We'll use clay, paint, and paper to create pieces inspired by the ocean, and the wonderful creatures that live there! We'll also read nautical stories and play fun games. Bring snacks and a water bottle daily.

7/27-7/31 M-F 1-4 pm 6-8 yrs CH14217
Rm 2 ID/AP: \$214 OD: \$267.50

Legends and Fables

Ready for an adventure? This week, our camp will be inspired by fairy tales and magical stories of old times and will awaken your campers' inner artists to create magical art projects! Bring snacks and a water bottle daily.

8/3-8/7 M-F 1-4 pm 6-8 yrs CH14218
Rm 2 ID/AP: \$214 OD: \$267.50

Pixel Play Art

This week, we're taking inspiration from retro style games. Join us as we learn how to draw, paint, and sculpt using pixel style art and other art forms! We'll have a number of fun games, stories, and activities related to your favorite video game characters and may even learn and create classic staple characters. Bring snacks and a water bottle daily.

8/10-8/14 M-F 1-4 pm 6-8 yrs CH14219
Rm 2 ID/AP: \$214 OD: \$267.50

Grand Slam!

Come on down to Grand Slam art camp! Each day this week, we'll create different art projects based on a variety of fun sports and activities. Bring snacks and a water bottle daily.

8/17-8/21 M-F 1-4 pm 6-8 yrs CH14220
Rm 2 ID/AP: \$214 OD: \$267.50

Young Artists' Playground

Join us for an exciting week exploring a variety of art forms! A team of rotating instructors from Village Gallery of the Arts will introduce different media and approaches throughout the week to build artistic concepts and skills. Featuring 2-D and 3-D projects: collage, sculpting, drawing, wall hangings, painting and more.

7/13-7/17 M-F 1-3 pm 7-11 yrs CH14245
Rm 3 ID/AP: \$152 OD: \$190

All About Fiber Arts Camp

Unleash your creativity with yarn, thread, felt, and fabric! In this hands-on camp, kids will explore weaving, sewing, and embroidery techniques to make colorful wall hangings, bracelets, and collaborative textile art. Perfect for young crafters who love to create with their hands!

7/20-7/24 M-F 1-3 pm 7-11 yrs CH15243
Rm 3 ID/AP: \$152 OD: \$190

All About Paper Arts Camp

Discover the endless possibilities of paper! Campers will learn origami, collage, papermaking, printmaking, and more. A week filled with folding, cutting, and layering fun for budding artists!

8/3-8/7 (1) M-F 1-3 pm 7-11 yrs CH15244
Rm 3 ID/AP: \$152 OD: \$190

Theater Camp

Theater Camp: All About Improv!

Dive into the exciting world of improvisation! This camp teaches quick thinking, creativity, and collaboration through theater games and team exercises. Campers will learn to build characters, tell stories on the spot, and bring their ideas to life with projects and crafts.

6/22-6/26 M-F 1-3 pm 7-10 yrs CH15211
Rm 3 ID/AP: \$152 OD: \$190

Theater Camp: All About Design!

Explore the magic behind the scenes! This camp focuses on the creative elements of theater, including set, costume, lighting, and prop design. Campers will craft mini-models, design costumes, and learn how to transform ideas into reality, all while playing fun theater games.

7/6-7/10 M-F 1-3 pm 7-10 yrs CH15212
Rm 3 ID/AP: \$152 OD: \$190



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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Preschool Camp

Preschool Camp

Join the fun in preschool camp! We will have themed activities, arts, and crafts, and playtime. Plan to bring a water bottle and a small snack.

Week 1	Happy Campers Adventure			
No camp 6/19				
6/15-6/18	M-Th	9 am-12 pm	3-5 yrs	CH18131
Rm 12	ID/AP: \$168	OD: \$210		
Week 2	Splish Splash Sensory			
6/22-6/26	M-F	9 am-12 pm	3-5 yrs	CH18132
Rm 12	ID/AP: \$209	OD: \$261.25		
Week 3	Animal Palooza			
No camp 7/3				
6/29-7/2	M-Th	9 am-12 pm	3-5 yrs	CH18133
Rm 12	ID/AP: \$168	OD: \$210		
Week 4	Imagination Land			
7/6-7/10	M-F	9 am-12 pm	3-5 yrs	CH18134
Rm 12	ID/AP: \$209	OD: \$261.25		
Week 5	Ready, Set, Play!			
7/13-7/17	M-F	9 am-12 pm	3-5 yrs	CH18135
Rm 12	ID/AP: \$209	OD: \$261.25		
Week 6	Space Explorers			
7/20-7/24	M-F	9 am-12 pm	3-5 yrs	CH18136
Rm 12	ID/AP: \$209	OD: \$261.25		



Safety Town

Safety Town - 2 week camp

Our exciting hands on two week camp introduces preschoolers to important safety skills in a way that's playful and engaging. Through interactive activities, games, puppet shows and real-world practice children build confidence while having tons of fun!

Each day, campers learn from our amazing staff, teen volunteers and real community heroes including police officers and firefighters who make safety lessons come to life in the most exciting way.

Helmet Required! Each day campers will learn and practice bicycle safety using our pedal cars on our mini safety town.

To celebrate their hard work, campers will take part in a special graduation ceremony on the final day and proudly receive a certificate of achievement!

7/27-8/7 (2)	M-F	9:30-11:45 am	4-6 yrs	CH18157
Rm 12	ID/AP: \$350	OD: \$437.50		
7/27-8/7 (2)	M-F	1-3:15 pm	4-6 yrs	CH18167
Rm 12	ID/AP: \$350	OD: \$437.50		
8/10-8/21 (2)	M-F	9:30-11:45 am	4-6 yrs	CH18159
Rm 12	ID/AP: \$350	OD: \$437.50		
8/10-8/21 (2)	M-F	1-3:15 pm	4-6 yrs	CH18169
Rm 12	ID/AP: \$350	OD: \$437.50		

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Cooking Camp

Cooking Camp, Preschool

Have a great time learning to prepare a variety of recipes geared towards preschoolers, by measuring, handling, and assembling yummy foods! Kids practice cooperation, listening, and hand-eye coordination, as well as early math skills. While we cannot guarantee a completely allergy-free environment, please call (503) 629-6340 with 2 weeks' notice to request dietary accommodation.

No camp 6/19

6/15-6/18 M-Th 10 am-12 pm 4-6 yrs CH15100
Kitchen ID/AP: \$138 OD: \$172.50

No camp 6/19

6/15-6/18 M-Th 1-3 pm 4-6 yrs CH15101
Kitchen ID/AP: \$138 OD: \$172.50

No camp 7/3

6/29-7/2 M-Th 10 am-12 pm 4-6 yrs CH15102
Kitchen ID/AP: \$138 OD: \$172.50

No camp 7/3

6/29-7/2 M-Th 1-3 pm 4-6 yrs CH15103
Kitchen ID/AP: \$138 OD: \$172.50

7/6-7/9 M-Th 10 am-12 pm 4-6 yrs CH15104
Kitchen ID/AP: \$138 OD: \$172.50

7/6-7/9 M-Th 1-3 pm 4-6 yrs CH15105
Kitchen ID/AP: \$138 OD: \$172.50

Cooking Camp, Youth

Learn to prepare a variety of easy and delicious recipes while having fun and making friends! Kids learn about measuring, nutrition, kitchen safety, and much more. While we cannot guarantee a completely allergy-free environment, please call (503) 629-6340 with 2 weeks' notice to request dietary accommodation.

7/13-7/16 M-Th 9-11:30 am 7-10 yrs CH15200
Kitchen ID/AP: \$178 OD: \$222.50

7/13-7/16 M-Th 1-3:30 pm 7-10 yrs CH15201
Kitchen ID/AP: \$178 OD: \$222.50

7/20-7/23 M-Th 9-11:30 am 7-10 yrs CH15202
Kitchen ID/AP: \$178 OD: \$222.50

7/20-7/23 M-Th 1-3:30 pm 7-10 yrs CH15203
Kitchen ID/AP: \$178 OD: \$222.50

7/27-7/30 M-Th 9-11:30 am 7-10 yrs CH15204
Kitchen ID/AP: \$178 OD: \$222.50

7/27-7/30 M-Th 1-3:30 pm 7-10 yrs CH15205
Kitchen ID/AP: \$178 OD: \$222.50

8/3-8/6 M-Th 9-11:30 am 7-10 yrs CH15206
Kitchen ID/AP: \$178 OD: \$222.50

8/3-8/6 M-Th 1-3:30 pm 7-10 yrs CH15207
Kitchen ID/AP: \$178 OD: \$222.50

Cooking, Ultimate Eats Camp

Ready to roll up your sleeves and dive into hands-on cooking? Join us at Ultimate Eats (now with an extra hour of fun!), where you'll master essential culinary skills and create a variety of delicious savory and sweet dishes each day, often entirely from scratch! Start the week by reading recipes, making a shopping list, and selecting the freshest ingredients during a grocery shopping trip on Monday. Wrap up the camp with a fun and flavorful food truck field trip on Thursday to celebrate your hard work! While we cannot guarantee a completely allergy-free environment please call (503) 629-6340 with 2 weeks' notice to request dietary accommodation.

6/22-6/25 M-Th 9 am-4 pm 10-13 yrs CH15208
Kitchen ID/AP: \$369 OD: \$461.25

8/10-8/13 M-Th 9 am-4 pm 10-13 yrs CH15209
Kitchen ID/AP: \$369 OD: \$461.25

Dance Camp - Preschool

Dance & Tumble Adventure Camp

Campers will set off on a call-to-adventure filled with dance, music, and imaginative challenges. Dancers will explore creative movement and beginner tumbling skills with daily discoveries through rhythm, storytelling, crafts and activity time. Bring a snack and water bottle each day. **No camp 6/19.**

6/15-6/18 M-Th 9-11:30 am 4-6 yrs CH11171
Rm 5 ID/AP: \$141 OD: \$176.25

Creative Spark Dance Camp

This camp celebrates expression with a splash of energy and a spark of imagination! Dancers will explore rhythmic play, flowing movements, and creative games that inspire curiosity and confidence. The week includes music, crafts, and activities designed to ignite creativity. Bring a snack and water bottle each day.

6/22-6/26 M-F 9-11:30 am 4-6 yrs CH11172
Rm 5 ID/AP: \$175 OD: \$218.75

Wild Ones Hip Hop Dance Camp

Dancers dive into rhythms and stories building confidence through bold moves and freestyle exploration. Kids will learn foundational hip hop skills and build their own creative style. The week blends music, movement, crafts and activity time. Bring a snack and water bottle each day. **No camp 7/3.**

6/29-7/2 M-Th 9-11:30 am 4-6 yrs CH11173
Rm 5 ID/AP: \$141 OD: \$176.25

Hip Hop Mindset Dance Camp

In this high-energy camp, young dancers jump into a world of movement, music, and playful challenges. Each day mixes beginner hip-hop skills with fun games, beat-based activities, and imagination-driven crafts that keep kids moving and engaged. Bring a snack and water bottle each day.

7/6-7/10 M-F 9-11:30 am 4-6 yrs CH11174
Rm 5 ID/AP: \$175 OD: \$218.75

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Ballet Move and Play Dance Camp

In this uplifting ballet camp, young dancers will explore balance, focus, and confidence through playful, mindful movement. Each day combines simple ballet skills with imagination, music, creative challenges and activity time that help little dancers strengthen both body and mind. Bring a snack and water bottle each day.

7/13-7/17 M-F 9-11:30 am 4-6 yrs CH11175
Rm 5 ID/AP: \$175 OD: \$218.75

K-pop Little Stars Dance Camp

In this high-energy camp, young dancers blast off into the Sky's the Limit world of K-Pop movement, music, and star-powered fun. Each day combines beginner K-Pop choreography with playful rhythm games, confidence-boosting activities, and imagination-filled crafts that inspire dancers to shine bright. Bring a snack and water bottle each day.

7/20-7/24 M-F 9-11:30 am 4-6 yrs CH11176
Rm 5 ID/AP: \$175 OD: \$218.75

Dress up & Dance Sea Adventure Camp

In this magical dress-up and dance camp, young dancers dive into a world filled with ocean-inspired imagination and movement. Each day features dance skills, playful costumes, themed music, and creative activities that make every adventure feel like a splash of fun. Bring a snack and water bottle each day.

7/27-7/31 M-F 9-11:30 am 4-6 yrs CH11177
Rm 5 ID/AP: \$175 OD: \$218.75

Ballet Wild Wonders Dance Camp

In this enchanting camp, young dancers set out on a nature-inspired quest filled with movement, music, and imagination. Each day blends beginner ballet skills with creative games and crafts, and outdoor-themed adventures that help dancers explore the wonders of the natural world. Bring a snack and water bottle each day.

8/3-8/7 M-F 9-11:30 am 4-6 yrs CH11178
Rm 5 ID/AP: \$175 OD: \$218.75

Hip Hop Little Legends Dance Camp

In this exciting camp, young dancers will rise into a world of legendary moves and playful adventures. Kids will learn beginner hip hop skills through music, games, crafts and activities that build confidence and creativity. Bring a snack and water bottle each day.

8/10-8/14 M-F 9-11:30 am 4-6 yrs CH11179
Rm 5 ID/AP: \$175 OD: \$218.75

Finale Fun Dress up & Dance Camp

In this celebratory dress-up and dance camp, young dancers will shine in a Grand Finale of movement, music, and imagination. Each day features fun dance activities, playful costumes, games and activities that bring out confidence, creativity, and joy in dancing. Bring a snack and water bottle each day.

8/17-8/21 M-F 9-11:30 am 4-6 yrs CH11180
Rm 5 ID/AP: \$175 OD: \$218.75

Dance Camp - Youth

Dance & Tumble Explorers Camp

Dancers will embark on an exciting adventure full of movement, music, and imaginative challenges. Campers will develop creative dance skills and beginner tumbling techniques while engaging in daily fun that includes rhythm exercises, storytelling, crafts, and activities. Bring a snack and water bottle each day. **No camp on 6/19.**

6/15-6/18 M-Th 1-4 pm 7-11 yrs CH11271
Rm 5 ID/AP: \$165 OD: \$206.25

Creative Motion Dance Camp

Campers will dive into a world of music and imagination through dance exercises and engaging games. Participants will explore movement that ignites curiosity and sparks confidence. Outdoor fun and interactive games round out the adventurous week. Bring a snack and water bottle each day.

6/22-6/26 M-F 1-4 pm 7-11 yrs CH11272
Rm 5 ID/AP: \$206 OD: \$257.50

Beast Mode Hip Hop Dance Camp

Campers will dive into an epic hip hop journey building confidence and coordination while learning beginner hip hop skills through rhythm drills, freestyle challenges, storytelling, crafts and dynamic activities. Bring a snack and water bottle each day. **No camp 7/3.**

6/29-7/2 M-Th 1-4 pm 7-11 yrs CH11273
Rm 5 ID/AP: \$165 OD: \$206.25

Strength & Grace Ballet Dance Camp

Campers will explore the powerful connection between focus and creativity in this engaging ballet camp. Dancers will refine balance, posture, and beginner ballet technique while engaging in daily activities that encourage imagination, storytelling, and expressive movement. Bring a snack and water bottle each day.

7/6-7/10 M-F 1-4 pm 7-11 yrs CH11274
Rm 5 ID/AP: \$206 OD: \$257.50

Hip Hop Level Up Dance Camp

Campers will level up their skills in this high-energy Game On Hip Hop Camp. Dancers will sharpen coordination, rhythm, and beginner hip hop technique while taking on daily challenges inspired by games, teamwork, crafts, and interactive activities. Bring a snack and water bottle each day.

7/13-7/17 M-F 1-4 pm 7-11 yrs CH11275
Rm 5 ID/AP: \$206 OD: \$257.50

K-pop Star Power Dance Camp

In this upbeat and energetic camp, dancers dive into the world of K-Pop choreography, music, and creative expression. Each day blends beginner routines with rhythm challenges, teamwork activities, and inspired movement that encourages confidence and individuality. Bring a snack and water bottle each day.

7/20-7/24 M-F 1-4 pm 7-11 yrs CH11276
Rm 5 ID/AP: \$206 OD: \$257.50

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Ballet Tides & Twirls Dance Camp

Dancers will dive into a graceful ocean-inspired adventure filled with movement, music, and creative exploration. Campers will build beginner ballet skills and expressive movement techniques while enjoying daily fun that includes rhythm exercises, storytelling, crafts, and activities. Bring a snack and water bottle each day.

7/27-7/31 M-F 1-4 pm 7-11 yrs CH11277
Rm 5 ID/AP: \$206 OD: \$257.50

Contemporary Quest Dance Camp

Dancers will set out on a creative journey inspired by the wonder and energy of the natural world. Campers will explore contemporary dance through guided improvisation, expressive movement, and beginner technique while engaging in daily fun that includes rhythm exploration, storytelling, crafts, and nature-themed activities. Bring a snack and water bottle each day.

8/3-8/7 M-F 1-4 pm 7-11 yrs CH11278
Rm 5 ID/AP: \$206 OD: \$257.50

Hip Hop Legends Dance Camp

Campers will step into a dynamic world of creativity and courage in this Rise of the Legends hip hop camp. Dancers will build strength, rhythm, and beginner hip hop technique while enjoying daily fun that includes freestyle challenges, storytelling, crafts, and high-energy activities. Bring a snack and water bottle each day.

8/10-8/14 M-F 1-4 pm 7-11 yrs CH11279
Rm 5 ID/AP: \$206 OD: \$257.50

Line Dance Camp

Campers will kick up their heels in an exciting line dance adventure full of rhythm, movement, and fun challenges. Dancers will learn beginner line dance steps and coordination while enjoying daily activities that include rhythm exercises, storytelling, crafts, and dance-themed games. Bring a snack and water bottle each day.

8/17-8/21 M-F 1-4 pm 7-11 yrs CH11280
Rm 5 ID/AP: \$206 OD: \$257.50

Gymnastics Camp

Gymnastics Camp

Join us for a fun filled week! Campers will explore the world of gymnastics with instruction on floor, beam, vault, and bars, plus enjoy engaging crafts and exciting activity time.

Week 1 Leap and Explore
No camp 6/19
6/15-6/18 M-Th 9 am-12 pm 6-11 yrs CH13271
Rm 9 ID/AP: \$220 OD: \$275
Week 2 Tidal Tumbles
6/22-6/26 M-F 9 am-12 pm 6-11 yrs CH13272
Rm 9 ID/AP: \$274 OD: \$342.50

Week 3 Legends in Action
No camp 7/3
6/29-7/2 M-Th 9 am-12 pm 6-11 yrs CH13273
Rm 9 ID/AP: \$220 OD: \$275
Week 4 Strength in Motion
7/6-7/10 M-F 9 am-12 pm 6-11 yrs CH13274
Rm 9 ID/AP: \$274 OD: \$342.50
Week 5 Twirl and Triumph
7/13-7/17 M-F 9 am-12 pm 6-11 yrs CH13275
Rm 9 ID/AP: \$274 OD: \$342.50
Week 6 Twist and Soar
7/20-7/24 M-F 9 am-12 pm 6-11 yrs CH13276
Rm 9 ID/AP: \$274 OD: \$342.50
Week 7 Leap and Flip
7/27-7/31 M-F 9 am-12 pm 6-11 yrs CH13277
Rm 9 ID/AP: \$274 OD: \$342.50
Week 8 Tumble Quest
8/3-8/7 M-F 9 am-12 pm 6-11 yrs CH13278
Rm 9 ID/AP: \$274 OD: \$342.50
Week 9 Rise and Roll
8/10-8/14 M-F 9 am-12 pm 6-11 yrs CH13279
Rm 9 ID/AP: \$274 OD: \$342.50
Week 10 Champions of Flight
8/17-8/21 M-F 9 am-12 pm 6-11 yrs CH13280
Rm 9 ID/AP: \$274 OD: \$342.50

Sports Camp – Preschool

Jumpstart Sports: Mini Soccer Camp new

Designed especially for our youngest movers, this camp introduces soccer through playful movement, simple ball activities, and cooperative play. Campers will kick, roll, chase, and explore the field together while building balance, coordination, and comfort with the ball. Time is also built in for playground fun and light field activities, giving kids plenty of chances to move, explore, and play with friends. This camp focuses on fun, confidence, and positive group experiences in a supportive outdoor setting. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

6/22-6/26 M-F 9:15-11:15 am 3-4 yrs CH12140
Playfield A ID/AP: \$142 OD: \$177.50
7/13-7/17 M-F 9-11 am 3-4 yrs CH12141
Playfield B ID/AP: \$142 OD: \$177.50

Pee Wee Hoops Camp

Dribble, shoot, and score! This camp is for our youngest athletes learning the basics of basketball. Campers will work on coordination, develop listening skills, and build teamwork through interactive games and simple drills. Campers should wear athletic shoes, bring a water bottle, and snack each day! **No camp 6/19.**
6/15-6/18 M-Th 9-11 am 4-5 yrs CH12100
Gym ID/AP: \$116 OD: \$145
7/13-7/17 M-F 9-11 am 4-5 yrs CH12101
Gym ID/AP: \$142 OD: \$177.50

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Mini Tennis Camp

Mini Tennis Camp invites young athletes to explore the exciting world of tennis in an indoor, playful setting. Campers will build motor skills, improve coordination, and learn the basics of group play through cooperative games and imaginative play-based activities. Designed especially for Pee Wees, this camp focuses on movement, creativity, and having fun while being active. Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/6-7/10	M-F	9-11 am	4-5 yrs	CH12109
Gym	ID/AP: \$142	OD: \$177.50		
8/17-8/21	M-F	9-11 am	4-5 yrs	CH12110
Gym	ID/AP: \$142	OD: \$177.50		

Tiny Stars Cheer Camp

Explore, learn and have a blast! Join us for a fun delightful introduction to cheerleading! This camp will be a mix of cheerleading basics, fun games and playful activities emphasizing teamwork and social skills. Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/20-7/24	M-F	9-11 am	4-6 yrs	CH12146
Gym	ID/AP: \$142	OD: \$177.50		

Mini Golf Camp: Outdoors!

Enjoy a week of fun under the sun! Kids will explore the basics of mini golf through exciting drills and games on unique, outdoor courses each day. Campers will build coordination and confidence while tackling fun challenges in a supportive environment. All equipment is provided. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

8/10-8/14	M-F	9-11 am	4-6 yrs	CH12144
Playfield A	ID/AP: \$142	OD: \$177.50		

Mini Golfers Adventure Camp

Every day brings a new adventure! Kids will have a blast learning the basics of golf through fun drills and indoor games, exploring a different exciting course daily. Campers will develop hand-eye coordination and patience in a playful, supportive environment. Campers should wear athletic shoes, bring a water bottle, and snack each day! **No camp 7/3.**

6/29-7/2	M-Th	12-2 pm	4-6 yrs	CH12145
Gym	ID/AP: \$116	OD: \$145		

Little Heroes Training Camp

Calling all future heroes! Young campers will unleash their inner superhero with exciting games, obstacle courses, team challenges, and creative crafts. Each day builds strength, agility, and problem-solving skills. By weeks end, they'll earn their Hero Certificate and be ready to save the day! Campers should wear athletic shoes, bring a water bottle, and snack each day! **No camp 7/3.**

6/29-7/2	M-Th	9-11 am	4-6 yrs	CH12108
Gym	ID/AP: \$116	OD: \$145		

Jumpstart Preschool Sports Camp

Held outdoors, Jumpstart Sports Camp focuses on exploration and fun! Campers will develop skills in a variety of sports, create daily craft projects, and enjoy exciting group games and activities. They'll make new friends while experiencing the joy of summer camp. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19				
6/15-6/18	M-Th	8:30-11:30 am	4-6 yrs	CH12135
Playfield A	ID/AP: \$134	OD: \$167.50		
7/6-7/10	M-F	8:30-11:30 am	4-6 yrs	CH12136
Playfield A	ID/AP: \$167	OD: \$208.75		
7/27-7/31	M-F	8:30-11:30 am	4-6 yrs	CH12137
Playfield A	ID/AP: \$167	OD: \$208.75		
8/10-8/14	M-F	12:30-3:30 pm	4-6 yrs	CH12138
Playfield A	ID/AP: \$167	OD: \$208.75		
8/17-8/21	M-F	8:30-11:30 am	4-6 yrs	CH12139
Playfield A	ID/AP: \$167	OD: \$208.75		

Pee Wee Soccer Camp

Perfect for young athletes ready to have fun, this camp introduces basic soccer skills in a playful and engaging way. Through simple drills and exciting games, campers will develop essential motor skills, teamwork, and confidence with the ball. This camp is all about having a blast on the field while laying the foundation for future sports success! Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/20-7/24	M-F	9-11 am	4-6 yrs	CH12142
Playfield A	ID/AP: \$142	OD: \$177.50		
8/17-8/21	M-F	9-11 am	4-6 yrs	CH12143
Playfield B	ID/AP: \$142	OD: \$177.50		

T-ball Skills Camp

Step into the diamond and join us for our T-Ball Skills Camp! Engage in games and activities designed to introduce the fundamental skills of throwing, catching, and hitting off a tee. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19.				
6/15-6/18	M-Th	12:30-2:30 pm	4-6 yrs	CH12115
Playfield A	ID/AP: \$116	OD: \$145		
8/3-8/7	M-F	9-11 am	4-6 yrs	CH12116
Playfield A	ID/AP: \$142	OD: \$177.50		

Tiny Touchdowns Football Camp

Tiny Touchdowns is a flag football camp where fun meets teamwork and sportsmanship! Held outdoors, this camp will introduce the fundamentals of football with warm-ups, games, catching, and football drills for an amazing time on the field. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

6/22-6/26	M-F	9:15-11:15 am	4-6 yrs	CH12121
Playfield B	ID/AP: \$142	OD: \$177.50		
8/17-8/21	M-F	12:30-2:30 pm	4-6 yrs	CH12122
Playfield A	ID/AP: \$142	OD: \$177.50		

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Cedar Hills Recreation Center

503-629-6340

Water Fun Camp

Get ready for a splash-tastic adventure at Water Fun Camp! Race down the slip-and-slide, join water balloon battles, and enjoy field games with sprinklers and foam cannon fun. Bring a water bottle, towel, sunscreen, water shoes or sandals, and a change of clothes, you're going to get wet and have a blast!

7/27-7/31	M-F	10 am-12 pm	4-6 yrs	CH12102
Playfield B	ID/AP: \$144	OD: \$180		
7/27-7/31	M-F	1-3 pm	6-8 yrs	CH12103
Playfield B	ID/AP: \$144	OD: \$180		
8/3-8/7	M-F	10 am-12 pm	4-6 yrs	CH12104
Playfield B	ID/AP: \$144	OD: \$180		
8/3-8/7	M-F	1-3 pm	6-8 yrs	CH12105
Playfield B	ID/AP: \$144	OD: \$180		
8/10-8/14	M-F	10 am-12 pm	4-6 yrs	CH12106
Playfield B	ID/AP: \$144	OD: \$180		
8/10-8/14	M-F	1-3 pm	6-8 yrs	CH12107
Playfield B	ID/AP: \$144	OD: \$180		

Golf Camp

Introduce your camper to the basics of golf with fun drills, challenges, and golf etiquette. Age-appropriate clubs are provided. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/13-7/17	M-F	12-2 pm	5-7 yrs	CH12297
Playfield A	ID/AP: \$142	OD: \$177.50		

Camp Inflatables: Outdoor Adventures new

Get ready to bounce, run, and laugh your way through a week of outdoor fun! Campers will take on classic summer favorites like capture the flag, relay races, and tug-of-war, plus a daily dose of inflatable excitement. Each day brings new challenges, teamwork, and nonstop energy designed to keep everyone active and smiling. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day! **No camp 7/3.**

6/29-7/2	M-Th	9:30-11:30 am	5-7 yrs	CH12318
Playfield B	ID/AP: \$116	OD: \$145		

Kickstart Sports Adventure Camp new

Kickstart Sports Adventure Camp is a fun, outdoor sports camp just for younger kids. Campers will play soccer, kickball, T-ball, and flag football, run through obstacle courses, try relays, and enjoy classic playground games. Kids will build confidence, learn to work as a team, stay active, and make new friends while having a great time each day. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

6/22-6/26	M-F	12-2 pm	5-7 yrs	CH12119
Playfield A	ID/AP: \$142	OD: \$177.50		

Tiny Aces Tennis Camp

Serve up some summer fun! Tiny Aces Tennis Camp is a recreation-level, beginner-friendly introduction to tennis designed for younger campers. Campers explore tennis through movement, simple swings, and ball play in a fun, supportive setting. Each day includes tennis-themed games and off-court field activities that build coordination, confidence, and teamwork while keeping campers active and engaged. Campers should wear athletic shoes, bring a water bottle, snack, hat and sunscreen each day! Camp will be held at an offsite location.

No camp 6/19				
6/15-6/18	M-Th	8:30-11:30 am	5-7 yrs	CH12240
offsite	ID/AP: \$134	OD: \$167.50		
6/22-6/26	M-F	8:30-11:30 am	5-7 yrs	CH12242
offsite	ID/AP: \$167	OD: \$208.75		
No camp 7/3				
6/29-7/2	M-Th	8:30-11:30 am	5-7 yrs	CH12244
offsite	ID/AP: \$134	OD: \$167.50		
7/13-7/17	M-F	8:30-11:30 am	5-7 yrs	CH12246
offsite	ID/AP: \$167	OD: \$208.75		
7/20-7/24	M-F	8:30-11:30 am	5-7 yrs	CH12248
offsite	ID/AP: \$167	OD: \$208.75		
8/3-8/7	M-F	8:30-11:30 am	5-7 yrs	CH12250
offsite	ID/AP: \$167	OD: \$208.75		
8/10-8/14	M-F	8:30-11:30 am	5-7 yrs	CH12252
offsite	ID/AP: \$167	OD: \$208.75		
8/17-8/21	M-F	8:30-11:30 am	5-7 yrs	CH12254
offsite	ID/AP: \$167	OD: \$208.75		

Sports Camp – Youth

Basketball Skills Camp

This action-packed camp is made for young athletes looking to build a basketball foundation. Campers will develop key skills like dribbling, passing, and shooting through fun drills and games. Perfect for beginners and those looking to sharpen their abilities while having a blast on the court! Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/13-7/17	M-F	12-2 pm	6-8 yrs	CH12280
Gym	ID/AP: \$142	OD: \$177.50		
7/27-7/31	M-F	1-3 pm	6-8 yrs	CH12281
Gym	ID/AP: \$142	OD: \$177.50		

Kids Lacrosse Camp

Welcome to our Lacrosse Camp! An exciting blend of high-energy lacrosse games and a variety of other fun team-building activities. Work on cradling, passing, catching and shooting. See you on the field! Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/6-7/10	M-F	12:30-3:30 pm	6-8 yrs	CH12235
Playfield A	ID/AP: \$167	OD: \$208.75		
7/20-7/24	M-F	8:30-11:30 am	6-8 yrs	CH12236
Playfield B	ID/AP: \$167	OD: \$208.75		

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Fútbol en Acción Camp **new**

¡Acompáñenos para disfrutar de una semana llena de energía y diversión con Fútbol en Acción! Este campamento está dirigido por instructores hispanohablantes y ofrece una emocionante introducción al fútbol. A través de juegos, ejercicios y partidos amistosos, los participantes van construirán habilidades, harán nuevos amigos y ganarán confianza tanto dentro como fuera del campo.

Join us for a week full of energy and fun with Fútbol en Acción Camp. This camp is led by Spanish-speaking instructors and provides an exciting introduction to soccer. Through games, drills, and scrimmages, participants will build skills, make new friends, and gain confidence both on and off the field.

7/6-7/10 M-F 8:30-11:30 am 6-9 yrs CH12220
Playfield B ID/AP: \$167 OD: \$208.75

Karate Kids Summer Camp **new**

Explore the traditions of Okinawan Karate in this fun and active summer camp. Campers will learn basic karate movements that build balance, coordination, and focus while discovering how karate began in Okinawa and later spread to Japan. Each day includes karate games, confidence-building activities, projects like a dragon boat craft, and simple language-inspired activities. This camp blends movement, culture, and creativity for a well-rounded week of learning and fun.

7/6-7/10 M-F 8:30-11:30 am 6-10 yrs CH12238
Rm 5 ID/AP: \$142 OD: \$177.50

Soccer Skills Camp

Campers will focus on essential skills like dribbling, passing, and shooting in a fun, supportive environment that fosters a love for the game. They'll develop their soccer IQ and create lasting friendships along the way! Shin protection recommended. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19

6/15-6/18 M-Th 9:30-11:30 am 6-8 yrs CH12222
Playfield B ID/AP: \$116 OD: \$145

No camp 7/3

6/29-7/2 M-Th 1-3 pm 6-8 yrs CH12223
Playfield A ID/AP: \$116 OD: \$145

7/20-7/24 M-F 12-2 pm 6-8 yrs CH12224
Playfield A ID/AP: \$142 OD: \$177.50

8/17-8/21 M-F 12-2 pm 6-8 yrs CH12225
Playfield B ID/AP: \$142 OD: \$177.50

Wacky Rackets Camp

Campers will jump into badminton, pickleball, tennis, jazzminton, pickleball four-square, and plenty of wacky racket games. This camp focuses on fun, active play, and learning through games. Campers should wear athletic shoes, bring a water bottle, and snack each day! **No camp 6/19.**

6/15-6/18 M-Th 12-3 pm 6-8 yrs CH12261
Gym ID/AP: \$134 OD: \$167.50

All Comers Wrestling Camp

Step onto the mat and learn the fundamentals of wrestling in a fun, supportive environment! This camp is open to all skill levels, from beginners to experienced wrestlers, and focuses on building strength, technique, and confidence. Through drills, matches, and group activities, participants will develop wrestling skills while fostering teamwork and discipline. Join us for an exciting week of growth on and off the mat! Athletic shoes are required for off-mat activities. Wrestling shoes or socks must be worn on the mats. Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/27-7/31 M-F 9 am-12 pm 5-11 yrs CH12262
Gym ID/AP: \$167 OD: \$208.75

Flag Football Camp

Flag Football Camp is all about fun and fundamentals! From high-fives to high catches, we've got it all. Look forward to fun warm-ups, catching tricks, and route-running games. This camp is an introduction to the sport of football filled with laughter and learning. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

6/22-6/26 M-F 12-2 pm 7-9 yrs CH12231
Playfield B ID/AP: \$142 OD: \$177.50

Pickleball Kids Sports Camp

Campers will learn the basics of pickleball through fun, age-appropriate drills and games that keep everyone moving while building skills, confidence, and teamwork. Join us in trying something new this summer! Campers should wear athletic shoes, bring a water bottle, and snack each day!

8/17-8/21 M-F 12:30-2:30 pm 7-9 yrs CH12260
Gym ID/AP: \$142 OD: \$177.50

Youth Soccer Camp

This camp is the perfect introduction to the world of soccer for young players! Campers will learn the basics of the game, including dribbling, passing, and shooting, through fun drills and friendly competition. With an emphasis on teamwork, sportsmanship, and building confidence, this camp helps players develop their skills in a supportive, high-energy environment. Shin protection recommended. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/6-7/10 M-F 12:30-3:30 pm 7-9 yrs CH12229
Playfield B ID/AP: \$167 OD: \$208.75

7/27-7/31 M-F 12:30-3:30 pm 7-9 yrs CH12230
Playfield A ID/AP: \$167 OD: \$208.75

Youth Volleyball Camp

Get ready to Set, Pass, & Hit! This camp focuses on developing key skills like passing, serving, and teamwork. Beginners will build a strong foundation, while experienced players can sharpen their techniques for the upcoming season. Volleyball is the ultimate team sport, come enjoy the fun and excitement with us! Campers should wear athletic shoes, bring a water bottle, and snack each day!

8/3-8/7 M-F 8:30-11:30 am 7-9 yrs CH12292
Gym ID/AP: \$167 OD: \$208.75

8/10-8/14 M-F 8:30-11:30 am 7-9 yrs CH12293
Gym ID/AP: \$167 OD: \$208.75

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Badminton Skills Camp

Join our badminton camp and learn the fundamentals of the game! Participants will receive instruction on grip, net play, footwork, various shots, and the importance of teamwork. No matter your skill level, this camp is designed to help you improve while having fun on the court. Campers should wear athletic shoes, bring a water bottle, and snack each day!

6/22-6/26 M-F 1-3 pm 7-10 yrs CH12290
Gym ID/AP: \$142 OD: \$177.50

Cheer Camp

Explore the core elements of cheerleading, including arm motions, jumps, tumbling, and routines. Participate in engaging games and activities that highlight teamwork and social skills. The session concludes with a fun performance on the final day! Pom poms provided. Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/20-7/24 M-F 12-3 pm 7-11 yrs CH12291
Gym ID/AP: \$167 OD: \$208.75

Golf Camp

Introduce your camper to the basics of golf with fun drills, challenges, and golf etiquette. Age-appropriate clubs are provided. Remember to bring a water bottle, snack, and sunscreen each day!

7/13-7/17 M-F 9-11 am 8-9 yrs CH12296
Playfield A ID/AP: \$142 OD: \$177.50

All-Star Field Sports Camp

Get ready for nonstop action with rotating field sports each day. Campers will play a variety of games including flag football, kickball, soccer, field hockey, and ultimate frisbee. Sessions focus on movement, teamwork, and fun, with inflatable activities included on select days. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19

6/29-7/2 M-Th 12:30-2:30 pm 8-10 yrs CH12316
Playfield B ID/AP: \$116 OD: \$145

8/3-8/7 M-F 12-2 pm 8-10 yrs CH12317
Playfield A ID/AP: \$142 OD: \$177.50

Pickleball Kids - Outdoor Sports Camp new

Held outdoors at Cedar Hills Park on the outdoor pickleball courts, this camp introduces campers to pickleball through fun drills and games, with additional field games mixed in for variety and active play. Campers will stay active, build skills, and make new friends. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day! **Camp takes place at Cedar Hills Park: 2300 SW Cedar Hills Blvd, Beaverton, OR 97005.**

7/6-7/10 M-F 9:30-11:30 am 8-10 yrs CH12256
Cedar Hills Park ID/AP: \$142 OD: \$177.50

7/27-7/31 M-F 9:30-11:30 am 8-10 yrs CH12258
Cedar Hills Park ID/AP: \$142 OD: \$177.50

Girls Basketball Camp new

Get ready for a fun and active week on the court! This camp is designed for girls who want to build their basketball skills while forming friendship and connection with teammates. With guidance from staff, campers will practice dribbling, passing, shooting, and team play through upbeat drills and games. This is a camp where girls can grow their skills, confidence, and love for the game. Campers should wear athletic shoes, bring a water bottle, and snack each day!

6/22-6/26 M-F 9 am-12 pm 8-11 yrs CH12282
Gym ID/AP: \$167 OD: \$208.75

Lacrosse Skills Camp

Welcome to our Lacrosse Camp, a high-energy camp filled with lacrosse drills and a variety of other fun team-building activities. We will work on cradling, passing, catching, and shooting. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/20-7/24 M-F 12:30-3:30 pm 8-11 yrs CH12237
Playfield B ID/AP: \$167 OD: \$208.75

Girls Soccer Skills Camp new

This girls soccer camp creates a fun and encouraging space for players to build confidence and grow their skills. Campers will practice dribbling, passing, and shooting through engaging activities while learning how to work together on the field. The focus is on skill development, teamwork, and building friendships while enjoying the game. Shin protection is recommended. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

7/13-7/17 M-F 12-3 pm 8-12 yrs CH12226
Playfield B ID/AP: \$167 OD: \$208.75

Youth Tennis Camp

Get started with tennis this summer! Our Youth Tennis Camp is a recreation-level introduction to the game, focusing on form, technique, and footwork in a fun, supportive setting. Along with tennis drills, campers enjoy a mix of games, both on and off the court, that build coordination, teamwork, and confidence. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day! Camp will be held at an offsite location.

No camp 6/19

6/15-6/18 M-Th 12:30-3:30 pm 8-12 yrs CH12241
offsite ID/AP: \$134 OD: \$167.50

6/22-6/26 M-F 12:30-3:30 pm 8-12 yrs CH12243
offsite ID/AP: \$167 OD: \$208.75

No camp 7/3

6/29-7/2 M-Th 12:30-3:30 pm 8-12 yrs CH12245
offsite ID/AP: \$134 OD: \$167.50

7/13-7/17 M-F 12:30-3:30 pm 8-12 yrs CH12247
offsite ID/AP: \$167 OD: \$208.75

7/20-7/24 M-F 12:30-3:30 pm 8-12 yrs CH12249
offsite ID/AP: \$167 OD: \$208.75

8/3-8/7 M-F 12:30-3:30 pm 8-12 yrs CH12251
offsite ID/AP: \$167 OD: \$208.75

8/10-8/14 M-F 12:30-3:30 pm 8-12 yrs CH12253
offsite ID/AP: \$167 OD: \$208.75

8/17-8/21 M-F 12:30-3:30 pm 8-12 yrs CH12255
offsite ID/AP: \$167 OD: \$208.75

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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Hoop Camp

Skill development at its core! Our camp features games and drills to hone the fundamental skills, providing instruction in ball control, shooting, dribbling, passing, and footwork. Elevate your game by joining us on this journey of skill enhancement! Campers should wear athletic shoes, bring a water bottle, and snack each day!

7/6-7/10 M-F 12-3 pm 9-12 yrs CH12310
 Gym ID/AP: \$167 OD: \$208.75

Youth Soccer Camp

This camp is the perfect introduction to the world of soccer for young players! Campers will learn the basics of the game, including dribbling, passing, and shooting, through fun drills and friendly competition. With an emphasis on teamwork, sportsmanship, and building confidence, this camp helps players develop their skills in a supportive, high-energy environment. Shin protection recommended. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19
6/15-6/18 M-Th 12:30-3:30 pm 9-12 yrs CH12227
 Playfield B ID/AP: \$134 OD: \$167.50

No camp 7/3
6/29-7/2 M-Th 9 am-12 pm 9-12 yrs CH12228
 Playfield A ID/AP: \$134 OD: \$167.50



Archery Camp

Take aim for fun this summer with a week of Archery Camp! Perfect for all skill levels, this engaging camp will guide participants through the fundamentals of archery, how to load, aim and shoot recurve bows, while learning safety and skills in a friendly environment. All equipment is provided. Campers should wear athletic shoes and bring a water bottle each day. **Camp takes place at the PCC Rock Creek Archery Course: 17705 NW Springville Rd, Portland, OR 97229.**

7/20-7/24 M-F	9-9:45 am	6-8 yrs	CH12200
PCC Rock Creek	ID/AP: \$64	OD: \$80	
7/20-7/24 M-F	10-10:45 am	7-9 yrs	CH12201
PCC Rock Creek	ID/AP: \$64	OD: \$80	
7/20-7/24 M-F	11:15 am-12:15 pm	8-10 yrs	CH12202
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
7/20-7/24 M-F	12:30-1:30 pm	10-12 yrs	CH12203
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
7/27-7/31 M-F	9-9:45 am	6-8 yrs	CH12204
PCC Rock Creek	ID/AP: \$64	OD: \$80	
7/27-7/31 M-F	10-10:45 am	7-9 yrs	CH12205
PCC Rock Creek	ID/AP: \$64	OD: \$80	
7/27-7/31 M-F	11:15 am-12:15 pm	8-10 yrs	CH12206
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
7/27-7/31 M-F	12:30-1:30 pm	10-12 yrs	CH12207
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
8/3-8/7 M-F	9-9:45 am	6-8 yrs	CH12208
PCC Rock Creek	ID/AP: \$64	OD: \$80	
8/3-8/7 M-F	10-10:45 am	7-9 yrs	CH12209
PCC Rock Creek	ID/AP: \$64	OD: \$80	
8/3-8/7 M-F	11:15 am-12:15 pm	8-10 yrs	CH12210
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
8/3-8/7 M-F	12:30-1:30 pm	10-12 yrs	CH12211
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
8/10-8/14 M-F	9-9:45 am	6-8 yrs	CH12212
PCC Rock Creek	ID/AP: \$64	OD: \$80	
8/10-8/14 M-F	10-10:45 am	7-9 yrs	CH12213
PCC Rock Creek	ID/AP: \$64	OD: \$80	
8/10-8/14 M-F	11:15 am-12:15 pm	8-10 yrs	CH12214
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	
8/10-8/14 M-F	12:30-1:30 pm	10-12 yrs	CH12215
PCC Rock Creek	ID/AP: \$74	OD: \$92.50	



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Summer Camps

Cedar Hills Recreation Center

503-629-6340

Sports Camp – Middle School/Teen

Middle School Cross Country Training Camp

Open to those looking for two weeks of running fun or those interested in extra training ahead of the middle school cross country season. Each day of camp will feature a workout, team-building activities, and time for camaraderie. Camp will go offsite most days for workouts. Check-in at Cedar Hills Recreation Center's Field. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

8/10-8/20 (2) M-Th 9:30-11:30 am 11-14 yrs CH12321
Playfield C ID/AP: \$165 OD: \$206.25

Middle School Pickleball Camp

Get ready to serve, rally, and smash. This outdoor camp is perfect for middle schoolers looking to learn or improve their pickleball skills in a fun and engaging environment. Players will focus on fundamentals such as serving, dinking, and basic strategy through drills, games, and friendly matches, with additional field games mixed in to keep campers active and engaged. Campers will build confidence, develop skills, and connect with new friends on the court! Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day! **Camp takes place at Cedar Hills**

Park: 2300 SW Cedar Hills Blvd, Beaverton, OR 97005.
7/6-7/10 M-F 12:30-3:30 pm 11-14 yrs CH12257
Cedar Hills Park ID/AP: \$167 OD: \$208.75
7/27-7/31 M-F 12:30-3:30 pm 11-14 yrs CH12259
Cedar Hills Park ID/AP: \$167 OD: \$208.75

Volleyball Skills Camp

Ready to take your volleyball skills to the next level? This camp is designed for players looking to refine their fundamentals and build on their experience. We'll focus on enhancing passing, serving, and teamwork while challenging more experienced players to develop advanced techniques. Whether you're fine-tuning your skills or gaining more confidence, this camp is the perfect opportunity to grow. Campers should wear athletic shoes, bring a water bottle, and snack each day!

8/3-8/7 M-F 12:30-3:30 pm 11-14 yrs CH12294
Gym ID/AP: \$167 OD: \$208.75
8/10-8/14 M-F 12:30-3:30 pm 11-14 yrs CH12295
Gym ID/AP: \$167 OD: \$208.75

Youth Weight Training I Camp

Join us for fun and challenging weight training camp run by certified trainers and instructors! This program is ideal for those newer to the weight room to learn correct form in a safe, supportive environment. Get ready for time in the weight room in addition to games, agility drills and conditioning!

7/20-7/30 (2) M-Th 12-2 pm 11-14 yrs CH12300
Rm 6 ID/AP: \$189 OD: \$236.25

Outdoor Exploration: Hiking Camp

Join us for an exciting week of trail adventures! Campers will explore local trails like Forest Park and Chehalem Ridge while learning hiking safety and trail etiquette. Please send your child with closed-toed shoes, a water bottle, and a snack. Campers will meet each morning at the Cedar Hills Recreation Center field and travel by van to the days destination. Get ready for a week of discovery, nature, and fun!

7/13-7/17 M-F 9 am-1:30 pm 11-14 yrs CH12320
Playfield C ID/AP: \$249 OD: \$311.25

Outdoor Exploration: Disc Golf Camp

Offsite daily, campers will explore multiple disc golf courses, ranging from Greenway to Pier Park. In a noncompetitive environment, campers will learn the basics of disc golf, take on challenges with newly made friends, and enjoy a week of outdoor fun! Discs are provided for the week. Camp will meet on-site each day at the Cedar Hills Recreation Center Playfield before traveling off-site shortly after camp begins. Campers should wear athletic shoes and bring a water bottle, snack, sunscreen, and a bag each day.

7/20-7/24 M-F 9 am-1 pm 11-14 yrs CH12319
Playfield C ID/AP: \$224 OD: \$280

Sand Volleyball Camp

Get ready to dig into the fun! Join us for our Sand Volleyball Camp, where you'll learn the fundamentals of this exciting and dynamic variation of volleyball. Held outdoors on a sand volleyball court, this camp offers plenty of action and sunshine. Don't forget to bring a towel to brush off the sand! Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day! **Camp takes place at Cedar Hills Park: 2300 SW Cedar Hills Blvd, Beaverton, OR 97005.**

7/6-7/10 M-F 10 am-12 pm 11-15 yrs CH12314
Cedar Hills Park ID/AP: \$142 OD: \$177.50

Throwers Camp

This camp is designed for athletes who have summer meets planned or those simply wanting an introduction to throwing events in Track & Field. Athletes can expect both event-specific instruction and broad techniques to help develop powerful throwing skills. Each day will include throwing drills, as well as fun throwing-related activities! Throws covered include shot put, discus, and javelin. Campers should wear athletic shoes, bring a water bottle, snack, and sunscreen each day!

No camp 6/19.
6/15-6/18 M-Th 4:30-6:30 pm 11-15 yrs CH12322
Playfield A ID/AP: \$116 OD: \$145

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center Camps at a Glance

503-629-6313

Age	4-6 yrs	7-8 yrs	9-10 yrs	11-15 yrs
Week 1 6/15-6/18 (no camp 6/19)	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Butterflies and Ballet Dance Camp Rookies Hoop Camp Rookies Soccer Camp Starters Hoop Camp (6-8 yrs) Starters Soccer Camp (6-8 yrs) Trainer Academy Camp (6-9yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) Starters Hoop Camp (6-8 yrs) Starters Soccer Camp (6-8 yrs) Art Adventures Camp (7-12 yrs) Upcycled Art Camp (8-13 yrs) Delicious Desserts Cooking Camp (8-12 yrs) Adventures in Cardboard: Classic Cardboard Camp (8-12yrs) Trainer Academy Camp (6-9yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) Aqua Odyssey: Classic Swim Camp (9-12 yrs) Art Adventures Camp (7-12 yrs) Upcycled Art Camp (8-13 yrs) Delicious Desserts Cooking Camp (8-12 yrs) Adventures in Cardboard: Classic Cardboard Camp (8-12 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: Classic Swim Camp (9-12 yrs) All-Star Hoop Camp (11-14 yrs) Art Adventures Camp (7-12 yrs) Upcycled Art Camp (8-13 yrs) Delicious Desserts Cooking Camp (8-12 yrs) Adventures in Cardboard: Classic Cardboard Camp (8-12 yrs)
Week 2 6/22-6/26	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) K-Pop Demon Hunters Dance Camp Rookies All-Sports Camp: Indoors Rookies All-Sports Camp: Outdoors Starters All-Sports Camp: Outdoors (6-8 yrs) Starters Tennis Camp (6-8 yrs) Space Explorers Preschool Camp Underwater Adventures Art Mini Camp Brick Builders Camp (6-10 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) Starters All-Sports Camp: Indoors (6-8 yrs) Starters All-Sports Camp: Outdoors (6-8 yrs) Starters Tennis Camp (6-8 yrs) Art in Nature Camp (7-12 yrs) Art Sampler Camp (7-12 yrs) Brick Builders Camp (6-10 yrs) Camp Codebreakers (7-10 yrs) Expedition Adventure (10- 14 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) Aqua Odyssey: Classic Swim Camp (9-12 yrs) Art in Nature Camp (7-12 yrs) Art Sampler Camp (7-12 yrs) Brick Builders Camp (6-10 yrs) Camp Codebreakers (7-10 yrs) Expedition Adventure (10- 14 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: Classic Swim Camp (9-12 yrs) Camp: Youth Weight Training I (12-14 yrs) Art in Nature Camp (7-12 yrs) Art Sampler Camp (7-12 yrs) Expedition Adventure (10-14 yrs)
Week 3 6/29-7/2 (no camp 7/3)	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Rookies Soccer Camp Starters Volleyball Camp (6-8 yrs) Starters Soccer Camp (6-8 yrs) Fantastic Fairies Preschool Camp Play and Explore Preschool Mini Camp	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Starters Volleyball Camp (6-8yrs) Starters Soccer Camp (6-8 yrs) Pros Pickleball Camp (7-12 yrs) Camping Food Feast Cooking Camp (8-12 yrs) Camp Lightning Thief (8-13 yrs) Drama Camp Just for Kids (8-13 yrs) Jedi Training Camp (8-13 yrs) Music Fundamentals Camp (7-10 yrs) StoryQuest Camp (8-13 yrs)	Conestoga Trekkers (9-10yr 11m) Pros Pickleball Camp (7-12 yrs) Camping Food Feast Cooking Camp (8-12 yrs) Camp Lightning Thief (8-13 yrs) Drama Camp Just for Kids (8-13 yrs) Jedi Training Camp (8-13 yrs) Music Fundamentals Camp (7-10 yrs) StoryQuest Camp (8-13 yrs)	Conestoga Adventurers (11-15yr 11m) All-Star Volleyball Camp (11-14 yrs) Pros Pickleball Camp (7-12 yrs) Camping Food Feast Cooking Camp (8-12 yrs) Camp Lightning Thief (8-13 yrs) Drama Camp Just for Kids (8-13 yrs) Jedi Training Camp (8-13 yrs) StoryQuest Camp (8-13 yrs)
Week 4 7/6-7/10	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Ooze, Goo & Slimy Science Preschool Camp Tiny Chefs Camp: Pizza Party Imagination Adventures: The Lost City of Elves (6-14 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) K-Pop Demon Hunters Dance Camp (7-10 yrs) Creative Clay Art Camp (8-13 yrs) Backyard Olympics Camp (7-11 yrs) Improv Adventures Camp (8-13 yrs) Imagination Adventures: The Lost City of Elves (6-14 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr. Classic Swim Camp (7-10 yrs) K-Pop Demon Hunters Dance Camp (7-10 yrs) Creative Clay Art Camp (8-13 yrs) Cell Phone Photography Camp (10-14 yrs) Farm to Table Cooking Camp (7-10 yrs) Backyard Olympics Camp (7-11 yrs) Improv Adventures Camp (8-13 yrs) Boredom Busters Tabletop Gaming Camp (10-14 yrs) Imagination Adventures: The Lost City of Elves (6-14 yrs)	Conestoga Adventurers (11-15yr 11m) Camp: Youth Weight Training II (12-14 yrs) Jr. Lifeguarding Camp (12-15 yrs) Creative Clay Art Camp (8-13 yrs) Cell Phone Photography Camp (10-14 yrs) Farm to Table Cooking Camp (7-10 yrs) Backyard Olympics Camp (7-11 yrs) Improv Adventures Camp (8-13 yrs) Boredom Busters Tabletop Gaming Camp (10-14 yrs) Imagination Adventures: The Lost City of Elves (6-14 yrs)
Week 5 7/13-7/17	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Rookies Soccer Camp Starters Soccer Camp (6-8 yrs) Starters Tennis Camp (6-10 yrs) Art Adventures Camp (6-10 yrs) Up, Up, and Away! Superhero Camp Superhero Studio Mini Art Camp Little Acorns Outdoor Academy Camp Wet n' Wild Water Games Camp (6-9 yrs) Imagination Adventures: The Rivalry of Two Mages (6-14 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr. STEAMboat Swim Camp (7-10 yrs) Starters Soccer Camp (6-8 yrs) Starters Tennis Camp (6-10 yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Art Adventures Camp (6-10 yrs) Mine Crafting Art Camp (8-13 yrs) Cupcake Challenge Cooking Camp (8-12 yrs) Brick Builders Camp (8-12 yrs) First Flips Beginner Tumbling Camp (7-12 yrs) Wet n' Wild Water Games Camp (6-9 yrs) Imagination Adventures: The Rivalry of Two Mages (6-14 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr. STEAMboat Swim Camp (7-10 yrs) Aqua Odyssey: STEAMboat Swim Camp (9-12 yrs) Starters Tennis Camp (6-10 yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Art Adventures Camp (6-10 yrs) Mine Crafting Art Camp (8-13 yrs) Cupcake Challenge Cooking Camp (8-12 yrs) Brick Builders Camp (8-12 yrs) First Flips Beginner Tumbling Camp (7-12 yrs) Wet n' Wild Water Games Camp (6-9 yrs) Imagination Adventures: The Rivalry of Two Mages (6-14 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: STEAMboat Swim Camp (9-12 yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Camp: Youth Weight Training II (12-14 yrs) Mine Crafting Art Camp (8-13 yrs) Cupcake Challenge Cooking Camp (8-12 yrs) Brick Builders Camp (8-12 yrs) First Flips Beginner Tumbling Camp (7-12 yrs) Imagination Adventures: The Rivalry of Two Mages (6-14 yrs)

Summer Camps

Conestoga Recreation & Aquatic Center Camps at a Glance

503-629-6313

Age	4-6 yrs	7-8 yrs	9-10 yrs	11-15 yrs
Week 6 7/20-7/24	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Dance Mode: A Bluey Dance Camp Rookies All-Sports Camp: Outdoors Starters All-Sports Camp: Outdoors (6-8 yrs) Muddy Buddies Exploration Preschool Camp Play and Explore Preschool Mini Camp Music Fundamentals Camp (6-10 yrs) Imagination Adventures: Palace of Time (6-14 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr: Classic Swim Camp (7-10 yrs) Girls Got Game: Sports & Empowerment Camp (7-10 yrs) Starters All-Sports Camp: Outdoors (6-8 yrs) Manga Mania Art Camp (8-13 yrs) Native Art Camp (8-13 yrs) Adventures in Cardboard: Cardboard Metropolis (7-10 yrs) Music Fundamentals Camp (6-10 yrs) Wet n' Wild Water Games Camp (8-10 yrs) Imagination Adventures: Palace of Time (6-14 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr: Classic Swim Camp (7-10 yrs) Aqua Odyssey: Classic Swim Camp (9-12 yrs) Girls Got Game: Sports & Empowerment Camp (7-10 yrs) Manga Mania Art Camp (8-13 yrs) Native Art Camp (8-13 yrs) Pastry Paradise Cooking Camp (10-14 yrs) Adventures in Cardboard: Cardboard Metropolis (7-10 yrs) Music Fundamentals Camp (6-10 yrs) Wet n' Wild Water Games Camp (8-10 yrs) City Surfers Camp (10-14 yrs) Imagination Adventures: Palace of Time (6-14 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: Classic Swim Camp (9-12 yrs) Manga Mania Art Camp (8-13 yrs) Native Art Camp (8-13 yrs) Pastry Paradise Cooking Camp (10-14 yrs) City Surfers Camp (10-14 yrs) Imagination Adventures: Palace of Time (6-14 yrs)
Week 7 7/27-7/31	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Rookies Hoop Camp Starters Soccer Camp (6-8 yrs) Jurassic Jungle Preschool Tiny Chefs Camp: Snack the Rainbow Lil Padawans Jedi Camp Drama Camp Just for Kids (6-10 yrs) Mindful Movements Yoga and Meditation Camp	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr: Aquatic Sampler Swim Camp (7-10 yrs) Starters Soccer Camp (6-8 yrs) Sabre Fencing Camp (7-12 yrs) Catch and Create: A Pokémon Art Camp (8-13 yrs) Italian Cuisine Cooking Camp (8-12 yrs) Camp Lightning Thief (8-13 yrs) Drama Camp Just for Kids (6-10 yrs) Sparkle and Spirit Beginning Cheer Camp (7-12 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr: Aquatic Sampler Swim Camp (7-10 yrs) Aqua Odyssey: Aquatic Sampler Swim Camp (9-12 yrs) Sabre Fencing Camp (7-12 yrs) Catch and Create: A Pokémon Art Camp (8-13 yrs) Italian Cuisine Cooking Camp (8-12 yrs) Camp Codebreakers (9-12 yrs) Camp Lightning Thief (8-13 yrs) Drama Camp Just for Kids (6-10 yrs) Sparkle and Spirit Beginning Cheer Camp (7-12 yrs) Camp Impact (10-14 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: Aquatic Sampler Swim Camp (9-12 yrs) Sabre Fencing Camp (7-12 yrs) Catch and Create: A Pokémon Art Camp (8-13 yrs) Italian Cuisine Cooking Camp (8-12 yrs) Camp Codebreakers (9-12 yrs) Camp Lightning Thief (8-13 yrs) Sparkle and Spirit Beginning Cheer Camp (7-12 yrs) Camp Impact (10-14 yrs)
Week 8 8/3-8/7	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Rookies T-Ball Camp Starters Pickleball Camp (6-8yrs) Starters Softball Camp (6-8 yrs) Starters Tennis Camp (6-8yrs) Mighty Machines Preschool Camp Outer Space Art Attack Mini Camp Mini Marvels Superhero Camp	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr: Safe Swimmer Camp (7-10 yrs) Starters Pickleball Camp (6-8yrs) Starters Softball Camp (6-8 yrs) Starters Tennis Camp (6-8yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Drawing and Painting Art Camp (8-13 yrs) StoryQuest Camp (8-13 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr: Safe Swimmer Camp (7-10 yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Cell Phone Photography Camp (10-14 yrs) Drawing and Painting Art Camp (8-13 yrs) Kitchen Chemistry Cooking Camp (10-14 yrs) StoryQuest Camp (8-13 yrs) Wet n' Wild Water Games Camp (9-12 yrs)	Conestoga Adventurers (11-15yr 11m) Jr. Lifeguarding Camp (12-15 yrs) All-Star Pickleball Camp (11-14 yrs) Pros Pickleball Camp (7-12 yrs) Pros Tennis Camp (7-12 yrs) Cell Phone Photography Camp (10-14 yrs) Drawing and Painting Art Camp (8-13 yrs) Kitchen Chemistry Cooking Camp (10-14 yrs) StoryQuest Camp (8-13 yrs) Wet n' Wild Water Games Camp (9-12 yrs)
Week 9 8/10-8/14	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Rookies Soccer Camp Starters Soccer Camp (6-8 yrs) Art in Nature Camp (6-10 yrs) Fairytale Fun Preschool Camp Play and Explore Preschool Mini Camp Little Padawans Jedi Camp Brick Builders Camp (6-10 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Aqua Odyssey Jr: Games Swim Camp (7-9 yrs) Starters Soccer Camp (6-8 yrs) Pros Volleyball Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Art in Nature Camp (6-10 yrs) Art in Nature Camp (6-10 yrs) Awesome Art Camp (7-10 yrs) Mine Crafting Art Camp (8-13 yrs) Cookie Monsters Cooking Camp (8-12 yrs) Adventures in Cardboard: Castles of Cardboard (7-10 yrs) Brick Builders Camp (6-10 yrs) Jedi Training Camp (8-13 yrs)	Conestoga Trekkers (9-10yr 11m) Aqua Odyssey Jr: Games Swim Camp (7-9 yrs) Aqua Odyssey: Games Swim Camp (9-12 yrs) Pros Volleyball Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Art in Nature Camp (6-10 yrs) Awesome Art Camp (7-10 yrs) Mine Crafting Art Camp (8-13 yrs) Cookie Monsters Cooking Camp (8-12 yrs) Adventures in Cardboard: Castles of Cardboard (7-10 yrs) Brick Builders Camp (6-10 yrs) Jedi Training Camp (8-13 yrs) Boredom Busters Tabletop Gaming Camp (10-14 yrs)	Conestoga Adventurers (11-15yr 11m) Aqua Odyssey: Games Swim Camp (9-12 yrs) Pros Volleyball Camp (7-12 yrs) Sabre Fencing Camp (7-12 yrs) Mine Crafting Art Camp (8-13 yrs) Cookie Monsters Cooking Camp (8-12 yrs) Adventures in Cardboard: Castles of Cardboard (7-10 yrs) Jedi Training Camp (8-13 yrs) Boredom Busters Tabletop Gaming Camp (10-14 yrs)
Week 10 8/17-8/20 (no camp 8/21)	Conestoga Explorers (4.5-5yr 11m) Conestoga Rovers (6 - 7yr 11m) Pixie Dust Dance Camp Rookies All-Sports Camp: Indoors Rookies All-Sports Camp: Outdoors Starters All-Sports Camp: Indoors (6-8 yrs) Starters All-Sports Camp: Outdoors (6-8 yrs)	Conestoga Rovers (6 - 7yr 11m) Conestoga Pathfinders (7-8yr 11m) Hip Hop Hype Dance Camp (7-10 yrs) Starters All-Sports Camp: Indoors (6-8 yrs)	Conestoga Trekkers (9-10yr 11m) Hip Hop Hype Dance Camp (7-10 yrs) Culinary World Tour Cooking Camp (10-14 yrs) Comfy Camp (10-14 yrs) Expedition Adventure (10- 14 yrs)	Conestoga Adventurers (11-15yr 11m)*All-Star Futsal Camp (11-14 yrs) Culinary World Tour Cooking Camp (10-14 yrs) Comfy Camp (10-14 yrs) Expedition Adventure (10- 14 yrs)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Summer Camp Deposits and Balances

For full day summer camps, a \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. **However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29.**

Full-day Summer Camps

Conestoga Explorers (4 ½ - 5 yr 11m)

Grab your bags - we're going on a summer adventure! Join us this summer on the Great Conestoga Quest, where campers will participate in a variety of exciting themed games and activities each week, all while taking trips to the splash pad, pool, local parks, and fun field trips! (Field trip locations are subject to substitution). Bring a water bottle, two snacks and a lunch daily.

Week 1 – Treasure Island

No camp 6/19.

6/15-6/18 (1) M-Th 7:30 am-6 pm 4 ½- 5 yrs CO17101
Rm 101 ID/AP: \$256 OD: \$320

Week 2 – Lost City

Field Trip: FLIP Museum

6/22-6/26 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17102
Rm 101 ID/AP: \$320 OD: \$400

Week 3 – Wild West

No camp 7/3.

6/29-7/2 (1) M-Th 7:30 am-6 pm 4 ½-5 yrs CO17103
Rm 101 ID/AP: \$256 OD: \$320

Week 4 – Dragon's Lair

7/6-7/10 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17104
Rm 101 ID/AP: \$320 OD: \$400

Week 5 – Savanna Safari

Field Trip: Oregon Zoo

7/13-7/17 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17105
Rm 101 ID/AP: \$320 OD: \$400

Week 6 – Global Trotters

Field Trip: Superplay

7/20-7/24 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17106
Rm 101 ID/AP: \$320 OD: \$400

Week 7 – Under the Sea

Field Trip: OMSI

7/27-7/31 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17107
Rm 101 ID/AP: \$320 OD: \$400

Week 8 – Jungle Hijinx

Field Trip: Xplore

8/3-8/7 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17108
Rm 101 ID/AP: \$320 OD: \$400

Week 9 – Ancient Ruins

Field Trip: Wunderland

8/10-8/14 (1) M-F 7:30 am-6 pm 4 ½-5 yrs CO17109
Rm 101 ID/AP: \$320 OD: \$400

Week 10 – Out of this World

No camp 8/21.

8/17-8/20 (1) M-Th 7:30 am-6 pm 4 ½-5 yrs CO17110
Rm 101 ID/AP: \$256 OD: \$32

Conestoga Rovers (6-7yr 11m)

Grab your bags - we're going on a summer adventure! Join us this summer on the Great Conestoga Quest, where campers will participate in a variety of exciting themed games and activities each week, all while taking trips to the splash pad, pool, local parks, and fun field trips! (Field trip locations are subject to substitution). Bring a water bottle, two snacks and a lunch daily.

Week 1 – Treasure Island

No camp 6/19.

6/15-6/18 (1) M-Th 7:30 am-6 pm 6-7 yrs CO17111
Rm 203 ID/AP: \$256 OD: \$320

Week 2 – Lost City

Field Trip: FLIP Museum

6/22-6/26 (1) M-F 7:30 am-6 pm 6-7 yrs CO17112
Rm 203 ID/AP: \$320 OD: \$400

Week 3 – Wild West

No camp 7/3.

6/29-7/2 (1) M-Th 7:30 am-6 pm 6-7 yrs CO17113
Rm 203 ID/AP: \$256 OD: \$320

Week 4 – Dragon's Lair

7/6-7/10 (1) M-F 7:30 am-6 pm 6-7 yrs CO17114
Rm 203 ID/AP: \$320 OD: \$400

Week 5 – Savanna Safari

Field Trip: Oregon Zoo

7/13-7/17 (1) M-F 7:30 am-6 pm 6-7 yrs CO17115
Rm 203 ID/AP: \$320 OD: \$400

Week 6 – Global Trotters

Field Trip: Superplay

7/20-7/24 (1) M-F 7:30 am-6 pm 6-7 yrs CO17116
Rm 203 ID/AP: \$320 OD: \$400

Week 7 – Under the Sea

Field Trip: OMSI

7/27-7/31 (1) M-F 7:30 am-6 pm 6-7 yrs CO17117
Rm 203 ID/AP: \$320 OD: \$400

Week 8 – Jungle Hijinx

Field Trip: Xplore

8/3-8/7 (1) M-F 7:30 am-6 pm 6-7 yrs CO17118
Rm 203 ID/AP: \$320 OD: \$400

Week 9 – Ancient Ruins

Field Trip: Wunderland

8/10-8/14 (1) M-F 7:30 am-6 pm 6-7 yrs CO17119
Rm 203 ID/AP: \$320 OD: \$400

Week 10 – Out of this World

No camp 8/21.

8/17-8/20 (1) M-Th 7:30 am-6 pm 6-7 yrs CO17120
Rm 203 ID/AP: \$256 OD: \$32

Conestoga Pathfinders (7-8yr 11m)

Grab your bags - we're going on a summer adventure! Join us this summer on the Great Conestoga Quest, where campers will participate in a variety of exciting themed games and activities each week, all while taking trips to the splash pad, pool, local parks, and fun field trips! (Field trip locations are subject to substitution). Bring a water bottle, two snacks and a lunch daily.

Week 1 – Treasure Island

No camp 6/19.

6/15-6/18 (1) M-Th 7:30 am-6 pm 7-8 yrs CO17121
Rm 202 ID/AP: \$256 OD: \$320

continued

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Week 2 – Lost City

Field Trip: FLIP Museum

6/22-6/26 (1) M-F 7:30 am-6 pm 7-8 yrs CO17122
Rm 202 ID/AP: \$320 OD: \$400

Week 3 – Wild West

No camp 7/3.

6/29-7/2 (1) M-Th 7:30 am-6 pm 7-8 yrs CO17123
Rm 202 ID/AP: \$256 OD: \$320

Week 4 – Dragon's Lair

7/6-7/10 (1) M-F 7:30 am-6 pm 7-8 yrs CO17124
Rm 202 ID/AP: \$320 OD: \$400

Week 5 – Savanna Safari

Field Trip: Oregon Zoo

7/13-7/17 (1) M-F 7:30 am-6 pm 7-8 yrs CO17125
Rm 202 ID/AP: \$320 OD: \$400

Week 6 – Global Trotters

Field Trip: Superplay

7/20-7/24 (1) M-F 7:30 am-6 pm 7-8 yrs CO17126
Rm 202 ID/AP: \$320 OD: \$400

Week 7 – Under the Sea

Field Trip: OMSI

7/27-7/31 (1) M-F 7:30 am-6 pm 7-8 yrs CO17127
Rm 202 ID/AP: \$320 OD: \$400

Week 8 - Jungle Hijinx

Field Trip: Xplore

8/3-8/7 (1) M-F 7:30 am-6 pm 7-8 yrs CO17128
Rm 202 ID/AP: \$320 OD: \$400

Week 9 – Ancient Ruins

Field Trip: Wunderland

8/10-8/14 (1) M-F 7:30 am-6 pm 7-8 yrs CO17129
Rm 202 ID/AP: \$320 OD: \$400

Week 10 – Out of this World

No camp 8/21.

8/17-8/20 (1) M-Th 7:30 am-6 pm 7-8 yrs CO17130
Rm 202 ID/AP: \$256 OD: \$320

Conestoga Trekkers (9-10yr 11m)

Grab your bags - we're going on a summer adventure! Join us this summer on the Great Conestoga Quest, where campers will participate in a variety of exciting themed games and activities each week, all while taking trips to the splash pad, pool, local parks, and fun field trips! (Field trip locations are subject to substitution). Bring a water bottle, two snacks and a lunch daily.

Week 1 – Treasure Island

No camp 6/19.

6/15-6/18 (1) M-Th 7:30 am-6 pm 9-10 yrs CO17211
Rm 200 ID/AP: \$256 OD: \$320

Week 2 – Lost City

Field Trip: FLIP Museum

6/22-6/26 (1) M-F 7:30 am-6 pm 9-10 yrs CO17212
Rm 200 ID/AP: \$320 OD: \$400

Week 3 – Wild West

No camp 7/3.

6/29-7/2 (1) M-Th 7:30 am-6 pm 9-10 yrs CO17213
Rm 200 ID/AP: \$256 OD: \$320

Week 4 – Dragon's Lair

7/6-7/10 (1) M-F 7:30 am-6 pm 9-10 yrs CO17214
Rm 200 ID/AP: \$320 OD: \$400

Week 5 – Savanna Safari

Field Trip: Oregon Zoo

7/13-7/17 (1) M-F 7:30 am-6 pm 9-10 yrs CO17215
Rm 200 ID/AP: \$320 OD: \$400

Week 6 – Global Trotters

Field Trip: Superplay

7/20-7/24 (1) M-F 7:30 am-6 pm 9-10 yrs CO17216
Rm 200 ID/AP: \$320 OD: \$400

Week 7 – Under the Sea

Field Trip: OMSI

7/27-7/31 (1) M-F 7:30 am-6 pm 9-10 yrs CO17217
Rm 200 ID/AP: \$320 OD: \$400

Week 8 - Jungle Hijinx

Field Trip: Xplore

8/3-8/7 (1) M-F 7:30 am-6 pm 9-10 yrs CO17218
Rm 200 ID/AP: \$320 OD: \$400

Week 9 – Ancient Ruins

Field Trip: Wunderland

8/10-8/14 (1) M-F 7:30 am-6 pm 9-10 yrs CO17219
Rm 200 ID/AP: \$320 OD: \$400

Week 10 – Out of this World

No camp 8/21.

8/17-8/20 (1) M-Th 7:30 am-6 pm 9-10 yrs CO17220
Rm 200 ID/AP: \$256 OD: \$320

Conestoga Adventurers (11-15yr 11m)

An extra special adventure awaits for our Conestoga Adventurers! Pack your bags - campers will be offsite exploring for most of the day, with exciting field trips included! (Field trip locations are subject to substitution). Bring a water bottle, two snacks, a lunch, a backpack, and wear closed-toed shoes daily.

Week 1

No camp 6/19.

6/15-6/18 (1) M-Th 7:30 am-6 pm 11-15 yrs CO17221
Sport Court ID/AP: \$256 OD: \$320

Week 2

6/22-6/26 (1) M-F 7:30 am-6 pm 11-15 yrs CO17222
Sport Court ID/AP: \$320 OD: \$400

Week 3

No camp 7/3.

6/29-7/2 (1) M-Th 7:30 am-6 pm 11-15 yrs CO17223
Sport Court ID/AP: \$256 OD: \$320

Week 4

7/6-7/10 (1) M-F 7:30 am-6 pm 11-15 yrs CO17224
Sport Court ID/AP: \$320 OD: \$400

Week 5

7/13-7/17 (1) M-F 7:30 am-6 pm 11-15 yrs CO17225
Sport Court ID/AP: \$320 OD: \$400

Week 6

7/20-7/24 (1) M-F 7:30 am-6 pm 11-15 yrs CO17226
Sport Court ID/AP: \$320 OD: \$400

Week 7

7/27-7/31 (1) M-F 7:30 am-6 pm 11-15 yrs CO17227
Sport Court ID/AP: \$320 OD: \$400

Week 8

8/3-8/7 (1) M-F 7:30 am-6 pm 11-15 yrs CO17228
Sport Court ID/AP: \$320 OD: \$400

Week 9

8/10-8/14 (1) M-F 7:30 am-6 pm 11-15 yrs CO17229
Sport Court ID/AP: \$320 OD: \$400

Week 10

No camp 8/21.

8/17-8/20 (1) M-Th 7:30 am-6 pm 11-15 yrs CO17230
Sport Court ID/AP: \$256 OD: \$320

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Full-Day Specialty Camps

Please note that these camps take place offsite. Drop-off and pick-up will occur at Conestoga Recreation & Aquatic Center for each camp. Please ensure your child brings lunch and a water bottle daily.

Expedition Adventure Camp

Explore unique and exciting experiences daily in this adventure driven traveling camp. From soaring through the treetops on ziplines and high ropes, to testing your skills getting out of an exciting escape room; each day is unique and packed with fun and exploration. Campers will travel to different places each day, discovering a variety of outdoor and indoor adventures and making new friends along the way. Please be sure to bring a sack lunch and a drink every day. Campers will be primarily off-site adventuring all day and will return to center by 4pm daily. Drop-off and pick-up will be at Conestoga Recreation & Aquatic Center. **Misc Fee: \$154**

6/22-6/25 (1) M-Th	9 am-4 pm	10-14 yrs	CO18235
OffSite	ID/AP: \$366	OD: \$457.50	
8/17-8/20 (1) M-Th	9 am-4 pm	10-14 yrs	CO18236
OffSite	ID/AP: \$366	OD: \$457.50	

Boredom Busters Tabletop Gaming Camp

Perfect for game lovers, this camp promises an exciting mix of friendly competition, creative thinking, and unforgettable moments. Campers will dive into the world of strategy, creativity, and fun as they explore a wide variety of tabletop games, test their skill in an escape room, and even create their own game. Whether it's sharpening skills in strategy challenges or working as a team to solve cooperative puzzles, campers will experience endless opportunities for fun, friendship, and learning. Please be sure to bring a sack lunch and a drink every day. Campers will be primarily off-site adventuring all day and will return to center by 4pm daily. Drop-off and pick-up will be at Conestoga Recreation & Aquatic Center. **Misc Fee: \$40**

7/6-7/9 (1) M-Th	9 am-4 pm	10-14 yrs	CO18230
OffSite	ID/AP: \$366	OD: \$457.50	
8/10-8/13 (1) M-Th	9 am-4 pm	10-14 yrs	CO18231
OffSite	ID/AP: \$366	OD: \$457.50	

Imagination Adventures

At Imagination Adventures, we believe in fully immersive role-play experiences where campers can fully embody their own original character and bring them to life in the magical province of Orenwood. Each week campers will go on different adventures, solve puzzles, complete quests, and level up alongside their character through co-creative storytelling

The Lost City of Elves

In this weeks camp, the Duct Tape Wizard has discovered that someone has gone back in time to negatively change the future of Orenwood. He asks the adventurers to follow him back in time to find the culprit and set things right, before Orenwood is destroyed!

7/6-7/10 (1) M-F	9 am-4pm	6-14 yrs	CO18237
Greenway Park 2	ID/AP: \$425	OD: \$531.25	

The Rivalry of Two Mages

In this weeks camp, Captain Alicia has been tasked with investigating a spooky phenomenon of ghostly ships seen passing through port cities up and down the grey coast. She has enlisted the adventurer's help looking into these ghosts, and finding a way to put them to rest.

7/13-07/17 (1) M-F	9 am-4pm	6-14 yrs	CO18238
Greenway Park 2	ID/AP: \$425	OD: \$531.25	

Palace of Time

In this weeks camp, an archeological expedition seeks to prove the existence of an underground offshoot of elves from a long ago civil war. Help them further their knowledge and uncover long hidden secrets! Please bring a snack and water bottle daily.

7/20-07/24 (1) M-F	9 am-4pm	6-14 yrs	CO18239
Greenway Park 2	ID/AP: \$425	OD: \$531.25	

City Surfers Camp

This will be an exciting week where campers take daily field trips to awesome destinations throughout the city. Explore immersive art experiences, adventure on the 4T trail, and more! Please be sure to bring a sack lunch and a drink every day. Campers will be off-site adventuring all day and will return to center by 4pm daily. Drop-off and pick-up will be at Conestoga Recreation & Aquatic Center. **Misc Fee: \$61**

7/20-7/23 (1) M-Th	9 am-4 pm	10-14 yrs	CO18233
OffSite	ID/AP: \$366	OD: \$457.50	

Camp Impact

Looking for a fun way to fill volunteer hours this summer? This camp is designed for those eager to give back and make a positive difference through their volunteer hours. Whether you're helping local organizations or supporting those in need, you'll be contributing to meaningful projects while building new skills and friendships. With exciting daily field trips, campers will experience the power of giving back along with games, crafts, and unique activities. Campers will be off-site all day and will return to center by 4pm daily. Please be sure to bring a sack lunch and a drink every day. Drop-off and pick-up will be at Conestoga Recreation & Aquatic Center.

7/27-7/31 (1) M-F	9 am-4 pm	10-14 yrs	CO18232
OffSite	ID/AP: \$456	OD: \$570	

Comfy Camp NEW

Comfy Camp is a laid-back, creativity-focused week designed for campers who enjoy making, imagining, and easing into the end of summer at a comfortable pace. Throughout the week, campers will bake tasty treats, create a variety of hands-on crafts, and spend time journaling, reading, and experimenting with creative writing. Campers will visit a local game store to play-test new board and card games together and take a trip to a nearby bookstore to explore and spark new reading interests. We'll spend time in a local park as well, trying yoga, sound mapping, and other mindful meditation activities all under the peaceful shade of trees. With a blend of creativity, exploration, and quiet moments, Comfy Camp offers a welcoming space to relax, connect, and recharge before the school year begins. Please be sure to bring snack lunch and a water bottle every day.

8/17-8/20 (1) M-Th	9 am-4 pm	10-14 yrs	CO18234
Rm 205	ID/AP: \$376	OD: \$470	

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Preschool Camps at Fanno Farmhouse

MORNING CAMPS | 9 AM-12 PM

Space Explorers Preschool Camp

Blast off into a galaxy of fun! Young astronauts will explore outer space through games, crafts, activities, and more. Ignite your imagination while discovering the wonders of the universe.

6/22-6/26 (1) M-F 9 am-12 pm 4-6 yrs CO18100
Fanno Farmhouse ID/AP: \$192 OD: \$240

Fantastic Fairies Preschool Camp

Fly into a world of magic, wonder, and pixie dust! Little dreamers with enter an enchanting journey full of fairy themed songs, crafts, stories, and more. Every day is a new adventure full of sparkle and joy. Participants are welcome to wear any festive outfits from home to camp if they wish.

6/29-7/2 (1) M-Th 9 am-12 pm 4-6 yrs CO18101
Fanno Farmhouse ID/AP: \$159 OD: \$198.75

Ooze, Goo & Slimy Science Preschool Camp

Get ready to get messy and have a blast! Little scientists will experiment with slime, gooey stuff, and other messy arts! Campers will love getting their hands dirty while discovering the magic of experiments. With hands-on activities, fun games, and lots of giggles, this camp is the perfect place for young minds to explore and play.

7/6-7/10 (1) M-F 9 am-12 pm 4-6 yrs CO18102
Fanno Farmhouse ID/AP: \$192 OD: \$240

Up, Up, and Away! Superhero Preschool Camp

Calling all little heroes! Come on the adventure of the summer to discover your superpowers. We will design our own costumes along with other fun crafts and go on a real adventure in Fanno Creek Park!

7/13-7/17 (1) M-F 9 am-12 pm 4-6 yrs CO18103
Fanno Farmhouse ID/AP: \$192 OD: \$240

Muddy Buddies Exploration Preschool Camp

Let's get muddy! Make mud pies, build sandcastles, and experiment with kinetic sand! Campers will love getting their hands dirty with hands-on activities and tons of fun games.

7/20-7/24 (1) M-F 9 am-12 pm 4-6 yrs CO18104
Fanno Farmhouse ID/AP: \$192 OD: \$240

Jurassic Jungle Preschool Camp

Get ready for a prehistoric adventure! Little learners will embark on a fun-filled journey through a world of dinosaurs and other jungle creatures. Dig for dinos, use your creativity with paints and arts & crafts, play fun games, and more. Join us for a roaring good time.

7/27-7/31 (1) M-F 9 am-12 pm 4-6 yrs CO18105
Fanno Farmhouse ID/AP: \$192 OD: \$240

Mighty Machines Preschool Camp

Start your engines, truck fans! We are ready to get down n' dirty and play with, learn about, and build our own trucks, planes, and cars. Drive into a day full of fun games, crafts, and activities.

8/3-8/7 (1) M-F 9 am-12 pm 4-6 yrs CO18106
Fanno Farmhouse ID/AP: \$192 OD: \$240

AFTERNOON CAMPS | 2-4 PM

Underwater Adventures Art Mini Camp

Dive into a week of creativity inspired by the sea. Campers will explore ocean themes through hands-on art projects, stories, songs, and playful activities designed just for preschoolers. Children will create colorful sea creatures, experiment with different art materials, and use their imaginations to bring underwater worlds to life.

6/22-6/26 (1) M-F 2-4 pm 4-6 yrs CO18119
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Play and Explore Preschool Mini Camp

This camp is designed to help children build confidence, practice social skills, and enjoy making new friends in a fun, supportive setting. Campers will participate in cooperative games, creative play, and group activities that encourage sharing, communication, and teamwork.

6/29-7/2 (1) M-Th 2-4 pm 4-6 yrs CO18116
Fanno Farmhouse ID/AP: \$103 OD: \$128.75

Tiny Chefs Camp: Pizza Party!

Young chefs will get introduced to the kitchen in this fun camp geared towards preschoolers. Campers practice cooperation, listening, and hand-eye coordination, as well as early math skills by measuring, handling, and assembling yummy food! This week we will be making our very own mini pizzas! Please note: we cannot guarantee an allergy-free environment or menu.

7/6-7/10 (1) M-F 2-4 pm 4-6 yrs CO18122
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Superhero Studio Mini Art Camp

Artists Assemble! We'll have a SUPER time while we learn about shapes, color, and texture. Come prepared to get messy! Little ones will have the awesome opportunity to let their imaginations run wild!

7/13-7/17 (1) M-F 2-4 pm 4-6 yrs CO18120
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Play and Explore Preschool Mini Camp

This camp is designed to help children build confidence, practice social skills, and enjoy making new friends in a fun, supportive setting. Campers will participate in cooperative games, creative play, and group activities that encourage sharing, communication, and teamwork.

7/20-7/24 (1) M-F 2-4 pm 4-6 yrs CO18117
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Tiny Chefs Camp: Snack the Rainbow

Young chefs will get introduced to the kitchen in this fun camp geared towards preschoolers. Campers practice cooperation, listening, and hand-eye coordination, as well as early math skills by measuring, handling, and assembling yummy food! This week we will be making a variety of deliciously colored snacks! Please note: we cannot guarantee an allergy-free environment or menu.

7/27-7/31 (1) M-F 2-4 pm 4-6 yrs CO18123
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Outer Space Art Attack Mini Art Camp

Blast off for a creative journey beyond the stars! Campers will enjoy hands-on art projects inspired by planets, rockets, astronauts, and the night sky, using a variety of kid-friendly materials and techniques.

8/3-8/7 (1) M-F 2-4 pm 4-6 yrs CO18121
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Preschool Camps at Fanno Farmhouse

MORNING CAMPS | 9 AM-12 PM

Fairytale Fun Preschool Camp

Join us for a fun-filled week of imagination, creativity, and play. Each day, campers will explore classic fairytales through stories, simple crafts, songs, and imaginative games.

8/10-8/14 (1) M-F 9 am-12 pm 4-6 yrs CO18107
Fanno Farmhouse ID/AP: \$192 OD: \$240

AFTERNOON CAMPS | 2-4 PM

Play and Explore Preschool Mini Camp

This camp is designed to help children build confidence, practice social skills, and enjoy making new friends in a fun, supportive setting. Campers will participate in cooperative games, creative play, and group activities that encourage sharing, communication, and teamwork.

8/10-8/14 (1) M-F 2-4 pm 4-6 yrs CO18118
Fanno Farmhouse ID/AP: \$126 OD: \$157.50

Summer Lunch Bunch @ Fanno Farmhouse NEW

Summer Lunch Bunch offers a relaxed mid-day option for campers during the summer. Families may register for Lunch Bunch on its own or use it to extend a morning or afternoon Fanno Farmhouse camp program, making it easy to create a full-day camp experience. During Lunch Bunch, campers will eat their lunch, followed by free play and a quiet rest or recharge time before pick up or transitioning to the next camp. This program provides a calm, supervised break in the day and a smooth connection between camp sessions. **No camp 7/3.**

6/22-6/26 (1) M-F	12-2 pm	4-6 yrs	CO18108	7/20-7/24 (1) M-F	12-2 pm	4-6 yrs	CO18112
Fanno Farmhouse	ID/AP: \$121	OD: \$151.25		Fanno Farmhouse	ID/AP: \$121	OD: \$151.25	
6/29-7/2 (1) M-Th	12-2 pm	4-6 yrs	CO18109	7/27-7/31 (1) M-F	12-2 pm	4-6 yrs	CO18113
Fanno Farmhouse	ID/AP: \$98	OD: \$122.50		Fanno Farmhouse	ID/AP: \$121	OD: \$151.25	
7/6-7/10 (1) M-F	12-2 pm	4-6 yrs	CO18110	8/3-8/7 (1) M-F	12-2 pm	4-6 yrs	CO18114
Fanno Farmhouse	ID/AP: \$121	OD: \$151.25		Fanno Farmhouse	ID/AP: \$121	OD: \$151.25	
7/13-7/17 (1) M-F	12-2 pm	4-6 yrs	CO18111	8/10-8/14 (1) M-F	12-2 pm	4-6 yrs	CO18115
Fanno Farmhouse	ID/AP: \$121	OD: \$151.25		Fanno Farmhouse	ID/AP: \$121	OD: \$151.25	

Half day Camps at Conestoga

These camps will take place at Conestoga Recreation & Aquatic Center. Some camps may travel offsite during the camp; however, drop-off and pick-up locations will remain at the center. Please see the specific camp information for designated offsite locations, if applicable. Ensure your child brings a snack and a water bottle each day.

Preschool Dance Camps

Butterflies and Ballet Dance Camp

Twirl, flutter, and flit like a butterfly all while exploring ballet vocabulary and techniques! This enchanting camp combines the grace of ballet with the magic of butterflies. Each day campers will learn delicate ballet moves, make beautiful crafts, and listen to whimsical stories.

6/15-6/18 (1) M-Th 9 am-12 pm 4-6 yrs CO11100
Rm 204 ID/AP: \$168 OD: \$210

How It's Done: K-Pop Demon Hunters Dance Camp NEW

Learn fun K-Pop-inspired moves, practice simple choreography, and take part in creative dance games in this brand new camp! We will focus on building confidence, coordination, and rhythm while campers move, play, and express themselves in a supportive, high-energy environment.

6/22-6/25 (1) M-Th 9 am-12 pm 4-6 yrs CO11101
Rm 204 ID/AP: \$168 OD: \$210

Dance Mode: A Bluey Dance Camp

Little dancers will move, play, and create just like their favorite Bluey characters! Campers will explore basic dance skills, practice simple routines, and make some fun Bluey-inspired crafts that spark creativity and storytelling.

7/20-7/23 (1) M-Th 9 am-12 pm 4-6 yrs CO11102
Rm 204 ID/AP: \$168 OD: \$210

Pixie Dust Dance Camp

Experience the magic of dance in this whimsical dance camp. Join us each imaginative day-filled with melodies from timeless animated classics, stories, and crafts. With faith, trust, and just a little pinch of pixie dust we'll dance our way to a world of creativity, friendship, and magic.

8/17-8/20 (1) M-Th 9 am-12 pm 4-6 yrs CO11103
Rm 204 ID/AP: \$168 OD: \$210

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Full Day Sports Camps

Girls Got Game: Sports & Empowerment Camp

This dynamic camp empowers school-age girls through sports, teamwork, and confidence-building activities. Participants explore a variety of sports while developing leadership, resilience, and self-esteem in a supportive and fun environment. The camp combines skill development with games, challenges, and group activities that inspire girls to be strong, confident, and active. *Please note that this camp program includes off-site field trips using our 15-passenger vans as transportation.

7/20-7/24 (1) M-F 9 am-4pm 7-11 yrs CO12250
GYM #2 ID/AP: \$373 OD:466.25



Specialty Camps

Lil Padawans Jedi Camp

Join us for a week of out-of-this-world-fun. Train to be a Jedi with fun games, crafts, and more! Work together with other padawans to forge new friendships and tackle tasks. May the force (and fun!) be with you.

7/27-7/30 (1) M-Th 9 am-12 pm 4-6 yrs CO18130
Rm 204 ID/AP: \$149 OD: \$186.25
8/10-8/13 (1) M-Th 9 am-12 pm 4-6 yrs CO18131
Rm 204 ID/AP: \$149 OD: \$186.25

Mindful Movements Yoga and Meditation Camp

Relaxation is fun! Join us for a serene journey of self-discovery through mindfulness crafts, games, and practices. With yoga and breathing exercises, we will nurture our bodies and minds. No yoga experience is required for this beginner camp.

7/27-7/30 (1) M-Th 1-4 pm 4-6 yrs CO18217
Rm 204 ID/AP: \$168 OD: \$210

Mini Marvels Superhero Camp

Campers, assemble! Join us for this super fun camp filled with challenges, rescue missions, and costume-making. What superpowers will you discover?

8/3-8/6 (1) M-Th 9 am-12 pm 4-6 yrs CO18132
Rm 204 ID/AP: \$149 OD: \$186.25

Sports Camps

Rookies Hoop Camp

This beginner-friendly indoor camp introduces the fun of basketball through playful skill-building activities. Young athletes learn dribbling, passing, shooting, and teamwork using age-appropriate equipment and creative games that keep them moving, smiling, and building confidence. **No camp 6/19.**

6/15-6/18 (1) M-Th 1-4 pm 4-6 yrs CO12150
GYM #2 ID/AP: \$134 OD: \$167.50
7/6-7/10 (1) M-F 1-4 pm 4-6 yrs CO12155
GYM #2 ID/AP: \$167 OD: \$208.75
7/27-7/31 (1) M-F 1-4 pm 4-6 yrs CO12159
GYM #2 ID/AP: \$167 OD: \$208.75

Rookies Soccer Camp

This fun-filled outdoor camp introduces the basics of soccer through imaginative games, playful drills, and plenty of active movement. Young athletes learn dribbling, passing, shooting, and teamwork while enjoying fresh air and open field space. **No camp 6/19, 7/3.**

6/15-6/18 (1) M-Th 9 am-12 pm 4-6 yrs CO12151
CRA Field ID/AP: \$134 OD: \$167.50
6/29-7/2 (1) M-Th 9 am-12 pm 4-6 yrs CO12154
CRA Field ID/AP: \$134 OD: \$167.50
7/13-7/17 (1) M-F 9 am-12 pm 4-6 yrs CO12157
CRA Field ID/AP: \$167 OD: \$208.75
7/27-7/31 (1) M-F 9 am-12 pm 4-6 yrs CO12160
CRA Field ID/AP: \$167 OD: \$208.75
8/10-8/14 (1) M-F 9 am-12 pm 4-6 yrs CO12162
CRA Field ID/AP: \$167 OD: \$208.75

Rookies All-Sports Camp: Indoors

This fun, high-energy indoor camp introduces a variety of kid-friendly sports including basketball, futsal, pickleball, volleyball, and handball. Through playful drills and creative games, little athletes build coordination, confidence, and teamwork. **No camp 8/21.**

6/22-6/26 (1) M-F 1-4 pm 4-6 yrs CO12152
GYM #2 ID/AP: \$167 OD: \$208.75
8/17-8/20 (1) M-Th 1-4 pm 4-6 yrs CO12163
GYM #2 ID/AP: \$134 OD: \$167.50

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Rookies All-Sports Camp: Outdoors

This exciting outdoor camp introduces a variety of sports, including soccer, T-ball, lacrosse, and flag football. Through fun, age-appropriate games and activities, little athletes practice basic skills, teamwork, and coordination while enjoying fresh air and active play. **No camp 8/21.**

6/22-6/26 (1)	M-F	9 am-12 pm	4-6 yrs	CO12153
		CRA Field	ID/AP: \$167	OD: \$208.75
7/20-7/24 (1)	M-F	9 am-12 pm	4-6 yrs	CO12158
		CRA Field	ID/AP: \$167	OD: \$208.75
8/17-8/20 (1)	M-Th	9 am-12 pm	4-6 yrs	CO12164
		CRA Field	ID/AP: \$134	OD: \$167.50

Rookies T-Ball Camp

This fun, beginner-friendly outdoor clinic introduces the basics of T-ball in a playful and supportive environment. Young athletes learn hitting, throwing, catching, and teamwork through age-appropriate games and activities that build coordination and confidence.

7/6-7/10 (1)	M-F	9 am-12 pm	4-6 yrs	CO12156
		CRA Field	ID/AP: \$167	OD: \$208.75
8/3-8/7 (1)	M-F	9 am-12 pm	4-6 yrs	CO12161
		CRA Field	ID/AP: \$167	OD: \$208.75

Conestoga Extended Before Care

Attending a half-day camp at Conestoga Recreation and Aquatic Center and need extended childcare from 7:30 am-9 am? Register for Before Care and we will transport your child from Before Care in the gym to any morning on-site Conestoga camp. Only for camps with drop off here at Conestoga. **No camp 6/19, 7/3.**

6/15-6/18 (1)	M-Th	7:30-9 am	4 ½-14 yrs	CO17BC01
		GYM #1	ID/AP: \$36	OD: \$45
6/22-6/26 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC02
		GYM #1	ID/AP: \$45	OD: \$56.25
6/29-7/2 (1)	M-Th	7:30-9 am	4 ½-14 yrs	CO17BC03
		GYM #1	ID/AP: \$36	OD: \$45
7/6-7/10 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC04
		GYM #1	ID/AP: \$45	OD: \$56.25
7/13-7/17 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC05
		GYM #1	ID/AP: \$45	OD: \$56.25
7/20-7/24 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC06
		GYM #1	ID/AP: \$45	OD: \$56.25
7/27-7/31 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC07
		GYM #1	ID/AP: \$45	OD: \$56.25
8/3-8/7 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC08
		GYM #1	ID/AP: \$45	OD: \$56.25
8/10-8/14(1)	M-F	7:30-9 am	4 ½-14 yrs	CO17BC09
		GYM #1	ID/AP: \$45	OD: \$56.25
8/17-8/20 (1)	M-Th	7:30-9 am	4 ½-14 yrs	CO17BC10
		GYM #1	ID/AP: \$36	OD: \$45

Conestoga Extended Lunch Care new

Want to take morning and afternoon half-day camps at Conestoga Recreation and Aquatic Center and need extended childcare from 12 pm-1 pm? Register for Lunch Care and we will pick up your child from any on-site morning Conestoga camp and supervise them during their lunch break before transporting them to their afternoon on-site camp. Only for camps with pickup and drop off here at Conestoga. Send your camper with a lunch; no food is provided. **No camp 6/19, 7/3, 8/21.**

6/15-6/18 (1)	M-Th	12-1 pm	4 ½-14 yrs	CO17LC01
		Back Patio	ID/AP: \$24	OD: \$30
6/22-6/26 (1)	M-F	12-1 pm	4 ½-14 yrs	CO17LC02
		Back Patio	ID/AP: \$30	OD: \$37.50
6/29-7/2 (1)	M-Th	7:30-9 am	4 ½-14 yrs	CO17LC03
		GYM #1	ID/AP: \$24	OD: \$30
7/6-7/10 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC04
		GYM #1	ID/AP: \$30	OD: \$37.50
7/13-7/17 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC05
		GYM #1	ID/AP: \$30	OD: \$37.50
7/20-7/24 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC06
		GYM #1	ID/AP: \$30	OD: \$37.50
7/27-7/31 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC07
		GYM #1	ID/AP: \$30	OD: \$37.50
8/3-8/7 (1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC08
		GYM #1	ID/AP: \$30	OD: \$37.50
8/10-8/14(1)	M-F	7:30-9 am	4 ½-14 yrs	CO17LC09
		GYM #1	ID/AP: \$30	OD: \$37.50
8/17-8/20 (1)	M-Th	7:30-9 am	4 ½-14 yrs	CO17LC10
		GYM #1	ID/AP: \$24	OD: \$30

Conestoga Extended After Care

Attending a half-day camp at Conestoga Recreation and Aquatic Center and need extended childcare from 4 pm-6 pm? Register for After Care and we will pick up your child from any on-site afternoon Conestoga camp and transport them to After Care in the gym. Only for camps with pickup here at Conestoga. **No camp 6/19, 7/3.**

6/15-6/18 (1)	M-Th	4-6 pm	4 ½-14 yrs	CO17AC01
		GYM #1	ID/AP: \$48	OD: \$60
6/22-6/26 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC02
		GYM #1	ID/AP: \$60	OD: \$75
6/29-7/2 (1)	M-Th	4-6 pm	4 ½-14 yrs	CO17AC03
		GYM #1	ID/AP: \$48	OD: \$60
7/6-7/10 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC04
		GYM #1	ID/AP: \$60	OD: \$75
7/13-7/17 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC05
		GYM #1	ID/AP: \$60	OD: \$75
7/20-7/24 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC06
		GYM #1	ID/AP: \$60	OD: \$75
7/27-7/31 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC07
		GYM #1	ID/AP: \$60	OD: \$75
8/3-8/7 (1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC08
		GYM #1	ID/AP: \$60	OD: \$75
8/10-8/14(1)	M-F	4-6 pm	4 ½-14 yrs	CO17AC09
		GYM #1	ID/AP: \$60	OD: \$785
8/17-8/20 (1)	M-Th	4-6 pm	4 ½-14 yrs	CO17AC10
		GYM #1	ID/AP: \$48	OD: \$60

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Half day Camps at Conestoga

These camps will take place at Conestoga Recreation & Aquatic Center. Some camps may travel offsite during the camp; however, drop-off and pick-up locations will remain at the center. Please see the specific camp information for designated offsite locations, if applicable. Ensure your child brings a snack and a water bottle each day.

Youth Art Camps

Art Adventures Camp

Unleash your creativity and imagination at this fun filled art camp. Campers will have the opportunity to explore a variety of mediums including: clay, paper mache, paint, and more! Explore your artistic side and create beautiful art you get to take home!

6/15-6/18 (1) M-Th	9 am-12 pm	7-12 yrs	CO14201
Rm 205	ID/AP: \$178	OD: \$222.50	
7/13-7/17 (1) M-F	9 am-12 pm	6-10 yrs	CO14202
Rm 205	ID/AP: \$219	OD: \$273.75	

Upcycled Art Camp

Upcycled Art Camp encourages young artists to see everyday materials in new ways. Campers will use clean, recycled, and repurposed items to create original art projects, sculptures, and crafts and focuses on imagination, problem-solving, and creative reuse.

6/15-6/18 (1) M-Th	1-4 pm	8-13 yrs	CO14218
Rm 205	ID/AP: \$168	OD: \$210	

Art Sampler Camp

Get ready to explore a world of creativity at this variety based art camp! Your imagination will know no limits as you create pop-up cards, tie-dye shirts, recycled art creations, and more. Campers will be inspired and challenged with different art styles and techniques.

6/22-6/26 (1) M-F	9 am-12 pm	7-12 yrs	CO14205
Rm 205	ID/AP: \$219	OD: \$273.75	

Comic Book Creations Camp

Make up imaginary, stories and more through graphic novels. Learn to use pictures, symbols, and text to convey information quickly and simply. Camp will discuss different types of humor and employ elements of storytelling and graphic novel imagery.

6/29-7/2 (1) M-Th	9 am-12 pm	7-12 yrs	CO14207
Rm 205	ID/AP: \$219	OD: \$273.75	

Creative Clay Art Camp

Explore creativity and self-expression while you design and build your own mixed media sculptures! Throughout the week we will be sculpting in clay, constructing 3-D creations, and building one of a kind sculptures. Campers will be encouraged to express themselves and create unique pieces of art. Take home all of your incredible creations and show them off.

7/6-7/10 (1) M-F	9 am-12 pm	8-13 yrs	CO14208
Rm 205	ID/AP: \$219	OD: \$273.75	

Mine Crafting Art Camp

Mine Crafting Art Camp invites campers to bring a favorite block-building world to life through hands-on art projects. Using a variety of materials, campers will create Minecraft-inspired crafts. From pixel-style art to imaginative builds, activities encourage campers to think creatively and make their own unique creations. This camp is perfect for fans who love Minecraft and want to craft, build, and create with no screens required.

7/13-7/17 (1) M-F	1-4 pm	8-13 yrs	CO14214
Rm 205	ID/AP: \$219	OD: \$273.75	
8/10-8/14 (1) M-F	1-4 pm	8-13 yrs	CO14215
Rm 205	ID/AP: \$219	OD: \$273.75	

Manga Mania Art Camp

Dive into the world of manga and anime character design! In this camp we will explore character costume and clothing creation, design, and world-building elements to make their characters come alive! This camp is an excellent companion to Comic Book Creations Camp.

7/20-7/24 (1) M-F	9 am-12 pm	8-13 yrs	CO14213
Rm 205	ID/AP: \$219	OD: \$273.75	

Catch and Create: A Pokémon Art Camp

Check out this new Pokémon inspired creative camp where campers design and craft their own creatures and characters. Through drawing, simple construction, and mixed-media projects, campers will explore color, shape, and design while bringing their ideas to life.

7/27-7/31 (1) M-F	1-4 pm	8-13 yrs	CO14217
Rm 205	ID/AP: \$219	OD: \$273.75	

Drawing and Painting Art Camp

Explore and develop painting and drawing techniques that inspire and encourage individual expression through art. A variety of art materials are used.

8/3-8/7 (1) M-F	9 am-12 pm	8-13 yrs	CO14212
Rm 205	ID/AP: \$219	OD: \$273.75	

Awesome Art Camp

Get inspired through a wide variety of amazing art projects. We will sculpt, paint, and draw our way through this fun filled week. This camp is designed to prompt creativity and excitement about art!

8/10-8/14 (1) M-F	9 am-12 pm	7-12 yrs	CO14206
Rm 205	ID/AP: \$219	OD: \$273.75	

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Cooking Camps

Delicious Desserts Cooking Camp

Indulge your sweet tooth at Dessert Week, where we will be whipping up all things delicious! Campers will explore a variety of dessert styles and techniques. We will learn about balance, flavors, and presentation to create treats that are as good as they look. Perfect for aspiring bakers and dessert enthusiasts, this week is all about creative, hands-on baking, cooking, and fun! Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

6/15-6/18 (1) M-Th 9 am-12 pm 8-12 yrs CO15200
Rm 202 ID/AP: \$188 OD: \$235

Cooking From Scratch Cooking Camp

This week, participants will learn hands-on techniques such as making fresh pasta, churning butter, baking bread, and preparing other simple from-scratch recipes. Campers will practice kitchen skills, follow recipes, and learn about ingredients while building confidence and creating delicious food from scratch. Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

6/22-6/25 (1) M-Th 9 am-12 pm 10-14 yrs CO15201
Rm 202 ID/AP: \$188 OD: \$235

Camping Food Feast Cooking Camp

Discover the art of outdoor inspired cooking! From foil wrapped meals to smores and more, we will explore delicious, portable dishes perfect for the outdoors. Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

6/29-7/2 (1) M-Th 9 am-12 pm 8-12 yrs CO15202
Rm 202 ID/AP: \$188 OD: \$235

Farm to Table Cooking Camp

Campers will explore the journey from fresh ingredients to delicious meals in this cooking camp. Each day we will learn how to prepare vibrant dishes that celebrate the flavors of fruits, vegetables, and herbs. Campers will discover the basics of cooking with fresh and sustainable ingredients. This week offers a trip to go berry picking along with kitchen safety and hands-on cooking! Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

7/6-7/9 (1) M-Th 9 am-12 pm 10-14 yrs CO15203
Rm 202 ID/AP: \$188 OD: \$235

Cupcake Challenge Cooking Camp

It's cupcake week, where every day is a sweet celebration. Campers will explore the art of cupcake baking and decorating. Master creating a fluffy batter, tasting fillings, and and creative flavors. Perfect for young bakers with a sweet tooth. Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

7/13-7/16 (1) M-Th 9 am-12 pm 8-12 yrs CO15204
Rm 202 ID/AP: \$188 OD: \$235

Pastry Paradise Cooking Camp

Roll into the delicious world of pastry making as we bake, fold, and roll our way through classics and modern treats alike. From croissants to puff pastry, campers will learn baking techniques, kitchen safety, and culinary creativity. Come ready to have fun cooking in our indoor and outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

7/20-7/23 (1) M-Th 9 am-12 pm 10-14 yrs CO15205
Rm 202 ID/AP: \$188 OD: \$235

Italian Cuisine Cooking Camp

Young chefs will dive into the flavors of Italy, learning how to make classics like pasta and pizza! Each day, campers will explore new flavors and gain hands-on cooking experience. Perfect for kids eager to discover the magic of Italian cooking, this week offers delicious bites and fun along the way. Please note: we cannot guarantee an allergy-free environment or menu.

7/27-7/30 (1) M-Th 9 am-12 pm 8-12 yrs CO15206
Rm 202 ID/AP: \$188 OD: \$235

Kitchen Chemistry Cooking Camp

This week, campers will go beyond the recipes, learning the "why" behind baking as they mix, measure, and experiment with ingredients. From understanding yeast in bread to exploring how different fats affect your baking, each activity combines delicious results with hands-on cooking and learning. Come ready to have fun cooking in our indoor and our outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

8/3-8/6 (1) M-Th 9 am-12 pm 10-14 yrs CO15207
Rm 202 ID/AP: \$188 OD: \$235

Cookie Monsters Cooking Camp

The perfect camp for kids who love cookies of all kinds! Campers will mix, bake, and decorate a variety of cookie recipes while learning basic baking skills and kitchen safety. Throughout the week, participants will experiment with flavors, shapes, and decorations, and enjoy the process of creating sweet treats from start to finish. This camp is perfect for young bakers who want to build confidence in the kitchen while having fun making delicious cookies. Please note: we cannot guarantee an allergy-free environment or menu.

8/10-8/13 (1) M-Th 9 am-12 pm 8-12 yrs CO15208
Rm 202 ID/AP: \$188 OD: \$235

Culinary World Tour Cooking Camp

Head out on a culinary journey around the world! Campers will discover unique flavors and from recipes from cultures across the globe. They will prepare and taste dishes that tell stories of different places and people. It's a deliciously fun way to explore the world, one bite at a time! Come ready to have fun cooking in our indoor and our outdoor kitchens! Please note: we cannot guarantee an allergy-free environment or menu.

8/17-8/20 (1) M-Th 9 am-12 pm 10-14 yrs CO15209
Rm 202 ID/AP: \$188 OD: \$235

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Dance Camps

How It's Done: A K-Pop Demon Hunters Dance Camp

Learn fun K-Pop-inspired moves, practice simple choreography, and take part in creative dance games in this brand new camp! We will focus on building confidence, coordination, and rhythm while campers move, play, and express themselves in a supportive, high-energy environment.

7/6-7/9 (1) M-Th 1-4 pm 7-10 yrs CO11200
Rm 204 ID/AP: \$168 OD: \$210

Hip Hop Hype Dance Camp

Get hyped for an epic week of dancing, fun, and fresh moves. This camp is all about bringing energy, creativity, and style to the dance floor. This camp will provide an introduction to hip hop steps, while focusing on rhythm, musicality, balance, and coordination. From funky crafts to rhythmic games, campers will be moving to the beat all day long.

8/17-8/20 (1) M-Th 1-4 pm 7-10 yrs CO11201
Rm 204 ID/AP: \$168 OD: \$210

Performing Arts Camps

Drama Camp Just for Kids

Create your very own play! Learn improvisational skills, stage presence, and timing. Build imagination and listening skills through exciting and fun drama games. You'll write your own scripts, make stage props, and perform your complete play on that last day of camp. Bravo! **No camp 7/3.**

6/29-7/2 (1) M-Th 1-4 pm 8-13 yrs CO18211
Rm 205 ID/AP: \$173 OD: \$216.25
7/27-7/31 (1) M-F 9 am-12 pm 6-10 yrs CO18212
Rm 205 ID/AP: \$173 OD: \$216.25

Music Fundamentals Camp

Music Fundamentals Camp is a hands-on introduction to the building blocks of music, with a strong focus on rhythm, timing, and listening skills. Campers will explore basic musical concepts through movement, clapping games, percussion instruments, and group activities designed to build confidence and coordination. Throughout the week, participants will practice keeping a steady beat, recognizing patterns, and working together as an ensemble, all while having fun and experimenting with sound. This camp is perfect for beginners or young musicians looking to strengthen their foundation in a supportive, engaging environment.

6/29-7/2 (1) M-Th 9 am-12 pm 7-10 yrs CO18218
Rm 204 ID/AP: \$178 OD: \$222.50
7/20-7/23 (1) M-Th 1-4 pm 6-10 yrs CO18219
Rm 204 ID/AP: \$178 OD: \$222.50

Improv Adventures Camp

Let your imagination run wild in this improv based camp. Play hilarious and fun improv games while learning stage presence, timing, and improvisational skills. Stay tuned for an amazing performance for families on the last day of camp!

7/6-7/9 (1) M-Th 9 am-12 pm 8-13 yrs CO18214
Rm 204 ID/AP: \$168 OD: \$210

Specialty Camps

Trainer Academy Camp

Trainer Academy Camp is perfect for young Pokémon fans who need a break from their screens. Campers will step into the role of trainers as they play themed games, complete fun challenges, and create Pokémon-inspired crafts throughout the week. Activities are designed to encourage imagination, movement, cooperation, and creativity all without video games or devices.

6/15-6/18 (1) M-Th 1-4 pm 6-9 yrs CO18223
Rm 204 ID/AP: \$144 OD: \$180

Adventures in Cardboard: Classic Cardboard Camp

Kids will unleash their imagination by designing and building amazing structures - all using cardboard! Campers are welcome to bring any of their ideas to the table in this creativity based camp. From creating costumes and cities, to playing adventure games, this camp is packed with fun!

6/15-6/18 (1) M-Th 1-4 pm 8-12 yrs CO18200
Rm 201 ID/AP: \$178 OD: \$222.50

Brick Builders Camp

Welcome to the Brick Builders Camp! Let creativity soar as kids dive into the world of LEGO®. Through imaginative challenges and endless possibilities, campers build, design, and explore the wonders of this iconic brick universe.

6/22-6/25 (1) M-Th 1-4 pm 6-10 yrs CO18204
Rm 204 ID/AP: \$178 OD: \$222.50
7/13-7/16 (1) M-Th 9 am-12 pm 8-12 yrs CO18205
Rm 204 ID/AP: \$178 OD: \$222.50
8/10-8/13 (1) M-Th 1-4 pm 6-10 yrs CO18206
Rm 204 ID/AP: \$178 OD: \$222.50

StoryQuest Camp

StoryQuest Camp is designed for young readers and writers who love getting lost in a good book and imagining worlds of their own. Each day includes dedicated quiet reading time, along with activities that explore the basics of storytelling. Campers will practice their own creative writing throughout the week and share ideas in a supportive, imagination-friendly environment. Whether they're budding authors or enthusiastic bookworms, StoryQuest Camp gives kids a space to read, write, and let their creativity unfold.

6/29-7/2 (1) M-Th 1-4 pm 8-13 yrs CO18221
Rm 204 ID/AP: \$144 OD: \$180
8/3-8/6 (1) M-Th 1-4 pm 8-13 yrs CO18222
Rm 204 ID/AP: \$144 OD: \$180

Adventures in Cardboard: Cardboard Metropolis

Enter a world of imagination where kids become architects and urban planners. Design and build their own themed cities, all from cardboard! Campers will work individually and in teams to create buildings, bridges, and sculptures. There are endless possibilities! Please bring a water bottle and snack each day.

7/20-7/24 (1) M-F 1-4pm 7-11 yrs CO18201
Rm 201 ID/AP: \$219 OD: \$273.75

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Adventures in Cardboard: Castles of Cardboard

Step into a world where creativity and craftsmanship reign supreme as we challenge campers to build castles, armor, and more - all from the humble material of cardboard. Young artisans will use their imagination to design and construct their own medieval creations. Get ready to wield your duct tape, test your designs in action, and rule the cardboard kingdom!

8/10-8/14 (1) M-F 1-4 pm 7-11 yrs CO18202
Rm 201 ID/AP: \$219 OD: \$273.75

Fitness Camps

Youth Weight Training I

Join us for fun and challenging weight training camp run by certified trainers and instructors! This program is ideal for those newer to the weight room to learn correct form in a safe, supportive environment. Get ready for time in the weight room in addition to games, agility drills and conditioning!

6/22-7/2 (2) M-Th 12-2 pm 11-14 yrs CO12300
Rm 201 ID/AP: \$189 OD: \$236.25

Youth Weight Training II

This class is ideal for those who have experience in the weight room and are looking to further their weight training skills. Get ready for time in the weight room in addition to games, agility drills and conditioning! Previous enrollment in Middle School Weight Training or approval from fitness team required for registration.

7/6-7/16 (2) M-Th 12-2 pm 12-14 yrs CO12301
Rm 201 ID/AP: \$189 OD: \$236.25

Sport Camps

All-Star Hoop Camp

This evening basketball camp is designed for developing players who want to take their game to the next level. Athletes sharpen their shooting, ball-handling, footwork, defense, and game IQ through focused drills, small-sided games, and competitive scrimmages. **No Camp 6/19.**

6/15-6/18 (1) M-Th 5-7 pm 11-14 yrs CO12273
GYM #2 ID/AP: \$93 OD: \$116.25

Starters Hoop Camp

A fun, skill-focused basketball camp where kids improve dribbling, shooting, passing, and teamwork through age-appropriate drills and friendly scrimmages. Perfect for young athletes looking to build confidence, stay active, and enjoy the game! **No camp 6/19.**

6/15-6/18 (1) M-Th 9 am-12 pm 6-8 yrs CO12251
GYM #2 ID/AP: \$134 OD: \$167.50
7/6-7/10 (1) M-F 9 am-12 pm 6-8 yrs CO12258
GYM #2 ID/AP: \$167 OD: \$208.75

Starters Soccer Camp

A fun, skill-focused soccer camp where kids develop dribbling, passing, shooting, and teamwork through age-appropriate drills and friendly scrimmages. Ideal for young athletes looking to build confidence, stay active, and enjoy the game! **No camp 6/19, 7/3.**

6/15-6/18 (1) M-Th 1-4 pm 6-8 yrs CO12252
CRA Field ID/AP: \$134 OD: \$167.50
6/29-7/2 (1) M-Th 1-4 pm 6-8 yrs CO12257
CRA Field ID/AP: \$134 OD: \$167.50
7/13-7/17 (1) M-F 1-4 pm 6-8 yrs CO12261
CRA Field ID/AP: \$167 OD: \$208.75
7/27-7/31 (1) M-F 1-4 pm 6-8 yrs CO12265
CRA Field ID/AP: \$167 OD: \$208.75
8/10-8/14 (1) M-F 1-4 pm 6-8 yrs CO12270
CRA Field ID/AP: \$167 OD: \$208.75

Sabre Fencing Camp

Learn the basic tactical and technical skills of the Olympic sport of saber fencing. This physical sport offers challenges to quick thinking (it is like the physical game of chess!), improves coordination, strength, and agility. Fun games are incorporated while learning the footwork and drills. Safety is emphasized. Sanitized equipment is assigned to each individual on the first day. All equipment is provided. Sabre fencing skills are introduced with skill practice and technique instruction provided by Oregon Fencing Alliance.

7/13-7/17 (1) M-F 9 am-12 pm 7-12 yrs CO12284
GYM #2 ID/AP: \$200 OD: \$250
7/27-7/31 (1) M-F 9 am-12 pm 7-12 yrs CO12285
GYM #2 ID/AP: \$200 OD: \$250
8/10-8/14 (1) M-F 9 am-12 pm 7-12 yrs CO12286
GYM #2 ID/AP: \$200 OD: \$250

Starters All-Sports Camp: Indoors

This high-energy indoor camp gives school-age athletes the chance to try multiple sports in a fun, supportive environment. Participants rotate through basketball, futsal, volleyball, and pickleball, learning fundamental skills, teamwork, and sportsmanship through age-appropriate drills and games. **No camp 8/21.**

8/17-8/20 (1) M-Th 9 am-12 pm 6-8 yrs CO12271
GYM #2 ID/AP: \$134 OD: \$167.50

Starters All-Sports Camp: Outdoors

This exciting outdoor camp introduces a variety of sports, including soccer, baseball, lacrosse, and flag football. Through fun, age-appropriate games and activities, school-age athletes develop fundamental skills, teamwork, and coordination while staying active and enjoying the outdoors. **No camp 8/21.**

6/22-6/26 (1) M-F 1-4 pm 6-8 yrs CO12254
CRA Field ID/AP: \$167 OD: \$208.75
7/20-7/24 (1) M-F 1-4 pm 6-8 yrs CO12263
CRA Field ID/AP: \$167 OD: \$208.75
8/17-8/20 (1) M-Th 1-4 pm 6-8 yrs CO12272
CRA Field ID/AP: \$134 OD: \$167.50

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Starters Volleyball Camp

This engaging volleyball camp helps school-age athletes develop fundamental skills including serving, passing, setting, and spiking. Through fun drills, games, and friendly scrimmages, participants build teamwork, coordination, and confidence while enjoying an active, supportive environment. **No camp 7/3.**

6/29-7/2 (1) M-Th 9 am-12 pm 6-8 yrs CO12256
GYM #2 ID/AP: \$134 OD: \$167.50

All-Star Volleyball Camp

This evening volleyball camp is designed for middle school athletes ready to strengthen their skills and elevate their game. Players work on serving, passing, setting, hitting, and defensive movement through focused drills, skill stations, and competitive scrimmages. **No camp 7/3.**

6/29-7/2 (1) M-Th 5-7 pm 11-14 yrs CO12274
GYM #2 ID/AP: \$93 OD: \$116.25

Starters Baseball Camp

This action-packed baseball camp helps school-age athletes develop fundamental skills such as hitting, throwing, fielding, and base running. Through fun drills, games, and mini-scrimmages, participants build teamwork, coordination, and confidence while enjoying an active, supportive environment.

7/6-7/10 (1) M-F 1-4 pm 6-8 yrs CO12259
CRA Field ID/AP: \$167 OD: \$208.75

Starters Pickleball Camp

This fun and active pickleball camp introduces school-age athletes to the fundamentals of the game, including serving, volleys, groundstrokes, and basic strategy. Through engaging drills, games, and friendly matches, kids build coordination, confidence, and teamwork while enjoying this fast-growing sport in a supportive environment.

8/3-8/7 (1) M-F 9 am-12 pm 6-8 yrs CO12266
GYM #2 ID/AP: \$167 OD: \$208.75

Pros Pickleball Camp

This fun and active pickleball camp introduces school-age athletes to the fundamentals of the game, including serving, volleys, groundstrokes, and basic strategy. Through engaging drills, games, and friendly matches, kids build coordination, confidence, and teamwork while enjoying this fast-growing sport in a supportive environment.

7/13-7/17 (1) M-F 1-4 pm 7-12 yrs CO12277
GYM #2 ID/AP: \$167 OD: \$208.75
8/3-8/7 (1) M-F 1-4 pm 7-12 yrs CO12278
GYM #2 ID/AP: \$167 OD: \$208.75

First Flips Beginner Tumbling Camp

Flip into fun at this introductory tumbling camp! This week is all about learning new skills, gaining confidence, and having fun. Delve into tumbling fundamentals and explore introductory dance techniques often used in cheer. Please bring a snack and water bottle each day.

7/13-7/16 (1) M-Th 1-4 pm 7-12 yrs CO18213
Rm 204 ID/AP: \$168 OD: \$210

Sparkle and Spirit Beginning Cheer Camp

Get ready to shine at this high-energy introductory cheer camp. No prior cheer or gymnastic experience is necessary. This week is all about bringing cheer to every moment with choreography and cheers that will leave campers feeling confident and empowered. From fun games to skill building, campers will end camp sparkling with cheer! Please bring a snack and water bottle to camp each day.

7/27-7/31 (1) M-F 1-4 pm 7-12 yrs CO18220
Rm 201 ID/AP: \$209 OD: \$261.25

Starters Softball Camp

This engaging softball camp helps school-age athletes develop key fundamentals such as hitting, throwing, fielding, and base running. Through fun drills, skill games, and friendly scrimmages, participants build confidence, coordination, and teamwork in a positive, active environment.

8/3-8/7 (1) M-F 1-4 pm 6-8 yrs CO12267
CRA Field ID/AP: \$167 OD: \$208.75

All-Star Pickleball Camp

This fun and fast-paced pickleball camp introduces young athletes to the fundamentals of serving, volleys, groundstrokes, and court movement. Through engaging drills, games, and friendly matches, players build coordination, confidence, and a love for the sport.

8/3-8/6 (1) M-Th 5-7 pm 11-14 yrs CO12276
GYM #2 ID/AP: \$93 OD: \$116.25

Pros Volleyball Camp

This fun and active volleyball camp introduces young athletes to the fundamentals of serving, passing, setting, and hitting through age-appropriate drills and games. Participants build coordination, teamwork, and confidence while learning proper technique in a positive, supportive environment. **No camp 7/3.**

6/29-7/2 (1) M-Th 1-4 pm 7-12 yrs CO12279
GYM #2 ID/AP: \$134 OD: \$167.50
8/10-8/14 (1) M-F 1-4 pm 7-12 yrs CO12281
GYM #2 ID/AP: \$167 OD: \$208.75

All-Star Futsal Camp

This evening futsal camp is designed for middle school athletes looking to sharpen their technical skills and speed of play. Players develop close control, passing accuracy, quick decision-making, and creative footwork through fast-paced drills, tactical sessions, and competitive small-sided games. **No camp 8/21.**

8/17-8/20 (1) M-Th 5-7 pm 11-14 yrs CO12275
GYM #2 ID/AP: \$93 OD: \$116.25

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Half Day Offsite Camps

Please note that these camps take place offsite. Drop-off and pick-up will occur at the designated location listed for each camp. Please ensure your child brings a snack and a water bottle daily.

Preschool Specialty Camps

Little Acorns Outdoor Academy Camp

Calling all young explorers, this camp is perfect for you to take your first steps into learning about our natural world! This camp is designed for kids to discover the wonders of nature in a fun and engaging way. Through hands-on activities like nature walks and bug hunts, campers will learn about their environment and have a great time doing it. Each day will be filled with games, crafts, and nature based activities to ignite curiosity. Please bring a snack, and water bottle daily. Camp will take place offsite at Greenway Park.

7/13-7/17 (1) M-F 9 am-12 pm 4-6 yrs CO18133
Greenway Park 1 ID/AP: \$182 OD: \$227.50

Youth Art Camps

Art in Nature Camp

Art in Nature Camp is an outdoor art experience where young artists connect creativity with the natural world. Campers will experiment with sun prints, create artwork using natural and found materials, and explore different ways to capture the beauty of their surroundings. Please bring a snack, and water bottle daily. Camp will take place offsite at Greenway Park.

6/22-6/26 (1) M-F 9 am-12 pm 7-12 yrs CO14203
Greenway Park 1 ID/AP: \$219 OD: \$273.75
8/10-8/14 (1) M-F 1-4 pm 6-10 yrs CO14204
Greenway Park 1 ID/AP: \$219 OD: \$273.75

Beadwork Art Camp

Explore traditional beadwork as an art form while learning about its cultural significance and history. Campers will be introduced to foundational beadwork techniques and patterns, practice hands-on skills, and create their own beadwork projects throughout the week. Activities are guided with an emphasis on understanding and respect for Indigenous art traditions. Please bring a snack, and water bottle daily. Camp will take place offsite at Greenway Park.

7/20-7/24 (1) M-F 9 am-12 pm 8-13 yrs CO14216
Greenway Park 1 ID/AP: \$219 OD: \$273.75

Cell Phone Photography Camp

This brand new camp introduces young photographers to the basics of capturing great photos using everyday technology. Campers will learn photography fundamentals such as framing, lighting, perspective, and storytelling through images while practicing hands-on with their own devices. Campers are required to provide their own cell phone. Please bring a snack, and water bottle daily. Camp will take place offsite at Greenway Park.

7/6-7/10 (1) M-F 9 am-12 pm 10-14 yrs CO14209
Greenway Park 1 ID/AP: \$214 OD: \$267.50
8/3-8/7 (1) M-F 9 am-12 pm 10-14 yrs CO14210
Greenway Park 1 ID/AP: \$214 OD: \$267.50

Specialty Camps

Camp Codebreakers

Join us for an unforgettable journey as young adventurers create their own maps to seek treasure, delve into making secret codes, unleash their creativity through crafts and games! Camp will take place offsite at Greenway Park. Please bring a water bottle and snack each day.

6/22-6/26 (1) M-F 1-4 pm 7-10 yrs CO18207
Greenway Park 1 ID/AP: \$177 OD: \$221.25
7/27-7/31 (1) M-F 1-4 pm 9-12 yrs CO18208
Greenway Park 1 ID/AP: \$177 OD: \$221.25

Camp Lightning Thief

Camp Lightning Thief is an action-packed adventure inspired by Greek mythology and the world of Percy Jackson. Campers will be placed into cabin groups, dive into legendary myths and heroes, and take part in themed games, crafts, and challenges throughout the week. Get ready for a week of teamwork, imagination, and epic fun worthy of the gods! Please bring a snack and water bottle daily. Camp will take place offsite at Greenway Park. **No camp 7/3.**

6/29-7/2 (1) M-Th 9 am-12 pm 8-13 yrs CO18209
Greenway Park 1 ID/AP: \$144 OD: \$180
7/27-7/31 (1) M-F 9 am-12 pm 8-13 yrs CO18210
Greenway Park 1 ID/AP: \$177 OD: \$221.25

Jedi Training Camp

Join us at Jedi Training Camp this summer where young Jedi will start their intergalactic training. Through exciting challenges, obstacle courses, and team missions' campers will learn to "use the force". We will practice "light saber" deflection techniques with fun games and activities. Campers may have water activities so please bring a swimsuit, towel, snack, and water bottle daily. Camp will take place offsite at Greenway Park. **No camp 7/3.**

6/29-7/2 (1) M-Th 1-4 pm 8-13 yrs CO18215
Greenway Park 1 ID/AP: \$149 OD: \$186.25
8/10-8/14 (1) M-F 9 am-12 pm 8-13 yrs CO18216
Greenway Park 1 ID/AP: \$182 OD: \$227.50

Backyard Olympics Camp

Get ready to have some fun! We are going to learn and play an assortment of traditional and new outdoor games throughout the week. Spike ball, corn hole, giant connect four, ladder toss, croquet, and more! Please bring a snack and water bottle daily. Camp will take place offsite at Greenway Park.

7/6-7/10 (1) M-F 1-4 pm 7-11 yrs CO18203
Greenway Park 1 ID/AP: \$172 OD: \$215

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Summer Camps

Conestoga Recreation & Aquatic Center

503-629-6313

Wet n' Wild Water Games Camp

When it's hot outside, the water comes out! Water balloons, water toys, slip n' slide, sprinkler relays, and more! Come cool off with us this summer! Campers will have water activities so please bring swimsuit, towel, snack, and water bottle daily. Camp will take place offsite at Greenway Park.

7/13-7/17 (1)	M-F	1-4 pm	6-9 yrs	CO18224
Greenway Park 1		ID/AP: \$172	OD: \$215	
7/20-7/24 (1)	M-F	1-4 pm	8-11 yrs	CO18225
Greenway Park 1		ID/AP: \$172	OD: \$215	
8/3-8/7 (1)	M-F	1-4 pm	9-12 yrs	CO18226
Greenway Park 1		ID/AP: \$172	OD: \$215	

Sports Camps

Starters Tennis Camp

A fun, beginner-friendly camp where kids learn serving, forehand and backhand strokes, footwork, and basic match play. Participants build skills, confidence, and sportsmanship while enjoying tennis in a supportive environment.

6/22-6/26 (1)	M-F	9 am-12 pm	6-8 yrs	CO12255
CMS Tennis Courts		ID/AP: \$167	OD: \$208.75	
7/13-7/17 (1)	M-F	9 am-12 pm	6-8 yrs	CO12262
CMS Tennis Courts		ID/AP: \$167	OD: \$208.75	
8/3-8/7 (1)	M-F	9 am-12 pm	6-8 yrs	CO12268
CMS Tennis Courts		ID/AP: \$167	OD: \$208.75	

Pros Tennis Camp

This fun, beginner-friendly tennis camp teaches young athletes the fundamentals of serving, rallying, forehand and backhand strokes, and proper footwork. Through engaging drills, games, and practice rallies, players build coordination, confidence, and love for the sport in a supportive environment.

7/13-7/17 (1)	M-F	1-4 pm	7-12 yrs	CO12280
CMS Tennis Courts		ID/AP: \$167	OD: \$208.75	
8/3-8/7 (1)	M-F	1-4 pm	7-12 yrs	CO12282
CMS Tennis Courts		ID/AP: \$167	OD: \$208.75	

Adaptive Sports Camps

Adaptive Sports Camp is an inclusive, activity-based camp designed for children with physical disabilities. Campers will explore a variety of adaptive sports including sit volleyball, wheelchair basketball, para karate, wheelchair tennis, and adaptive swimming in a safe, supportive, and encouraging environment. Parent/guardian required.

6/22-6/26	M-F	9 am-12 pm	6-11 yrs	CO12253
GYM #2		ID/AP: \$167	OD: \$208.75	

Swim Camps

Aqua Odyssey Jr. Classic Swim Camp

Enjoy the magic of a classic summer camp with all the standard favorites like, friendship bracelets, arts and crafts, group games, nature walks, and more. Campers will enjoy a swim lesson and free swim each day. **No camp 6/19.**

6/15-6/18	M-Th	9 am-12 pm	7-10 yrs	CA172001
Conestoga Pool		ID/AP: \$169	OD: \$211.25	
7/20-7/24	M-F	9 am-12 pm	7-10 yrs	CA172006
Conestoga Pool		ID/AP: \$206	\$257.50	

Aqua Odyssey Jr: Aquatic Sampler Swim Camp

This camp is the perfect opportunity for your swimmers to explore a variety of water-based activities. This camp offers a sampling of aquatic experiences from swimming, water polo, synchronized swimming, diving, and water fitness. Campers will enjoy a swim lesson and free swim each day.

6/22-6/26	M-F	9 am-12 pm	7-10 yrs	CA172002
Conestoga Pool		ID/AP: \$206	OD: \$257.50	
7/27-7/31	M-F	9 am-12 pm	7-10 yrs	CA172007
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey Jr: Safe Swimmer Camp

This camp is designed to provide young swimmers with essential water safety skills and swimming techniques in a fun and supportive environment. Campers will enjoy a variety of water acclimation activities including basic swim skills and water safety techniques. In addition to swimming, campers will play games outside. Campers will enjoy a swim lesson and free swim each day.

7/6-7/10	M-F	9 am-12 pm	7-10 yrs	CA172004
Conestoga Pool		ID/AP: \$206	OD: \$257.50	
8/3-8/7	M-F	9 am-12 pm	7-10 yrs	CA172008
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey Jr: STEAMboat Swim Camp

This camp is a unique blend of swimming, engineering, art and science. Campers will enjoy a variety of water-based science experiments including water chemistry, hydrodynamics, and surface tension. Campers will enjoy a swim lesson and free swim each day.

7/13-7/17	M-F	9 am-12 pm	7-10 yrs	CA172005
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey Jr: Games Swim Camp

Games Swim Camp is the perfect blend of swimming, games, and outdoor fun. This exciting camp offers a variety of group games, obstacle courses, scavenger hunts, and team sports. Campers will enjoy a swim lesson and free swim each day.

8/10-8/14	M-F	9 am-12 pm	7-10 yrs	CA172009
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

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Summer Camps

Conestoga Recreation & Aquatic Center

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Aqua Odyssey: Classic Swim Camp

Enjoy the magic of a classic summer camp with all the standard favorites like, friendship bracelets, arts and crafts, group games, nature walks, and more. Campers will enjoy free swim each day.

6/15-6/18	M-Th	1-4 pm	9-12 yrs	CA172201
Conestoga Pool		ID/AP: \$169	OD: \$211.25	
7/20-7/24	M-F	1-4 pm	9-12 yrs	CA172206
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey: Aquatic Sampler Swim Camp

This camp is the perfect opportunity for your swimmers to explore a variety of water-based activities. This camp offers a sampling of aquatic experiences from swimming, water polo, synchronized swimming, diving, to water fitness. Campers will enjoy free swim each day.

6/22-6/26	M-F	1-4 pm	9-12 yrs	CA172202
Conestoga Pool		ID/AP: \$206	OD: \$257.50	
7/27-7/31	M-F	1-4 pm	9-12 yrs	CA172207
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey: STEAMboat Swim Camp

This camp is a unique blend of swimming, engineering, art and science. Campers will enjoy a variety of water-based science experiments including water chemistry, hydrodynamics, and surface tension. Campers will enjoy free swim each day.

7/13-7/17	M-F	1-4 pm	9-12 yrs	CA172205
Conestoga Pool		ID/AP: \$206	OD: \$257.50	

Aqua Odyssey: Games Swim Camp

Games Swim Camp is the perfect blend of swimming, games, and outdoor fun. This exciting camp offers a variety of group games, obstacle courses, scavenger hunts, and team sports. Campers will enjoy free swim each day.

8/10-8/14	M-F	1-4 pm	9-12 yrs	CA172209
Conestoga Pool		ID/AP: \$206	OD: \$257.50	



Jr. Lifeguarding Camp

Junior Lifeguard Camp focuses on developing swimming skills to help participants meet the American Red Cross Lifeguard Training course prerequisite and improve stroke technique. The camp introduces participants to lifesaving skills, including in-water rescues, use of a rescue tube, and first aid, CPR, and AED skills (no certifications). Participants will shadow lifeguards in rotation to get a real sense of being on the job. Camp will also include training to aid in swimming lessons and, of course, water games. If you're looking for a fun, hands-on camp, this is the one! (Level 4+)

7/6-7/10	M-F	1-4 pm	12-15 yrs	CA172204
Conestoga Pool		ID/AP: \$215	OD: \$268.75	
8/3-8/7	M-F	1-4 pm	12-15 yrs	CA172208
Conestoga Pool		ID/AP: \$215	OD: \$268.75	



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Summer Camps

Garden Home Recreation Center Camps at a Glance

503-629-6341

Age	Ages 3-5 yrs	Ages 5-6 yrs	Ages 7-8 yrs	Ages 9-10 yrs	Ages 11-14 yrs
Week 1 6/15-6/18 (no camp 6/19)		Camp Garden Gnomes #1: Gamer Week Mini Chefs Wheelie Fun Safety Camp FREE! Youth Fitness: Strength & Conditioning Minecraft Engineering using LEGO® Materials Edible Experiments: Mini Chefs	Camp Garden Gnomes #1: Gamer Week Camp Willows #1: Anime Week Mini Chefs Edible Experiments: Junior Chefs Wheelie Fun Safety Camp FREE! Youth Fitness: Strength & Conditioning Minecraft Engineering using LEGO® Materials Minecraft Master Engineering using LEGO® Materials Edible Experiments: Mini Chefs	Camp Willows #1: Anime Week Soap & Candle Making Camp Edible Experiments: Junior Chefs FREE! Youth Fitness: Strength & Conditioning Minecraft Master Engineering using LEGO® Materials	Soap & Candle Making Camp FREE! Youth Fitness: Strength & Conditioning Minecraft Master Engineering using LEGO® Materials
Week 2 6/22-6/26	STEM Curiosity Quest Camp	Camp Garden Gnomes #2: Carnival Week Gymnastics 1 Camp Soccer Camp: Mini Champs STEM Curiosity Quest Camp	Camp Garden Gnomes #2: Carnival Week Camp Willows #2: Carnival Week Gymnastics 1 Camp Soccer Camp: Mini Champs Ooey Gooley Adventures Camp Roblox Coding & Outdoor STEAM	Camp Willows #2: Carnival Week Anime Art Camp Backyard Grillin': Junior Chefs Ooey Gooley Adventures Camp Roblox Coding & Outdoor STEAM	Anime Art Camp Backyard Grillin': Junior Chefs Ooey Gooley Adventures Camp Roblox Coding & Outdoor STEAM
Week 3 6/29-7/2 (no camp 7/3)	Gymnastics Pre Gym Camp	Camp Garden Gnomes #3: Wizards Week Pickleball Camp: Mini Picklers Builders Workshop Camp	Camp Garden Gnomes #3: Wizards Week Camp Willows #3: Pokémon Week Pickleball Camp: Mini Picklers Bike Camp: Safe Trails Builders Workshop Camp Scratch Coding & Outdoor STEAM	Camp Willows #3: Pokémon Week Backyard Grillin': Grill Basics Bike Camp: Safe Trails STEM Curiosity Quest Camp Builders Workshop Camp Scratch Coding & Outdoor STEAM	Backyard Grillin': Grill Basics STEM Curiosity Quest Camp Scratch Coding & Outdoor STEAM
Week 4 7/6-7/10	Mini Construction Zone Camp	Camp Garden Gnomes #4: Animal Week Basketball Camp: Mini Hoopers Dino Design Using LEGO® Materials	Camp Garden Gnomes #4: Animal Week Camp Willows #4: Animal Week Gymnastics 1 Camp Basketball Camp: Mini Hoopers Cinematic Adventures - Filmmaking Fun Camp Dino Design Using LEGO® Materials Pickleball Camp: Junior Picklers	Camp Willows #4: Animal Week DIY Beauty Lab Camp Gymnastics 1 Camp Cinematic Adventures - Filmmaking Fun Camp Jurassic Engineering Using LEGO® Materials Pickleball Camp: Junior Picklers	Edible Experiments: Science Basics Cinematic Adventures - Filmmaking Fun Camp Jurassic Engineering Using LEGO® Materials
Week 5 7/13-7/17	Gymnastics Pre Gym Camp	Camp Garden Gnomes #5: Ninja Week Pokémon Art Camp Once Upon a Recipe Soccer Camp: Mini Champs	Camp Garden Gnomes #5: Ninja Week Camp Willows #5: Hogwarts Week Pokémon Art Camp Once Upon a Recipe Adventures in Baking Soccer Camp: Mini Champs Sports & Splash Camp Garden Guardians Camp	Camp Willows #5: Hogwarts Week Adventures in Baking Sports & Splash Camp Garden Guardians Camp	

7475 SW Oleson Road, Portland

Summer Camps

Garden Home Recreation Center Camps at a Glance

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Age	Ages 3-5 yrs	Ages 5-6 yrs	Ages 7-8 yrs	Ages 9-10 yrs	Ages 11-14 yrs
Week 6 7/20-7/24	Dirt Detectives Camp	Camp Garden Gnomes #6: Superhero Week Kitchen Quest: Mini Chefs Gymnastics 1 Camp Sports Mania Camp Fencing Camp FREE! Youth Fitness: Strength & Conditioning Chess Wizards Headline Heroes - Youth Reporting Camp	Camp Garden Gnomes #6: Superhero Week Camp Willows #6: Sports Week Kitchen Quest: Mini Chefs Kitchen Quest: Junior Chefs Gymnastics 1 Camp Sports Mania Camp Fencing Camp FREE! Youth Fitness: Strength & Conditioning Chess Wizards Headline Heroes - Youth Reporting Camp Soap & Candle Making Camp	Camp Willows #6: Sports Week Kitchen Quest: Junior Chefs Fencing Camp FREE! Youth Fitness: Strength & Conditioning Chess Wizards Headline Heroes - Youth Reporting Camp	FREE! Youth Fitness: Strength & Conditioning Chess Wizards Headline Heroes - Youth Reporting Camp
Week 7 7/27-7/31	Gymnastics Pre Gym Camp Sports & Splash Camp	Camp Garden Gnomes #7: Under the Sea Week Sports & Splash Camp	Camp Garden Gnomes #7: Under the Sea Week Camp Willows #7: Science Week 3D & Mixed Media Art Camp Hooked On Crochet Camp Sports & Splash Camp Junior Strength Squad Camp	Camp Willows #7: Science Week 3D & Mixed Media Art Camp Hooked On Crochet Camp Taste Tok: Home Basics Junior Strength Squad Camp	3D & Mixed Media Art Camp Taste Tok: Home Basics
Week 8 8/3-8/7	Ooey Goopy Adventures Camp Retro Recess Camp Once Upon a Recipe	Camp Garden Gnomes #8: Adventure Week Gymnastics 1 Camp Ooey Goopy Adventures Camp Retro Recess Camp Once Upon a Recipe	Camp Garden Gnomes #8: Adventure Week Camp Willows #8: Gamer Week Gymnastics 1 Camp Retro Recess Camp Dirt Detectives Drama Dreamers Camp Once Upon a Recipe	Camp Willows #8: Gamer Week Dirt Detectives Drama Dreamers Camp	Adventures in Baking Youth Weight Training I Drama Dreamers Camp
Week 9 8/10-8/14	Gymnastics Pre Gym Camp Kitchen Quest: Mini Chefs Sports & Splash Camp	Camp Garden Gnomes #9: Scientist Week DIY Beauty Lab Camp Sports & Splash Camp Fencing Camp Kitchen Quest: Mini Chefs	Camp Garden Gnomes #9: Scientist Week Camp Willows #9: Snack Week DIY Beauty Lab Camp Kitchen Quest: Junior Chefs Sports & Splash Camp Fencing Camp Robotics & Outdoor STEAM	Camp Willows #9: Snack Week DIY Beauty Lab Camp Fencing Camp Robotics & Outdoor STEAM Kitchen Quest: Junior Chefs	DIY Beauty Lab Camp Robotics & Outdoor STEAM
Week 10 8/17-8/21		Camp Garden Gnomes #10: Pokémon Week	Camp Garden Gnomes #10: Pokémon Week Camp Willows #10: Splash Week Learn Coding using the LEGO® Spike Prime System	Camp Willows #10: Splash Week Learn Coding using the LEGO® Spike Prime System Explore Coding using the LEGO® Spike Prime System	Learn Coding using the LEGO® Spike Prime System Explore Coding using the LEGO® Spike Prime System

Summer Camps

Garden Home Recreation Center

503-629-6341

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, **Friday, May 29**.

Full-Day Camps

Camp Garden Gnomes

Campers will have a blast exploring, creating, and adventuring through crafts, sports, games, science, cooking, and art—all with our energetic staff making this an unforgettable weeks of fun!

Camp Garden Gnomes #1: Gamer Week

Trips this week: Wunderland / Super Play. Field trip locations are subject to change. **No camp 6/19.**

6/15-6/18 (1) M-Th	7:30 am-6 pm	6-7 yrs	GH17201
Rm 9	ID/AP: \$256	OD: \$320	

Camp Garden Gnomes #2: Carnival Week

Trips this week: Oaks Park. Field trip locations are subject to change.

6/22-6/26 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17202
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #3: Wizards Week

Trips this week: Hopscotch. Field trip locations are subject to change. **No camp 7/3.**

6/29-7/2 (1) M-Th	7:30 am-6 pm	6-7 yrs	GH17203
Rm 9	ID/AP: \$256	OD: \$320	

Camp Garden Gnomes #4: Animal Week

Trips this week: Oregon Zoo. Field trip locations are subject to change.

7/6-7/10 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17204
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #5: Ninja Week

Trips this week: Sky Zone. Field trip locations are subject to change.

7/13-7/17 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17205
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #6: Superhero Week

Trips this week: Super Play. Field trip locations are subject to change.

7/20-7/24 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17206
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #7: Under the Sea Week

Trips this week: Swimming. Field trip locations are subject to change.

7/27-7/31 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17207
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #8: Adventure Week

Trips this week: Langers. Field trip locations are subject to change.

8/3-8/7 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17208
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #9: Scientist Week

Trips this week: OMSI. Field trip locations are subject to change.

8/10-8/14 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17209
Rm 9	ID/AP: \$320	OD: \$400	

Camp Garden Gnomes #10: Pokémon Week

Trips this week: Kona Ice. Field trip locations are subject to change.

8/17-8/21 (1) M-F	7:30 am-6 pm	6-7 yrs	GH17210
Rm 9	ID/AP: \$320	OD: \$400	

Camp Willows

Campers will have a blast exploring, creating, and adventuring through crafts, sports, games, science, cooking, and art—all with our energetic staff making this an unforgettable weeks of fun!

Camp Willows #1: Anime Week

Trips this week: Japanese International Garden. Field trip locations are subject to change. **No camp 6/19.**

6/15-6/18 (1) M-Th	7:30 am-6 pm	8-10 yrs	GH17211
Rm 12	ID/AP: \$256	OD: \$320	

Camp Willows #2: Carnival Week

Trips this week: Oaks Park. Field trip locations are subject to change.

6/22-6/26 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17212
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #3: Pokémon Week

Trips this week: Super Play. Field trip locations are subject to change. **No camp 7/3.**

6/29-7/2 (1) M-Th	7:30 am-6 pm	8-10 yrs	GH17213
Rm 12	ID/AP: \$256	OD: \$320	

Camp Willows #4: Animal Week

Trips this week: Oregon Zoo. Field trip locations are subject to change.

7/6-7/10 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17214
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #5: Hogwarts Week

Trips this week: Wunderland. Field trip locations are subject to change.

7/13-7/17 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17215
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #6: Sports Week

Trips this week: iFLY. Field trip locations are subject to change.

7/20-7/24 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17216
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #7: Science Week

Trips this week: OMSI. Field trip locations are subject to change.

7/27-7/31 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17217
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #8: Gamer Week

Trips this week: Next Level. Field trip locations are subject to change.

8/3-8/7 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17218
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #9: Snack Week

Trips this week: Langers. Field trip locations are subject to change.

8/10-8/14 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17219
Rm 12	ID/AP: \$320	OD: \$400	

Camp Willows #10: Splash Week

Trips this week: Kona Ice. Field trip locations are subject to change.

8/17-8/21 (1) M-F	7:30 am-6 pm	8-10 yrs	GH17220
Rm 12	ID/AP: \$320	OD: \$400	

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Summer Camps

Garden Home Recreation Center

503-629-6341



Art Camps

Half Day Camps – Youth

Anime Art Camp

Kids will learn the basics of drawing and designing anime characters that are fun and age-appropriate. With easy-to-follow techniques, they'll explore the colorful, dynamic world of anime through exciting art projects. Required for this camp: a snack and water bottle.

6/22-6/26 (1) M-F 1:30-4:30 pm 9-13 yrs GH17227
Rm 13 ID/AP: \$182 OD: \$227.50

Pokémon Art Camp

Kids will explore the basics of drawing and creating their favorite Pokémon characters. Using simple techniques and colorful materials, young artists will bring Pokémon to life through easy-to-follow projects. Required for this camp: a snack and water bottle.

7/13-7/17 (1) M-F 1:30-4:30 pm 5-8 yrs GH17233
Rm 13 ID/AP: \$182 OD: \$227.50

3D & Mixed Media Art Camp

Kids will explore the basics of creating stunning 3D art using a variety of materials, from paint and markers to clay and collage. They'll learn how to transform flat ideas into dynamic, three-dimensional creations. It's a fun and creative way for young artists to develop new skills and bring their imagination to life! Required for this camp: a snack and water bottle.

7/27-7/31 (1) M-F 9 am-12 pm 8-12 yrs GH17236
Rm 13 ID/AP: \$192 OD: \$240

Soap & Candle Making Camp

Learn to make homemade soap and candles. Each day you will make something new to use at home! Required for this camp: a snack and water bottle.

6/15-6/18 (1) M-Th 9 am-12 pm 10-13 yrs GH17225
Rm 13 ID/AP: \$149 OD: \$186.25
7/20-7/24 (1) M-F 1:30-4:30 pm 6-9 yrs GH17235
Rm 13 ID/AP: \$192 OD: \$240

Hooked On Crochet Camp

Kids will learn the basics of crochet and make fun, colorful projects! With each stitch, they'll discover the magic of yarn and bring their creative ideas to life. It's the perfect camp for young makers who love to craft and get creative! Required for this camp: a snack and water bottle.

7/27-7/31 (1) M-F 1:30-4:30 pm 7-10 yrs GH17237
Rm 13 ID/AP: \$192 OD: \$240



DIY Beauty Lab Camp

Learn how to make cleansing face masks, body scrubs, bath fizzies, and so much more. We'll go over makeup tips, creating a self-care regimen, and even make some earth-friendly makeup must-haves. Required for this camp: a snack and water bottle.

7/6-7/10 (1) M-F 9 am-12 pm 9-13 yrs GH17230
Rm 13 ID/AP: \$192 OD: \$240
8/10-8/14 (1) M-F 9 am-12 pm 6-8 yrs GH17241
Rm 13 ID/AP: \$192 OD: \$240
8/10-8/14 (1) M-F 1:30-4:30 pm 9-13 yrs GH17240
Rm 13 ID/AP: \$192 OD: \$240

Cooking Camps

Half Day Camps – Youth

Edible Experiments: Mini Chefs new

Mini chefs become mini scientists as they explore fun, hands-on food experiments they can observe, mix, and taste. Campers will discover how ingredients react and change while learning basic science concepts through interactive and delicious activities. We cannot guarantee an allergy-free environment. **No class 6/19.** Required daily: a snack and a water bottle.

6/15-6/18 (1) M-Th 9-11:30 am 5-7 yrs GH15100
Outside Covered Area ID/AP: \$120 OD: \$150

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Garden Home Recreation Center

503-629-6341

Kitchen Quest: Mini Chefs

Kids will learn basic cooking skills and create simple, tasty recipes they can make at home. From measuring and mixing to cooking up delicious dishes, young chefs will build confidence in the kitchen while having a blast preparing their favorite meals and snacks! We cannot guarantee an allergy-free environment. Required daily: a snack and a water bottle.

7/20-7/24 (1) M-F	9-11:30 am	5-7 yrs	GH15102
Kitchen	ID/AP: \$143	OD: \$178.75	
8/10-8/14 (1) M-F	9-11:30 am	5-7 yrs	GH15104
Kitchen	ID/AP: \$143	OD: \$178.75	

Once Upon a Recipe

Magic is in the air! Mini chefs will create easy, delicious desserts inspired by their favorite characters and movies, bringing beloved stories to life in the kitchen. We cannot guarantee an allergy-free environment. Required daily: a snack and a water bottle.

7/13-7/17 (1) M-F	9-11:30 am	5-7 yrs	GH15101
Kitchen	ID/AP: \$143	OD: \$178.75	
8/3-8/7 (1) M-F	9-11:30 am	5-7 yrs	GH15103
Kitchen	ID/AP: \$143	OD: \$178.75	

Edible Experiments: Junior Chefs new

Junior chefs become junior scientists as they explore fun, hands-on food experiments they can observe, mix, and taste. Campers will discover how ingredients react and change while learning basic science concepts through interactive and delicious activities. We cannot guarantee an allergy-free environment. **No camp 6/19.** Required daily: A snack and a water bottle.

6/15-6/18 (1) M-Th	1-4 pm	8-10 yrs	GH17247
Outside Covered Area	ID/AP: \$179	OD: \$223.75	

Kitchen Quest: Junior Chefs

Kids will learn introductory cooking skills and create simple, tasty recipes they can make at home. From measuring and mixing, to cooking up delicious dishes, junior chefs will build confidence in the kitchen while having a blast preparing their favorite meals and snacks! We cannot guarantee an allergy-free environment. Required daily: A snack and a water bottle.

7/20-7/24 (1) M-F	1-4 pm	8-10 yrs	GH17252
Kitchen	ID/AP: \$205	OD: \$256.25	
8/10-8/14 (1) M-F	1-4 pm	8-10 yrs	GH17255
Kitchen	ID/AP: \$205	OD: \$256.25	

Adventures in Baking

Get ready to mix, bake, and have lots of fun in the kitchen! Campers will make sweet and savory treats, try new flavors, and enjoy some happily messy baking adventures in this tasty cooking camp. We cannot guarantee an allergy-free environment. Required daily: A snack and a water bottle.

7/13-7/17 (1) M-F	1-4 pm	8-10 yrs	GH17251
Kitchen	ID/AP: \$205	OD: \$256.25	
8/3-8/7 (1) M-F	1-4 pm	11-14 yrs	GH17254
Kitchen	ID/AP: \$205	OD: \$256.25	

Full Day Camps – Youth

Backyard Grillin': Junior Chefs

Fire up the fun this summer! Kids will learn simple grilling techniques while enjoying being outside, creating tasty meals and snacks on the grill. From learning safety basics to preparing easy, delicious recipes, this class is perfect for junior chefs ready to explore their grill skills. A local field trip included. Outdoor spaces will be used during camp. Meals are not provided, and we cannot guarantee an allergy-free environment. Field Trip Location: TBD. Required daily: lunch, two snacks, and a water bottle.

6/22-6/26 (1) M-F	9 am-4 pm	9-12 yrs	GH17248
Outside Covered Area	ID/AP: \$399	OD: \$498.75	



Backyard Grillin': Grill Basics

Fire up the fun this summer! Kids will learn simple grilling techniques while enjoying being outside, creating tasty meals and snacks on the grill. From learning safety basics to preparing easy, delicious recipes, this class is perfect for young cooks ready to explore their grill skills. A local field trip included. Outdoor spaces will be used during camp. Meals are not provided, and we cannot guarantee an allergy-free environment. **No camp 7/3.** Field Trip Location: TBD. Required daily: lunch, two snacks, and a water bottle.

6/29-7/2 (1) M-Th	9 am-4 pm	10-13 yrs	GH17249
Outside Covered Area	ID/AP: \$319	OD: \$398.75	

Edible Experiments: Science Basics new

Young teens become kitchen scientists as they dive into hands-on food experiments they can observe, mix, and taste. Campers will explore how ingredients react and transform while learning cool science concepts through interactive, delicious activities. A local field trip included. Outdoor spaces will be used during camp. Meals are not provided, and we cannot guarantee an allergy-free environment. Field Trip Location: a local berry farm. Required daily: lunch, two snacks, and a water bottle.

7/6-7/10 (1) M-F	9 am-4 pm	11-14 yrs	GH17250
Outside Covered Area	ID/AP: \$399	OD: \$498.75	

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Garden Home Recreation Center

503-629-6341

Taste Tok: Home Basics new

Become a confident home chef in this hands-on cooking camp for older kids! Learn how to prepare simple, delicious meals you can make at home while practicing essential kitchen skills like chopping, measuring, and meal prep. Perfect for building independence and having fun in the kitchen! A local field trip included. Outdoor spaces will be used during camp. Meals are not provided, and we cannot guarantee an allergy-free environment. Field Trip Location: Trader Joe's. Required daily: lunch, two snacks, and a water bottle.

7/27-7/31 (1) M-F 9 am-4 pm 10-13 yrs GH17253
 Outside Covered Area ID/AP: \$399 OD: \$498.75

Gymnastics Camps

Half Day – Preschool

Gymnastics Pre Gym Camp

This fun camp focuses on giving everyone a chance to get moving in a safe and playful environment. Kids will have a blast learning simple tumbling skills while staying active and having fun. Adults are invited to watch the last hour on the final day of camp. Bring a snack and water bottle daily. **No camp 7/3.**

6/29-7/2 (1) M-Th 9 am-12 pm 3.5-5 yrs GH17100
 Rm 3 ID/AP: \$163 OD: \$203.75
 7/13-7/17 (1) M-F 9 am-12 pm 3.5-5 yrs GH17101
 Rm 3 ID/AP: \$204 OD: \$255
 7/27-7/31 (1) M-F 9 am-12 pm 4.5-6 yrs GH17102
 Rm 3 ID/AP: \$204 OD: \$255
 8/10-8/14 (1) M-F 9 am-12 pm 3.5-5 yrs GH17103
 Rm 3 ID/AP: \$204 OD: \$255

Half Day – Youth

Gymnastics 1 Camp

This fun camp focuses on giving everyone a chance to get moving in a safe and playful environment. Kids will have a blast learning simple tumbling skills while staying active and having fun. Adults are invited to watch the last hour on the final day of camp. Bring a snack and water bottle daily.

6/22-6/26 (1) M-F 9 am-12 pm 6-8 yrs GH17221
 Rm 3 ID/AP: \$204 OD: \$255
 7/6-7/10 (1) M-F 9 am-12 pm 7-9 yrs GH17222
 Rm 3 ID/AP: \$204 OD: \$255
 7/20-7/24 (1) M-F 9 am-12 pm 6-8 yrs GH17223
 Rm 3 ID/AP: \$204 OD: \$255
 8/3-8/7 (1) M-F 9 am-12 pm 6-8 yrs GH17224
 Rm 3 ID/AP: \$204 OD: \$255



Sports & Fitness Camps

Half Day Camps – Youth

Wheelie Fun Safety Camp new

Young riders enjoy daily adventures on their favorite wheeled equipment while learning safety rules and practicing in our traffic garden. Campers build confidence as they develop essential skills like proper helmet use, balance, and sharing space with others. **Campers provide their own wheels and helmet. No camp 6/19.** Required for this camp: a snack, water bottle, wheeled device, and a helmet.

6/15-6/18 (1) M-Th 9 am-12 pm 5-7 yrs GH17108
 Field A ID/AP: \$139 OD: \$173.75

Soccer Camp: Mini Champs

Join us for a camp packed with games, movement, and fun as young players learn the basics of soccer in a playful, encouraging environment. Required for this camp: a snack and water bottle.

6/22-6/26 (1) M-F 9 am-12 pm 5-7 yrs GH17109
 Field A ID/AP: \$172 OD: \$215
 7/13-7/17 (1) M-F 9 am-12 pm 5-7 yrs GH17112
 Field A ID/AP: \$172 OD: \$215

Pickleball Camp: Mini Picklers new

Get ready to rally, swing, and smile in a week full of pickleball fun! Campers will learn basic skills through playful games and movement while building coordination and confidence in a happy, supportive environment. Camp location: outdoor field. **No camp on 7/3.** Required for this camp: a snack and water bottle.

6/29-7/2 (1) M-Th 1-4 pm 5-7 yrs GH17110
 Field A ID/AP: \$139 OD: \$173.75



Basketball Camp: Mini Hoopers

Get ready to dribble, shoot, and smile in a week full of basketball fun! Campers will learn basic skills through playful games and movement while building coordination and confidence in a happy, supportive environment. Required daily: Snacks and water bottle

7/6-7/10 (1) M-F 9 am-12 pm 5-7 yrs GH17111
 Gym ID/AP: \$172 OD: \$215

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Summer Camps

Garden Home Recreation Center

503-629-6341

Sports Mania Camp

Gear up for an active week of all types of sports! Kids will explore a variety of games including basketball, soccer, and flag football. Required for this camp: a snack and water bottle.

7/20-7/24 (1) M-F 9 am-12 pm 5-7 yrs GH17113
Field A ID/AP: \$172 OD: \$215

Sports & Splash Camp

Get ready for a week of splash-filled fun! Kids will play a variety of sports and group games, all with a watery twist that's sure to keep them cool this summer. Required for this camp: a snack and water bottle, towel, and a change of clothes.

7/27-7/31 (1) M-F 1-4 pm 5-7 yrs GH17114
Field A ID/AP: \$172 OD: \$215
8/10-8/14 (1) M-F 9 am-12 pm 5-7 yrs GH17116
Field A ID/AP: \$172 OD: \$215

Retro Recess Camp new

Get ready to jump, run, and laugh in a week full of classic recess fun! Campers will enjoy retro recess games like hopscotch, jump rope, and tag while building coordination, teamwork, and confidence in a joyful, playful environment. Required for this camp: a snack and water bottle.

8/3-8/7 (1) M-F 9 am-12 pm 5-7 yrs GH17115
Field A ID/AP: \$172 OD: \$215

Bike Camp: Safe Trails new

Hop on and pedal into a week of excitement! Campers will enjoy daily bike adventures while learning safety rules, practicing in our traffic garden, and building confidence with skills like helmet use, balance, and sharing the trail. Campers provide their own bicycle and helmet. No camp on 7/3. Required daily: a snack, water bottle, bike, and helmet.

6/29-7/2 (1) M-Th 9 am-12 pm 7-10 yrs GH17242
Field A ID/AP: \$139 OD: \$173.75

Fencing Camp

Learn the fundamentals of Olympic fencing, including basic tactics and techniques. This exciting sport builds quick thinking, coordination, strength, and agility. Students practice footwork and drills through fun, interactive games. Instruction provided by the Oregon Fencing Alliance.

7/20-7/24 (1) M-F 9 am-12 pm 6-12 yrs GH17260
Gym ID/AP: \$190 OD: \$237.50
8/10-8/14 (1) M-F 9 am-12 pm 6-12 yrs GH17261
Gym ID/AP: \$190 OD: \$237.50

Pickleball Camp: Junior Picklers

Get ready to rally, swing, and score in an action-packed week of pickleball fun! Kids will learn the basics, sharpen their skills, and jump into friendly competition in a high-energy, supportive environment. Perfect for beginners and players ready to level up. Camp location: outdoor field. Required for this camp: a snack and water bottle.

7/6-7/10 (1) M-F 1-4 pm 7-10 yrs GH17243
Field A ID/AP: \$172 OD: \$215

Sports & Splash Camp

Get ready for a week of splash-packed excitement! Campers will dive into sports and group games, all with a watery twist that's full of cool summer fun. Required for this camp: a snack, water bottle, towel, and change of clothes.

7/13-7/17 (1) M-F 1-4 pm 7-10 yrs GH17244
Field A ID/AP: \$172 OD: \$215

Junior Strength Squad Camp new

Power up your summer! Kids will build strength, coordination, and confidence through fun games and energizing movement. Some days may include water play. Required for this camp: a snack, water bottle, towel, and change of clothes.

7/27-7/31 (1) M-F 9 am-12 pm 7-10 yrs GH17245
Field A ID/AP: \$172 OD: \$215

Archery Mini Camp

Join us for three days of indoor archery - learn the fundamentals of archery and practice your skills through fun, interactive games. \$60 lab fee payable to the instructor on Monday. Location: Archers Afield, 11945 SW Pacific Hwy Ste #121, Tigard, OR 97223 Tigard Plaza Shopping Center, Lower Level, Corner of Hall & Hwy 99.

6/22-6/24 (1) M/T/W	11 am-12 pm	7-12 yrs	GH12210
OffSite	ID/AP: \$29	OD: \$36.25	
6/22-6/24 (1) M/T/W	1-2 pm	7-12 yrs	GH12211
OffSite	ID/AP: \$29	OD: \$36.25	
7/6-7/8 (1) M/T/W	11 am-12 pm	7-12 yrs	GH12212
OffSite	ID/AP: \$29	OD: \$36.25	
7/6-7/8 (1) M/T/W	1-2 pm	7-12 yrs	GH12213
OffSite	ID/AP: \$29	OD: \$36.25	
7/20-7/22 (1) M/T/W	11 am-12 pm	7-12 yrs	GH12214
OffSite	ID/AP: \$29	OD: \$36.25	
7/20-7/22 (1) M/T/W	1-2 pm	7-12 yrs	GH12215
OffSite	ID/AP: \$29	OD: \$36.25	
8/3-8/5 (1) M/T/W	11 am-12 pm	7-12 yrs	GH12216
OffSite	ID/AP: \$29	OD: \$36.25	
8/3-8/5 (1) M/T/W	1-2 pm	7-12 yrs	GH12217
OffSite	ID/AP: \$29	OD: \$36.25	
8/17-8/19 (1) M/T/W	11 am-12 pm	7-12 yrs	GH12218
OffSite	ID/AP: \$29	OD: \$36.25	
8/17-8/19 (1) M/T/W	1-2 pm	7-12 yrs	GH12219
OffSite	ID/AP: \$29	OD: \$36.25	



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Summer Camps

Garden Home Recreation Center

503-629-6341

Youth Weight Training I

Join us for fun and challenging weight training camp run by certified trainers and instructors! This program is ideal for those newer to the weight room to learn correct form in a safe, supportive environment. Get ready for time in the weight room in addition to games, agility drills and conditioning!

8/3-8/13 (2) M-Th 12-2 pm 11-14 yrs GH12300
Rm 2 ID/AP: \$189 OD: \$236.25



FREE! Youth Fitness (6-11) & THPRD TeenFit (12-17) at Garden Home!

Offered in partnership with Organización de Amigos, a Washington County-based nonprofit dedicated to expanding equitable access to youth fitness and wellness. Pre-registration required.

Youth Fitness:

Strength & Conditioning (6-11)

A fun, safe, and engaging fitness program that builds foundational movement skills through cardio, strength training, and functional exercises like squatting, jumping, pushing, pulling, and lifting. Class structure includes community circle, warm-up, skill development, workout, followed by a game. To ensure equitable access, registrants will only be able to sign up for one of the two 5-week sessions. (Limit 15 kids per session). **No access on 6/19 & 7/3.**

6/15-7/17 (5) M/W/F 12:30-1:30 pm 6-11 yrs GHAMIGOS1
Rm 2 FREE
7/20-8/21 (5) M/W/F 12:30-1:30 pm 6-11 yrs GHAMIGOS2
Rm 2 FREE

THPRD TeenFit

Teens can enjoy FREE drop-in access to the weight/cardio room at Garden Home Recreation Center only all summer long during TeenFit hours only. Prior to the start of the program, all registrants will need to complete a group youth safety walkthrough with a member of the fitness team. Limit 40 participants. **No access on 6/19 & 7/3.**

6/15-8/21 (10) M/W/F 12-3 pm 12-17 yrs GHTEENFIT
Wt Rm FREE

Specialty Camps

Half Day Camps - Preschool

STEM Curiosity Quest Camp new

A week of invention and exploration! Little learners explore STEM with gentle, playful activities such as stacking and building, water and color experiments, and simple problem-solving games. Required for this camp: a snack and water bottle.

6/22-6/26 (1) M-F 9 am-12 pm 4-6 yrs GH17107
Rm 13 ID/AP: \$182 OD: \$227.50



Mini Construction Zone Camp

You can build it...robots, rockets, hammer, glue, building blocks, cardboard & more. Join us for a fun week of building! Required for this camp: a snack and water bottle.

7/6-7/10 (1) M-F 9 am-12 pm 3.5-5 yrs GH17105
Field C ID/AP: \$182 OD: \$227.50

Dirt Detectives Camp new

In this sensory-rich camp, preschoolers play and investigate in the mud kitchen, then explore nearby trails to observe insects, wildlife, and the wonders of the natural world up close. Required for this camp: a snack, water bottle, towel, and change of clothes.

7/20-7/24 (1) M-F 9 am-12 pm 3.5-5 yrs GH17104
Field C ID/AP: \$182 OD: \$227.50

Ooey Goey Adventures Camp

Join us for a week of fun learning about science in a fun, hands-on learning environment. Gooley, slimy activities such as making slime, mini chemistry experiments, games, story time and more! Required for this camp: a snack and water bottle.

6/22-6/26 (1) M-F 9 am-12 pm 8-12 yrs GH17226
Field C ID/AP: \$182 OD: \$227.50
8/3-8/7 (1) M-F 9 am-12 pm 4-6 yrs GH17106
Rm 13 ID/AP: \$182 OD: \$227.50

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Garden Home Recreation Center

503-629-6341

Half Day Camps - Youth

STEM Curiosity Quest Camp ^{new}

A week of invention and exploration! Little learners explore STEM with gentle, playful activities such as stacking and building, water and color experiments, and simple problem-solving games. Required for this camp: a snack and water bottle.

6/29-7/2 (1) M-Th 9 am-12 pm 9-13 yrs GH17228
Rm 13 ID/AP: \$149 OD: \$186.25

Builders Workshop Camp

Learn how to hammer, build, glue, and construct a variety of projects. Focus on problem solving, increasing dexterity, and observation skills. Required for this camp: a snack and water bottle.

6/29-7/2 (1) M-Th 1:30-4:30 pm 6-9 yrs GH17229
Rm 13 ID/AP: \$149 OD: \$186.25

Garden Guardians Camp ^{new}

Campers cultivate their green thumbs by planting, tending, and harvesting while learning about pollinators, compost, and the cycle of growth in a garden. Required for this camp: a snack and water bottle.

7/13-7/17 (1) M-F 9 am-12 pm 7-10 yrs GH17232
Field C ID/AP: \$192 OD: \$240

Dirt Detectives ^{new}

A hands-on nature camp where kids mix and create in the mud kitchen, explore trails, identify bugs and animal signs, and learn how ecosystems work through real-world investigation. Required for this camp: a snack, water bottle, towel, and change of clothes.

8/3-8/7 (1) M-F 9 am-12 pm 7-10 yrs GH17238
Field C ID/AP: \$182 OD: \$227.50

Chess Wizards

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, and work out your most powerful muscle - your brain! Our camps include fun team chess games, tournaments, and puzzles. Each participant receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend our vacation with Chess Wizards!

7/20-7/24 (1) M-F 9 am-12 pm 5-12 yrs GH17269
Room 14 ID/AP: \$299 OD: \$374
7/20-7/24 (1) M-F 12 pm- 3 pm 5-12 yrs GH17270
Room 14 ID/AP: \$299 OD: \$374



PLAYWELL LEGO® Camps

Minecraft Engineering using LEGO® Materials

No Camp on 6/19.

6/15-6/18 (1) M-Th 9 am-12 pm 5-7 yrs GH17262
Room 14 ID/AP: \$199 OD: \$248.75

Minecraft Master Engineering using LEGO® Materials

No Camp on 6/19.

6/15-6/18 (1) M-Th 1 pm-4 pm 7-12 yrs GH17263
Room 14 ID/AP: \$199 OD: \$248.75

Dino Design Using LEGO® Materials

7/6-7/10 (1) M-F 9 am-12 pm 5-7 yrs GH17266
Room 14 ID/AP: \$249 OD: \$311.25

Jurassic Engineering Using LEGO® Materials

7/6-7/10 (1) M-F 1 pm-4 pm 7-12 yrs GH17267
Room 14 ID/AP: \$249 OD: \$311.25

Learn Coding using the LEGO® Spike Prime System

8/17-8/21 (1) M-F 9 am-12 pm 7-9 yrs GH17272
Room 14 ID/AP: \$249 OD: \$311.25

Explore Coding using the LEGO® Spike Prime System

8/17-8/21 (1) M-F 12 pm-12 pm 9-14 yrs GH17273
Room 14 ID/AP: \$249 OD: \$311.25

Full Day Camps - Youth

Chess Wizards

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, and work out your most powerful muscle - your brain! Our camps include fun team chess games, tournaments, and puzzles. We include all the materials necessary, but full day kids should bring lunch. Unleash your brain power and spend your vacation with Chess Wizards!

7/20-7/24 (1) M-F 9 am-4 pm 5-12 yrs GH17268
Room 14 ID/AP: \$443 OD: \$553.75

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Garden Home Recreation Center

503-629-6341

Coding with Kids

Roblox Coding & Outdoor STEAM

Become a Roblox legend while enjoying outdoor STEAM fun! This camp blends coding and creativity as students learn 3D game design and foundational coding concepts like loops, conditionals, and variables to build exciting games such as Prison Escape and Obby. Each day also features hands-on outdoor STEAM activities, including art projects, engineering challenges, interactive games, and scavenger hunts, creating the perfect mix of learning and play. By the end, students will turn their imaginative ideas into playable Roblox games for everyone to enjoy!

6/22-6/26 (1) M-F 9 am-4 pm 8-12 yrs GH17264
Room 14 ID/AP: \$575 OD: \$718.75

Scratch Coding & Outdoor STEAM

Embark on a coding adventure with Scratch while enjoying outdoor STEAM fun! Students will create story-based games with animated characters, backgrounds, and music, learning key coding concepts like variables, loops, conditionals, and functions. Projects include a snowman maze and a custom Mario platformer, blending creativity with problem-solving. Each day also features engaging outdoor STEAM activities like art projects, engineering challenges, games, and scavenger hunts, for a perfect mix of learning and play. By the end, students will confidently use Scratch to bring their own stories and animations to life!

6/29-7/2 (1) M-F 9 am-4 pm 8-12 yrs GH17265
Room 14 ID/AP: \$460 OD: \$575

Robotics & Outdoor STEAM

Dive into robotics and outdoor STEAM fun! In this hands-on camp, students learn block-based coding to program robots using concepts like sequences, loops, variables, and events. They'll tackle exciting missions such as navigating mazes, avoiding obstacles, playing music, and responding to sounds. Each day also includes outdoor STEAM activities that spark creativity, teamwork, and innovation, balancing tech learning with active play. By the end, students will confidently program their own robot. Note: A \$10 maintenance fee included in camp registration applies for robot use.

8/10-8/14 (1) M-F 9 am-4 pm 8-12 yrs GH17271
Room 14 ID/AP: \$585 OD: \$731.25



Theatre Camps

Cinematic Adventures - Filmmaking Fun Camp

Kids will learn the basics of storytelling, camera work, and editing to create their own short films. From script to screen, they'll have a blast bringing their ideas to life and making their very own movie magic! Required for this camp: a snack and water bottle.

7/6-7/10 (1) M-F 1:30-4:30 pm 8-12 yrs GH17231
Rm 13 ID/AP: \$182 OD: \$227.50

Headline Heroes - Youth Reporting Camp new

Young reporters hit the newsroom! Campers investigate stories, interview sources, write articles, and use smartphones to film and edit their own news reports. Required for this camp: a snack and water bottle.

7/20-7/24 (1) M-F 9 am-12 pm 8-12 yrs GH17234
Rm 13 ID/AP: \$182 OD: \$227.50

Drama Dreamers Camp

Young actors develop new creative abilities through acting and creating set backdrops and costumes. An excellent way to introduce children to theatrical acting. Required for this camp: a snack and water bottle.

8/3-8/7 (1) M-F 1:30-4:30 pm 7-12 yrs GH17239
Gym ID/AP: \$192 OD: \$240

Imagination Adventures Camps

King of Rogues

The adventurers are pulled into a battle for the throne of the Rogue King in the underbelly of Port Crossing. They choose their allies and factions to fight for the rights of the common folk who depend on the Rogue King for help. **No camp on 6/19.**

6/15-6/18 M-TH 9 am-4 pm 6-14 yrs GH17274
Field B ID/AP: \$340 OD: \$425

Royal Intrigue

King Shieldbasher, of the dwarves, is very concerned about the disappearance of Lady Emeraldhide, his ambassador to King Maxalla, of the humans. He has enlisted the adventurers to seek out job postings in the human King's castle and get to the bottom of the ambassador's disappearance.

6/22-6/26 M-F 9 am-4 pm 6-14 yrs GH17275
Field B ID/AP: \$425 OD: \$ 531.25

The Inventor's Tower

The University has hired the adventurers to seek out the notes and inventions of a long missing Professor of Artifice, Professor Cyrus Ropshire. Professor Ropshire, a halfling originally from rural Orenwood, went into his custom built tower one day five years ago and never came out again. They must find the professor or his notes for the university faculty or be lost to the tower themselves.

6/29-7/2 M-TH 9 am-4 pm 6-14 yrs GH17276
Field B ID/AP: \$340 OD: \$425

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps • 503-629-6350

Age	4-6 yrs	6-9 yrs	6-9 yrs	7-10 yrs	10-13 yrs	6-10 yrs
Times	8:30-11:30 am 1-4 pm	9 am-noon	8:30 am-4 pm	8 am-5 pm	8 am-5 pm	9 am-4 pm
Camp	Camp Wild Things	Mini Nature Camp	Wild Adventures Camp	Nature Explorers Camp	Camp Green	Sports & Nature Camp
Location	Jenkins Estate	Cooper Mountain Nature House	Cooper Mountain Nature House	Tualatin Hills Nature Center	Tualatin Hills Nature Center	Tualatin Hills Athletic Center
Week 1 6/15-6/18**	Bugs, Slugs and Hungry Caterpillars	Sense-sational Scientists	Sense-sational Scientists	S'more Camping, Please!	Local Harvest	
Week 2 6/22-6/26	Dino Tracks & Trails*	Pollinator Pals	Pollinator Pals	Nature's Magic	Hood to Coast	Wild World Cup
Week 3 6/29-7/2***	Feathers in Flight	Flights of Frenzy	Flights of Frenzy	Wonderful Waterways	Wetland Wonders	Ready, Set, Grow!
Week 4 7/6-7/10	Little Nature Scientists*	Secret Lives of Animals	Secret Lives of Animals	Rocks and Blocks	Mysteries of the Forest	Animal Athletes
Week 5 7/13-7/17	Furry Friends	Wilderness Explorers	Wilderness Explorers	Animal Olympics	Rockin' Out	Wild World Cup
Week 6 7/20-7/24	Junior Rangers*	Folklore Forest	Folklore Forest	Jurassic Birds	Focus on Nature	Cold-Blooded Competition
Week 7 7/27-7/31	Bugs, Slugs and Hungry Caterpillars	Cycles That Surround Us	Cycles That Surround Us	Treasure Hunt	Sky Hunters	Ready, Set, Grow!
Week 8 8/3-8/7	Forest Builders*	Eco Engineers	Eco Engineers	The Buzz About Bee-verton	Darkness by Day	Animal Athletes
Week 9 8/10-8/14	Camp Ribbit	Junior Rangers	Junior Rangers	Imaginature	Forest Threads	Cold-Blooded Competition
Week 10 8/17-8/21	Fairytale Forest*	The Best of Mini Camp	The Best of Wild Adventures Camp	The Best of NEC	Guardians of the Wild	

*Offered in afternoon

**No camp 6/19

***No camp 7/3

15655 SW Millikan Way, Beaverton

Summer Camps

Nature Specialty Camps at a Glance • 503-629-6350

Age	7-10 or 11-13 yrs	0-5 yrs	6-10 yrs	6-10 yrs
Times	9 am-noon	9 am-11 am M/T/W	9 am-1 pm W/TH/F	9 am-1 pm W/TH/F
Camp	Art in Nature	Owls & Owlets Camp	Family Nature Day Camp	Grandparents Camp
Location	Tualatin Hills Nature Center	Tualatin Hills Nature Center	Tualatin Hills Nature Center	Elsie Stuhr Center
Week 1 6/15-6/18 [^]				
Week 2 6/22-6/26				Grandparents Camp
Week 3 6/29-7/2 ^{^^}	Art in Nature (7-10 yrs)	Owls & Owlets Camp		
Week 4 7/6-7/10				
Week 5 7/13-7/17		Owls & Owlets Camp		Grandparents Camp
Week 6 7/20-7/24	Art in Nature (7-10 yrs)			
Week 7 7/27-7/31		Owls & Owlets Camp	Family Nature Day Camp	
Week 8 8/3-8/7				Grandparents Camp
Week 9 8/10-8/14	Art in Nature (11-13 yrs)	Owls & Owlets Camp		
Week 10 8/17-8/21	Art in Nature (7-10 yrs)			

[^]No camp 6/19
^{^^}No camp 7/3

Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD camp program prior to 5 pm, Friday, May 29.

Deposits are applied to the following camps: Nature Explorers Camp, Camp Green, Wild Adventure Camp.

Owls & Owlets Camp • 0-5 yrs

Embark on a fun-filled outdoor adventure with your little one as we explore hands-on activities, sensory play, and nature-based crafts. Connect with other families, make new friends, and discover the wonders of the natural world through games, storytelling, and exploration! Every week we will have a different theme. Cancellations made at least 14 days before start date will be refunded. Registration fee is per child (six months-5 years), adult participation required, up to 2 children per adult. **Camp meets at the Tualatin Hills Nature Park.**

6/29-7/1	M/T/W	9-11 am	0-5 yrs NP17151
Tualatin Hills Nature Park	ID/AP: \$98	OD: \$122.50	
7/13-7/15	M/T/W	9-11 am	0-5 yrs NP17152
Tualatin Hills Nature Park	ID/AP: \$98	OD: \$122.50	
7/27-7/29	M/T/W	9-11 am	0-5 yrs NP17153
Tualatin Hills Nature Park	ID/AP: \$98	OD: \$122.50	
8/10-8/12	M/T/W	9-11 am	0-5 yrs NP17154
Tualatin Hills Nature Park	ID/AP: \$98	OD: \$122.50	

Camp Wild Things • 4-6 yrs

Build your child's sense of wonder about nature and invite them to explore wildlife and the world around them. Games, songs, new friends, crafts, and adventure make this a good camp for young children. Some themes will be repeated twice over the summer. Camps with the same theme will have the same content. Campers need to bring a snack, a bottle of water, and a small backpack each day. **Camp meets at the Jenkins Estate Gatehouse.**

Bugs, Slugs and Hungry Caterpillars

Welcome to the wacky world of insect exploration, where pint-sized explorers embark on buggy adventures! Our little entomologists will embark on daily magnifying glass expeditions, bug-themed crafts, and other creepy-crawly activities. Get ready for a week of bug-filled fun! **No camp 6/19.**

6/15-6/18	M/T/W/TH	8:30-11:30 am	4-6 yrs NP17101
Jenkins Estate	ID/AP: \$154	OD: \$138.50	

Dino Tracks & Trails

Prepare for an exciting adventure where little explorers become detectives, discovering the amazing world of animals – just like paleontologists track dinosaurs – by the clues they leave behind! Our tiny detectives will learn how to identify animal tracks, signs and habitats, all while making connections to the prehistoric creatures that once roamed the earth.

6/22-6/26	M-F	8:30-11:30 am	4-6 yrs	NP17102A
Jenkins Estate	ID/AP: \$192	OD: \$240		
6/22-6/26	M-F	1-4 pm	4-6 yrs	NP17102B
Jenkins Estate	ID/AP: \$192	OD: \$240		

Feathers and Flight

Take off into the world of birds, butterflies, and flying creatures! Through hands-on exploration, movement games, and sensory activities, campers will learn how wings, feathers, and air help animals soar, glide, and flutter. This playful camp encourages curiosity, observation, and a love for the amazing animals that take to the sky.

No camp on 7/3.

6/29-7/2	M/T/W/TH	8:30-11:30 am	4-6 yrs	NP17103
Jenkins Estate	ID/AP: \$154	OD: \$138.50		

Little Nature Scientists

Get ready for a week of hands-on discovery as our little nature scientists dive into the wonders of the great outdoors. Our campers will unleash their inner nature scientists by making a baking soda and vinegar volcano, erupting with laughter and excitement! With a week full of engaging experiments, our curious kiddos will surely spark a love for science and nature in the most fun and whimsical way.

7/6-7/10	M-F	8:30-11:30 am	4-6 yrs	NP17104A
Jenkins Estate	ID/AP: \$192	OD: \$240		
7/6-7/10	M-F	1-4 pm	4-6 yrs	NP17104B
Jenkins Estate	ID/AP: \$192	OD: \$240		

Furry Friends

Join us for a fun-filled week and learn about all the furry creatures that live at Jenkins Estate. Each day will introduce little explorers to a new animal, where they'll discover how it moves, what it eats and how it plays.

7/13-7/17	M-F	8:30-11:30 am	4-6 yrs	NP17105
Jenkins Estate	ID/AP: \$192	OD: \$240		

Junior Rangers

Join us for a fun adventure in nature and earn your Junior Ranger badge! Explore the outdoors as we discover animal tracks, plants, and birds along the trails. Use special maps to help us find our way and learn how we can protect nature together.

7/20-7/24	M-F	8:30-11:30 am	4-6 yrs	NP17106A
Jenkins Estate	ID/AP: \$192	OD: \$240		
7/20-7/24	M-F	1-4 pm	4-6 yrs	NP17106B
Jenkins Estate	ID/AP: \$192	OD: \$240		



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Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

Bugs, Slugs and Hungry Caterpillars

Welcome to the wacky world of insect exploration, where pint-sized explorers embark on a hilariously buggy adventure! Our little entomologists will embark on daily magnifying glass expeditions, bug-themed crafts, and other creepy-crawly activities. Get ready for a week of bug-filled fun!

7/27-7/31 M-F 8:30-11:30 am 4-6 yrs NP17107
Jenkins Estate ID/AP: \$192 OD: \$240

Forest Builders

From nests in the treetops to cozy dens on the forest floor, our little builders will discover the ingenious ways animals create their homes. Young engineers will venture into the woods to explore and gather inspiration for their own creations as they imagine, build and play like the forest's cleverest architects.

8/3-8/7 M-F 8:30-11:30 am 4-6 yrs NP17108A
Jenkins Estate ID/AP: \$192 OD: \$240
8/3-8/7 M-F 1-4 pm 4-6 yrs NP17108B
Jenkins Estate ID/AP: \$192 OD: \$240

Camp Ribbit

Dive into the exciting world of ponds, streams, and wetlands to discover frogs, newts, and other pond creatures. We will jump, splash and wiggle our way through the week as we observe how these animals live, move, and grow in their watery homes.

8/10-8/14 M-F 8:30-11:30 am 4-6 yrs NP17109
Jenkins Estate ID/AP: \$192 OD: \$240

Fairytale Forest

Step into the enchanting realm of the forest, where giggles and nature's magic collide in a whirlwind of whimsy! Every day, from sparkly bug hunts to potion-making with glittery leaves, it is a fantastical adventure. Our little nature sprites will engage in silly fairy dances and embark on quests to find hidden treasures in the magical woods.

8/17-8/21 M-F 8:30-11:30 am 4-6 yrs NP17110A
Jenkins Estate ID/AP: \$192 OD: \$240
8/17-8/21 M-F 1-4 pm 4-6 yrs NP17110B
Jenkins Estate ID/AP: \$192 OD: \$240

Mini Nature Camp • 6-9 yrs

Mini Nature Camps are half-day camps for elementary-age children filled with fun and adventure. Create crafts, play games, make new friends, and explore the trails and habitats of the park. Campers need to bring a snack, bottle of water, and small backpack each day. **Camp meets at the Cooper Mountain Nature House.**

Sense-sational Scientists

Grab your lab coat and safety goggles as you become a scientist this week. Create and conduct mind-blowing nature experiments and use all 5 senses to observe results. Some of them are bound to surprise you! **No camp 6/19.**

6/15-6/18 M/T/W/TH 9 am-noon 6-9 yrs CM17241
Cooper Mountain Nature House ID/AP/OD: \$158

Pollinator Pals

Together we'll observe animals like bees, butterflies, hummingbirds and more in action, dissect flowers to see nectar and pollen up close, build simple pollinator homes, and play interactive games that bring the busy world of pollination to life.

6/22-6/26 M-F 9 am-noon 6-9 yrs CM17242
Cooper Mountain Nature House ID/AP/OD: \$198

Flights of Frenzy

Explore the skies above Cooper Mountain and discover the amazing creatures that take flight! Campers will spot and identify flying animals, learning how they move and why they fly the way they do. We'll make simple bird feeders and experiment with the principles of flight through fun hands-on activities. **No camp on 7/3.**

6/29-7/2 M/T/W/TH 9 am-noon 6-9 yrs CM17243
Cooper Mountain Nature House ID/AP/OD: \$158

Secret Lives of Animals

Discover what animals are doing when we aren't looking! Campers will track signs of wildlife, observe nocturnal habits with special activities, and explore hidden dens, nests, and burrows. Fun, hands-on investigations reveal the "secret" daily routines of local creatures.

7/6-7/10 M-F 9 am-noon 6-9 yrs CM17244
Cooper Mountain Nature House ID/AP/OD: \$198

Wilderness Explorers

Every day is filled with adventure as we head into the park and learn what it means to be a wilderness explorer! Learn about tracking, use maps to find your way and develop a deeper appreciation for the natural world.

7/13-7/17 M-F 9 am-noon 6-9 yrs CM17245
Cooper Mountain Nature House ID/AP/OD: \$198

Folklore Forest

Explore the forests and trails of Cooper Mountain through stories and legends of the woods. We'll discover nature's wonders by examining owl pellets, creating nature art, building fairy houses and searching for a little woodland magic along the way.

7/20-7/24 M-F 9 am-noon 6-9 yrs CM17246
Cooper Mountain Nature House ID/AP/OD: \$198

Cycles That Surround Us

Discover the natural cycles all around us! Campers will explore the changing seasons, follow scavenger hunts to observe plants and insects, track how seeds spread, and build mini ecosystems, all while seeing how animals and humans fit into the bigger picture of the natural world.

7/27-7/31 M-F 9 am-noon 6-9 yrs CM17247
Cooper Mountain Nature House ID/AP/OD: \$198



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Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

Eco Engineers

Discover the incredible structures animals create! Together we'll see how busy bees, beavers, birds, and rabbits build their homes, and learn why these creations are so important. Along the way, we'll make crafts inspired by animal architecture and try hands-on activities that celebrate the ingenuity of nature's engineers.

8/3-8/7 M-F 9 am-noon 6-9 yrs CM17248
Cooper Mountain Nature House ID/AP/OD: \$198

Junior Rangers

Become a Junior Ranger and help care for Cooper Mountain Nature Park! Campers will explore the trails to identify animal tracks, plants, and birds, practice using maps to guide fellow hikers, and take part in hands-on activities that teach stewardship, observation skills, and the importance of protecting the natural world.

8/10-8/14 M-F 9 am-noon 6-9 yrs CM17249
Cooper Mountain Nature House ID/AP/OD: \$198

The Best of Mini Camp

Join us for the last week of summer as we celebrate the best that Mini Camp has to offer! We will explore our favorite spots in the nature park and bring back some of the highlights of camp this summer and from years past. Only the best will do!

8/17-8/21 M-F 9 am-noon 6-9 yrs CM17250
Cooper Mountain Nature House ID/AP/OD: \$198

Wild Adventures Camp • 6-9 yrs

Wild Adventures Camps are full-day camps for elementary-age children filled with discovery, fun, and wild adventures. Play nature games, make new creations, and explore the trails and habitats of the park with new friends. Bring lunch, drinking water, two snacks, and a backpack daily. **Camp meets at the Cooper Mountain Nature Park.**

A \$30 deposit option is available for this camp. See the Camp Deposits and Balances box on page 58 for details.

Sense-sational Scientists

Grab your lab coat and safety goggles as you become a scientist this week. Create and conduct mind-blowing nature experiments and use all 5 senses to observe results. Some of them are bound to surprise you! **No camp 6/19.**

6/15-6/18 M/T/W/TH 8:30 am-4 pm 6-9 yrs CM17221
Cooper Mountain Nature House ID/AP/OD: \$277

Pollinator Pals

Together we'll observe animals like bees, butterflies, hummingbirds and more in action, dissect flowers to see nectar and pollen up close, build simple pollinator homes, and play interactive games that bring the busy world of pollination to life.

6/22-6/26 M-F 8:30 am-4 pm 6-9 yrs CM17222
Cooper Mountain Nature House ID/AP/OD: \$ 346

Flights of Frenzy

Explore the skies above Cooper Mountain and discover the amazing creatures that take flight! Campers will spot and identify flying animals, learning how they move and why they fly the way they do. We'll make simple bird feeders and experiment with the principles of flight through fun hands-on activities. **No camp on 7/3.**

6/29-7/2 M/T/W/TH 8:30 am-4 pm 6-9 yrs CM17223
Cooper Mountain Nature House ID/AP/OD: \$277

Secret Lives of Animals

Discover what animals are doing when we aren't looking! Campers will track signs of wildlife, observe nocturnal habits with special activities, and explore hidden dens, nests, and burrows. Fun, hands-on investigations reveal the "secret" daily routines of local creatures.

7/6-7/10 M-F 8:30 am-4 pm 6-9 yrs CM17224
Cooper Mountain Nature House ID/AP/OD: \$346

Wilderness Explorers

Every day is filled with adventure as we head into the park and learn what it means to be a wilderness explorer! Learn about tracking, use maps to find your way and develop a deeper appreciation for the natural world.

7/13-7/17 M-F 8:30 am-4 pm 6-9 yrs CM17225
Cooper Mountain Nature House ID/AP/OD: \$346

Folklore Forest

Explore the forests and trails of Cooper Mountain through stories and legends of the woods. We'll discover nature's wonders by examining owl pellets, creating nature art, building fairy houses and searching for a little woodland magic along the way.

7/20-7/24 M-F 8:30 am-4 pm 6-9 yrs CM17226
Cooper Mountain Nature House ID/AP/OD: \$346

Cycles That Surround Us

Discover the natural cycles all around us! Campers will explore the changing seasons, follow scavenger hunts to observe plants and insects, track how seeds spread, and build mini ecosystems, all while seeing how animals and humans fit into the bigger picture of the natural world.

7/27-7/31 M-F 8:30 am-4 pm 6-9 yrs CM17227
Cooper Mountain Nature House ID/AP/OD: \$346

Eco Engineers

Discover the incredible structures animals create! Together we'll see how busy bees, beavers, birds, and rabbits build their homes, and learn why these creations are so important. Along the way, we'll make crafts inspired by animal architecture and try hands-on activities that celebrate the ingenuity of nature's engineers.

8/3-8/7 M-F 8:30 am-4 pm 6-9 yrs CM17228
Cooper Mountain Nature House ID/AP/OD: \$346



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Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

Junior Rangers

Become a Junior Ranger and help care for Cooper Mountain Nature Park! Campers will explore the trails to identify animal tracks, plants, and birds, practice using maps to guide fellow hikers, and take part in hands-on activities that teach stewardship, observation skills, and the importance of protecting the natural world.

8/10-8/14 M-F 8:30 am-4 pm 6-9 yrs CM17229
Cooper Mountain Nature House ID/AP/OD: \$346

The Best of Wild Adventures Camp

Join us for the last week of summer as we celebrate the best that Wild Adventures Camp has to offer! We will explore our favorite spots in the nature park and bring back some of the highlights of camp this summer and from years past. Only the best will do!

8/17-8/21 M-F 8:30 am-4 pm 6-9 yrs CM17230
Cooper Mountain Nature House ID/AP/OD: \$346

Sports & Nature Camp • 6-10 yrs

Campers will discover and play several sports and explore nearby natural areas. You can expect to combine fun movements and games with exciting nature components. Some camp themes will repeat over the summer; camps with the same theme will have the same content. Bring lunch, a water bottle, two snacks, and a backpack daily. This joint camp is led by Athletic Center and Nature Center staff. The camp will be held outside at the HMT campus. Before and after care will be available onsite this summer for an extra fee.

Wild World Cup

Celebrate the World Cup while exploring the natural world! Campers travel from one "stadium" to another, playing international-style games and taking on fun challenges. Along the way, they'll discover which local plants and animals also exist in other parts of the world, learning about shared habitats and surprising global connections. Who will win the trophy in the great outdoors?

6/22-6/26 M-F 9-4 pm 6-10 yrs SN17202
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Ready, Set, Grow!

This week we're taking inspiration from plants to grow our own strength, balance, and endurance! On the field, we'll play sports and challenging games, focusing on teamwork and building skills that help us "grow" as athletes. In nature, we'll explore plants and forests and how they thrive in their environments through fun activities, crafts, and outdoor discoveries. **No camp on 7/3.**

6/29-7/2 M/T/W/TH 9-4 pm 6-10 yrs SN17203
HMT Soccer Field ID/AP: \$276 OD: \$345

Animal Athletes

This week we'll discover the wild athletes that live right here in Oregon! From lightning-quick falcons to powerful bears and leaping frogs, we'll explore how local animals use balance, strength, and speed to survive. On the courts and fields, we'll practice those same skills through a variety of sports and agility games, testing how we measure up to these incredible animal athletes!

7/6-7/10 M-F 9-4 pm 6-10 yrs SN17204
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Wild World Cup

Celebrate the World Cup while exploring the natural world! Travel from one "stadium" to another, playing international-style games and taking on fun challenges. Along the way, we'll discover which local plants and animals also exist in other parts of the world, learning about shared habitats and surprising global connections. Who will win the trophy in the great outdoors?

7/13-7/17 M-F 9-4 pm 6-10 yrs SN17205
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Cold-Blooded Competition

Get ready to slither, hop, and bask like Oregon's cold-blooded creatures! This week we'll discover the amazing world of reptiles and amphibians! We'll learn how these animals survive in Oregon's forests, fields, and rivers while trying out their skills ourselves. On the courts we'll battle it out with different sports and a variety of games, testing our agility, teamwork, and quick reflexes just like our scaly and slippery neighbors.

7/20-7/24 M-F 9-4 pm 6-10 yrs SN17206
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Ready, Set, Grow!

This week we're taking inspiration from plants to grow our own strength, balance, and endurance! On the field, we'll play sports and challenging games, focusing on teamwork and building skills that help us "grow" as athletes. In nature, we'll explore plants and forests and how they thrive in their environments through fun activities, crafts, and outdoor discoveries.

7/27-7/31 M-F 9-4 pm 6-10 yrs SN17207
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Animal Athletes

This week we'll discover the wild athletes that live right here in Oregon! From lightning-quick falcons to powerful bears and leaping frogs, we'll explore how local animals use balance, strength, and speed to survive. On the courts and fields, we'll practice those same skills through a variety of sports and agility games, testing how we measure up to these incredible animal athletes!

8/3-8/7 M-F 9-4 pm 6-10 yrs SN17208
HMT Soccer Field ID/AP: \$345 OD: \$431.25

Cold-Blooded Competition

Get ready to slither, hop, and bask like Oregon's cold-blooded creatures! This week we'll discover the amazing world of reptiles and amphibians! We'll learn how these animals survive in Oregon's forests, fields, and rivers while trying out their skills ourselves. On the courts we'll battle it out with different sports and a variety of games, testing our agility, teamwork, and quick reflexes just like our scaly and slippery neighbors.

8/10-8/14 M-F 9-4 pm 6-10 yrs SN17209
HMT Soccer Field ID/AP: \$345 OD: \$431.25



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Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

Art in Nature Camp • 7-10 yrs

Unleash your creativity while exploring the wonders of the outdoors! This camp invites young artists to discover the beauty of nature through imaginative, hands-on art projects inspired by the plants, animals, and landscapes around them. Campers need to bring a snack, a bottle of water, and a small backpack each day. Camp meets at the Tualatin Hills Nature Center.

Creature Creation

Bring creatures to life through art! In this camp, campers will explore a variety of art mediums to create works inspired by real-life animals and fantastical creatures from imaginary worlds. **No camp on 7/3.**

6/29-7/2 M/T/W/TH 9 am-12 pm 7-10 yrs NP17231
Tualatin Hills Nature Center ID/AP: \$172 OD: \$215

Sketching Naturally

Get ready for creative adventures! Campers will make their own sketchbooks and head out to the park to capture nature scenes and craft art supplies from natural materials, turning the outdoors into their own art studio!

7/20-7/24 M-F 9 am-12 pm 7-10 yrs NP17232
Tualatin Hills Nature Center ID/AP: \$215 OD: \$268.75

Art in the Woods

As campers build temporary art installations throughout the park, they'll also explore the landscape and learn to identify the natural materials they use and discover the connection between art and the environment.

8/17-8/21 M-F 9 am-12 pm 7-10 yrs NP17234
Tualatin Hills Nature Center ID/AP: \$215 OD: \$268.75

Nature Explorers Camp • 7-10 yrs

Expand your science knowledge, learn about plants and animals, hike 2-5 miles daily, play games, and experience natural areas around our region. Campers will spend four days at the Tualatin Hills Nature Park, with field trips on Wednesdays. Bring lunch, a full-sized water bottle, two snacks, and a backpack daily. Field trips are subject to change. **A \$30 deposit option is available for this camp. See the Camp Deposits and Balances box on page 58 for details.**



S'more Camping, Please!

Let's do all our favorite camping activities! We will set up tents, tell stories, eat s'mores, learn how to use a compass, and practice other wilderness survival skills. **No camp 6/19.**

Field Trip: Champoeg State Park
6/15-6/18 M/T/W/TH 8 am-5 pm 7-10 yrs NP17201
Tualatin Hills Nature Center ID/AP: \$279 OD: \$349

Nature's Magic

We'll weave our own spells, potions, and stories of magic, dragons, fairies, gnomes and mythical creatures together as we adventure through our own nature park and some of the most enchanting and wondrous forests in Oregon.

Field Trip: Latourell Falls

6/22-6/26 M-F 8 am-5 pm 7-10 yrs NP17202
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Wonderful Waterways

The earth has a limited amount of water that keeps going around and around in the water cycle. Follow a portion of the water cycle through the creeks of the Nature Park all the way to the ocean. Learn where rain goes after it falls and the importance of our local wetlands. **No camp on Friday 7/3.**

Field Trip: Ecola State Beach

6/29-7/2 M/T/W/TH 8 am-5 pm 7-10 yrs NP17203
Tualatin Hills Nature Center ID/AP: \$279 OD: \$349

Rocks an Blocks

Dig into the science of geology and learn how rocks and minerals shape and build our world. Learn how geologists identify real-life rocks such as cobblestone, obsidian, andesite, and get into creative game mode as we engineer our own world through rocks and blocks.

Field Trip: Rice Rock Museum and Vernonia Lake

7/6-7/10 M-F 8 am-5 pm 7-10 yrs NP17204
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Animal Olympics

Oregon is brimming with Olympians big and small: from high-leaping frogs to camouflaged moths hiding in plain sight. Learn about the stickiest, the fastest, and the toughest of the natural world. Use your knowledge to develop and test your own gold medal skills!

Field Trip: Oregon Zoo (note: taking public transportation)

7/13-7/17 M-F 8 am-5 pm 7-10 yrs NP17205
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Jurassic Birds

How are dinosaurs related to birds? How do birds outsmart other animals and humans? Let's search the Nature Park to find out hoo-hoo lives here, conduct scientific bird counts and owl pellet dissections, and find out which bird behaviors and parts are the same as their dinosaur relatives.

Field Trip: Ridgefield National Wildlife Refuge

7/20-7/24 M-F 8 am-5 pm 7-10 yrs NP17206
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Treasure Hunt

Arrrrre ye ready for adventure? Come and learn all the mapping and orienteering skills needed to be a true nature pirate as we search for local hidden treasures and tell tales of Oregon's own swashbucklin' natural history.

Field Trip: Oswald State Beach

7/27-7/31 M-F 8 am-5 pm 7-10 yrs NP17207
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Tualatin Hills Nature Center • Cooper Mountain Nature Park • Jenkins Estate • Camps - 503-629-6350

The Buzz About Bee-verton

Become a backyard biologist by going on bug safaris, exploring the life of local pollinators, insects, and other small creatures that have adapted to living in our Beaverton neighborhoods.

Field Trip: Multiple locations in Beaverton
8/3-8/7 M-F 8 am- 5pm 7-10 yrs NP17208
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Imaginature

Join us for a week of S.T.E.A.M. in nature! Use your imagination to create nature science experiments, use technology to conduct animal counts, build animal homes like an engineer, examine nature through the eyes of an artist, and track mathematic sequences in plants and animals.

Field Trip: Chehalem Ridge Nature Park
8/10-8/14 M-F 8 am-5 pm 7-10 yrs NP17209
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

The Best of NEC

Join us for the last week of summer as we celebrate the best that Nature Camp has to offer! We will explore our favorite spots in the nature park and bring back some of the highlights of camps this summer and from years past. Only the best will do!

Field Trip: Bonneville Dam and Fish Hatchery
8/17-8/21 M-F 8 am-5 pm 7-10 yrs NP17210
Tualatin Hills Nature Center ID/AP: \$349 OD: \$436.25

Camp Green • 10-13 yrs

Camp Green provides opportunities to delve into the natural world in which we live. We'll do science-based activities and explore how our daily lives intertwine with the environment. Some field trip locations will repeat over the summer. Bring lunch, drinking water, two snacks, and a backpack daily.

Camp meets and picks up daily at the Tualatin Hills Nature Center but does travel off-site for field trips to regional locations. Field trip locations are subject to change. Campers must be dropped off by 8:30am and will be available for pick-up starting at 4pm. A \$30 deposit option is available for this camp. See the Camp Deposits and Balances box on page 58 for details.

Local Harvest

Discover how food and resources come not only from gardens and farms, but also from the surrounding forest. As we explore local trails, you'll learn to identify native plants traditionally used for food, medicine, and everyday tools, and enjoy simple tastings or recipes featuring seasonal fruits. Throughout the week, we'll build an understanding of seasonal cycles, ethical harvesting, and the connections between people, plants, and Oregon's ecosystems. **No camp 6/19.**

Field Trips: U-pick Farm, Jenkins Estate
6/15-6/18 M/T/W/TH 8 am-5 pm 10-13 yrs NP17501
Tualatin Hills Nature Center ID/AP: \$298 OD: \$372.50

Hood to Coast

Streams, rivers, lakes, waterfalls, and oceans. This week we will dip into the science of water by visiting many of our local water features. We will trace the path of a water droplet from the high reaches of Mt. Hood, to the Oregon Coast. Along the way we will learn about the water cycle, water chemistry, water conservation, and about the creatures that live in and around water. This week is bound to be a splash!

Field Trips: Wildwood Recreation Site, Oswald West State Park
6/22-6/26 M-F 8 am-5 pm 10-13 yrs NP17502
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Wetland Wonders

Become a detective of the marsh as we explore ponds, streams, and wetlands to uncover the fascinating plants and animals that call these habitats home. We'll discover how wetlands filter water, support wildlife, and protect the health of the ecosystem. Adventure awaits as search for hidden critters, follow animal tracks, and uncover the secret lives of these vibrant watery worlds. **No camp on 7/3.**

Field Trips: Jackson Bottom, Smith & Bybee Wetlands
6/29-7/2 M/T/W/TH 8 am-5 pm 10-13 yrs NP17503
Tualatin Hills Nature Center ID/AP: \$298 OD: \$372.50

Mysteries of the Forest

Become a forestry specialist this week, as we explore old and new growth forests across the region. This week will incorporate the topics of forest management, plant identification, and forest ecology. Field trips this week will bring us to stand next to trees that are over four hundred years old and discover the effects of forest disturbances such as weather, wind, and fire.

Field Trips: World Forestry Center (note: taking public transportation), Silver Falls State Park
7/6-7/10 M-F 8 am-5 pm 10-13 yrs NP17504
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Rockin' Out

From ancient lava flows to glaciers, rivers, and earthquakes, this week we'll explore the forces that shape the Earth. Get ready to investigate rocks, minerals, and fossils while learning about Oregon's unique geology. We will discover how landscapes are formed, how to identify common rocks and minerals, and why Earth's processes are important to the environment.

Field Trips: Ape Caves, Rice Rock Museum
7/13-7/17 M-F 8 am-5 pm 10-13 yrs NP17505
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Focus on Nature

Explore the natural world through the lens of a camera and discover how light, composition, and perspective shape the images we capture. Learn technical skills, creative storytelling, and how to observe your surroundings in new ways. From close-up macro shots of leaves and insects to sweeping landscapes, this camp encourages curiosity, self-expression, and a deeper connection with nature.

Field Trips: Oregon Garden, Oregon Coast
7/20-7/24 M-F 8 am-5 pm 10-13 yrs NP17506
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

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Sky Hunters

Delve into the fascinating world of birds of prey, learning how hawks, owls, falcons, and eagles live, hunt, and survive in Oregon's ecosystems. Through guided field observations, interactive games, and hands-on activities, campers will study feathers, flight, and habitats while discovering the vital roles raptors play in nature.

Field Trips: Chehalam Ridge Nature Park, Sauvie Island
7/27-7/31 M-F 8 am-5 pm 10-13 yrs NP17507
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Darkness by Day

Join us as we explore the secret world of nocturnal creatures in the safety of daylight. Uncover the stories and legends of creatures that roam the night from coyotes and bats to mysterious and local folklore. We will learn how nocturnal animals survive, hunt, and hide, while sharpening observation skills and connecting with the wild world around us.

Field trips: Wildwood Recreation Site, Silver Falls State Park
8/3-8/7 M-F 8 am-5 pm 10-13 yrs NP17508
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Forest Threads

Discover the natural fibers and dyes hidden throughout Oregon's forests, fields, and wetlands as we explore the science behind color in nature. Campers will gather inspiration from local ecosystems while experimenting with plant-based dyes, fiber materials, and hands-on art techniques. Along the way, we will learn how people use natural resources to create textiles, tools, and everyday items.

Field Trips: Champoeg State Park, Tillamook Forest
8/10-8/14 M-F 8 am-5 pm 10-13 yrs NP17509
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Guardians of the Wild

Step into the role of a forest ranger and discover the science behind our local ecosystems. Throughout the week we will study wildlife, learn navigation and observation skills and explore the challenges facing forests today. Through hands-on investigations, we'll uncover ways to protect and preserve the natural world around us. Field Trips: Stub Stewart State Park, Park Ranger Field Day

8/17-8/21 M-F 8 am-5 pm 10-13 yrs NP17510
Tualatin Hills Nature Center ID/AP: \$372 OD: \$465

Art in Nature Camp • 11-13 yrs

Unleash your creativity while exploring the wonders of the outdoors! This camp invites young artists to discover the beauty of nature through imaginative, hands-on art projects inspired by the plants, animals, and landscapes around them. Campers need to bring a snack, a bottle of water, and a small backpack each day. **Camp meets at the Tualatin Hills Nature Center.**

Sculpting With Nature

As campers build temporary art installations throughout the park, they'll also explore the landscape and learn to identify the natural materials they use and discover the connection between art and the environment.

8/10-8/14 M-F 9 am-12 pm 11-13 yrs NP17233
Tualatin Hills Nature Center ID/AP: \$215 OD: \$268.75

Family Nature Day Camp • 6-10 yrs

Join us for a fun week of outdoor adventures at Family Nature Camp! This camp is designed for parents, guardians, and kids to connect through fun, hands-on activities and nature exploration. Work together on creative nature-inspired crafts, discover local wildlife, and enjoy games and challenges as you explore the great outdoors. Each participant should bring lunch, drinking water, a small snack, and a backpack daily. **Camp meets at the Tualatin Hills Nature Center. Registration fee is per child, adult participation required, up to 2 children per adult.**

7/29-7/31 W/TH/F 9 am-1 pm 6-10 yrs NP17701
Tualatin Hills Nature Center ID/AP: \$150 OD: \$187.50

Grandparents Camp • 6-10 yrs

Calling all abuelas, babushkas, pop pops and mimis! Join us for an exciting week of intergenerational bonding and nature adventures at Grandparents Camp! Co-hosted in partnership with Elsie Stuhr Center, this camp is designed to create lasting memories and strengthen the special connection between grandparents and their grandchildren. Throughout the week, the young and young-at-heart will have the opportunity to collaborate on nature-inspired crafts, learn about local flora and fauna, and participate in team-building games that strengthen familial bonds. Each participant should bring lunch, drinking water, a small snack, and a backpack daily. **Camp meets at Elsie Stuhr Center. Cancellations made at least 14 days before start date will be refunded. Registration fee is per child, adult participation required, up to 2 children per adult.**

6/24-6/26	W/TH/F	9 am-1 pm 6-10 yrs	ES17601
	Elsie Stuhr Center	ID/AP: \$136 OD: \$170	
7/15-7/17	W/TH/F	9 am-1 pm 6-10 yrs	ES17602
	Elsie Stuhr Center	ID/AP: \$136 OD: \$170	
8/5-8/7	W/TH/F	9 am-1 pm 6-10 yrs	ES17603
	Elsie Stuhr Center	ID/AP: \$136 OD: \$170	



Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

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Nature Mobile

The Nature Mobile is a mobile classroom that allows THPRD's Nature Center staff to bring environmental education programs to schools, parks, libraries, and neighborhoods throughout the park district.

Look for the Nature Mobile at your neighborhood park and join us for Free nature programs! Children of all ages are welcome with an adult. To view the locations, times, and topics schedule, visit our website: www.thprd.org/facilities/nature/nature-mobile or call 503-629-6350.



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Summer Camps

Tualatin Hills Athletic Center Camps at a Glance

503-629-6330

Age	6-10 yrs Half-Day	6-10 yrs	6-14 yrs	7-17 yrs	10-16 yrs
Week 1 6/15-6/18 No camp 6/19			Basketball Camp Sports Madness OUTDOOR Imagination Adventures	Badminton Camp AM/PM/All Day	
Week 2 6/22-6/26	Soccer Mini Camp 9a-12p	Sports and Nature Camp Wild World Cup	Sports Madness INDOOR Imagination Adventures	Badminton Camp AM/PM/All Day	Soccer Camp
Week 3 6/29-7/2 No camp 7/3	Flag Football Mini Camp 9a-12p	Sports and Nature Camp Ready, Set, Grow!	Sports Madness OUTDOOR Basketball Camp Imagination Adventures	Badminton Camp AM/PM/All Day	
Week 4 7/6-7/10	Soccer Mini Camp 9a-12p	Sports and Nature Camp Animal Athletes	Sports Madness INDOOR	Badminton Camp AM/PM/All Day	Volleyball Camp 1-4p
Week 5 7/13-7/17	Flag Football Mini Camp 9a-12p	Sports and Nature Camp Wild World Cup	Basketball Camp	Badminton Camp AM/PM/All Day	Volleyball Camp 1-4p
Week 6 7/20-7/24	Soccer Mini Camp 9a-12p	Sports and Nature Camp Cold-blooded Competition	Sports Madness INDOOR	Badminton Camp AM/PM/All Day	Flag Football Camp GIRLS ONLY 1-4p
Week 7 7/27-7/31	Soccer Mini Camp 9a-12p	Sports and Nature Camp Ready, Set, Grow!	Sports Madness INDOOR	Badminton Camp AM/PM/All Day	Volleyball Camp 1-4p
Week 8 8/3-8/7	Soccer Mini Camp 9a-12p	Sports and Nature Camp Animal Athletes	Basketball Camp *No camp 8/6 or 8/7	Badminton Camp AM/PM/All Day	Flag Football Camp
Week 9 8/10-8/14	Soccer Mini Camp 9a-12p	Sports and Nature Camp Cold-blooded Competition	Sports Madness INDOOR	Badminton Camp AM/PM/All Day	Volleyball Camp 1-4p
Week 10 8/17-8/21 No Camp 8/20 or 8/21	Soccer Mini Camp 9a-12p		Sports Madness OUTDOOR	Badminton Camp AM/PM/All Day	

Mini Camps are 1/2 day camps.

Badminton Camps are Monday-Thursday

Camps run for 5 days unless noted.

Before camp available 7:30a-9a

After camp available 4p-6p

Week 8 Basketball Camp is for 3 days only.

Week 10 camps 3 days.

Camps are spread across the age divisions on this page.

Check the Class List information for specific dates and times.

15707 SW Walker Rd, Beaverton

Summer Camps

Tualatin Hills Athletic Center

503-629-6330

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29.

Before Camp Care

Extended care is available for campers. Drop off your child as early as 7:30 AM and kick-start their day with fun, supervised activities before their camp adventure officially begins! Transportation to off-site programs is not included. **No camp 6/19, 7/3, 8/20, 8/21.**

6/15-6/18	M-Th	7:30-9 am	6-14 yrs	AC18201B
Rm 101		ID/AP: \$36	OD: \$45	
6/22-6/26	M-F	7:30-9 am	6-14 yrs	AC18202B
Rm 101		ID/AP: \$45	OD: \$56.25	
6/29-7/2	M-Th	7:30-9 am	6-14 yrs	AC18203B
Rm 101		ID/AP: \$36	OD: \$45	
7/6-7/10	M-F	7:30-9 am	6-14 yrs	AC18204B
Rm 101		ID/AP: \$45	OD: \$56.25	
7/13-7/17	M-F	7:30-9 am	6-14 yrs	AC18205B
Rm 101		ID/AP: \$45	OD: \$56.25	
7/20-7/24	M-F	7:30-9 am	6-14 yrs	AC18206B
Rm 101		ID/AP: \$45	OD: \$56.25	
7/27-7/31	M-F	7:30-9 am	6-14 yrs	AC18207B
Rm 101		ID/AP: \$45	OD: \$56.25	
8/3-8/7	M-F	7:30-9 am	6-14 yrs	AC18208B
Rm 101		ID/AP: \$45	OD: \$56.25	
8/10-8/14	M-F	7:30-9 am	6-14 yrs	AC18209B
Rm 101		ID/AP: \$45	OD: \$56.25	
8/17-8/19	M/T/W	7:30-9 am	6-14 yrs	AC18210B
Rm 101		ID/AP: \$27	OD: \$33.75	

After Camp Care

Need a little extra time before picking up your child from the afternoon camp? No problem! We will escort your child from their camp, which ends at 4 pm, and provide fun, supervised activities. Transportation from off-site programs is not included. **No camp 6/19, 7/3, 8/20, 8/21.**

6/15-6/18	M-Th	4-6 pm	6-14 yrs	AC18201A
Rm 101		ID/AP: \$48	OD: \$60	
6/22-6/26	M-F	4-6 pm	6-14 yrs	AC18202A
Rm 101		ID/AP: \$60	OD: \$75	
6/29-7/2	M-Th	4-6 pm	6-14 yrs	AC18203A
Rm 101		ID/AP: \$48	OD: \$60	
7/6-7/10	M-F	4-6 pm	6-14 yrs	AC18204A
Rm 101		ID/AP: \$60	OD: \$75	
7/13-7/17	M-F	4-6 pm	6-14 yrs	AC18205A
Rm 101		ID/AP: \$60	OD: \$75	
7/20-7/24	M-F	4-6 pm	6-14 yrs	AC18206A
Rm 101		ID/AP: \$60	OD: \$75	
7/27-7/31	M-F	4-6 pm	6-14 yrs	AC18207A
Rm 101		ID/AP: \$60	OD: \$75	
8/3-8/7	M-F	4-6 pm	6-14 yrs	AC18208A
Rm 101		ID/AP: \$60	OD: \$75	
8/10-8/14	M-F	4-6 pm	6-14 yrs	AC18209A
Rm 101		ID/AP: \$60	OD: \$75	
8/17-8/19	M/T/W	4-6 pm	6-14 yrs	AC18210A
Rm 101		ID/AP: \$36	OD: \$45	

Half-Day Camp

Soccer Mini Camp

Campers will develop soccer skills, focusing on passing, dribbling, conditioning, and offensive and defensive strategies. In addition to soccer skills, your child will learn teamwork, self-confidence, and sportsmanship.

6/22-6/26	M-F	9 am-12 pm	6-10 yrs	AC17102
Soccer Field		ID/AP: \$167	OD: \$208.75	
7/6-7/10	M-F	9 am-12 pm	6-10 yrs	AC17104
Soccer Field		ID/AP: \$167	OD: \$208.75	
7/20-7/24	M-F	9 am-12 pm	6-10 yrs	AC17106
Soccer Field		ID/AP: \$167	OD: \$208.75	
7/27-7/31	M-F	9 am-12 pm	6-10 yrs	AC17107
Soccer Field		ID/AP: \$167	OD: \$208.75	
8/3-8/7	M-F	9 am-12 pm	6-10 yrs	AC17108
Soccer Field		ID/AP: \$167	OD: \$208.75	
8/10-8/14	M-F	9 am-12 pm	6-10 yrs	AC17109
Soccer Field		ID/AP: \$167	OD: \$208.75	
8/17-8/19	M/T/W	9 am-12 pm	6-10 yrs	AC17110
Soccer Field		ID/AP: \$100	OD: \$125	

Flag Football Mini Camp

This camp is perfect for beginners looking to learn the game, as well as intermediate players who want to sharpen their skills. No prior experience is necessary-just bring your enthusiasm and a willingness to learn! Participants will learn the fundamentals of the game, including passing, catching, running plays, and defensive techniques, all while building sportsmanship and confidence.

6/29-7/2	M-Th	9 am-12 pm	6-10 yrs	AC17103
Soccer Field		ID/AP: \$134	OD: \$167.50	
7/13-7/17	M-F	9 am-12 pm	6-10 yrs	AC17105
Soccer Field		ID/AP: \$167	OD: \$208.75	

Volleyball Camp

Join us for an exciting and action-packed Volleyball Camp designed for players of all skill levels! Our camp focuses on building strong fundamentals, improving technique, and fostering teamwork in a fun and supportive environment. Whether you're a beginner or looking to sharpen your skills, this camp is the perfect opportunity to elevate your game!

7/6-7/10	M-F	1-4 pm	10-16 yrs	AC17404
Ct 5 -Indoor		ID/AP: \$167	OD: \$208.75	
7/13-7/17	M-F	1-4 pm	10-16 yrs	AC17405
Ct 3 -Indoor		ID/AP: \$167	OD: \$208.75	
7/27-7/31	M-F	1-4 pm	10-16 yrs	AC17407
Ct 5 -Indoor		ID/AP: \$167	OD: \$208.75	
8/10-8/14	M-F	1-4 pm	10-16 yrs	AC17409
Ct 5 -Indoor		ID/AP: \$167	OD: \$208.75	

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Summer Camps

Tualatin Hills Athletic Center

503-629-6330

Flag Football – Girls Only

Campers will develop football skills focusing on passing, receiving, kicking, skilled positions, and offensive and defensive strategies. Your child will learn teamwork, self-confidence, sportsmanship, and football skills. The camp will be non-contact. Girls' Flag Football is an OSAA emerging sport.

7/20-7/24	M-F	1-4 pm	10-17 yrs	AC17406
Soccer Field		ID/AP: \$167	OD: \$208.75	



Day Camps

Sports & Nature Camps



Campers will discover and play several sports and explore nearby natural areas. You can expect to combine fun movements and games with exciting nature components. Some camp themes will repeat over the summer; camps with the same theme will have the same content. Bring lunch, a water bottle, two snacks, and a backpack daily. This joint camp is run by the Athletic Center and Nature Center staff. The camp will be held outside at the HMT campus. Before and after-care will be available on-site this summer for an extra fee.

Sports & Nature - Animal Athletes

Discover the wild athletes that live right here in Oregon! From lightning-quick falcons to powerful bears and leaping frogs, we'll explore how local animals use balance, strength, and speed to survive. On the courts and fields, we'll practice those same skills through a variety of sports and agility games, testing how we measure up to these incredible animal athletes!

7/6-7/10	M-F	9 am-4 pm	6-10 yrs	SN17204
Soccer Field		ID/AP: \$345	OD: \$431.25	
8/3-8/7	M-F	9 am-4 pm	6-10 yrs	SN17208
Soccer Field		ID/AP: \$345	OD: \$431.25	

Sports & Nature - Cold-blooded Competition

Get ready to slither, hop, and bask like Oregon's cold-blooded creatures! Discover the amazing world of reptiles and amphibians! We'll learn how these animals survive in Oregon's forests, fields, and rivers while trying out their skills ourselves. On the courts, we will battle it out with different sports and a variety of games, testing our agility, teamwork, and quick reflexes just like our scaly and slippery neighbors.

7/20-7/24	M-F	9 am-4 pm	6-10 yrs	SN17206
Soccer Field		ID/AP: \$345	OD: \$431.25	
8/10-8/14	M-F	9 am-4 pm	6-10 yrs	SN17209
Soccer Field		ID/AP: \$345	OD: \$431.25	

Sports & Nature - Ready, Set, Grow!

Taking inspiration from plants to grow our own strength, balance, and endurance! On the field, we'll play sports and challenging games, focusing on teamwork and building skills that help us "grow" as athletes. In nature, we'll explore plants and forests and how they thrive in their environments through fun activities, crafts, and outdoor discoveries. *No camp on 7/3.*

6/29-7/2	M-Th	9 am-4 pm	6-10 yrs	SN17203
Soccer Field		ID/AP: \$276	OD: \$345	
7/27-7/31	M-F	9 am-4 pm	6-10 yrs	SN17207
Soccer Field		ID/AP: \$345	OD: \$431.25	

Sports & Nature - Wild World Cup

Celebrate the World Cup while exploring the natural world! Campers travel from one "stadium" to another, playing international-style games and tackling fun challenges. Along the way, discover which local plants and animals also exist in other parts of the world, learning about shared habitats and surprising global connections. Who will win the trophy in the great outdoors?

6/22-6/26	M-F	9 am-4 pm	6-10 yrs	SN17202
Soccer Field		ID/AP: \$345	OD: \$431.25	
7/13-7/17	M-F	9 am-4 pm	6-10 yrs	SN17205
Soccer Field		ID/AP: \$345	OD: \$431.25	



Sports Camps

Get ready for an unforgettable summer filled with fun, fitness, and friendship! Our Summer Sports Camps are designed to keep kids active while learning new skills in a positive and energetic environment. Whether your child is trying a new sport or sharpening their skills, this is the perfect way to stay active and make new friends this summer!



Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Tualatin Hills Athletic Center

503-629-6330

Basketball Camp

Campers will be grouped with kids of similar ages to develop basketball skills to shoot, pass, dribble, rebound, and defend. Campers will learn teamwork, rebound, and build confidence. No camp on 6/19 or 7/3.

6/15-6/18	M-Th	9 am-4 pm	6-14 yrs	AC17201
Ct 4 -Indoor		ID/AP: \$298	OD: \$372.50	
6/29-7/2	M-Th	9 am-4 pm	6-14 yrs	AC17203
Ct 4 -Indoor		ID/AP: \$298	OD: \$372.50	
7/13-7/17	M-F	9 am-4 pm	6-14 yrs	AC17205
Ct 6 -Indoor		ID/AP: \$373	OD: \$466.25	
8/3-8/5	M/T/W	9 am-4 pm	6-14 yrs	AC17208
Ct 4 -Indoor		ID/AP: \$224	OD: \$280	

Flag Football Camp

Campers will develop football skills focusing on passing, receiving, kicking, skilled positions, and offensive and defensive strategies. Your child will learn teamwork, self-confidence, sportsmanship, and football skills. The camp will be non-contact.

8/3-8/7	M-F	9 am-4 pm	10-16 yrs	AC17408
Soccer Field		ID/AP: \$373	OD: \$466.25	

Soccer Camp

Campers will develop soccer skills focusing on passing, dribbling, conditioning, and offensive and defensive strategies. Along with soccer skills, your child will learn teamwork, self-confidence, and sportsmanship.

6/22-6/26	M-F	9 am-4 pm	10-16 yrs	AC17402
Soccer Field		ID/AP: \$373	OD: \$466.25	

Sports Madness Camp - Indoor

Sports Madness camp serves as an introduction to a variety of sports for children who want to learn. The camp environment and curriculum are based on sports instruction and fun, with the aim of planting the seeds for a lifetime of sports passion, appreciation, and, above all, participation. Campers will be divided by age and participate in a variety of fun games and activities while making new friends.

6/22-6/26	M-F	9 am-4 pm	6-14 yrs	AC17302
Ct 4 -Indoor		ID/AP: \$373	OD: \$466.25	
7/6-7/10	M-F	9 am-4 pm	6-14 yrs	AC17304
Ct 4 -Indoor		ID/AP: \$373	OD: \$466.25	
7/20-7/24	M-F	9 am-4 pm	6-14 yrs	AC17306
Ct 4 -Indoor		ID/AP: \$373	OD: \$466.25	
7/27-7/31	M-F	9 am-4 pm	6-14 yrs	AC17307
Ct 4 -Indoor		ID/AP: \$373	OD: \$466.25	
8/10-8/14	M-F	9 am-4 pm	6-14 yrs	AC17309
Ct 4 -Indoor		ID/AP: \$373	OD: \$466.25	

Sports Madness Camp - Outdoor

Sports Madness camp serves as an introduction to a variety of sports for children who want to learn. The camp environment and curriculum are based on sports instruction and fun, with the aim of planting the seeds for a lifetime of sports passion, appreciation, and, above all, participation. Campers will be divided by age and participate in a variety of fun games and activities while making new friends. **No camp 6/19 or 7/3.**

6/15-6/18	M-Th	9 am-4 pm	6-14 yrs	AC17301
Soccer Field		ID/AP: \$298	OD: \$372.50	

6/29-7/2	M-Th	9 am-4 pm	6-14 yrs	AC17303
Soccer Field		ID/AP: \$298	OD: \$372.50	
8/17-8/19	M/T/W	9 am-4 pm	6-14 yrs	AC17310
Soccer Field		ID/AP: \$224	OD: \$280	

Imagination Adventure Camp

Imagination Adventures is an immersive live-action role play game where young adventurers get to create a fictional hero and embark on epic adventures to save the province of Orenwood (a fictional counterpart to Oregon state). These adventures will be overflowing with puzzles and conundrums to get adventurers' brains working on riddles, problem-solving, fictional conflict resolution, and more, building the necessary skills for lifelong success. Each week-long day camp is a wholly original story from start to finish, crafted specially for age-appropriate learning, and the adventurers' choices shape the world of Orenwood and their own epic quests!

Week 1: King of Rogues

For week #1, the adventurers are pulled into a battle for the throne of the Rogue King in the underbelly of Port Crossing. They choose their allies and factions to fight for the rights of the common folk who depend on the Rogue King for help. **No camp 9/19.**

6/15-6/18	M-Th	8:30 am-4:30 pm	6-14 yrs	AC17701
HMT		ID/AP: \$350	OD: \$437.50	

Week 2: Royal Intrigue

This week, King Shieldbasher, of the dwarves, is very concerned about the disappearance of Lady Emeraldhide, his ambassador to King Maxalla, of the humans. He has enlisted the adventurers to seek out job postings in the human King's castle and get to the bottom of the ambassador's disappearance.

6/22-6/26	M-F	8:30 am-4:30 pm	6-14 yrs	AC17702
HMT		ID/AP: \$435	OD: \$543.75	

Week 3: The Inventor's Tower

This week, the University has hired the adventurers to seek out the notes and inventions of a long-missing Professor of Artifice, Professor Cyrus Ropeshire. Professor Ropeshire, a halfling originally from rural Orenwood, went into his custom-built tower one day five years ago and never came out again. They must find the professor or his notes for the university faculty or be lost to the tower themselves. **No camp 7/3.**

6/29-7/2	M-Th	8:30 am-4:30 pm	6-14 yrs	AC17703
HMT		ID/AP: \$350	OD: \$437.50	

Look for more Imagination Adventure camps at Conestoga Recreation Center and Garden Home Recreation Center.

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Summer Camps

Tualatin Hills Athletic Center

503-629-6330

OBA Badminton Camp

Get active and play badminton while having fun learning a new sport! Campers will experience significant improvement in their games and coordination throughout the week while learning proper techniques and rules of the game (warm-up drills, footwork, hand-eye coordination, grip, serves, net/clear shots, smash shots). Camps are held at the Oregon Badminton Academy, 11150 SW Allen Blvd, Beaverton, 97005. A \$40 one-time registration fee will be collected by OBA on the first day of camp. This fee applies only to the summer term.

All Day Badminton Camp

Players will learn from high-level coaches who create a fun learning environment for all levels. Bring lunch, water, a snack, your own racket, and non-marking shoes.

6/15-6/18	M-Th	9 am-4 pm	7-17 yrs	AC17271
OffSite	ID/AP: \$500	OD: \$625		
6/22-6/25	M-Th	9 am-4 pm	7-17 yrs	AC17272
OffSite	ID/AP: \$500	OD: \$625		
6/29-7/2	M-Th	9 am-4 pm	7-17 yrs	AC17273
OffSite	ID/AP: \$500	OD: \$625		
7/6-7/9	M-Th	9 am-4 pm	7-17 yrs	AC17274
OffSite	ID/AP: \$500	OD: \$625		
7/13-7/16	M-Th	9 am-4 pm	7-17 yrs	AC17275
OffSite	ID/AP: \$500	OD: \$625		
7/20-7/23	M-Th	9 am-4 pm	7-17 yrs	AC17276
OffSite	ID/AP: \$500	OD: \$625		
7/27-7/30	M-Th	9 am-4 pm	7-17 yrs	AC17277
OffSite	ID/AP: \$500	OD: \$625		
8/3-8/6	M-Th	9 am-4 pm	7-17 yrs	AC17278
OffSite	ID/AP: \$500	OD: \$625		
8/10-8/13	M-Th	9 am-4 pm	7-17 yrs	AC17279
OffSite	ID/AP: \$500	OD: \$625		
8/17-8/20	M-Th	9 am-4 pm	7-17 yrs	AC17280
OffSite	ID/AP: \$500	OD: \$625		

Half-Day Badminton Camp AM

Players will learn from high-level coaches who create a fun learning environment for all levels. Bring water, a snack, your own racket, and non-marking shoes.

6/15-6/18	M-Th	9 am-12 pm	7-17 yrs	AC17251
OffSite	ID/AP: \$260	OD: \$325		
6/22-6/25	M-Th	9 am-12 pm	7-17 yrs	AC17252
OffSite	ID/AP: \$260	OD: \$325		
6/29-7/2	M-Th	9 am-12 pm	7-17 yrs	AC17253
OffSite	ID/AP: \$260	OD: \$325		
7/6-7/9	M-Th	9 am-12 pm	7-17 yrs	AC17254
OffSite	ID/AP: \$260	OD: \$325		
7/13-7/16	M-Th	9 am-12 pm	7-17 yrs	AC17255
OffSite	ID/AP: \$260	OD: \$325		
7/20-7/23	M-Th	9 am-12 pm	7-17 yrs	AC17256
OffSite	ID/AP: \$260	OD: \$325		
7/27-7/30	M-Th	9 am-12 pm	7-17 yrs	AC17257
OffSite	ID/AP: \$260	OD: \$325		
8/3-8/6	M-Th	9 am-12 pm	7-17 yrs	AC17258
OffSite	ID/AP: \$260	OD: \$325		
8/10-8/13	M-Th	9 am-12 pm	7-17 yrs	AC17259
OffSite	ID/AP: \$260	OD: \$325		
8/17-8/20	M-Th	9 am-12 pm	7-17 yrs	AC17260
OffSite	ID/AP: \$260	OD: \$325		



Half Day Badminton Camp PM

Players will learn from high-level coaches who create a fun learning environment for all levels. Bring water, a snack, your own racket, and non-marking shoes.

6/15-6/18	M-Th	1-4 pm	7-17 yrs	AC17261
OffSite	ID/AP: \$260	OD: \$325		
6/22-6/25	M-Th	1-4 pm	7-17 yrs	AC17262
OffSite	ID/AP: \$260	OD: \$325		
6/29-7/2	M-Th	1-4 pm	7-17 yrs	AC17263
OffSite	ID/AP: \$260	OD: \$325		
7/6-7/9	M-Th	1-4 pm	7-17 yrs	AC17264
OffSite	ID/AP: \$260	OD: \$325		
7/13-7/16	M-Th	1-4 pm	7-17 yrs	AC17265
OffSite	ID/AP: \$260	OD: \$325		
7/20-7/23	M-Th	1-4 pm	7-17 yrs	AC17266
OffSite	ID/AP: \$260	OD: \$325		
7/27-7/30	M-Th	1-4 pm	7-17 yrs	AC17267
OffSite	ID/AP: \$260	OD: \$325		
8/3-8/6	M-Th	1-4 pm	7-17 yrs	AC17268
OffSite	ID/AP: \$260	OD: \$325		
8/10-8/13	M-Th	1-4 pm	7-17 yrs	AC17269
OffSite	ID/AP: \$260	OD: \$325		
8/17-8/20	M-Th	1-4 pm	7-17 yrs	AC17270
OffSite	ID/AP: \$260	OD: \$325		

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Summer Camps

Camp Rivendale

503-629-6341



Camp Rivendale



Camp Rivendale is a summer program providing recreational opportunities for children, adolescents, and young adults experiencing disabilities. Campers are encouraged to explore music, visual arts, sports, games, nature, and water. Campers can expect a weekly outing in the community, exploring the estate and adapted activities. Weekly activities are designed to engage campers in recreational activities and build confidence. Staff and volunteers help cultivate peer relationships which allow campers to feel individually supported while promoting dignity, inclusivity, and adventure.

Registration Process:

1. Summer registration opens (April 11, 2026). Register for camp online or in person at any THPRD facility. Camp fills up quickly so please **do not** wait to register. For information about financial aid, please refer to page 192.
2. Once your registration is received, Inclusion Staff will email a copy of the Camp Rivendale Application to you. This needs to be completed and returned within **two weeks** of your registration in order to ensure a fun experience for your camper.
3. At Camp Rivendale we prioritize the safety, equity and inclusion of our campers. In order to adhere to THPRD standards the capacity for camp is 30 campers. Once capacity is reached for each session you will be added to a waitlist and informed should space become available.
4. All deferred payments must be paid on the Monday prior to your session start date.

Session 1: Camp Rivendale Wildflowers (Ages 6-12)

Week 1				
6/22-6/26	M-F	9 am-1 pm	6-12 yrs	CR17700
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 2				
6/29-7/2	M-Th	9 am-1 pm	6-12 yrs	CR17701
Jenkins Estate		ID/AP: \$230	OD: \$310	
Week 3				
7/13-7/17	M-F	9 am-1 pm	6-12 yrs	CR17702
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 4				
7/27-7/31	M-F	9 am-1 pm	6-12 yrs	CR17703
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 5				
8/10-8/14	M-F	9 am-1 pm	6-12 yrs	CR17704
Jenkins Estate		ID/AP: \$288	OD: \$400	

Session 2: Camp Rivendale Rangers (Ages 13-20)

Week 1				
7/6-7/10	M-F	9 am-1 pm	13-20 yrs	CR17706
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 2				
7/20-7/24	M-F	9 am-1 pm	13-20 yrs	CR17707
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 3				
8/3-8/7	M-F	9 am-1 pm	13-20 yrs	CR17708
Jenkins Estate		ID/AP: \$288	OD: \$400	
Week 4				
8/17-8/21	M-F	9 am-1 pm	13-20 yrs	CR17709
Jenkins Estate		ID/AP: \$288	OD: \$400	

Camp Rivendale is located at the historic Jenkins Estate

Address: 8005 SW Grabhorn Road, Beaverton OR 97007

Camp entrance located at the cross street of SW Grabhorn Road and SW Tremont Way.

Have Questions?

Email: camprivendale@thprd.org or **Call:** 503-629-6341

Adventure Days TR Camp

TR Adventure Days are all about getting out, trying new things, and growing together. Through accessible adventure and community experiences, adults build confidence, skills, and connections while having fun along the way. Get out, explore, and experience the gems of the Pacific Northwest, with each outing taking us somewhere new! Participants will meet at the Camp Rivendale, where transportation will be provided to and from each outing. All adventures return to the Camp Rivendale for pick-up by 3:00 p.m. Please remember to bring a lunch, snacks, and water. **This therapeutic recreation program is designed for adults ages 16 and older with disabilities. Pre-registration is required.**

8/17 (1)	M	9 am-3 pm	21+	TR17700
Jenkins Estate		ID/AP: \$62	OD: \$86.25	
8/18 (1)	T	9 am-3 pm	21+	TR17701
Jenkins Estate		ID/AP: \$62	OD: \$86.25	
8/19 (1)	W	9 am-3 pm	21+	TR17702
Jenkins Estate		ID/AP: \$62	OD: \$86.25	
8/20 (1)	Th	9 am-3 pm	21+	TR17703
Jenkins Estate		ID/AP: \$62	OD: \$86.25	
8/21 (1)	F	9 am-3 pm	21+	TR17704
Jenkins Estate		ID/AP: \$62	OD: \$86.25	

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Summer Camps

Babette Horenstein Tennis Center

503-629-6331

Full-Day Outdoor Tennis Camps

Full Day Camp Deposit

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29. Deposits are applied to the full-day camps below:

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis/Swim Camp (All Levels)

@ Somerset West

18300 NW Park View Blvd, Portland, OR 97229

Dive into an action-packed summer with our full day Tennis and Swim Camps. In the morning, students will work on tennis skills, hand-eye coordination drills, tennis games, field games and activities. After a lunch break in the afternoon, it's time to cool off with some fun outdoor pool activities including instruction, water sports and other water activities.

Please bring a snack, lunch & water bottle to camp each day, as well as swim gear (suit, towel, etc.).

Age 7-10

TC17270	7/13-7/17	M-F	9 am-4 pm	\$456	\$570	5
TC17272	7/27-7/31	M-F	9 am-4 pm	\$456	\$570	5
TC17274	8/10-8/14	M-F	9 am-4 pm	\$456	\$570	5

Age 11-14

TC17271	7/20-7/24	M-F	9 am-4 pm	\$456	\$570	5
TC17273	8/3-8/7	M-F	9 am-4 pm	\$456	\$570	5

Tennis Multi Sport Camp (All Levels)

@ Raleigh Park

3500 SW 78th Ave, Portland, OR 97225

Dive into an action-packed summer with our full day Multi Sport Camps. In the morning, students will work on Tennis and Pickleball skills, hand-eye coordination drills, Tennis/Pickleball games, and field games along with other activities. After a lunch break in the afternoon, it's time to cool off with some fun outdoor pool activities including instruction, water sports and other water activities.

Please bring a snack, lunch & water bottle to camp each day, as well as swim gear (suit, towel, etc.).

Age 7-10

TC17275	7/13-7/17	M-F	9 am-4 pm	\$456	\$570	5
TC17276	7/20-7/24	M-F	9 am-4 pm	\$456	\$570	5
TC17278	8/3-8/7	M-F	9 am-4 pm	\$456	\$570	5

Age 11-14

TC17277	7/27-7/31	M-F	9 am-4 pm	\$456	\$570	5
TC17279	8/10-8/14	M-F	9 am-4 pm	\$456	\$570	5

Half-Day Outdoor Tennis Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Camp (All Levels)

@ Sunset Park

13707 NW Science Park Dr, Portland, OR 97229

Are you seeking a week-long camp to enhance and develop your tennis skills? Camp will run for 4 hours each day. Players will work on tennis skills, hand-eye coordination drills, tennis games and field games and activities.

Please bring a snack & water bottle to camp each day.

Age 7-10

TC17250	6/15-6/19	M-F	9 am-1 pm	\$271	\$338.75	5
TC17252	6/22-6/26	M-F	9 am-1 pm	\$271	\$338.75	5
TC17254	6/29-7/2	M-Th	9 am-1 pm	\$218	\$272.50	4
TC17256	7/6-7/10	M-F	9 am-1 pm	\$271	\$338.75	5
TC17258	7/13-7/17	M-F	9 am-1 pm	\$271	\$338.75	5
TC17260	7/20-7/24	M-F	9 am-1 pm	\$271	\$338.75	5
TC17262	7/27-7/31	M-F	9 am-1 pm	\$271	\$338.75	5
TC17264	8/3-8/7	M-F	9 am-1 pm	\$271	\$338.75	5
TC17266	8/10-8/14	M-F	9 am-1 pm	\$271	\$338.75	5
TC17268	8/17-8/21	M-F	9 am-1 pm	\$271	\$338.75	5

Age 11-13

TC17251	6/15-6/19	M-F	9 am-1 pm	\$271	\$338.75	5
TC17253	6/22-6/26	M-F	9 am-1 pm	\$271	\$338.75	5
TC17255	6/29-7/2	M-Th	9 am-1 pm	\$218	\$272.50	4
TC17257	7/6-7/10	M-F	9 am-1 pm	\$271	\$338.75	5
TC17259	7/13-7/17	M-F	9 am-1 pm	\$271	\$338.75	5
TC17261	7/20-7/24	M-F	9 am-1 pm	\$271	\$338.75	5
TC17263	7/27-7/31	M-F	9 am-1 pm	\$271	\$338.75	5
TC17265	8/3-8/7	M-F	9 am-1 pm	\$271	\$338.75	5
TC17267	8/10-8/14	M-F	9 am-1 pm	\$271	\$338.75	5
TC17269	8/17-8/21	M-F	9 am-1 pm	\$271	\$338.75	5



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Summer Camps

Babette Horenstein Tennis Center

503-629-6331

Indoor Tennis Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Camp Level 1.5

For players progressing from Level 1 who have demonstrated basic serve, rally, and score competencies. In this weeklong camp players continue to develop overall athletic abilities and tennis-specific skills. This class puts additional emphasis on technical development along with consistency, directional control, and match play skills.

Age 7-10

TC17200	6/15-6/18	M-Th	9-10:30 am	\$94	\$117.50	4
TC17201	6/22-6/25	M-Th	9-10:30 am	\$94	\$117.50	4
TC17202	6/29-7/2	M-Th	9-10:30 am	\$94	\$117.50	4
TC17203	7/6-7/9	M-Th	9-10:30 am	\$94	\$117.50	4
TC17204	7/13-7/16	M-Th	9-10:30 am	\$94	\$117.50	4
TC17205	7/20-7/23	M-Th	9-10:30 am	\$94	\$117.50	4
TC17206	7/27-7/30	M-Th	9-10:30 am	\$94	\$117.50	4
TC17207	8/3-8/6	M-Th	9-10:30 am	\$94	\$117.50	4
TC17208	8/10-8/13	M-Th	9-10:30 am	\$94	\$117.50	4
TC17209	8/17-8/20	M-Th	9-10:30 am	\$94	\$117.50	4

Age 11-13

TC17220	6/15-6/18	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17221	6/22-6/25	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17222	6/29-7/2	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17223	7/6-7/9	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17224	7/13-7/16	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17225	7/20-7/23	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17226	7/27-7/30	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17227	8/3-8/6	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17228	8/10-8/13	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17229	8/17-8/20	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4



Indoor Tennis Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Camp Level 2

Come out and join the staff for this weeklong indoor camp. Players work on shot consistency, offensive and defensive shots, doubles and singles movement, and specialty shots. Students will be introduced to game scoring along with an emphasis on rallying in different scenarios. This camp is taught with an emphasis on point play and rallying while continuing to develop the skills.

Age 7-10

TC17210	6/15-6/18	M-Th	9-10:30 am	\$94	\$117.50	4
TC17211	6/22-6/25	M-Th	9-10:30 am	\$94	\$117.50	4
TC17212	6/29-7/2	M-Th	9-10:30 am	\$94	\$117.50	4
TC17213	7/6-7/9	M-Th	9-10:30 am	\$94	\$117.50	4
TC17214	7/13-7/16	M-Th	9-10:30 am	\$94	\$117.50	4
TC17215	7/20-7/23	M-Th	9-10:30 am	\$94	\$117.50	4
TC17216	7/27-7/30	M-Th	9-10:30 am	\$94	\$117.50	4
TC17217	8/3-8/6	M-Th	9-10:30 am	\$94	\$117.50	4
TC17218	8/10-8/13	M-Th	9-10:30 am	\$94	\$117.50	4
TC17219	8/17-8/20	M-Th	9-10:30 am	\$94	\$117.50	4

Age 11-13

TC17230	6/15-6/18	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17231	6/22-6/25	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17232	6/29-7/2	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17233	7/6-7/9	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17234	7/13-7/16	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17235	7/20-7/23	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17236	7/27-7/30	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17237	8/3-8/6	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17238	8/10-8/13	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17239	8/17-8/20	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4

Tennis Camp Level 4

This camp is for players who aspire to play on their high school team and have passed competencies from Level 3. Players will focus on developing more sophisticated shot selections, tactics, and strategies as they continue to learn with a rally and match play curriculum. Players will refine their footwork and athletic skills needed to play at a competitive high school level.

Age 9-13

TC17241	6/22-6/25	M-Th	4-6 pm	\$77	\$96.25	4
TC17243	7/6-7/9	M-Th	4-6 pm	\$77	\$96.25	4
TC17245	7/20-7/23	M-Th	4-6 pm	\$77	\$96.25	4
TC17247	8/3-8/6	M-Th	4-6 pm	\$77	\$96.25	4
TC17249	8/17-8/20	M-Th	4-6 pm	\$77	\$96.25	4

Age 14-17

TC17240	6/15-6/18	M-Th	4-6 pm	\$77	\$96.25	4
TC17242	6/29-7/2	M-Th	4-6 pm	\$77	\$96.25	4
TC17244	7/13-7/16	M-Th	4-6 pm	\$77	\$96.25	4
TC17246	7/27-7/30	M-Th	4-6 pm	\$77	\$96.25	4
TC17248	8/10-8/13	M-Th	4-6 pm	\$77	\$96.25	4

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

Adaptive & Inclusive Recreation Services

Inclusion Services is committed towards providing a continuum of staff support to children, teens, and adults with disabilities in order to make all THPRD programming more accessible. We believe in meeting the diverse needs of the community we serve, which promotes the dignity, success and enjoyment of all participants. Individualized support is available for patrons experiencing disability in the registered class(es) of their choice. Available at all THPRD sites throughout the district. At this time, Inclusion Services does not provide Inclusion Assistants for any swim programs. For more information about Inclusion Services, scan the QR code below, email inclusion@thprd.org or call 503-629-6341.



Registration: A THPRD account is required for all programs / activity registrations. Please see page 196 for more information on registration.

Financial Aid Program: Financial assistance is available through the THPRD Scholarship Program for in-district participants who qualify. See information on page 192 or call the Administrative Office at 503-645-6433.

Adaptive & Inclusive Volunteers: Would you like to have a meaningful and positive impact in your community? Join us and have fun working with children, teens, and adults with disabilities. For more information, email us at volunteers@thprd.org.

TriMet Lift: Please schedule arrivals and pickups no more than 15 minutes before and no later than 15 minutes after registered/drop-in activities. Staff will not be available before or after that time.

Address for Tualatin Hills Athletic Center:
50 NW 158th Ave., Beaverton, 97006

Address for Elsie Stuhr Center:
5550 SW Hall Blvd., Beaverton, 97005

Address for Garden Home Recreation Center:
7475 SW Oleson Rd., Portland, 97223

Address for Mountain View Champion Park:
5915 SW 170th Ave. Beaverton, OR 97007

Please Note: For safety and liability reasons, THPRD staff reserve the right to exclude any individual who displays aggressive or challenging behaviors that are inappropriate to a community setting or put the leader or another participant at risk of injury. Alternative program options will be recommended whenever possible.

Adaptive and Inclusion Program Specialist: Sofia Nichols
Garden Home / Inclusion Supervisor: Karol Watts
For more information on any of these program, call
Inclusion at 503-629-6341 or email inclusion@thprd.org.

Non-THPRD Caregivers: THPRD does not provide personal care. Caregivers are welcome to join programs. Prior to attending a program, the caregiver participation form must be submitted to Inclusion and a background check must be cleared. Scan the QR code to complete the form.



Programs:

Monday Night Adult Therapeutic Recreation Classes (TR)

A recreation program for patrons 16 years of age and older with disabilities. Weekly events and off-site activities are offered throughout the year. On-site programs are located at the Elsie Stuhr Center 5550 SW Hall Blvd, Beaverton, OR 97005.

Wednesday Teen Therapeutic Recreation Classes (TR)

A fun and engaging recreation program for patron ages 13-20 years of age with disabilities. Participants enjoy a wide variety of inclusive activities offered throughout the year, all designed to try new things, stay active, and have fun in a supportive environment.

Drop-in Basketball

A recreational and socialization program for teen and adults ages 16+ with disabilities to play basketball. Games are held at Tualatin Hills Athletic Center, 50 NW 158th Ave., Beaverton, OR 97006.

Thursday Night Wheelchair Drop-in Basketball

A weekly drop-in program for people ages 16+ to play wheelchair basketball. Games are held at Tualatin Hills Athletic Center, 50 NW 158th Ave., Beaverton, OR 97006.

Camp Rivendale

A summer day camp providing recreational opportunities for patrons ages 6-20 with disabilities. For more information, email us at camprivendale@thprd.org.

Adaptive Teen Water Days

Teen Water Days is a supportive and energetic program where teens can cool down, enjoy water games, stay active, and connect with friends. Activities are inclusive and flexible, focusing on summer fun, beating the heat, and social time.

Newsletter:

Want to learn more information about Inclusion throughout the district? **Scan here to subscribe to our Inclusion Newsletter!**



Recreación Adaptada e Inclusiva

Servicios de Inclusión se compromete a proporcionar un continuo apoyo del personal a pequeñines, adolescentes y adultos con discapacidades con el fin de hacer más accesibles todos los programas de THPRD. Creemos en satisfacer las diversas necesidades de la comunidad a la que servimos, lo que promueve la dignidad, el éxito y el disfrute de todos los participantes. El apoyo individualizado está disponible para todas las personas con discapacidad en la(s) clase(s) registrada(s) de su elección. Disponible en todos los sitios de THPRD en todo el distrito. En este momento, los Servicios de Inclusión no proveen Asistentes de Inclusión para ningún programa de natación. Para más información sobre los Servicios de Inclusión, escanee el código QR que aparece abajo, envíe un correo a inclusion@thprd.org o llame al 503-629-6341.



Inscripción: Se requiere una cuenta de THPRD para todas las inscripciones a programas/actividades. Consulte la página 197 para obtener más información sobre la inscripción.

Programa de Asistencia Financiera: Hay asistencia financiera disponible a través del Programa de Becas de THPRD para participantes que viven dentro del distrito y califican. Vea la información en la página 193 o llame a la Oficina Administrativa al 503-645-6433.

Voluntarios para el programa de adaptación e inclusión: ¿Le gustaría tener un impacto positivo y significativo en su comunidad? Únete a nosotros y diviértete trabajando con niños, adolescentes y adultos con discapacidades. Para más información, escríbenos a volunteers@thprd.org

TriMet Lift: Por favor, programe llegadas y recogidas no más de 15 minutos antes y no más de 15 minutos después de las actividades registradas o sin cita previa. El personal no estará disponible fuera de ese horario.

Dirección del Athletic Center: 50 NW 158th Ave., Beaverton, 97006

Dirección del Elsie Stuhr Center: 5550 SW Hall Blvd., Beaverton, 97005

Dirección del Garden Home Recreation Center: 7475 SW Oleson Rd., Portland, 97223

Dirección del Mountain View Champion Park: 5915 SW 170th Ave., Beaverton, OR 97007

Nota: Por razones de seguridad y responsabilidad, el personal de THPRD se reserva el derecho de excluir a cualquier persona que demuestre comportamientos agresivos o desafiantes que no sean apropiados para un entorno comunitario o que pongan en riesgo de lesión al líder o a otro participante. Siempre que sea posible, se recomendarán opciones de programas alternativos.

Especialista en programas de adaptación e inclusión: Sofia Nichols
Supervisora de las instalaciones Garden Home: Karol Watts
Para obtener más información sobre cualquiera de estos programas, llame al Departamento de Inclusión al 503-629-6341 o envíe un correo electrónico a inclusion@thprd.org.

Cuidadores no afiliados a THPRD: THPRD no proporciona cuidadores personales. Los cuidadores son bienvenidos a participar en los programas. Antes de asistir a un programa, se debe entregar el formulario de participación del cuidador al equipo de Inclusión y completar una verificación de antecedentes.



Programas:

Clases de recreación terapéutica para adultos los lunes por la noche (TR)

Un programa de recreación para personas de 16 años o más con discapacidades del desarrollo. Se ofrecen eventos semanales y excursiones a otros sitios durante todo el año. Los programas en el sitio se llevan a cabo en Elsie Stuhr Center, 5550 SW Hall Blvd, Beaverton, OR 97005.

Clases de recreación terapéutica para adolescentes los miércoles por la noche (TR)

Un programa de recreación para adolescentes de 13 a 20 años con discapacidades del desarrollo. Los programas y actividades fuera del centro se reúnen e inician en el Centro Elsie Stuhr, 5550 SW Hall Blvd, Beaverton, OR 97005.

Básquetbol estelar sin inscripción previa los jueves por la noche

Un programa recreativo y de socialización para adolescentes y adultos mayores de 16 años con discapacidades para jugar al baloncesto. Los partidos se llevan a cabo en THPRD Athletic Center, 15707 Walker Rd., Beaverton, OR 97006.

Básquetbol sin inscripción previa en silla de ruedas los jueves por la noche

Programa semanal sin inscripción previa para personas mayores de 16 años para jugar baloncesto en silla de ruedas. Los partidos se llevan a cabo en THPRD Athletic Center, 15707 Walker Rd., Beaverton, OR 97006.

Camp Rivendale

Un campamento de verano que ofrece actividades recreativas para personas de 6 a 20 años con discapacidades. Para obtener más información, envíenos un correo electrónico a camprivendale@thprd.org.

Adaptive Teen Water Days

Teen Water Days es un programa energético para adolescentes que ofrece apoyo en el que los jóvenes pueden refrescarse, disfrutar de juegos acuáticos, mantenerse activos y estar con sus amigos. Las actividades son inclusivas y flexibles, y se centran en la diversión.

Boletín informativo:

¿Desea obtener más información sobre Inclusión en el distrito? ¡Escanee aquí para inscribirse en nuestro boletín informativo sobre Inclusión! El boletín está en inglés.



Adult Therapeutic Recreation (TR)

Join us Monday nights for fun activities in this recreational and social program for teens and adults ages 16+ who are experiencing disabilities. Enjoy arts & crafts, dances, game nights, community outings, and more. **Registration Required.**

Cost: See activity prices below

Date & Time: Mondays, 6:30-8:30 pm

For more information, please email inclusion@thprd.org. A THPRD Therapeutic Recreation Medical/Emergency information form is required for all participants. Those who require personal care support must have an aide that stays onsite for the duration of the program. The aid must complete a personal caregiver participation form and pass background check.

Location: Elsie Stuhr Center, 5550 SW Hall Blvd, Beaverton, OR 97005 (Except where noted, for off-site activities)

Monday Therapeutic Recreation (TR)

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class Code
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TR Craft Night

Get your week started with creativity and connection at Monday TR Craft Night. Each session invites you to explore a new craft or project in a relaxed, friendly setting. No experience needed just curiosity, imagination, and a willingness to try something new. **Our Therapeutic Recreation (TR) programs are intended for teens and adults (16+) who experience disabilities. You must preregister for this program.**

6/22 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15712
7/20 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15716
8/24 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15720



Participants' Testimonials

"Adaptive inclusion support teams are the best. With their assistance my kid can attend the class".

"It's inclusive and everyone is friendly and welcoming".

TR Movie Night

Lights, popcorn, action! Each week brings a new film in a familiar setting. Grab a seat, grab a snack, and enjoy the show with your TR crew! **Our Therapeutic Recreation (TR) programs are intended for teens and adults (16+) who experience disabilities. You must preregister for this program.**

6/15 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15711
7/13 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15715
8/10 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15719

TR Swimming at Harman Swim Center

Meet us at Elsie Stuhr Center and we will shuttle everyone to Harman Swim Center in THPRD vehicles. We will be leaving the Elsie Stuhr Center at 6:30PM sharp, so please arrive before then. We will return to the Elsie Stuhr Center by 8:30 pm for pick-up. Please don't forget to pack a swimsuit, towel, and a change of clothes! Offsite activity at **Harman Swim Center: 7300 SW Scholls Ferry Rd, Beaverton, OR 97008. Our Therapeutic Recreation (TR) programs are intended for teens and adults (16+) who experience disabilities. You must preregister for this program.**

6/29 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$18.75	16-adult OD: \$26.25	TR15713
7/27 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$18.75	16-adult OD: \$26.25	TR15717

TR Summer Solstice Dance

Dance, laugh, and soak up the longest day of the year with a night of dancing, music, and good times. **Our Therapeutic Recreation (TR) programs are intended for teens and adults (16+) who experience disabilities. You must preregister for this program.**

8/31 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$6.25	16-adult OD: \$8.25	TR15721
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Monday TR Community Outings

Join us on the first Monday of July and August for special outings! A fun opportunity for adults to explore local community activities, enjoy recreational outings, and connect with peers in a supportive setting. Transportation is provided by THPRD staff to ensure a safe and accessible experience for all participants. **Our Therapeutic Recreation (TR) programs are intended for teens and adults (16+) who experience disabilities. You must preregister for this program.**

7/6 (1) OffSite	M	6:30-8:30 pm ID/AP: \$18.75	16-adult OD: \$26.25	TR15714
8/3 (1) OffSite	M	6:30-8:30 pm ID/AP: \$18.75	16-adult OD: \$26.25	TR15718



Adaptive Teen Water Days

Teen Water Days is a fun, inclusive program for teens of all abilities. Participants can cool off, enjoy water games, stay active, and connect with friends in a welcoming environment. Pick-up and drop-off are at Garden Home Recreation Center, 7475 SW Oleson Rd, Portland, OR 97223.

6/17 (1)	W	3-5 pm	13-20 yrs	TR15750
		Garden Home Recreation Center	ID/AP: \$6.25	OD: \$8.25
7/1 (1)	W	3-5 pm	13-20 yrs	TR15751
		Garden Home Recreation Center	ID/AP: \$6.25	OD: \$8.25
7/15 (1)	W	3-5 pm	13-20 yrs	TR15752
		Garden Home Recreation Center	ID/AP: \$6.25	OD: \$8.25
7/29 (1)	W	3-5 pm	13-20 yrs	TR15753
		Garden Home Recreation Center	ID/AP: \$6.25	OD: \$8.25
8/12 (1)	W	3-5 pm	13-20 yrs	TR15754
		Garden Home Recreation Center	ID/AP: \$6.25	OD: \$8.25



Participants' Testimonials

"We are so grateful to THPRD for running this program, which is unlike any other park department program we have found".

"When we learned about Camp Rivendale, we felt that we had finally found a place that was specifically designed for Abigail. Instead of modifying each day's scheduled activities and Abigail's way of experiencing them, everything at Camp Rivendale was already set up with her abilities and needs in mind".

Adaptive STRONG

Explore different types of fitness in a fun and supportive environment this summer! Join THPRD Fitness as you try out new ways to move your body with Zumba, Weight Training, Yoga, and more. This class is designed specifically for those with disabilities.

6/29-7/15 (3)	M/W	12-1 pm	14-adult	GH12700
		Garden Home Recreation Center	ID/AP: \$72.75	OD: \$101.25



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Thursday Night All-Stars Drop-in Basketball

This is a recreation and socialization program for teens and adults ages 16+ with disabilities to play basketball.

All-Stars consists of two games. Games are not based on skill level or ability. Inclusion staff will assign players to teams.

6:00-6:15 pm: Warm-up for 1st game

6:15-7:00 pm: Game #1

7:00-7:15 pm: Warm up for 2nd game

7:15-8:00 pm: Game #2

Location: Tualatin Hills Athletic Center (50 NW 158th Ave, Beaverton, OR 97006)

Cost: ID: \$6.25 OD: \$8.25

Participation is on a drop-in basis but requires the following:

- Completed medical/emergency information form
- Completed code of conduct form
- Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

For more information, email inclusion@thprd.org or call 503-629-6341.

Participants' Testimonials

"Thank you for the classes. It is very helpful in for our kids. Some kids really need more support like 1-1 so more Support staff vs student ratio".

Thursday Night Drop-in Wheelchair Basketball

This drop-in program is facilitated by players with Inclusion Services staff available as needed. This program provides a weekly opportunity for players of all ages experiencing disabilities to play basketball.

When: Thursdays, 6:30-7:45 pm.

Location: Tualatin Hills Athletic Center (50 NW 158th Ave, Beaverton, OR 97006)

ID: \$6.25 OD: \$8.25

For more information about any of the listed programs, please call 503-629-6341 or email us at inclusion@thprd.org.



TRI TOGETHER PEDAL RUN DIP

August 15, 2026 • 9 am-1 pm • HMT Complex

The TRI Together is an inclusive family friendly event hosted by THPRD to provide an opportunity for people of all abilities to come together and be active. This triathlon is intended for beginners and groups of all ages.

The course includes:

- 50 or 100 yard swim
- 2 mile wheeled ride (bike/mobility device)
- 0.5 or 1-mile run

Athletes can do the triathlon independently or as a team. THPRD Inclusion Program is available to assist with any of your adaptive needs. To inquire about adaptive equipment and strategies to successfully participate please email inclusion@thprd.org.

Register options:

Individuals: TRI2026I or Family 4+: TRI2026F



THPRD is Hiring Inclusion Assistants

We are looking for compassionate, kind, and reliable individuals who want to make a difference in their community. Inclusion Assistants provide one-on-one support, facilitate inclusion programs and assist patrons to engage in any activity offered at THPRD.

More info at thprd.org/jobs



THPRD está contratando asistentes de inclusión

Estamos buscando personas compasivas, amables y confiables que quieran hacer la diferencia en su comunidad. Los asistentes de inclusión dan ayuda individualizada a los usuarios con discapacidades, permitiéndoles la oportunidad de participar en la amplia variedad de programas y actividades disponibles por medio de THPRD.

Más información en thprd.org/jobs



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

THPRD Aquatics - General Information

Main Aquatics Office:
Howard M. Terpenning
Recreation Complex
15707 SW Walker Road
Beaverton, OR 97006
503-629-6310

Personnel

Andrew Jackman,
Patrick Williamson

THPRD Pool Guidelines

Copies of our pool guidelines are available at the front desk of each swim center.

Dressing Rooms

It is requested that all individuals age 6 and over use the locker room that is most aligned with their affirmed gender. Please check with front desk staff if you have any questions. Aloha, Beaverton, Conestoga, Harman and the Tualatin Hills Aquatic Center are equipped with accessible single stall changing rooms.

Volunteer Opportunities

Adaptive Aquatics

Hey, swimmers! Do you have a talent for working with swimmers with physical or developmental disabilities? Check out and apply for our Aquatic Champion volunteer position at <https://www.thprd.org/connect/volunteer/ongoing-opportunities>

Junior Lifeguarding

This is for those individuals who have completed the Junior Lifeguard course. Volunteer opportunities are available at all THPRD pools. Apply online at <https://www.thprd.org/connect/volunteer/youth>.

Aquatic Champion

This position is a volunteer position that provides volunteers with the opportunity to assist in teaching youth and adult swimming lessons. Volunteers in this position will provide an enjoyable learning environment for program participants, promoting participants' physical, social and personal development. Apply online at <https://www.thprd.org/connect/volunteer/ongoing-opportunities>.

Drop-in Swimming at THPRD

Open Swim

Unstructured recreational swim for all ages. Children under 10 years of age must be visually supervised by a parent, guardian or caregiver at least 15 years of age. Children under 7 years of age must be accompanied in the water by a parent, guardian or caregiver at least 15 years of age. Swim test required for children swimming in water over their head.

Lap Swim

A fitness swim for those who can safely swim continuous laps while following all rules of etiquette for lap swim, including circle swimming. Lap swim is for adults unless noted on the schedule as an All-age Lap Swim.

Independent Exercise/Deep End Open Exercise

This drop-in program is an unstructured swim for personal water fitness, aqua jogging or water walking in designated areas of the pool. Participants can use the water fitness equipment provided at the swim centers during this time frame. Participants must be 15 years or older to participate in this drop-in program.

Visit [thprd.org](https://www.thprd.org) for more information and fees.



THPRD Aquatics - General Information

THPRD Learn To Swim Program

Preschool Swimming Classes

Ages 3-6 who have not started first grade.

School-age Classes

Ages 6-12 who have started first grade.

The prerequisite for each level is completing all skills in the previous level confidently, consistently, and comfortably. There is no prerequisite for Level 1.

Level 1 The focus is submersion and breath control working on independent floating, gliding, and kicking on front and back. Upon successful completion, swimmers will be able to kick while using a kickboard, float on their front and back, steamboat and back glide for two body lengths and jump into the water, all unassisted.

Level 2 The focus is working on productive, propulsive arm strokes and effective kicks on front and back. Upon successful completion, the swimmer will be able to coordinate side breathing with arm strokes on a kickboard, swim five body lengths on their back doing winging and kicking, and jump into the water then swim to the wall unassisted.

Level 3 The focus is crawl stroke proficiency, introduction of new back skills, and orienting to deeper water. Upon successful completion, they will be able to catch 5 breaths doing crawl stroke, roll on their back, then

swim winging and kicking on their back for a total of 15 yards.

Level 4 The focus is continued stroke development on crawl stroke and backstroke, getting ready for more advanced strokes, and starting the diving progression with sitting and kneeling dives. Upon successful completion, swimmers will be able to swim crawl stroke and backstroke for 15 yards and pass the swim test.

Level 5 The focus is increasing stroke proficiency and endurance, learning breaststroke, and continuing the diving progression with standing dives. Upon successful completion, swimmers will be able to swim 50 yards crawl stroke, 50 yards backstroke, and 25 yards of breaststroke with proper timing and technique.

Level 6 The focus is continued stroke proficiency and endurance, learning butterfly, and finishing the diving progression with long, shallow dives. Upon successful completion, swimmers will be able to swim continuously for 300 yards, tread water for two minutes, and demonstrate underwater swimming.

Level 7 The focus is stroke refinement, preparation for the competitive aquatic activities like swim team, diving, water polo, and synchronized swimming, and

preparation for lifeguarding. Upon successful completion, they will have completed a 500-yard continuous swim, tried skills from each of the competitive aquatic sports, and learned some basic water safety skills.

Safety Skills: Safety skills are an integral part of the learn to swim program. Appropriate safety skills will be incorporated into each session of lessons.

Swim Lesson Level Registration Guide

- Students aged six months to three years register for Baby/Toddler & Me.
- Students at least three years old, not started first grade and toilet trained register for Preschool Level 1-3. Another option is You and Your Preschooler.
- Students who have started first grade through age 12 register for School Age Level 1-4.
- Students swimming 25 yards of strong front crawl (head down with side breathing, stretched kicks, and arms over the water) and 25 yards of strong backstroke (feet and body near the surface and arms reaching straight up out of the water) register for Level 5-7.
- Level assessments will be done on the first day of class for all students.

Specialty Instruction

Baby & Me / Toddler & Me

Babies 6 mos-2 yrs / toddlers 2-3 yrs

A water adjustment class for parent and child. Basic skills are introduced with games and songs. Swim diapers required.

You & Your Preschooler

3 yrs-5 yrs 11 mos

A water adjustment class for preschool students who have had difficulty transitioning to a class without parent participation. Basic skills from Level 1 are introduced, with parent participation in the water.

Adaptive Aquatics

An instruction program for all ages experiencing disabilities. Our trained instructors provide a one-on-one learning opportunity. ADA water/aquatic lift available at all pools.

Diving Instruction

Prerequisite: 25 yards crawl and 25 yards on back.

Levels 1 & 2 - Class will teach basics.

Levels 3 & 4 - For continuing divers.

Splash

A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season.

Summer Meet Dates:

6/27, 7/18, 8/1, 8/15

THPRD Aquatics - General Information

Aquatics Professional Training

Facility	Date	Day	Time	ID/AP	OD	Class #
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Lifeguard Training

Ages 15+ years

Course focuses on the job of a lifeguard in a swimming pool environment. Certification includes first aid and CPR for the professional rescuer. **Prerequisites:** 1) 300 yard swim (utilizing crawl stroke and breaststroke) 2) Swim 20 yards, submerge to a depth of 7-10 ft., retrieve a 10 lb. diving brick, return to the surface and swim back to the starting point within 1 minute, 40 seconds. **Certification Requirements:** 1) Attend all class hours (no make-ups, no exceptions). 2) Successfully complete all required skill testing in CPR for the Professional Rescuer and AED, First Aid and Lifeguarding 3) Score 80% on the final written exams. Prices below reflect a \$260/\$325 course fee, plus an additional \$50 Red Cross certification fee.

Aquatic Center	6/23-7/9	T/TH	11:30 am-3:30 pm	\$310	\$388	AQ152000
Conestoga	7/18-7/26	Sat & Sun	9:15 am-4 pm	\$310	\$388	CA152000
Harman Swim Center	7/31-8/8	Fri	8 am-5:30 pm	\$388	\$485	HM150000
		Sat	2-6:30 pm			
Sunset Swim Center	8/11-8/13	T-TH	9 am-5 pm	\$310	\$388	SS152001
Beaverton Swim Center	8/21-8/23	Fri-Sun	9 am-6 pm	\$310	\$388	BV152053

Junior Lifeguarding

Ages 12-15 years, Level 4+

THPRD's Jr. Guard/Swim Aide course covers lifeguard standards, swim stroke progressions, and professionalism. Beginning emergency response skills like first aid, CPR, and water rescues are introduced. During the course, students receive practical experience assisting swim instructors and lifeguards. Participants will also develop their swimming strength, confidence, and technique.

To enroll, participants should be able to swim 100 yards with rhythmic breathing, tread water for 1 minute, and be comfortable in deep water.

Jr. Lifeguarding classes will also be offered in a camp format throughout the District! Please see center pages for additional details.

Sunset Swim Center	7/7-7/9	T-TH	4-8pm	\$100	125	SS151000
Aquatic Center	7/28-8/06	T/TH	1-5pm	\$100	\$125	AQ15100

Jr. Lifeguarding, Alternate Track

Ages 12-15 years

THPRD's Jr. Lifeguarding Alternate Track course covers the same topics outlined in the Jr. Lifeguarding course description, with an emphasis on building swimming skills. While participants do not need to know how to swim prior to taking the course, they should be comfortable standing in shallow water.

Harman Swim Center	6/16-7/16	T/TH	12:15-2:15pm	\$100	\$125	HM151000A
Harman Swim Center	7/21-8/20	T/TH	12:15-2:15pm	\$100	\$125	HM151001A

Earn to Learn

Apply to become a lifeguard or swim instructor to "earn to learn" for all ages 16+ to an aquatic career at Tualatin Hills Park and Recreation District. Learn the skills and confidence to become an employee while obtaining the necessary certificates.

Apply Today! Go to www.thprd.org/jobs to learn how to get started!



THPRD *Aquatic Affiliates*

Competitive Programs

The clubs are separate organizations from the park district; however, pool use requires a THPRD account. Please contact each club individually for team membership and training schedule information.

Tualatin Hills Swim Club

Tualatin Hills Swim Club (THSC) is dedicated to promoting a culture of inclusivity, opportunity, and equity for all swimmers, families, and staff. We strive to meet the unique needs of our members by creating a welcoming community that celebrates diversity and promotes a sense of unity and belonging. Since 1957, THSC has inspired and motivated swimmers to compete at the local, regional, national, and international levels, making us one of the oldest, most successful, and well-respected swim teams in the PNW. THSC fosters a safe environment where every swimmer is encouraged and supported to reach their highest potential, setting new standards of excellence in the sport. Through relentless dedication, innovative training, and a commitment to personal and athletic growth, we strive to be the premier club for those who seek to compete at the highest levels. Swimmers from age six through high school are encouraged to join! Financial aid is available for those who qualify. Contact membership@thunderboltswimming.org



Tualatin Hills Dive Club

The Tualatin Hills Dive Club has offered diving programs to all ages for more than 40 years. Programs range from lessons to advanced-level competition. For more information, email the dive club at thillsdiveclub@gmail.com or visit the club's website at <https://www.thillsdiveclub.com>



TUALATIN HILLS DIVE CLUB

OUR TEAM IS COMPRISED OF DIVERS OF ALL AGES AND ABILITIES, BUT WE HAVE ONE THING IN COMMON- WE LOVE DIVING!

COME DIVE WITH US!

- THDC is the *only* dive club in Oregon
- Open to *all* ages (kids and adults)
- No dive experience necessary
- Join us for a **free** practice to see if diving is for you!

CONTACT US FOR MORE INFORMATION

thillsdivecoach@gmail.com
[thillsdiveclub.com](https://www.thillsdiveclub.com)



FILL OUT AN INTEREST FORM HERE



Tualatin Hills Barracudas

The Tualatin Hills Barracudas is a Masters Swim Club that welcomes swimmers 18 years of age and older, providing an organized, coached workout experience designed to help improve fitness, technique, and confidence. For more information, please contact the membership chair at membership@barracudas.org or check out the club's website at www.barracudas.org.



Tualatin Hills Water Polo Club

The Tualatin Hills Water Polo Club provides programs for athletes ages 7 and older on instructional, recreational, and competitive levels. For more information, visit the club's website www.thillswaterpolo.org.



Beaverton Area Aquatic Club

Founded in 2020, BAAC is a vibrant and growing swim team dedicated to helping athletes of all levels, from novice swimmers to national competitors, reach their fullest potential. We inspire swimmers of all ages to reach new levels of performance through discipline, self-motivation, and hard work in a positive and encouraging setting. With a high coach-to-swimmer ratio, our team prides itself on providing individualized attention and precise technical feedback, ensuring that every swimmer receives the guidance they need to improve and succeed. Our coaches build personal relationships with every swimmer, creating a supportive environment that values both athletic and personal development.



Our mission is to help each athlete discover their potential, not only as swimmers but as confident, dedicated individuals in all areas of life. We understand that swimming is just one part of a well-rounded life, so we encourage high achievement both in swimming and academics.

Swimmers can register for tryouts and obtain information on our website at baacswim.com. Team registration includes financial information, agreements, and team policies.

Club Fees

- Club fees are set by the clubs themselves.
- All club members must have a THPRD account and check in daily.

Earn to Learn

Creating paid training pathways to employment for aquatic jobs



Explore an Aquatic Career & Earn a Paycheck

Earn to Learn offers individuals of all ages (16+) paid aquatic training opportunity. Qualified candidates can now apply for a lifeguard or swim instructor position and receive paid, professional training while obtaining the necessary certifications.



- Receive professional training



- Learn job skills & build confidence



- Earn a paycheck



APPLY TODAY!

Go to www.thprd.org/jobs and learn how to get started

Deportes acuáticos THPRD - Información General

Oficina principal de actividades acuáticas:

Howard M. Terpenning
Recreation Complex
15707 SW Walker Road
Beaverton, OR 97006
503-645-6433

Encargado

Andrew Jackman,
Patrick Williamson

Directrices para el uso de las piscinas de THPRD

Copias de nuestras directrices para el uso de albercas están disponibles en la recepción de cada centro de natación.

Vestidores

Todas las personas mayores de 6 años utilizan el vestuario que más se alinee con su género afirmado. Consulte al recepcionista si tiene alguna pregunta. Aloha, Beaverton, Conestoga, Harman y el Tualatin Hills Aquatic Center están equipados con vestidores familiares para las familias o personas con capacidades diferentes que necesitan ayuda o adaptaciones especiales.

Oportunidades para voluntarios

Actividades acuáticas especializadas

¡Hola nadadores! ¿Tiene talento para trabajar con los nadadores que tienen necesidades especiales? Comuníquese con el Harman Swim Center para oportunidades de voluntarios al 503-629-6314.

Junior Lifeguarding | Salvavidas Juvenil

Para las personas que han completado el curso de salvavidas jóvenes. Hay oportunidades disponibles para ser voluntarios en todas las piscinas de THPRD. Comuníquese a las piscinas para obtener información.

Aquatic Champion | Campeones Acuáticos

Este puesto es un puesto de voluntario que brinda a los voluntarios la oportunidad de enseñar lecciones de natación a jóvenes y adultos. Los voluntarios en este puesto proporcionarán un ambiente de aprendizaje agradable para los participantes del programa, promoviendo el desarrollo físico, social y personal de los participantes.

Drop-In | Natación Libre

Natación libre: natación recreacional no estructurada para todas las edades. Los pequeños menores de 10 años deben ser supervisados visualmente por uno de los padres, tutor o encargado del cuidado que deberá tener al menos 15 años de edad. Los pequeños menores de 7 años deben estar acompañados en el agua por la madre, padre o tutores quienes deben tener 15 años o más. Se requiere una prueba de natación para que los pequeños naden en aguas profundas.

Natación en Carriles: natación de acondicionamiento físico para las personas que pueden nadar continuamente varias vueltas mientras siguen todas las reglas de natación libre, incluso nadar en círculos. La natación libre es para adultos, a menos

que se indique en el horario como Natación libre para todas las edades.

Ejercicio independiente/Ejercicio abierto en aguas profundas

Este programa sin cita previa es natación no estructurada para el fitness acuático personal, trotar acuático o la caminata acuática en zonas designadas. Los participantes pueden utilizar el equipo de fitness acuático proporcionado en los centros de natación durante este periodo de tiempo. Los participantes deben tener 15 años o más para participar en este programa sin cita previa.

Visite thprd.org para más información y tarifas.



Aplica en línea

Adultos: <https://www.thprd.org/espanol/voluntarios/oportunidades-para-adultos>

Jóvenes: <https://www.thprd.org/espanol/voluntarios/oportunidades-para-jovenes>

Deportes acuáticos THPRD - Información General

Programa Aprenda a Nadar en THPRD

Clases de natación para preescolares

Edades de 3 a 6 años que no han empezado el primer grado

Clases para niños en edad escolar

Edades de 6 a 12 años que han empezado el primer grado

Nivel 1 es un ajuste inicial al ambiente del agua.

Los nadadores experimentarán soplar burbujas y controlar la respiración, explorando el agua mientras están sobre su espalda y boca abajo, tanto con ayuda como sin ayuda. Al finalizar satisfactoriamente, los nadadores podrán patear usando una tabla para nadar, barco de vapor y un deslizador del largo de dos cuerpos y saltar al agua, todo sin ayuda.

Nivel 2 desarrollará la confianza para que el nadador flote y se deslice boca abajo y sobre su espalda, mientras se introduce la brazada estilo crol y el estilo combinado hacia atrás. Se introducirá la respiración alterna. El nadador podrá coordinar la respiración de lado con brazada durante cinco respiraciones y cinco longitudes del cuerpo sobre su espalda, braceando y pateando.

Nivel 3 se enfocará en desarrollar aún más las habilidades de brazada estilo crol y también aprender la brazada hacia atrás. También empezaremos a introducir las experiencias en aguas profundas manteniéndose a flote y las habilidades de buceo para principiantes. Los nadadores también practican realizar habilidades para distancias más largas. Al finalizar satisfactoriamente, los nadadores podrán nadar con brazada estilo crol o brazada

hacia atrás 15 yardas.

Nivel 4 introduce la brazada de pecho y el buceo hacia adelante de pie. En enfoque será aumentar la capacidad y la resistencia de la brazada estilo crol, la brazada hacia atrás y mantenerse a flote. Al finalizar satisfactoriamente, los nadadores podrán nadar con brazada estilo crol o brazada hacia atrás 25 yardas.

Nivel 5 desarrolla la capacidad de brazada y desarrolla resistencia. Al finalizar satisfactoriamente, el nadador podrá nadar continuamente 300 yardas, mantenerse a flote durante dos minutos, realizar el buceo en aguas poco profundas y demostrar el nado debajo del agua.

Nivel 6 es para continuar desarrollando la eficiencia de la brazada y aumentar resistencia. Aprenderán brazado de mariposa y comenzarán con clavados. Una vez completado, los nadadores podrán nadar 300 yardas de forma continua, mantenerse bajo el agua hasta dos minutos y demostrar habilidades de nado bajo el agua.

Nivel 7 es para perfeccionar el brazado y prepararse para actividades acuáticas competitivas como es el equipo de natación, clavado, polo acuático, nado sincronizado, y preparación de salvavidas. Una vez completado exitosamente, podrán nadar 500 yardas de forma continua, habrán probado habilidades para deportes acuáticos competitivos y aprendido herramientas básicas de seguridad en el agua.

Habilidades de Seguridad en el agua:

Es una parte integral del programa (Learn How to Swim). Se incorporarán conocimientos básicos en cada sesión de clases.

¿No está seguro en qué clase inscribirse?

Ofrecemos evaluaciones de nivel gratis. Comuníquese a cualquier alberca de THPRD para obtener el horario.

Guía de selección de niveles de natación

- Los menores de seis meses hasta los tres años se registran en Baby/Toddler & Me.
- Los menores de al menos tres años quienes no hayan iniciado el primer grado escolar y ya sepan ir al baño se registran a los niveles de preescolar Preschool Level 1-3. Otra opción es You and Your Preschooler.
- Menores quienes hayan iniciado el primer grado hasta los 12 años de registran en School Age Level 1-4.
- Alumnos quienes nadan 25 yardas en crol frontal y 25 yardas con braceado en reversa podrán registrarse en los niveles Level 5-7
- Los exámenes para verificar el nivel de cada estudiante se realizan en el primer día de clases.

Instrucción Especializada

Baby & Me/Toddler & Me

(Mi bebé y yo/Mi pequeño y yo)

Bebés (6 meses a 2 años)/pequeñines (2 a 3 años)

Una clase de adaptación al agua para los padres e hijos. Las habilidades básicas se introducen por medio de juegos y canciones. Se requiere el uso de pañales para nadar.

Usted y su hijo en edad preescolar

3 años a 5 años 11 meses

Una clase de adaptación al agua para estudiantes en edad preescolar que tienen dificultad para hacer una transición a una clase sin participación de los padres. Se introducen las habilidades básicas del Nivel 1 con la participación de los padres en el agua.

Actividades acuáticas especializadas

Un programa de instrucción para todas las edades con necesidades especiales.

Nuestros instructores capacitados ofrecen una oportunidad de aprendizaje individualizada. Elevadores acuáticos disponibles en todas las piscinas, cumpliendo con la ADA.

Instrucciones de clavado

Prerrequisito: 25 yardas con brazada estilo crol y 25 yardas hacia atrás.

Niveles 1 y 2: se enseñarán los fundamentos básicos en la clase.

Niveles 3 y 4: para clavadistas continuos.

Splash

Un equipo de natación recreativa con un enfoque en la mejora de la técnica, el desarrollo de la resistencia y el compañerismo. Los participantes deben tener entre 5 y 17 años y poder nadar 25 yardas de estilo libre y 25 yardas de espalda. Aunque no es obligatorio competir, se llevan a cabo competencias de natación algunos sábados durante la temporada.

Fechas de competencias:

Verano: 6/27, 7/18, 8/1, 8/15

Deportes acuáticos THPRD - Información General

Entrenamiento Profesional Acuática

Instalación	Fecha	Día	Horario	ID/AP	OD	Clase
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Entrenamiento de Salvavidas | Lifeguard Training

Edades 15 años en adelante

Este curso se enfoca a desarrollarse como salvavidas en un ambiente de albercas como profesión. La certificación incluye primeros auxilios y RCP. **Requisitos previos:** 1) Nadar 300 yardas (utilizando brazada estilo crol y brazada de pecho) 2) Nadar 20 yardas, sumergirse a una profundidad de 7 a 10 pies, recuperar un ladrillo de buceo de 10 lb, regresar a la superficie y nadar de nuevo al punto de inicio en el transcurso de 1 minuto, 40 segundos. **Requisitos para la certificación:** 1) Asistir a todos los horarios de clases (no hay reposiciones, no hay excepciones). 2) Completar con éxito todas las pruebas de habilidades requeridas en RCP, primeros auxilios y Salvavidas. 3) Obtener una puntuación de 80% en los exámenes escritos finales.

Los precios que se indican a continuación reflejan una matrícula de \$260/\$325, más una matrícula adicional de \$50 por la certificación de la Red Cross.

Aquatic Center	6/23-7/9	T/TH	11:30 am-3:30 pm	\$310	\$388	AQ152000
Conestoga	7/18-7/26	Sat & Sun	9:15 am-4 pm	\$310	\$388	CA152000
Harman Swim Center	7/31-8/8	Fri	8 am-5:30 pm	\$388	\$485	HM150000
		Sat	2-6:30 pm			
Sunset Swim Center	8/11-8/13	T-TH	9 am-5 pm	\$310	\$388	SS152001
Beaverton Swim Center	8/21-8/23	Fri-Sun	9 am-6 pm	\$310	\$388	BV152053

Salvavidas Juvenil | Junior Lifeguarding

Edades de 12 a 15 años, Nivel 4+

El curso de Salvavidas Juvenil / Asistente de Natación de THPRD cubre los estándares de salvavidas, el perfeccionamiento de los estilos de natación y el profesionalismo. Se introducen habilidades iniciales de respuesta a emergencias, como primeros auxilios, RCP y rescates en el agua.

Durante el curso, los estudiantes obtienen experiencia práctica apoyando a instructores de natación y salvavidas. Los participantes también desarrollarán su fuerza, confianza y técnica en el agua.

Para inscribirse, los participantes deben ser capaces de nadar 91 metros con respiración rítmica, mantenerse a flote durante 1 minuto y sentirse cómodos en aguas profundas.

¡También se ofrecerán clases de salvavidas juvenil en formato de campamentos en el distrito! Consulte las páginas centrales para obtener más detalles.

Sunset Swim Center	7/7-7/9	T-TH	4-8pm	\$100	125	SS151000
Aquatic Center	7/28-8/06	T/TH	1-5pm	\$100	\$125	AQ15100

Pista alternativa de Salvavidas Juvenil | Junior Lifeguarding, Alternate Track

Edades de 12 a 15 años

El curso alternativo de Salvavidas Juvenil de THPRD cubre los mismos temas descritos en el curso de Salvavidas Juvenil, con un enfoque en desarrollar habilidades de natación. Aunque los participantes no necesitan saber nadar antes de tomar el curso, deben sentirse cómodos estando de pie en agua poco profunda.

Harman Swim Center	6/16-7/16	T/TH	12:15-2:15pm	\$100	\$125	HM151000A
Harman Swim Center	7/21-8/20	T/TH	12:15-2:15pm	\$100	\$125	HM151001A

Aprenda Ganando | Earn to Learn

Solicite ser salvavidas o instructor de natación para Aprenda Ganando para todas las edades mayores de 16 años en una carrera acuática en Tualatin Hills Park & Recreation District. Aprenda las habilidades y la confianza para ser empleado mientras obtiene los certificados necesarios.

¡Solicite hoy mismo! ¡Vaya a www.thprd.org/jobs para saber cómo empezar!



Clubes de Natación de THPRD

Programas Competitivos

Los clubes son organizaciones independientes del distrito de parques; sin embargo, para usar la piscina, se requiere una cuenta de THPRD. Por favor, comuníquese directamente con cada club para obtener información sobre la membresía del equipo y los horarios de entrenamiento.

Tualatin Hills Swim Club

Tualatin Hills Swim Club (THSC) está comprometido con promover una cultura de inclusión, oportunidad y equidad para todas las personas nadadoras, sus familias y el personal. Nos esforzamos por responder a las necesidades únicas de nuestros miembros, creando una comunidad acogedora que celebra la diversidad y promueve un sentido de unidad y pertenencia. Desde 1957, THSC ha inspirado y motivado a nadadores a competir a nivel local, regional, nacional e internacional, convirtiéndonos en uno de los equipos de natación más antiguos, exitosos y respetados del noroeste del Pacífico (PNW). THSC promueve un ambiente seguro donde cada nadador/a recibe apoyo y aliento para alcanzar su máximo potencial, estableciendo nuevos estándares de excelencia en el deporte.

A través de una dedicación constante, entrenamientos innovadores y un compromiso con el crecimiento personal y deportivo, buscamos ser el club principal para quienes desean competir al más alto nivel.

¡Invitamos a nadadores y nadadoras desde los seis años hasta la escuela secundaria a unirse! Hay ayuda financiera disponible para quienes califiquen. Contactar membership@thunderboltswimming.org

Tualatin Hills Dive Club

Tualatin Hills Dive Club ha ofrecido programas de clavados para todas las edades durante más de 40 años. Sus programas van desde clases hasta competencias de nivel avanzado. Para más información, envía un correo electrónico al club de clavados a thillsdiveclub@gmail.com o visita su sitio web: <https://www.thillsdiveclub.com>



Tualatin Hills Barracudas

El Club de Natación Master Tualatin Hills Barracudas da la bienvenida a nadadores de 18 años en adelante, sin importar su experiencia previa en entrenamientos organizados de natación. Para más información, comuníquese con la persona encargada de membresía en membership@barracudas.org o visita el sitio web del club: www.barracudas.org



Tualatin Hills Water Polo Club

Tualatin Hills Water Polo Club ofrece programas para atletas de 7 años en adelante en niveles de instrucción, recreación y competencia. Para más información, visita el sitio web del club: www.thillswaterpolo.org



Beaverton Area Aquatic Club

Inspira a nadadores de todas las edades a alcanzar su potencial a través de la disciplina, la automotivación y el esfuerzo, en un ambiente positivo de entrenamiento. Animamos a cada atleta a desarrollar su máximo potencial.

Los entrenadores estarán disponibles durante las pruebas para conocer a las familias y responder preguntas sobre nuestro programa. Pueden inscribirse para las pruebas en nuestro sitio web a baacswim.com. La inscripción al equipo incluye información financiera y acuerdos relacionados con la participación. Encuentre información para nadadores nuevos en nuestro sitio web. ¡Esperamos poder trabajar con usted!

Cuotas de los clubes

- Las cuotas de los clubes son establecidas por cada club.
- Todos los miembros del club deben tener una cuenta de THPRD y registrarse diariamente.



Aprenda Ganando

Oportunidades de entrenamiento pagadas para crear trayectorias hacia empleos en el área de actividades acuáticas



Explora una carrera en actividades acuáticas y gana un sueldo.

Aprenda Ganando (Earn to Learn) ofrece a personas de todas las edades (16+) la oportunidad de recibir entrenamiento acuático pagado. Los candidatos elegibles pueden aplicar como socorristas o instructores de natación y recibir entrenamiento profesional pagado mientras obtienen las certificaciones necesarias.



Reciba formación profesional



Aprenda habilidades laborales y desarrolle la confianza



Reciba un pago



¡Aplique hoy!

Vaya a thprd.org e infórmese de como registrarse



@THPRD



www.thprd.org

LIFE JACKET

LOANER PROGRAM



Need a life jacket for the pool or lake?

Tualatin Hills Park and Recreation District year-round pools have life jackets available to be loaned out for new or experienced swimmers. This is a free service to promote safety in and around our pools and natural water areas.

If you need a life jacket, you can borrow one through our Life Jacket Loaner Program. Call the Tualatin Hills Aquatic Center to reserve one for your next water adventure at 503-629-6310.



Aloha Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

18650 SW Kinnaman Road
Aloha, 97078
503-629-6311

TriMet Bus Routes #52, #57, #88

Center Supervisor: Dan McGatha

Aloha Swim Center Hours:

Monday - Thursday: 9 am – 7:30 pm

Friday: 9 am – 4 pm

Saturday: Closed

Sunday: 9 am – 4 pm

Hours subject to change.

Check thprd.org for most updated schedule.

Facility Closed: 6/19, 7/3, 7/4

Aloha Swim Center Features:

- ADA Lift Available
- Independent Changing Rooms
- Average Pool Temperature: 85°



Scan QR code for up-to-date hours and schedule.



Summer Splash

A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season.

Date	Day	Time	ID/AP	OD	Class#
Meet Dates: 6/27, 7/18, 8/1, 8/15.					
6/16-8/13	T/Th	5:30-6:15 pm	\$250	\$312.50	AL434024

Water Fitness Programs

Deep Water Warrior: Challenge yourself with the power and fun of water in this level 3 class! Participants wear buoyancy belts and can expect high intensity, low impact moves, followed by strength work and abs. This class is not appropriate for beginners. *Includes swimming drills.

Dig Deep: This fun and challenging class will start your week off right and keep it going! The class emphasizes cardio conditioning as well as an abdominal workout that will inspire you to come back for more! Flotation belts provided.

Cardio Core: This class is held in the shallow end of the pool. Participants challenge themselves with the resistance of the water in the low-impact work-out as they exercise to lively, upbeat music. Participants work on aerobic conditioning, strength, balance and flexibility. At least 35 minutes of the class will be dedicated to pure cardio in a Level 2 class.

Schedule can be found online, <http://www.thprd.org/facilities/aquatics/aloha>, or by stopping into the center. The schedule is subject to change without notice.

Lap Swim, Open Swim, & Water Fitness

Please see online schedule at www.thprd.org for updated details.

Check out our camp offerings on page 8



Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler on deck.

School-age: First grade through age 12. The parent, guardian or caregiver of a child under 10 years of age must remain on the premises during class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
No class 7/5.					
6/15-7/15	M/W	3:30-4 pm	\$104	\$130	AL111016
7/20-8/19	M/W	3:30-4 pm	\$104	\$130	AL111017
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	AL111018
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	AL111019
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	AL111020
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	AL111021
6/15-7/15	M/W	5:30-6 pm	\$104	\$130	AL111022
7/20-8/19	M/W	5:30-6 pm	\$104	\$130	AL111023
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	AL111024
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	AL111025
6/16-7/16	T/Th	3:30-4 pm	\$104	\$130	AL111028
7/21-8/20	T/Th	3:30-4 pm	\$104	\$130	AL111029
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	AL111030
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	AL111031
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	AL111032
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	AL111033
6/21-8/16	Su	9-9:30 am	\$84	\$106	AL111000
6/21-8/16	Su	9:35-10:05 am	\$84	\$106	AL111001
6/21-8/16	Su	10:10-10:40 am	\$84	\$106	AL111002
6/21-8/16	Su	2-2:30 pm	\$84	\$106	AL111003
6/21-8/16	Su	2:35-3:05 pm	\$84	\$106	AL111004
6/21-8/16	Su	3:10-3:40 pm	\$84	\$106	AL111005

School Age Level 1-4

No class 7/5.

6/15-7/15	M/W	3:30-4 pm	\$104	\$130	AL121016
7/20-8/19	M/W	3:30-4 pm	\$104	\$130	AL121017
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	AL121018
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	AL121019
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	AL121020
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	AL121021
6/15-7/15	M/W	5:30-6 pm	\$104	\$130	AL121022
7/20-8/19	M/W	5:30-6 pm	\$104	\$130	AL121023
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	AL121024
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	AL121025
6/16-7/16	T/Th	3:30-4 pm	\$104	\$130	AL121028
7/21-8/20	T/Th	3:30-4 pm	\$104	\$130	AL121029
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	AL121030
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	AL121031
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	AL121032
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	AL121033
6/21-8/16	Su	9-9:30 am	\$84	\$106	AL121000
6/21-8/16	Su	9:35-10:05 am	\$84	\$106	AL121001
6/21-8/16	Su	10:10-10:40 am	\$84	\$106	AL121002
6/21-8/16	Su	2-2:30 pm	\$84	\$106	AL121003
6/21-8/16	Su	2:35-3:05 pm	\$84	\$106	AL121004
6/21-8/16	Su	3:10-3:40 pm	\$84	\$106	AL121005

Dual Language Lessons Level 1-4

Both English and Spanish integrated for language development alongside swim skills.

Clases de Natación en dos idiomas

Integrando el inglés y español para el desarrollo de lenguaje junto con técnicas de natación.

6/21-8/16	Su	9-9:30 am	\$84	\$106	AL121000ES
6/21-8/16	Su	9:35-10:05 am	\$84	\$106	AL121001ES
6/21-8/16	Su	10:10-10:40 am	\$84	\$106	AL121002ES
6/21-8/16	Su	2-2:30 pm	\$84	\$106	AL121003ES
6/21-8/16	Su	2:35-3:05 pm	\$84	\$106	AL121004ES
6/21-8/16	Su	3:10-3:40 pm	\$84	\$106	AL121005ES

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 5-7					
No class 7/5.					
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	AL125019
6/15-7/15	M/W	3:30-4 pm	\$104	\$130	AL125016
7/20-8/19	M/W	3:30-4 pm	\$104	\$130	AL125017
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	AL125018
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	AL125020
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	AL125021
6/15-7/15	M/W	5:30-6 pm	\$104	\$130	AL125022
7/20-8/19	M/W	5:30-6 pm	\$104	\$130	AL125023
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	AL125024
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	AL125025
6/16-7/16	T/Th	3:30-4 pm	\$104	\$130	AL125028
7/21-8/20	T/Th	3:30-4 pm	\$104	\$130	AL125029
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	AL125030
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	AL125031
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	AL125032
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	AL125033

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					
Ages 6 month to 3 years old.					
Water adjustment class for adult and child. Basic skills are introduced with games and songs. Swim diapers required. One adult with each child.					
No class 7/5.					
6/21-8/16	Su	9-9:30 am	\$57	\$71	AL140000
6/21-8/16	Su	2-2:30 pm	\$57	\$71	AL140003

Teen/Adult Swimming Skills

No class 7/5.

6/15-7/15	M/W	6:40-7:10 pm	\$103/\$129		AL150026
7/20-8/19	M/W	6:40-7:10 pm	\$103/\$129		AL150027

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Beaverton Swim Center



**TUALATIN HILLS
PARK & RECREATION DISTRICT**

**12850 SW 3rd Street
Beaverton, 97005
503-629-6312**

TriMet Bus Routes #52, #76, #78

Facility Supervisor: Dan McGatha

Office Hours:

Monday - Thursday: 7 am – 7:30 pm

Friday: 7 am – 4 pm

Saturday: 8 am – 4 pm

Sunday: Closed

Hours subject to change.

Visit thprd.org for updated schedules.

Facility Closed: 6/19, 7/3, 7/4

Beaverton Swim Center features:

- ADA Lift Available
- Independent Changing Rooms
- Average Pool Temperature: 86°

Adaptive Swim

Adaptive Aquatics is a program providing one on one swimming lessons for people of any age over 3, who experience disability. We offer lessons to people who experience cognitive disabilities, physical disabilities, anxieties, behavioral challenges, or sensory differences. Since the lessons are individualized, we can tailor them to the specific needs of the swimmer. We allow for non-traditional progression of skills, while continuing to focus on safety, and swimming goals and techniques. Space is extremely limited. Scan the QR code below to register.



Summer Splash

A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season.

Date	Day	Time	ID/AP	OD	Class#
Meet Dates: 6/27, 7/18, 8/1, 8/15.					
6/15-8/12	M/W	10-10:45 am	\$250	\$312.50	BV134010
6/15-8/12	M/W	6:40-7:25 pm	\$250	\$312.50	BV134040
6/16-8/13	T/Th	6:40-7:25 pm	\$250	\$312.50	BV134054

Water Fitness Programs

Dig Deep: Participants wear flotation belts for a zero impact, moderate intensity workout in the deep end of the pool. It is not necessary to be an avid swimmer to participate; but it is helpful for participants to be comfortable in deep water. This is an exciting, unique way to exercise, suitable for most people. Movement possibilities are almost unlimited when suspended in the water; and people work on aerobic fitness, strength, balance and flexibility.

Cardio Core: The class is held in the shallow end of the pool. Participants challenge themselves with the resistance of the water in the low-impact work-out as they exercise to lively, upbeat music. Participants work on aerobic conditioning, strength, balance and flexibility. At least 35 minutes of the class will be dedicated to pure cardio in Level 2 class.

Schedule can be found online, <http://www.thprd.org/facilities/aquatics/beaverton>, or by stopping into the center. The schedule is subject to change without notice.

Lap Swim, Open Swim, & Water Fitness

Please see online schedule at www.thprd.org for updated details.



Scan QR code for up-to-date hours and schedule.



@THPRDAquatics

Class availability subject to change. Fees vary due to number of session is in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler at the dressing room.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
No class 6/19, 7/4.					
6/15-6/25	M-Th	9:35-10:05 am	\$84	\$105	BV111005
6/29-7/9	M-Th	9:35-10:05 am	\$84	\$105	BV111006
7/13-7/23	M-Th	9:35-10:05 am	\$84	\$105	BV111007
7/27-8/6	M-Th	9:35-10:05 am	\$84	\$105	BV111008
8/10-8/20	M-Th	9:35-10:05 am	\$84	\$105	BV111009
6/15-6/25	M-Th	10:10-10:40 am	\$84	\$105	BV111010
6/29-7/9	M-Th	10:10-10:40 am	\$84	\$105	BV111011
7/13-7/23	M-Th	10:10-10:40 am	\$84	\$105	BV111012
7/27-8/6	M-Th	10:10-10:40 am	\$84	\$105	BV111013
8/10-8/20	M-Th	10:10-10:40 am	\$84	\$105	BV111014
6/15-6/25	M-Th	11-11:30 am	\$84	\$105	BV111015
6/29-7/9	M-Th	11-11:30 am	\$84	\$105	BV111016
7/13-7/23	M-Th	11-11:30 am	\$84	\$105	BV111017
7/27-8/6	M-Th	11-11:30 am	\$84	\$105	BV111018
8/10-8/20	M-Th	11-11:30 am	\$84	\$105	BV111019
6/15-6/25	M-Th	11:35 am-12:05 pm	\$84	\$105	BV111020
6/29-7/9	M-Th	11:35 am-12:05 pm	\$84	\$105	BV111021
7/13-7/23	M-Th	11:35 am-12:05 pm	\$84	\$105	BV111022
7/27-8/6	M-Th	11:35 am-12:05 pm	\$84	\$105	BV111023
8/10-8/20	M-Th	11:35 am-12:05 pm	\$84	\$105	BV111024
6/15-7/15	M/W	3:45-4:15 pm	\$104	\$130	BV111030
7/20-8/19	M/W	3:45-4:15 pm	\$104	\$130	BV111031
6/15-7/15	M/W	4:20-4:50 pm	\$104	\$130	BV111032
7/20-8/19	M/W	4:20-4:50 pm	\$104	\$130	BV111033
6/15-7/15	M/W	4:55-5:25 pm	\$104	\$130	BV111034
7/20-8/19	M/W	4:55-5:25 pm	\$104	\$130	BV111035
6/15-7/15	M/W	5:45-6:15 pm	\$104	\$130	BV111036
7/20-8/19	M/W	5:45-6:15 pm	\$104	\$130	BV111037
6/15-7/15	M/W	6:20-6:50 pm	\$104	\$130	BV111038
7/20-8/19	M/W	6:20-6:50 pm	\$104	\$130	BV111039
6/16-7/16	T/Th	3:45-4:15 pm	\$104	\$130	BV111044
7/21-8/20	T/Th	3:45-4:15 pm	\$104	\$130	BV111045
6/16-7/16	T/Th	4:20-4:50 pm	\$104	\$130	BV111046
7/21-8/20	T/Th	4:20-4:50 pm	\$104	\$130	BV111047
6/16-7/16	T/Th	4:55-5:25 pm	\$104	\$130	BV111048
7/21-8/20	T/Th	4:55-5:25 pm	\$104	\$130	BV111049
6/16-7/16	T/Th	5:45-6:15 pm	\$104	\$130	BV111050
7/21-8/20	T/Th	5:45-6:15 pm	\$104	\$130	BV111051
6/16-7/16	T/Th	6:20-6:50 pm	\$104	\$130	BV111052
7/21-8/20	T/Th	6:20-6:50 pm	\$104	\$130	BV111053
6/20-8/22	S	9-9:30 am	\$95	\$118.75	BV111057
6/20-8/22	S	9:35-10:05 am	\$95	\$118.75	BV111058
6/20-8/22	S	10:10-10:40 am	\$95	\$118.75	BV111059
6/20-8/22	S	11-11:30 am	\$95	\$118.75	BV111060
6/20-8/22	S	11:35 am-12:05 pm	\$95	\$118.75	BV111061

Is your child new to THPRD?

THPRD offers swimming level assessments to ensure registration in the appropriate level.

If your child is new to our lesson program or has not had lessons with THPRD in the past six months, an assessment is encouraged. Call 503-629-6312 for an appointment.

School Age Level 1-4

No class 6/19, 7/4.

6/15-6/25	M-Th	9-9:30 am	\$84	\$105	BV121000
6/29-7/9	M-Th	9-9:30 am	\$84	\$105	BV121001
7/13-7/23	M-Th	9-9:30 am	\$84	\$105	BV121002
7/27-8/6	M-Th	9-9:30 am	\$84	\$105	BV121003
8/10-8/20	M-Th	9-9:30 am	\$84	\$105	BV121004
6/15-6/25	M-Th	9:35-10:05 am	\$84	\$105	BV121005
6/29-7/9	M-Th	9:35-10:05 am	\$84	\$105	BV121006
7/13-7/23	M-Th	9:35-10:05 am	\$84	\$105	BV121007
7/27-8/6	M-Th	9:35-10:05 am	\$84	\$105	BV121008
8/10-8/20	M-Th	9:35-10:05 am	\$84	\$105	BV121009
6/15-6/25	M-Th	10:10-10:40 am	\$84	\$105	BV121010
6/29-7/9	M-Th	10:10-10:40 am	\$84	\$105	BV121011
7/13-7/23	M-Th	10:10-10:40 am	\$84	\$105	BV121012
7/27-8/6	M-Th	10:10-10:40 am	\$84	\$105	BV121013
8/10-8/20	M-Th	10:10-10:40 am	\$84	\$105	BV121014
6/15-6/25	M-Th	11-11:30 am	\$84	\$105	BV121015
6/29-7/9	M-Th	11-11:30 am	\$84	\$105	BV121016
7/13-7/23	M-Th	11-11:30 am	\$84	\$105	BV121017
7/27-8/6	M-Th	11-11:30 am	\$84	\$105	BV121018
8/10-8/20	M-Th	11-11:30 am	\$84	\$105	BV121019
6/15-6/25	M-Th	11:35 am-12:05 pm	\$84	\$105	BV121020
6/29-7/9	M-Th	11:35 am-12:05 pm	\$84	\$105	BV121021
7/13-7/23	M-Th	11:35 am-12:05 pm	\$84	\$105	BV121022
7/27-8/6	M-Th	11:35 am-12:05 pm	\$84	\$105	BV121023
8/10-8/20	M-Th	11:35 am-12:05 pm	\$84	\$105	BV121024
6/15-6/25	M-Th	12:10-12:40 pm	\$84	\$105	BV121025
6/29-7/9	M-Th	12:10-12:40 pm	\$84	\$105	BV121026
7/13-7/23	M-Th	12:10-12:40 pm	\$84	\$105	BV121027
7/27-8/6	M-Th	12:10-12:40 pm	\$84	\$105	BV121028
8/10-8/20	M-Th	12:10-12:40 pm	\$84	\$105	BV121029
6/15-7/15	M/W	3:45-4:15 pm	\$104	\$130	BV121030
7/20-8/19	M/W	3:45-4:15 pm	\$104	\$130	BV121031
6/15-7/15	M/W	4:20-4:50 pm	\$104	\$130	BV121032
7/20-8/19	M/W	4:20-4:50 pm	\$104	\$130	BV121033
6/15-7/15	M/W	4:55-5:25 pm	\$104	\$130	BV121034
7/20-8/19	M/W	4:55-5:25 pm	\$104	\$130	BV121035
6/15-7/15	M/W	5:45-6:15 pm	\$104	\$130	BV121036
7/20-8/19	M/W	5:45-6:15 pm	\$104	\$130	BV121037
6/15-7/15	M/W	6:20-6:50 pm	\$104	\$130	BV121038
7/20-8/19	M/W	6:20-6:50 pm	\$104	\$130	BV121039
6/15-7/15	M/W	6:55-7:25 pm	\$104	\$130	BV121041
7/20-8/19	M/W	6:55-7:25 pm	\$104	\$130	BV121042
6/16-7/16	T/Th	3:45-4:15 pm	\$104	\$130	BV121044
7/21-8/20	T/Th	3:45-4:15 pm	\$104	\$130	BV121045
6/16-7/16	T/Th	4:20-4:50 pm	\$104	\$130	BV121046
7/21-8/20	T/Th	4:20-4:50 pm	\$104	\$130	BV121047
6/16-7/16	T/Th	4:55-5:25 pm	\$104	\$130	BV121048
7/21-8/20	T/Th	4:55-5:25 pm	\$104	\$130	BV121049
6/16-7/16	T/Th	5:45-6:15 pm	\$104	\$130	BV121050
7/21-8/20	T/Th	5:45-6:15 pm	\$104	\$130	BV121051
6/16-7/16	T/Th	6:20-6:50 pm	\$104	\$130	BV121052
7/21-8/20	T/Th	6:20-6:50 pm	\$104	\$130	BV121053
6/20-8/22	S	9-9:30 am	\$95	\$118.75	BV121057
6/20-8/22	S	9:35-10:05 am	\$95	\$118.75	BV121058
6/20-8/22	S	10:10-10:40 am	\$95	\$118.75	BV121059
6/20-8/22	S	11-11:30 am	\$95	\$118.75	BV121060
6/20-8/22	S	11:35 am-12:05 pm	\$95	\$118.75	BV121061

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Intermediate/Advanced Swimming

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 5-7					
NO class 6/19, 7/4.					
6/15-6/25	M-Th	12:10-12:40 pm	\$84	\$105	BV125025
6/29-7/9	M-Th	12:10-12:40 pm	\$84	\$105	BV125026
7/13-7/23	M-Th	12:10-12:40 pm	\$84	\$105	BV125027
7/27-8/6	M-Th	12:10-12:40 pm	\$84	\$105	BV125028
8/10-8/20	M-Th	12:10-12:40 pm	\$84	\$105	BV125029
6/20-8/22	S	10:10-10:40 am	\$95	\$118.75	BV125059
6/20-8/22	S	11:35 am-12:05 pm	\$95	\$118.75	BV125061

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					
Ages 6 month to 3 years old.					
Water adjustment class for adult and child. Basic skills are introduced with games and songs. Swim diapers required. One adult with each child.					
No class 6/19, 7/4.					
6/15-6/25	M-Th	9:35-10:05 am	\$57	\$71.25	BV140005
6/29-7/9	M-Th	9:35-10:05 am	\$57	\$71.25	BV140006
7/13-7/23	M-Th	9:35-10:05 am	\$57	\$71.25	BV140007
7/27-8/6	M-Th	9:35-10:05 am	\$57	\$71.25	BV140008
8/10-8/20	M-Th	9:35-10:05 am	\$57	\$71.25	BV140009
6/16-7/16	T/Th	4:20-4:50 pm	\$69	\$86.25	BV140046
7/21-8/20	T/Th	4:20-4:50 pm	\$69	\$86.25	BV140047
6/20-8/22	S	9:35-10:05 am	\$63	\$78.75	BV140058



You & Your Aqua Explorers

Ages 2 years to 4 years old.
 Help your child learn introduction to preschool level one skills. Your little swimmer will build confidence in a class setting with you by their side. Swim diapers required or toilet trained. One adult with each child.
No class 6/19, 7/4.

6/15-7/15	M/W	4:55-5:25 pm	\$69	\$86.25	BV141034
7/20-8/19	M/W	4:55-5:25 pm	\$69	\$86.25	BV141035
6/20-8/22	S	11-11:30 am	\$63	\$78.75	BV141060

Teen/Adult Swimming Skills

No class 6/19, 7/4.

6/15-6/25	M-Th	9-9:30 am	\$84	\$105	BV150000
6/29-7/9	M-Th	9-9:30 am	\$84	\$105	BV150001
7/13-7/23	M-Th	9-9:30 am	\$84	\$105	BV150002
7/27-8/6	M-Th	9-9:30 am	\$84	\$105	BV150003
8/10-8/20	M-Th	9-9:30 am	\$84	\$105	BV150004
6/15-7/15	M/W	6:55-7:25 pm	\$104	\$130	BV150041
7/20-8/19	M/W	6:55-7:25 pm	\$104	\$130	BV150042
6/16-7/16	T/Th	6:55-7:25 pm	\$104	\$130	BV150055
7/21-8/20	T/Th	6:55-7:25 pm	\$104	\$130	BV150056
6/20-8/22	S	9-9:30 am	\$95	\$118.75	BV150057

Diving

6/16-7/16	T/Th	10-10:45 am	\$103	\$128.75	BV13510
7/21-8/20	T/Th	10-10:45 am	\$103	\$128.75	BV13511

Training or Professional Classes

Date	Day	Time	ID/AP	OD	Class#
Lifeguard Training					
This is a "BLENDED LEARNING" lifeguard class. Prerequisites: Minimum age: 15 years; Swim 150 yards continuously; Tread water for 2 minutes using only the legs, then swim another 50 yards; Complete a timed event within 1 minute, 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on back, with both hands on the brick, return to the starting point, exit the water without using steps or a ladder. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, valid for 2 years. After registering, the facility will contact participants to set up the pre-test. Successful completion of the pretest is required prior to participation. Student email is required upon registration in course, call the Center to update your account.					
8/21-8/23	F/S	Friday 4-8 pm Saturday 1-5 Sunday 9-6	\$310	\$387.50	BV152053

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Conestoga Recreation & Aquatic Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

9985 SW 125th Avenue
Beaverton, 97008
503-629-6313

TriMet Bus Route #62

Center Supervisor: Laura Hester
Assistant Center Supervisor: Jenny Wilson

Facility Hours:

Monday-Friday	5:30 am-9:30 pm
Saturday	8 am-8 pm
Sunday	9 am-8 pm

Check online for pool hours.

Modified Schedule 9 am-2 pm: 6/19, 7/3, 7/4

Conestoga Recreation & Aquatic Center features:

- Average Pool Temperature:
Main Pool - 85° Slide Pool - 90°
- Outdoor Splash Pad (seasonal)
- Independent changing rooms

Facility Features:

- Weight room/fitness center, shower/locker rooms
- THRIVE Afterschool Enrichment Program
- Nine month Preschool (English & Spanish)
- Indoor gym for drop-in sports
- Kitchen for cooking classes
- Two dance/fitness studio rooms
- Classrooms for birthday parties/rentals
- Preschool Indoor Play Park
- Outdoor playground

Conestoga is Hiring

Lifeguards • Sports Instructor • Fitness Instructors
Swim Instructors • Camp Staff • Desk Staff

Interested in becoming a lifeguard?

Call 503-629-6313 for more information.

Note: This section is for Conestoga Aquatic programs only. See page 152 for Conestoga Recreation programs.

Summer Theme Nights

Experience our Summer Theme Nights, where organized games, music, and creative activities come together for unforgettable fun. Bring your friends and your imagination for a vibrant, energy-filled event that captures the best of summer vibes!

June 26, 6-8:30 pm: KPop Demon Hunters

No more hiding and no more lies - get ready for nonstop fun and unforgettable moments!

July 24, 6-8:30 pm: Minecraft

First we mine, then we craft - where splashing, building, and adventure collide in a vibrant blocky oasis.

August 14, 6-8:30 pm: Spidey & Friends:

Swing into action, where heroic fun and splashing adventures await.

Wipeout is Back!

July 10 & August 7 • 6-8:30 pm



Splash Pad

Get ready for summer fun as our outdoor splash pad is set to reopen! Jump into excitement with family and friends every day during regular facility hours. Daily drop-in rates apply.



Conestoga Aquatics: Frequently Asked Questions

Q: If my child has taken swimming lessons somewhere other than THPRD, how do I know which level to register for?

Please see the provided information in the THPRD Aquatics – General Information pages in this guide. For children who can swim 25 yards each of front crawl and backstroke with proper technique, level evaluations are scheduled upon request.

Q: What is the required adult-to-child ratio during open swim?

An adult with 2 or 3 non-swimmers will be asked to put all non-swimmers in life jackets. If there are more than 3 non-swimmers, additional adult supervision is required.

Q: Are flotation devices allowed in the pool?

Flotation device guidelines may vary from center to center. At Conestoga, unless a flotation device is provided by staff, only U.S. Coast Guard approved life jackets may be used.

Q: How often do you require swim tests for the deep end?

To use the deep end, a swim test is required for anyone 14 years and younger. This is a daily requirement for all drop-in programs, including open swims and lap swims. For guests 15 years and older, any safety concerns will be addressed by staff on an individual basis.

Q: How old does a child need to be to play in the water on their own?

Any child 6 years and younger is required to have an adult in the water with them and within arm's reach at all times, regardless of swimming ability. A non-swimming child of any age should have a guardian within arm's reach at all times.

Q: Where should I watch my child's swim lessons?

Unless you are getting in the water as a part of a parent participation class, parents and guardians should observe their swimmer in the spectator area located upstairs. For accommodations, please speak with the deck manager on duty.



Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your child on the pool deck.

School-age: First grade through age 12. An adult must remain on the premises during class for children under 10 years of age.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Levels 1-3					
No class 7/4, 7/5, 8/1.					

6/15-6/25	M-Th	9:30-10 am	\$84	\$105	CA111001
6/29-7/9	M-Th	9:30-10 am	\$84	\$105	CA111002
7/13-7/23	M-Th	9:30-10 am	\$84	\$105	CA111003
7/27-8/6	M-Th	9:30-10 am	\$84	\$105	CA111004
8/10-8/20	M-Th	9:30-10 am	\$84	\$105	CA111005
6/15-6/25	M-Th	10:05-10:35 am	\$84	\$105	CA111006
6/29-7/9	M-Th	10:05-10:35 am	\$84	\$105	CA111007
7/13-7/23	M-Th	10:05-10:35 am	\$84	\$105	CA111008
7/27-8/6	M-Th	10:05-10:35 am	\$84	\$105	CA111009
8/10-8/20	M-Th	10:05-10:35 am	\$84	\$105	CA111010
6/15-6/25	M-Th	10:55-11:25 am	\$84	\$105	CA111011
6/29-7/9	M-Th	10:55-11:25 am	\$84	\$105	CA111012
7/13-7/23	M-Th	10:55-11:25 am	\$84	\$105	CA111013
7/27-8/6	M-Th	10:55-11:25 am	\$84	\$105	CA111014
8/10-8/20	M-Th	10:55-11:25 am	\$84	\$105	CA111015
6/15-6/25	M-Th	11:30 am-12 pm	\$84	\$105	CA111016
6/29-7/9	M-Th	11:30 am-12 pm	\$84	\$105	CA111017
7/13-7/23	M-Th	11:30 am-12 pm	\$84	\$105	CA111018
7/27-8/6	M-Th	11:30 am-12 pm	\$84	\$105	CA111019
8/10-8/20	M-Th	11:30 am-12 pm	\$84	\$105	CA111020
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	CA111030
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	CA111031
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	CA111032
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	CA111033
6/15-7/15	M/W	5:15-5:45 pm	\$104	\$130	CA111034
7/20-8/19	M/W	5:15-5:45 pm	\$104	\$130	CA111035
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	CA111036
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	CA111037
6/15-7/15	M/W	6:40-7:10 pm	\$104	\$130	CA111038
7/20-8/19	M/W	6:40-7:10 pm	\$104	\$130	CA111039
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	CA111040
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	CA111041
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	CA111042
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	CA111043
6/16-7/16	T/Th	5:15-5:45 pm	\$104	\$130	CA111044
7/21-8/20	T/Th	5:15-5:45 pm	\$104	\$130	CA111045
6/16-7/16	T/Th	6:05-6:35 pm	\$104	\$130	CA111046
7/21-8/20	T/Th	6:05-6:35 pm	\$104	\$130	CA111047
6/16-7/16	T/Th	6:40-7:10 pm	\$104	\$130	CA111048
7/21-8/20	T/Th	6:40-7:10 pm	\$104	\$130	CA111049
6/20-8/15	S	9-9:30 am	\$84	\$105	CA111050
6/20-8/15	S	9:35-10:05 am	\$84	\$105	CA111051
6/20-8/15	S	10:10-10:40 am	\$84	\$105	CA111052
6/20-8/15	S	11-11:30 am	\$84	\$105	CA111053
6/20-8/15	S	11:35 am-12:05 pm	\$84	\$105	CA111054
6/21-8/16	Su	12:15-12:45 pm	\$84	\$105	CA111060
6/21-8/16	Su	12:50-1:20 pm	\$84	\$105	CA111061
6/21-8/16	Su	1:25-1:55 pm	\$84	\$105	CA111062
6/21-8/16	Su	2:15-2:45 pm	\$84	\$105	CA111063
6/21-8/16	Su	2:50-3:30 pm	\$84	\$105	CA111064

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

School Age Levels 1-2

6/16-7/16	T/Th	6:05-6:35 pm	\$104	\$130	CA121046
7/21-8/20	T/Th	6:05-6:35 pm	\$104	\$130	CA121047

School Age Levels 1-4

No class 7/4, 7/5, 8/1.

6/15-6/25	M-Th	9:30-10 am	\$84	\$105	CA121001
6/29-7/9	M-Th	9:30-10 am	\$84	\$105	CA121002
7/13-7/23	M-Th	9:30-10 am	\$84	\$105	CA121003
7/27-8/6	M-Th	9:30-10 am	\$84	\$105	CA121004
8/10-8/20	M-Th	9:30-10 am	\$84	\$105	CA121005
6/15-6/25	M-Th	10:05-10:35 am	\$84	\$105	CA121006
6/29-7/9	M-Th	10:05-10:35 am	\$84	\$105	CA121007
7/13-7/23	M-Th	10:05-10:35 am	\$84	\$105	CA121008
7/27-8/6	M-Th	10:05-10:35 am	\$84	\$105	CA121009
8/10-8/20	M-Th	10:05-10:35 am	\$84	\$105	CA121010
6/15-6/25	M-Th	10:55-11:25 am	\$84	\$105	CA121011
6/29-7/9	M-Th	10:55-11:25 am	\$84	\$105	CA121012
7/13-7/23	M-Th	10:55-11:25 am	\$84	\$105	CA121013
7/27-8/6	M-Th	10:55-11:25 am	\$84	\$105	CA121014
8/10-8/20	M-Th	10:55-11:25 am	\$84	\$105	CA121015
6/15-6/25	M-Th	11:30 am-12 pm	\$84	\$105	CA121016
6/29-7/9	M-Th	11:30 am-12 pm	\$84	\$105	CA121017
7/13-7/23	M-Th	11:30 am-12 pm	\$84	\$105	CA121018
7/27-8/6	M-Th	11:30 am-12 pm	\$84	\$105	CA121019
8/10-8/20	M-Th	11:30 am-12 pm	\$84	\$105	CA121020
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	CA121030
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	CA121031
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	CA121032
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	CA121033
6/15-7/15	M/W	5:15-5:45 pm	\$104	\$130	CA121034
7/20-8/19	M/W	5:15-5:45 pm	\$104	\$130	CA121035
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	CA121036
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	CA121037
6/15-7/15	M/W	6:40-7:10 pm	\$104	\$130	CA121038
7/20-8/19	M/W	6:40-7:10 pm	\$104	\$130	CA121039
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	CA121040
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	CA121041
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	CA121042
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	CA121043
6/16-7/16	T/Th	5:15-5:45 pm	\$104	\$130	CA121044
7/21-8/20	T/Th	5:15-5:45 pm	\$104	\$130	CA121045
6/16-7/16	T/Th	6:40-7:10 pm	\$104	\$130	CA121048
7/21-8/20	T/Th	6:40-7:10 pm	\$104	\$130	CA121049
6/20-8/15	S	9-9:30 am	\$84	\$105	CA121050
6/20-8/15	S	9:35-10:05 am	\$84	\$105	CA121051
6/20-8/15	S	10:10-10:40 am	\$84	\$105	CA121052
6/21-8/16	Su	12:15-12:45 pm	\$84	\$105	CA121060
6/21-8/16	Su	12:50-1:20 pm	\$84	\$105	CA121061
6/21-8/16	Su	1:25-1:55 pm	\$84	\$105	CA121062
6/21-8/16	Su	2:15-2:45 pm	\$84	\$105	CA121063
6/21-8/16	Su	2:50-3:30 pm	\$84	\$105	CA121064

7/13-7/23	M-Th	9:30-10 am	\$84	\$105	CA125003
7/27-8/6	M-Th	9:30-10 am	\$84	\$105	CA125004
8/10-8/20	M-Th	9:30-10 am	\$84	\$105	CA125005
6/15-6/25	M-Th	10:55-11:25 am	\$84	\$105	CA125011
6/29-7/9	M-Th	10:55-11:25 am	\$84	\$105	CA125012
7/13-7/23	M-Th	10:55-11:25 am	\$84	\$105	CA125013
7/27-8/6	M-Th	10:55-11:25 am	\$84	\$105	CA125014
8/10-8/20	M-Th	10:55-11:25 am	\$84	\$105	CA125015
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	CA125030
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	CA125031
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	CA125032
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	CA125033
6/15-7/15	M/W	6:40-7:10 pm	\$104	\$130	CA125038
7/20-8/19	M/W	6:40-7:10 pm	\$104	\$130	CA125039
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	CA125040
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	CA125041
6/16-7/16	T/Th	5:15-5:45 pm	\$104	\$130	CA125044
7/21-8/20	T/Th	5:15-5:45 pm	\$104	\$130	CA125045
6/20-8/15	S	9:35-10:05 am	\$84	\$105	CA125051
6/20-8/15	S	10:10-10:40 am	\$84	\$105	CA125052
6/21-8/16	Su	12:50-1:20 pm	\$84	\$105	CA125061
6/21-8/16	Su	2:15-2:45 pm	\$84	\$105	CA125063

Specialty Programs

High School Prep NEW

Stroke development and endurance building to get you ready for high school swim team.

6/15-8/19	M/W	8:05-8:50 pm	\$250	\$312.50	CA135000MW
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Summer Score

Score is a recreational water polo team for ages 6 to 17. No prior water polo experience required, participants must be able to swim 25 yards of crawl stroke, 25 yards of backstroke, and 1 minute treading water. Score practices consist of swimming, treading water, ball handling, passing, and shooting technique, basic game principles, sportsmanship, teamwork, and communication. **No class 7/4, 8/1.**

6/20-8/15	S	4:15-5:10 pm	\$127	\$158.75	CA132000
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Summer Splash

A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season. **No class 7/4, 7/5, 8/1. Splash Meet Dates: 6/27, 7/18, 8/1, 8/15.**

6/15-8/12	M/W	7:15-8 pm	\$250	\$312.50	CA134000MW
6/16-8/13	T/Th	8:30-9:15 am	\$250	\$312.50	CA134000TT
6/16-8/13	T/Th	7:15-8 pm	\$250	\$312.50	CA134001TT
6/20-8/8	S	11-11:55 am	\$120	\$150	CA134000S
6/21-8/9	Su	3:25-4:20 pm	\$120	\$150	CA134000SU

Adult Swimming Skills

No class 7/5.

6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	CA150036
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	CA150037
6/21-8/16	Su	2:50-3:20 pm	\$84	\$105	CA150064

Intermediate/Advanced Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
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Preschool/School Age Levels 5-7

No class 7/4, 7/5, 8/1.

6/15-6/25	M-Th	9:30-10 am	\$84	\$105	CA125001
6/29-7/9	M-Th	9:30-10 am	\$84	\$105	CA125002

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Baby/Toddler & Me

Ages 6 months to 3 years old.

Water adjustment class for adult and child. Basic skills are introduced with games and songs. Swim diapers required. One adult with each child. **No class 7/4, 7/5, 8/1.**

6/15-6/25	M-W	10:05-10:35 am	\$69	\$86.25	CA140006
7/20-8/19	M-W	10:05-10:35 am	\$69	\$86.25	CA140007
6/16-7/16	T/Th	10:05-10:35 am	\$69	\$86.25	CA140008
7/21-8/20	T/Th	10:05-10:35 am	\$69	\$86.25	CA140009
6/15-7/15	M/W	6:05-6:35 pm	\$69	\$86.25	CA140036
7/20-8/19	M/W	6:05-6:35 pm	\$69	\$86.25	CA140037
6/16-7/16	T/Th	4:40-5:10 pm	\$69	\$86.25	CA140042
7/21-8/20	T/Th	4:40-5:10 pm	\$69	\$86.25	CA140043
6/20-8/15	S	9-9:30 am	\$57	\$71.25	CA140050
6/20-8/15	S	10:10-10:40 am	\$57	\$71.25	CA140052
6/21-8/16	Su	12:15-12:45 pm	\$57	\$71.25	CA140060

Teens and Tweens Instruction

6/15-6/25	M-Th	11:30 am-12 pm	\$84	\$105	CA151016
6/29-7/9	M-Th	11:30 am-12 pm	\$84	\$105	CA151017
7/13-7/23	M-Th	11:30 am-12 pm	\$84	\$105	CA151018
7/27-8/6	M-Th	11:30 am-12 pm	\$84	\$105	CA151019
8/10-8/20	M-Th	11:30 am-12 pm	\$84	\$105	CA151020
6/16-7/16	T/Th	6:05-6:35 pm	\$104	\$130	CA151046
7/21-8/20	T/Th	6:05-6:35 pm	\$104	\$130	CA151047

You & Your Preschooler

Water adjustment class for preschool students who have had difficulty transitioning to a class without adult participation. Basic skills from Level 1 are introduced, with adult participation in the water. **No class 7/5.**

6/15-7/15	M/W	5:15-5:45 pm	\$104	\$130	CA141034
7/20-8/19	M/W	5:15-5:45 pm	\$104	\$130	CA141035
6/16-7/16	T/Th	6:40-7:10 pm	\$104	\$130	CA141048
7/21-8/20	T/Th	6:40-7:10 pm	\$104	\$130	CA141049
6/21-8/16	Su	1:25-1:55 pm	\$84	\$105	CA141062

Training or Professional Classes

Adult Pediatric First Aid/CPR/AED

7/12	Su	9:15 am-12:30 pm	\$77	\$96.25	CA152201
8/9	Su	9:15 am-12:30 pm	\$77	\$96.25	CA152202

Lifeguard Training

Ages 15+ years

7/18-7/26	Su/S	9:15 am-4 pm	\$310	\$388	CA152000
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Adaptive Swim

Adaptive swim lessons are designed for individuals (age 3 and older) with developmental, cognitive, and or physical disabilities. These one-on-one classes can be personalized for the needs of each participant. We offer lessons to people who experience cognitive disabilities, physical disabilities, anxieties, behavioral challenges, or sensory sensitivities. Since these lessons are individualized, we can tailor them to the specific needs of the swimmer. We allow for non-traditional progression of skills, while continuing to focus on safety, and swimming goals and techniques. Space is extremely limited. Scan the QR code below to register.



Private Lesson Interest List

This is an interest list only. If a private lesson becomes available we email people on this list for a first come, first served basis.

Afternoons, Weekends	CA360000
Weekday Mornings	CA360001



Swim Camps

Aqua Odyssey Jr. Classic Swim Camp

Enjoy the magic of a classic summer camp with all the standard favorites like, friendship bracelets, arts and crafts, group games, nature walks, and more. Campers will enjoy a swim lesson and free swim each day. **No camp 6/19.**

6/15-6/18	M-Th	9 am-12 pm	7-10 yrs	\$169	\$211.25	CA172001
7/20-7/24	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172006

Aqua Odyssey Jr: Aquatic Sampler Swim Camp

This camp is the perfect opportunity for your swimmers to explore a variety of water-based activities. This camp offers a sampling of aquatic experiences from swimming, water polo, synchronized swimming, diving, and water fitness. Campers will enjoy a swim lesson and free swim each day.

6/22-6/26	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172002
7/27-7/31	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172007

Aqua Odyssey Jr: Safe Swimmer Camp

This camp is designed to provide young swimmers with essential water safety skills and swimming techniques in a fun and supportive environment. Campers will enjoy a variety of water acclimation activities including basic swim skills and water safety techniques. In addition to swimming, campers will play games outside. Campers will enjoy a swim lesson and free swim each day.

7/6-7/10	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172004
8/3-8/7	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172008

Aqua Odyssey Jr: STEAMboat Swim Camp

This camp is a unique blend of swimming, engineering, art and science. Campers will enjoy a variety of water-based science experiments including water chemistry, hydrodynamics, and surface tension. Campers will enjoy a swim lesson and free swim each day.

7/13-7/17	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172005
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Aqua Odyssey Jr: Games Swim Camp

Games Swim Camp is the perfect blend of swimming, games, and outdoor fun. This exciting camp offers a variety of group games, obstacle courses, scavenger hunts, and team sports. Campers will enjoy a swim lesson and free swim each day.

8/10-8/14	M-F	9 am-12 pm	7-10 yrs	\$206	\$257.50	CA172009
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Aqua Odyssey: Classic Swim Camp

Enjoy the magic of a classic summer camp with all the standard favorites like, friendship bracelets, arts and crafts, group games, nature walks, and more. Campers will enjoy free swim each day.

6/15-6/18	M-Th	1-4 pm	9-12 yrs	\$169	\$211.25	CA172201
7/20-7/24	M-F	1-4 pm	9-12 yrs	\$206	\$257.50	CA172206

Aqua Odyssey: Aquatic Sampler Swim Camp

This camp is the perfect opportunity for your swimmers to explore a variety of water-based activities. This camp offers a sampling of aquatic experiences from swimming, water polo, synchronized swimming, diving, to water fitness. Campers will enjoy free swim each day.

6/22-6/25	M-Th	1-4 pm	9-12 yrs	\$206	\$257.50	CA172202
7/27-7/31	M-F	1-4 pm	9-12 yrs	\$206	\$257.50	CA172207

Aqua Odyssey: STEAMboat Swim Camp

This camp is a unique blend of swimming, engineering, art and science. Campers will enjoy a variety of water-based science experiments including water chemistry, hydrodynamics, and surface tension. Campers will enjoy free swim each day.

7/13-7/17	M-F	1-4 pm	9-12 yrs	\$206	\$257.50	CA172205
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Aqua Odyssey: Games Swim Camp

Games Swim Camp is the perfect blend of swimming, games, and outdoor fun. This exciting camp offers a variety of group games, obstacle courses, scavenger hunts, and team sports. Campers will enjoy free swim each day.

8/10-8/14	M-F	1-4 pm	9-12 yrs	\$206	\$257.50	CA172209
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Jr. Lifeguarding Camp

Junior Lifeguard Camp focuses on developing swimming skills to help participants meet the American Red Cross Lifeguard Training course prerequisite and improve stroke technique. The camp introduces participants to lifesaving skills, including in-water rescues, use of a rescue tube, and first aid, CPR, and AED skills (no certifications). Participants will shadow lifeguards in rotation to get a real sense of being on the job. Camp will also include training to aid in swimming lessons and, of course, water games. If you're looking for a fun, hands-on camp, this is the one! (Level 4+)

7/6-7/10	M-F	1-4 pm	12-15 yrs	\$215	\$268.75	CA172204
8/3-8/7	M-F	1-4 pm	12-15 yrs	\$215	\$268.75	CA172208



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Harman Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

**7300 SW Scholls Ferry Road
Beaverton, 97008
503-629-6314**

TriMet Bus Route #56

Facility Supervisor: Joshua Norton

Hours:

Monday – Thursday: 8 am - 7:30 pm

Friday: 8 am - 3 pm

Saturday: 8 am - 2 pm

Sunday: 10:30 am - 3:30 pm

Facility Closed: 6/19, 7/4, 9/7

Harman Swim Center features:

- ADA Lift Available
- Independent Changing Rooms
- Average Pool Temperature: 90°

Lap Swim, Open Swim, and Fitness Classes available. Schedules subject to change. Please check www.thprd.org for the most updated schedule and fitness class descriptions.

Adaptive Aquatics

Adaptive Aquatics is a program providing one on one swimming lessons for people of any age over 3 who experience disability. We offer lessons to people who experience cognitive disabilities, physical disabilities, anxieties, behavioral challenges, or sensory differences. Since the lessons are individualized, we can tailor them to the specific needs of the swimmer. We allow for non-traditional progression of skills, while continuing to focus on safety, and swimming goals and techniques. Space is extremely limited. Scan the QR code below to register.



Mermaid Tea Party

Saturday, July 11

11 am-1 pm & 3-5 pm

Join us at Harman Swim center to enjoy our warm water and delight in a tea party with real mermaids! Our local Oregon Mers will be in the water to interact with and perform for guests. Look forward to snacks, activities and photo ops at Harman's Mermaid Tea Party. Space is limited so sign up now!



Lap Swim, Open Swim, & Water Fitness

Please see online schedule at www.thprd.org for updated details.

Competitive Swimming Shoulder Stability Clinic

Designed to teach competitive swimmers ages 11-18 skills to prevent swimming-related shoulder injuries. Swimmers learn strengthening and stabilizing movements, improve mobility, and practice effective warm-up techniques to build resilient shoulders. This clinic combines education with interactive engagement to give swimmers the tools to avoid long-term shoulder injury. See pg.100 for more details.



Class availability subject to change. Fees vary due to number of sessions in each class. Preschool: Minimum age 3 years and toilet-trained. When class ends, pick up your preschooler on deck after class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
No class 7/5					

6/15-7/15	M/W	3:30-4 pm	\$104	\$130	HM111000
7/20-8/19	M/W	3:30-4 pm	\$104	\$130	HM111001
6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	HM111002
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	HM111003
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	HM111008
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	HM111009
6/16-7/16	T/Th	10:10-10:40 am	\$104	\$130	HM111012
7/21-8/20	T/Th	10:10-10:40 am	\$104	\$130	HM111013
6/16-7/16	T/Th	10:45-11:15 am	\$104	\$130	HM111014
7/21-8/20	T/Th	10:45-11:15 am	\$104	\$130	HM111015
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	HM111026
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	HM111027
6/16-7/16	T/Th	5:30-6 pm	\$104	\$130	HM111030
7/21-8/20	T/Th	5:30-6 pm	\$104	\$130	HM111031
6/16-7/16	T/Th	6:40-7:10 pm	\$104	\$130	HM111034
7/21-8/20	T/Th	6:40-7:10 pm	\$104	\$130	HM111035
6/21-8/16	Su	1:10-1:40 pm	\$84	\$105	HM111044

School Age Level 1-4					
No class 7/5					

6/15-7/15	M/W	3:30-4 pm	\$104	\$130	HM121000
7/20-8/19	M/W	3:30-4 pm	\$104	\$130	HM121001
6/15-7/15	M/W	4:40-5:10 pm	\$104	\$130	HM121004
7/20-8/19	M/W	4:40-5:10 pm	\$104	\$130	HM121005
6/15-7/15	M/W	5:30-6 pm	\$104	\$130	HM121006
7/20-8/19	M/W	5:30-6 pm	\$104	\$130	HM121007
6/15-7/15	M/W	6:05-6:35 pm	\$104	\$130	HM121008
7/20-8/19	M/W	6:05-6:35 pm	\$104	\$130	HM121009
6/16-7/16	T/Th	10:10-10:40 am	\$104	\$130	HM121012
7/21-8/20	T/Th	10:10-10:40 am	\$104	\$130	HM121013
6/16-7/16	T/Th	3:30-4 pm	\$104	\$130	HM121024
7/21-8/20	T/Th	3:30-4 pm	\$104	\$130	HM121025
6/16-7/16	T/Th	4:40-5:10 pm	\$104	\$130	HM121028
7/21-8/20	T/Th	4:40-5:10 pm	\$104	\$130	HM121029
6/16-7/16	T/Th	5:30-6 pm	\$104	\$130	HM121030
7/21-8/20	T/Th	5:30-6 pm	\$104	\$130	HM121031
6/16-7/16	T/Th	6:05-6:35 pm	\$104	\$130	HM121032
7/21-8/20	T/Th	6:05-6:35 pm	\$104	\$130	HM121033
6/21-8/16	Su	12:35-1:05 pm	\$84	\$105	HM121043
6/21-8/16	Su	2-2:30 pm	\$84	\$105	HM121045

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 5-7					
No class 7/5					

6/15-7/15	M/W	4:05-4:35 pm	\$104	\$130	HM125002
7/20-8/19	M/W	4:05-4:35 pm	\$104	\$130	HM125003
6/15-7/15	M/W	5:30-6 pm	\$104	\$130	HM125006

7/20-8/19	M/W	5:30-6 pm	\$104	\$130	HM125007
6/15-7/15	M/W	6:40-7:10 pm	\$104	\$130	HM125010
7/20-8/19	M/W	6:40-7:10 pm	\$104	\$130	HM125011
6/16-7/16	T/Th	10:45-11:15 am	\$104	\$130	HM125014
7/21-8/20	T/Th	10:45-11:15 am	\$104	\$130	HM125015
6/16-7/16	T/Th	4:05-4:35 pm	\$104	\$130	HM125026
7/21-8/20	T/Th	4:05-4:35 pm	\$104	\$130	HM125027
6/16-7/16	T/Th	6:05-6:35 pm	\$104	\$130	HM125032
7/21-8/20	T/Th	6:05-6:35 pm	\$104	\$130	HM125033
6/21-8/16	Su	1:10-1:40 pm	\$84	\$105	HM125044

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Summer Splash					
A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season. No class 7/4.					

6/15-8/12	M/W	6:15-7:10 pm	\$321	\$401.25	HM134000
6/20-8/15	S	8-8:55 am	\$145	\$181.25	HM134001

Baby/Toddler & Me

No class 7/4, 7/5					
6/15-7/15	M/W	5:30-6 pm	\$50	\$62.50	HM140006
7/20-8/19	M/W	5:30-6 pm	\$50	\$62.50	HM140007
6/20-8/22	S	8:25-8:55 am	\$63	\$78.75	HM140036
6/21-8/16	Su	1:10-1:40 pm	\$57	\$71.25	HM140044

You & Your Preschooler

No class 7/5					
6/21-8/16	Su	2-2:30 pm	\$84	\$105	HM141045

Teen Swimming Skills

6/15-7/15	M/W	6:40-7:25 pm	\$156	\$195	HM150010T
7/20-8/19	M/W	6:40-7:25 pm	\$156	\$195	HM150011T
6/16-7/16	T/Th	10:10-10:40 am	\$104	\$130	HM150012T
7/21-8/20	T/Th	10:10-10:40 am	\$104	\$130	HM150013T

Teen/Adult Swimming Skills

No class 7/45.					
6/16-7/16	T/Th	6:40-7:25 pm	\$104	\$130	HM150034
7/21-8/20	T/Th	6:40-7:25 pm	\$156	\$195	HM150035
6/21-8/16	Su	11:45 am-12:30 pm	\$126	\$157.50	HM150042

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Competitive Swimming Shoulder Stability Clinic new

The Competitive Swimming Shoulder Stability Clinic is designed to teach competitive swimmers ages 11-18 skills to prevent swimming-related shoulder injuries. The clinic consists of 4 90-minute classes led by a swim coach with experience building shoulder stability to prevent injury. 30 minutes of each class is dedicated to land-based exercises to improve shoulder strength and stability followed by 1 hour of in-the-water instruction to teach swimmers how to integrate those muscle groups into the four strokes to improve shoulder stability in practice and competition.

7/28-8/6	T/Th	12:45-2:15 pm	\$118	\$147.50	HM157000
8/11-8/20	T/Th	12:45-2:15 pm	\$118	\$147.50	HM157001

Private Lessons

No class 7/5

6/15-7/15	M/W	3:30-4 pm	\$500	\$625	HM160000
7/20-8/19	M/W	3:30-4 pm	\$500	\$625	HM160001
6/15-7/15	M/W	4:40-5:10 pm	\$500	\$625	HM160004
7/20-8/19	M/W	4:40-5:10 pm	\$500	\$625	HM160005
6/15-7/15	M/W	6:05-6:35 pm	\$500	\$625	HM160008
7/20-8/19	M/W	6:05-6:35 pm	\$500	\$625	HM160009
6/16-7/16	T/Th	11:20-11:50 am	\$500	\$625	HM160016
7/21-8/20	T/Th	11:20-11:50 am	\$500	\$625	HM160017
6/16-7/16	T/Th	4:40-5:10 pm	\$500	\$625	HM160028
7/21-8/20	T/Th	4:40-5:10 pm	\$500	\$625	HM160029
6/16-7/16	T/Th	6:40-7:10 pm	\$500	\$625	HM160034
7/21-8/20	T/Th	6:40-7:10 pm	\$500	\$625	HM160035
6/21-8/16	Su	1:10-1:40 pm	\$400	\$500	HM160044
6/21-8/16	Su	2-2:30 pm	\$400	\$500	HM160045

Training or Professional Classes

Date	Day	Time	ID/AP	OD	Class#
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Jr Lifeguard/Swim Aide Alternate Track

6/16-7/16	T/Th	12:15-2:15 pm	\$100	\$125	HM151000A
7/21-8/20	T/Th	12:15-2:15 pm	\$100	\$125	HM151001A

Lifeguard Training

7/31-8/8	F/S	8 am-6:30 pm	\$388	\$485	HM150000
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Revive H2O Recovery Program

Recovering from an illness or medical treatment? Regain your strength and create optimal health with this gentle and supportive class. Medical Release & Health/Medical History Forms requested.

6/16-7/16	T/Th	1-2pm	\$136	\$170	HM171020
7/21-8/20	T/Th	1-2pm	\$136	\$170	HM171021



Special Event

Date	Day	Time	ID/AP	OD	Class#
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Ai Chi & Sound Bath Healing

Participants will enjoy Ai Chi moves with Kristi, combining breath with movement that enhances memory, balance, flexibility, mobility and coordination. Then participants will float or gently move around in the water with the support of noodles while sound washes over them with crystal singing bowls by Julie. Refreshments and mingling to follow.

8/6	Th	7:30-8:30pm	\$10	\$12.75	HM171022
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Mermaid Tea Party

7/11	S	11 am-1 pm	\$10.25	\$12.75	HM26MERTEA1
7/11	S	3-5 pm	\$10.25	\$12.75	HM26MERTEA2



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Raleigh Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

3500 SW 78th Ave.
Portland, 97225
503-297-6888

TriMet Bus Route #56

Outdoor Pool

Facility Supervisor: Patrick Williamson

Hours:

Monday-Friday: 6 am – 4 pm
Saturday: 12 – 5 pm
Sunday: 12 – 4 pm Rental Opportunities

Raleigh Swim Center features:

- ADA Lift
- Average Pool Temperature: 84°

Sweat and Swim

Friday, July 10 9:30-11 am

Join us for a fun water fitness sampler in honor of National Park and Recreation Month.

Water Fitness Programs

Cardio Core: This is a fun, moderate intensity fitness class suitable for most people. The class is held in the shallow end of the pool. Participants challenge themselves with the resistance of the water in the low-impact work-out as they exercise to lively, upbeat music. Participants work on aerobic conditioning, strength, balance and flexibility.

Dig Deep: Participants wear flotation belts for a zero impact, moderate intensity workout in the deep end of the pool. It is not necessary to be an avid swimmer to participate; but it is helpful for participants to be comfortable in deep water.

Ai Chi: Participants will enjoy Ai Chi moves, combining breath with movement to enhance memory, balance, flexibility, mobility, and coordination.

Schedule can be found online, <http://www.thprd.org/facilities/aquatics/raleigh>, or by stopping into the center. The schedule is subject to change without notice.

Coming this Summer to Raleigh Swim Center

GROWN-UP SWIMMING®

Join us for 45 minutes of coached lap swim to work on your technique using drills and getting stroke tips to refine your lap swim. Regular drop in rates apply.

Several times this Summer Raleigh Swim Center will host Grown-up Swimming Meets where Adults of all abilities and skill levels will compete in a Social and Friendly competition where you can sign up as part of a team representing your favorite swim center! Although swimming is just for adults bring the whole crew to enjoy barbeque and cheer you on! After the meets there will be an open swim where all can join into the pool to enjoy the water. Drop in rates apply to non meet participants in open swim. You do not need to come to the Grown-Up Swimming coached lap swims in order to participate in the meets.

More details to come.



Swim lessons are back!

Raleigh Swim Center is offering swim lessons
Tuesdays and Thursdays 10:40 am – 12:20 pm

Have a get together, party or just want to have a pool to yourself this summer?

Raleigh Swim Center is offering rentals on Sundays 1 - 5 pm

Book your rental today by contacting the Tualatin Hills Aquatic Center at 503-629-6310 or email j.canova@thprd.org



Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler on deck after class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
6/16-7/16	T/Th	10:40-11:10 am	\$104	\$130	RP111000
7/21-8/20	T/Th	10:40-11:10 am	\$104	\$130	RP111001
6/16-7/16	T/Th	11:15-11:45 am	\$104	\$130	RP111002
7/21-8/20	T/Th	11:15-11:45 am	\$104	\$130	RP111004

School Age Level 1-4

6/16-7/16	T/Th	10:40-11:10 am	\$104	\$130	RP121000
7/21-8/20	T/Th	10:40-11:10 am	\$104	\$130	RP121001

Preschool/School Age Level 5-7

6/16-7/16	T/Th	11:15-11:45 am	\$104	\$130	RP125000
7/21-8/20	T/Th	11:15-11:45 am	\$104	\$130	RP125001

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					
6/16-7/16	T/Th	11:50 am-12:20 pm	\$69	\$86.25	RP140000
7/21-8/20	T/Th	11:50 am-12:20 pm	\$69	\$86.25	RP140001

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Somerset West Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

**18300 NW Park View Blvd.
Portland, 97229
971-317-6833**

TriMet Bus Routes #48, #52

Outdoor Pool

Facility Supervisor: Patrick Williamson

Hours:

Monday – Friday: 6 am - 4:15 pm

Saturday: 12 – 4 pm Rental Opportunities

Sunday: 11 am – 5 pm

Somerset West Swim Center features:

- Average Pool Temperature: 84°
- ADA Lift Available

Have a get together, party or just want to have a pool to yourself this summer?

Somerset West Swim Center is offering rentals on Saturdays 1-5 pm

Book your rental today by contacting the Tualatin Hills Aquatic Center at 503-629-6310 or email j.canova@thprd.org



Coming this Summer to Somerset West Swim Center

GROWN-UP SWIMMING®

Join us for 45 minutes of coached lap swim to work on your technique using drills and getting stroke tips to refine your lap swim. Regular drop in rates apply.

Several times this Summer Raleigh Swim Center will host Grown-up Swimming Meets where Adults of all abilities and skill levels will compete in a Social and Friendly competition where you can sign up as part of a team representing your favorite swim center! Although swimming is just for adults bring the whole crew to enjoy barbeque and cheer you on! After the meets there will be an open swim where all can join into the pool to enjoy the water. More details to come.



Triathlon Training

This Summer Somerset West is offering Triathlon Training 11:15 am – 12:45 pm Monday, Wednesday, and Friday. On Mondays we will train in the pool for 45 minutes and then transition to your bike which will be mounted in a stationary training rack for 45 minutes of cycling workout. On Wednesdays we will train in the pool for 45 minutes and then run the paths within the park. On Fridays we will do a Pseudo Sprint triathlon with a swim, bike and run which distances/times will be adjusted for each of the participants.

Power Pool Circuit

Join us Monday, Wednesday and Friday from 8 – 8:50 am for a drop-in aquatic circuit fitness class.

A shallow water class combining various types of resistance and cardio training. Participants can expect to use resistance bands, aquabells, kickboards, and more in a circuit style format for added fun and excitement!



@THPRDAquatics

Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler on deck after class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
6/15-7/15	M/W	8:55-9:25 am	\$104	\$130	SW111000
7/20-8/19	M/W	8:55-9:25 am	\$104	\$130	SW111001
6/15-7/15	M/W	9:30-10 am	\$104	\$130	SW111002
7/20-8/19	M/W	9:30-10 am	\$104	\$130	SW111003
6/15-7/15	M/W	10:05-10:35 am	\$104	\$130	SW111004
7/20-8/19	M/W	10:05-10:35 am	\$104	\$130	SW111005
6/15-7/15	M/W	10:40-11:10 am	\$104	\$130	SW111006
7/20-8/19	M/W	10:40-11:10 am	\$104	\$130	SW111007
6/16-7/16	T/Th	8:55-9:25 am	\$104	\$130	SW111008
7/21-8/20	T/Th	8:55-9:25 am	\$104	\$130	SW111009
6/16-7/16	T/Th	9:30-10 am	\$104	\$130	SW111010
7/21-8/20	T/Th	9:30-10 am	\$104	\$130	SW111011
6/16-7/16	T/Th	10:20-10:50 am	\$104	\$130	SW111012
7/21-8/20	T/Th	10:20-10:50 am	\$104	\$130	SW111013
6/16-7/16	T/Th	10:55-11:25 am	\$104	\$130	SW111014
7/21-8/20	T/Th	10:55-11:25 am	\$104	\$130	SW111015
6/16-7/16	T/Th	11:30 am-12 pm	\$104	\$130	SW111016
7/21-8/20	T/Th	11:30 am-12 pm	\$104	\$130	SW111017

School Age Level 1-4

6/15-7/15	M/W	8:55-9:25 am	\$104	\$130	SW121000
7/20-8/19	M/W	8:55-9:25 am	\$104	\$130	SW121001
6/15-7/15	M/W	10:05-10:35 am	\$104	\$130	SW121002
7/20-8/19	M/W	10:05-10:35 am	\$104	\$130	SW121003
6/15-7/15	M/W	10:40-11:10 am	\$104	\$130	SW121004
7/20-8/19	M/W	10:40-11:10 am	\$104	\$130	SW121005
6/16-7/16	T/Th	8:55-9:25 am	\$104	\$130	SW121006
7/21-8/20	T/Th	8:55-9:25 am	\$104	\$130	SW121007
6/16-7/16	T/Th	9:30-10 am	\$104	\$130	SW121008
7/21-8/20	T/Th	9:30-10 am	\$104	\$130	SW121009
6/16-7/16	T/Th	10:55-11:25 am	\$104	\$130	SW121010
7/21-8/20	T/Th	10:55-11:25 am	\$104	\$130	SW121011
6/16-7/16	T/Th	11:30 am-12 pm	\$104	\$130	SW121012
7/21-8/20	T/Th	11:30 am-12 pm	\$104	\$130	SW121013

Preschool/School Age Level 5-7

6/15-7/15	M/W	9:30-10 am	\$104	\$130	SW125000
7/20-8/19	M/W	9:30-10 am	\$104	\$130	SW125001
6/16-7/16	T/Th	10:20-10:50 am	\$104	\$130	SW125002
7/21-8/20	T/Th	10:20-10:50 am	\$104	\$130	SW125003

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Teen/Adult Swimming Skills					
6/16-7/16	T/Th	9:30-10 am	\$104	\$130	SW150000
7/21-8/20	T/Th	9:30-10 am	\$104	\$130	SW150001

Summer Splash

No class 6/19, 7/3

6/15-8/12	M/W/F	7-7:45 am	\$333	\$409	SW134000
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Baby/Toddler & Me

6/16-7/16	T/Th	10:20-10:50 am	\$69	\$86.25	SW140000
7/21-8/20	T/Th	10:20-10:50 am	\$69	\$86.25	SW140001

Diving from the Deck

6/16-7/16	T/Th	8:55-9:25 am	\$104	\$130	SW133000
7/21-8/20	T/Th	8:55-9:25 am	\$104	\$130	SW133001

Triathlon Training

No class 6/19, 7/3

6/15-7/10	M/W/F	11:15 am-12:45 pm	\$206	\$258	SW195000
7/13-7/31	M/W/F	11:15 am-12:45 pm	\$186	\$232	SW195001

Private Lessons

6/26	F	8:55-9:25 am	\$52	\$64	SW160001
7/10	F	8:55-9:25 am	\$52	\$64	SW160002
7/17	F	8:55-9:25 am	\$52	\$64	SW160003
7/24	F	8:55-9:25 am	\$52	\$64	SW160004
7/31	F	8:55-9:25 am	\$52	\$64	SW160005
8/7	F	8:55-9:25 am	\$52	\$64	SW160006
8/14	F	8:55-9:25 am	\$52	\$64	SW160007
8/21	F	8:55-9:25 am	\$52	\$64	SW160008
6/26	F	9:30-10 am	\$52	\$64	SW160009
7/10	F	9:30-10 am	\$52	\$64	SW160010
7/17	F	9:30-10 am	\$52	\$64	SW160011
7/24	F	9:30-10 am	\$52	\$64	SW160012
7/31	F	9:30-10 am	\$52	\$64	SW160013
8/7	F	9:30-10 am	\$52	\$64	SW160014
8/14	F	9:30-10 am	\$52	\$64	SW160015
8/21	F	9:30-10 am	\$52	\$64	SW160016
6/26	F	10:05-10:35 am	\$52	\$64	SW160017
7/10	F	10:05-10:35 am	\$52	\$64	SW160018
7/17	F	10:05-10:35 am	\$52	\$64	SW160019
7/24	F	10:05-10:35 am	\$52	\$64	SW160020
7/31	F	10:05-10:35 am	\$52	\$64	SW160021
8/7	F	10:05-10:35 am	\$52	\$64	SW160022
8/14	F	10:05-10:35 am	\$52	\$64	SW160023
8/21	F	10:05-10:35 am	\$52	\$64	SW160024
6/26	F	10:40-11:10 am	\$52	\$64	SW160025
7/10	F	10:40-11:10 am	\$52	\$64	SW160026
7/17	F	10:40-11:10 am	\$52	\$64	SW160027
7/24	F	10:40-11:10 am	\$52	\$64	SW160028
7/31	F	10:40-11:10 am	\$52	\$64	SW160029
8/7	F	10:40-11:10 am	\$52	\$64	SW160030
8/14	F	10:40-11:10 am	\$52	\$64	SW160031
8/21	F	10:40-11:10 am	\$52	\$64	SW160032

Private Lesson Interest List

8/21	F	5:30-5:35 am	\$0	\$0	SW160000
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Sunset Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

**13707 NW Science Park Drive
Beaverton, 97229
503-629-6315**

TriMet Bus Routes #48, #62

Center Supervisor: Joshua Norton

Sunset Swim Center Hours:

Monday – Thursday: 12 – 8 pm

Friday: 12 – 7:30 pm

Saturday: 8:30 am – 1:30 pm

Sunday: 1:30 – 5 pm

Facility Closed: 6/19, 7/4, 9/7

Sunset Swim Center features:

- ADA Lift available
- Average Pool Temperature: 84°

Lap Swim, Open Swim, and Swim Lessons available. **Schedules subject to change. Please check www.thprd.org for the most updated schedule and fitness class descriptions.**

Cardio Core

Saturdays • 8:45-9:40 am

This is a fun, moderate intensity fitness class suitable for most people. The class is held in the shallow end of the pool. Participants challenge themselves with the resistance of the water in the low-impact work-out as they exercise to lively, upbeat music. Participants work on aerobic conditioning, strength, balance and flexibility.



Summer Splash



A recreational swim team with a focus on stroke refinement, building endurance, and sportsmanship. Participants must be between the ages of 5 and 17 and be able to swim 25 yards of crawl stroke and 25 yards of backstroke. While not required to compete, swim meets are held on some Saturdays during the season.

Date	Day	Time	ID/AP	OD	Class#
Meet Dates: 6/27, 7/18, 8/1, 8/15.					
6/15-8/12	M/W	10-10:45 am	\$250	\$312.50	SS134023
6/21-8/16	Su	6:40-7:25 pm	\$250	\$312.50	SS134048
6/16-8/13	T/Th	6:40-7:25 pm	\$250	\$312.50	SS134038

Summer Score



A recreational water polo team for ages 6 to 17. No prior water polo experience required, participants must be able to swim 25 yards of crawl stroke and 25 yards of backstroke. Score practices consist of swimming, treading water, ball handling, passing, and shooting technique, basic game principles, sportsmanship, teamwork, and communication.

Date	Day	Time	ID/AP	OD	Class#
6/16-8/11	T	7:30-8:25 am	\$150	\$187.50	SS134023
6/26-8/21	F	6:15-7:10 pm	\$135	\$168.75	SS134048



@THPRDAquatics

Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler on deck after class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1-3					
No class 7/4, 7/5.					
6/15-6/26	M-F	1-1:30 pm	\$95	\$118.75	SS111000
6/29-7/10	M-F	1-1:30 pm	\$95	\$118.75	SS111001
7/13-7/24	M-F	1-1:30 pm	\$104	\$130	SS111002
7/27-8/7	M-F	1-1:30 pm	\$104	\$130	SS111003
8/10-8/21	M-F	1-1:30 pm	\$104	\$130	SS111004
6/15-6/26	M-F	1:35-2:05 pm	\$95	\$118.75	SS111005
6/29-7/10	M-F	1:35-2:05 pm	\$95	\$118.75	SS111006
7/13-7/24	M-F	1:35-2:05 pm	\$104	\$130	SS111007
7/27-8/7	M-F	1:35-2:05 pm	\$104	\$130	SS111008
8/10-8/21	M-F	1:35-2:05 pm	\$104	\$130	SS111009
6/15-6/26	M-F	2:20-2:50 pm	\$95	\$118.75	SS111010
6/29-7/10	M-F	2:20-2:50 pm	\$95	\$118.75	SS111011
7/13-7/24	M-F	2:20-2:50 pm	\$104	\$130	SS111012
7/27-8/7	M-F	2:20-2:50 pm	\$104	\$130	SS111013
8/10-8/21	M-F	2:20-2:50 pm	\$104	\$130	SS111014
6/15-7/15	M/W	4-4:30 pm	\$104	\$130	SS111015
7/20-8/19	M/W	4-4:30 pm	\$104	\$130	SS111016
6/15-7/15	M/W	4:35-5:05 pm	\$104	\$130	SS111017
7/20-8/19	M/W	4:35-5:05 pm	\$104	\$130	SS111018
6/15-7/15	M/W	5:20-5:50 pm	\$104	\$130	SS111019
7/20-8/19	M/W	5:20-5:50 pm	\$104	\$130	SS111020
6/15-7/15	M/W	5:55-6:25 pm	\$104	\$130	SS111021
7/20-8/19	M/W	5:55-6:25 pm	\$104	\$130	SS111022
6/16-7/16	T/Th	4-4:30 pm	\$104	\$130	SS111030
7/21-8/20	T/Th	4-4:30 pm	\$104	\$130	SS111031
6/16-7/16	T/Th	4:35-5:05 pm	\$104	\$130	SS111032
7/21-8/20	T/Th	4:35-5:05 pm	\$104	\$130	SS111033
6/16-7/16	T/Th	5:20-5:50 pm	\$104	\$130	SS111034
7/21-8/20	T/Th	5:20-5:50 pm	\$104	\$130	SS111035
6/16-7/16	T/Th	5:55-6:25 pm	\$104	\$130	SS111036
7/21-8/20	T/Th	5:55-6:25 pm	\$104	\$130	SS111037
6/20-8/22	S	10-10:30 am	\$95	\$118.75	SS111041
6/20-8/22	S	10:35-11:05 am	\$95	\$118.75	SS111042
6/20-8/22	S	11:20-11:50 am	\$95	\$118.75	SS111043
6/21-8/16	Su	1:30-2 pm	\$84	\$105	SS111044
6/21-8/16	Su	2:05-2:35 pm	\$84	\$105	SS111045
6/21-8/16	Su	2:50-3:20 pm	\$84	\$105	SS111046
6/21-8/16	Su	3:25-3:55 pm	\$84	\$105	SS111047

School Age Level 1-4

No class 7/4, 7/5.

6/15-6/26	M-F	1-1:30 pm	\$95	\$118.75	SS121000
6/29-7/10	M-F	1-1:30 pm	\$95	\$118.75	SS121001
7/13-7/24	M-F	1-1:30 pm	\$104	\$130	SS121002
7/27-8/7	M-F	1-1:30 pm	\$104	\$130	SS121003
8/10-8/21	M-F	1-1:30 pm	\$104	\$130	SS121004
6/15-6/26	M-F	1:35-2:05 pm	\$95	\$118.75	SS121005
6/29-7/10	M-F	1:35-2:05 pm	\$95	\$118.75	SS121006
7/13-7/24	M-F	1:35-2:05 pm	\$104	\$130	SS121007
7/27-8/7	M-F	1:35-2:05 pm	\$104	\$130	SS121008
8/10-8/21	M-F	1:35-2:05 pm	\$104	\$130	SS121009

6/15-6/26	M-F	2:20-2:50 pm	\$95	\$118.75	SS121010
6/29-7/10	M-F	2:20-2:50 pm	\$95	\$118.75	SS121011
7/13-7/24	M-F	2:20-2:50 pm	\$104	\$130	SS121012
7/27-8/7	M-F	2:20-2:50 pm	\$104	\$130	SS121013
8/10-8/21	M-F	2:20-2:50 pm	\$104	\$130	SS121014
6/15-7/15	M/W	4-4:30 pm	\$104	\$130	SS121015
7/20-8/19	M/W	4-4:30 pm	\$104	\$130	SS121016
6/15-7/15	M/W	4:35-5:05 pm	\$104	\$130	SS121017
7/20-8/19	M/W	4:35-5:05 pm	\$104	\$130	SS121018
6/15-7/15	M/W	5:55-6:25 pm	\$104	\$130	SS121021
7/20-8/19	M/W	5:55-6:25 pm	\$104	\$130	SS121022
6/16-7/16	T/Th	4-4:30 pm	\$104	\$130	SS121030
7/21-8/20	T/Th	4-4:30 pm	\$104	\$130	SS121031
6/16-7/16	T/Th	4:35-5:05 pm	\$104	\$130	SS121032
7/21-8/20	T/Th	4:35-5:05 pm	\$104	\$130	SS121033
6/16-7/16	T/Th	5:55-6:25 pm	\$104	\$130	SS121036
7/21-8/20	T/Th	5:55-6:25 pm	\$104	\$130	SS121037
6/20-8/22	S	10:35-11:05 am	\$95	\$118.75	SS121042
6/20-8/22	S	11:20-11:50 am	\$95	\$118.75	SS121043
6/21-8/16	Su	1:30-2 pm	\$84	\$105	SS121044
6/21-8/16	Su	2:05-2:35 pm	\$84	\$105	SS121045
6/21-8/16	Su	2:50-3:20 pm	\$84	\$105	SS121046

Preschool/School Age Level 5-7

No class 7/4, 7/5.

6/15-6/26	M-F	2:20-2:50 pm	\$95	\$118.75	SS125010
6/29-7/10	M-F	2:20-2:50 pm	\$95	\$118.75	SS125011
7/13-7/24	M-F	2:20-2:50 pm	\$104	\$130	SS125012
7/27-8/7	M-F	2:20-2:50 pm	\$104	\$130	SS125013
8/10-8/21	M-F	2:20-2:50 pm	\$104	\$130	SS125014
6/15-7/15	M/W	5:55-6:25 pm	\$104	\$130	SS125021
7/20-8/19	M/W	5:55-6:25 pm	\$104	\$130	SS125022
6/16-7/16	T/Th	5:55-6:25 pm	\$104	\$130	SS125036
7/21-8/20	T/Th	5:55-6:25 pm	\$104	\$130	SS125037
6/20-8/22	S	11:20-11:50 am	\$95	\$118.75	SS125043
6/21-8/16	Su	3:25-3:55 pm	\$84	\$105	SS125047

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					
No class 7/4, 7/5.					
6/15-7/15	M/W	5:20-5:50 pm	\$69	\$86.25	SS140019
7/20-8/19	M/W	5:20-5:50 pm	\$69	\$86.25	SS140020
6/16-7/16	T/Th	5:20-5:50 pm	\$69	\$86.25	SS140034
7/21-8/20	T/Th	5:20-5:50 pm	\$69	\$86.25	SS140035
6/20-8/22	S	10-10:30 am	\$63	\$78.75	SS140041
6/21-8/16	Su	3:25-3:55 pm	\$57	\$71.25	SS140047

Teen/Adult Swimming Skills

6/15-7/15	M/W	7:25-7:55 pm	\$104	\$130	SS150026
7/20-8/19	M/W	7:25-7:55 pm	\$104	\$130	SS150027
6/15-7/15	M/W	8-8:30 pm	\$104	\$130	SS150028
7/20-8/19	M/W	8-8:30 pm	\$104	\$130	SS150029

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Teen/Adult Swimming Skills - Beginning

No class 7/5.

6/21-8/16	Su	3:25-3:55 pm	\$84	\$105	SS150047B
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Summer Splash

No class 7/5.

6/15-8/12	M/W	6:35-7:20 pm	\$250	\$312.50	SS134023
6/21-8/16	Su	4:05-5 pm	\$145	\$181.25	SS134048
6/16-8/13	T/Th	6:35-7:20 pm	\$250	\$312.50	SS134038

Score

6/16-8/11	T	7:30-8:25 am	\$150	\$187.50	SS132039
6/26-8/21	F	6:15-7:10 pm	\$135	\$168.75	SS132040

Private Lessons

No class 7/4, 7/5.

6/15-6/26	M-F	1-1:30 pm	\$468	\$585	SS160000
6/29-7/10	M-F	1-1:30 pm	\$468	\$585	SS160001
7/13-7/24	M-F	1-1:30 pm	\$520	\$650	SS160002
7/27-8/7	M-F	1-1:30 pm	\$520	\$650	SS160003
8/10-8/21	M-F	1-1:30 pm	\$520	\$650	SS160004
6/15-6/26	M-F	1:35-2:05 pm	\$468	\$585	SS160005
6/29-7/10	M-F	1:35-2:05 pm	\$468	\$585	SS160006
7/13-7/24	M-F	1:35-2:05 pm	\$520	\$650	SS160007
7/27-8/7	M-F	1:35-2:05 pm	\$520	\$650	SS160008
8/10-8/21	M-F	1:35-2:05 pm	\$520	\$650	SS160009
6/15-6/26	M-F	2:20-2:50 pm	\$468	\$585	SS160010
6/29-7/10	M-F	2:20-2:50 pm	\$468	\$585	SS160011
7/13-7/24	M-F	2:20-2:50 pm	\$520	\$650	SS160012
7/27-8/7	M-F	2:20-2:50 pm	\$520	\$650	SS160013
8/10-8/21	M-F	2:20-2:50 pm	\$520	\$650	SS160014
6/15-7/15	M/W	5:20-5:50 pm	\$520	\$650	SS160019
7/20-8/19	M/W	5:20-5:50 pm	\$520	\$650	SS160020
6/16-7/16	T/Th	5:20-5:50 pm	\$520	\$650	SS160034
7/21-8/20	T/Th	5:20-5:50 pm	\$520	\$650	SS160035
6/20-8/22	S	10-10:30 am	\$468	\$585	SS160041
6/21-8/16	Su	3:25-3:55 pm	\$416	\$520	SS160047

Private Lessons – INTEREST LIST ONLY

Interested in additional private lesson opportunities? Please add your name to the interest list, and we will email you if additional times become available.

Summer Term: SS160099

Training or Professional Classes

Date	Day	Time	ID/AP	OD	Class#
Jr. Lifeguarding					
7/7-7/9	T/W/Th	4-8 pm	\$100	\$125	SS151000
Lifeguard Training					
8/11-8/13	T/W/Th	9-5 pm	\$310	\$387.50	SS152001



Party Rentals at Sunset Swim Center

Rent the whole Sunset Swim Center Pool or Wader Pool for your next Birthday Party or Occasion! Give us a call to book your rental.





Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Tualatin Hills Aquatic Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

HMT Recreation Complex
15707 SW Walker Road
Beaverton, 97006
503-629-6310

TriMet Bus Routes #59, #67

Facility Supervisor: Patrick Williamson

Hours:

Monday – Friday:	5 am – 9 pm
Saturday	12:05 – 4 pm
Sunday	12:05 – 4 pm

Tualatin Hills Aquatic Center features:

- ADA Lift Available
- Dive Platforms
- Average Pool Temperature: 83-84°
- Independent Changing Rooms



Water Fitness Programs

Dig Deep: Participants wear flotation belts for a zero impact, moderate intensity workout in the deep end of the pool. It is not necessary to be an avid swimmer to participate; but it is helpful for participants to be comfortable in deep water. This is an exciting, unique way to exercise, suitable for most people.

Cardio Core: This is a fun, moderate intensity fitness class suitable for most people. The class is held in the shallow end of the pool. Participants challenge themselves with the resistance of the water in the low-impact work-out as they exercise to lively, upbeat music.

Power Pool Circuit: A shallow water class combining various types of resistance and cardio training. Participants can expect to use resistance bands, aquabells, kickboards, and more in a circuit style format for added fun and excitement!

Schedule can be found online, <http://www.thprd.org/facilities/aquatics/aquatic-center>, or by stopping into the center. The schedule is subject to change without notice.

Is your child new to THPRD?

THPRD offers swimming level assessments to ensure registration in the appropriate level.

If your child is new to our lesson program or has not had lessons with THPRD in the past six months, an assessment is encouraged. Call 503-629-6310 for an appointment.

Lap Swim, Open Swim & Water Fitness

Please see online schedule at thprd.org for Lap Swim, Open Swim, and Water Fitness opportunities at Conestoga.



Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler at the dressing room entrance from deck.

School-age: First grade through age 12. The parent, guardian or caregiver of a child under 10 years of age must remain on the premises during class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
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Preschool Level 1-3

No Class 7/3.

6/15-7/10	M/W/F	9:15-9:45 am	\$104	\$130	AQ111000
7/13-7/31	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ111001
8/3-8/21	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ111002
6/15-7/10	M/W/F	9:50-10:20 am	\$104	\$130	AQ111005
7/13-7/31	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ111006
8/3-8/21	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ111007
6/15-7/10	M/W/F	10:25-10:55 am	\$104	\$130	AQ111010
7/13-7/31	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ111011
8/3-8/21	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ111012
6/15-7/10	M/W/F	11-11:30 am	\$104	\$130	AQ111015
7/13-7/31	M/W/F	11-11:30 am	\$95	\$118.75	AQ111016
8/3-8/21	M/W/F	11-11:30 am	\$95	\$118.75	AQ111017
6/15-7/15	M/W	3:20-3:50 pm	\$104	\$130	AQ111018
7/20-8/19	M/W	3:20-3:50 pm	\$104	\$130	AQ111019
6/15-7/15	M/W	4:30-5 pm	\$104	\$130	AQ111022
7/20-8/19	M/W	4:30-5 pm	\$104	\$130	AQ111023
6/15-7/15	M/W	5:05-5:35 pm	\$104	\$130	AQ111024
7/20-8/19	M/W	5:05-5:35 pm	\$104	\$130	AQ111025
6/15-7/15	M/W	5:40-6:10 pm	\$104	\$130	AQ111026
7/20-8/19	M/W	5:40-6:10 pm	\$104	\$130	AQ111027
6/16-7/16	T/Th	9:15-9:45 am	\$104	\$130	AQ111030
7/21-8/20	T/Th	9:15-9:45 am	\$104	\$130	AQ111031
6/16-7/16	T/Th	9:50-10:20 am	\$104	\$130	AQ111032
7/21-8/20	T/Th	9:50-10:20 am	\$104	\$130	AQ111033
6/16-7/16	T/Th	10:25-10:55 am	\$104	\$130	AQ111034
7/21-8/20	T/Th	10:25-10:55 am	\$104	\$130	AQ111035
6/16-7/16	T/Th	11-11:30 am	\$104	\$130	AQ111036
7/21-8/20	T/Th	11-11:30 am	\$104	\$130	AQ111037
6/16-7/16	T/Th	3:20-3:50 pm	\$104	\$130	AQ111038
7/21-8/20	T/Th	3:20-3:50 pm	\$104	\$130	AQ111039
6/16-7/16	T/Th	4:30-5 pm	\$104	\$130	AQ111042
7/21-8/20	T/Th	4:30-5 pm	\$104	\$130	AQ111043
6/16-7/16	T/Th	5:05-5:35 pm	\$104	\$130	AQ111044
7/21-8/20	T/Th	5:05-5:35 pm	\$104	\$130	AQ111045
6/16-7/16	T/Th	5:40-6:10 pm	\$104	\$130	AQ111046
7/21-8/20	T/Th	5:40-6:10 pm	\$104	\$130	AQ111047

School Age Level 1-4

6/15-7/10	M/W/F	9:15-9:45 am	\$104	\$130	AQ113000
7/13-7/31	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ113001
8/3-8/21	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ113002
6/15-7/10	M/W/F	9:50-10:20 am	\$104	\$130	AQ113005
7/13-7/31	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ113006
8/3-8/21	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ113007
6/15-7/10	M/W/F	10:25-10:55 am	\$104	\$130	AQ113010
7/13-7/31	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ113011
8/3-8/21	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ113012
6/15-7/10	M/W/F	11-11:30 am	\$104	\$130	AQ113015
7/13-7/31	M/W/F	11-11:30 am	\$95	\$118.75	AQ113016

8/3-8/21	M/W/F	11-11:30 am	\$95	\$118.75	AQ113017
6/15-7/15	M/W	3:55-4:25 pm	\$104	\$130	AQ113020
7/20-8/19	M/W	3:55-4:25 pm	\$104	\$130	AQ113021
6/15-7/15	M/W	4:30-5 pm	\$104	\$130	AQ113022
7/20-8/19	M/W	4:30-5 pm	\$104	\$130	AQ113023
6/15-7/15	M/W	5:05-5:35 pm	\$104	\$130	AQ113024
7/20-8/19	M/W	5:05-5:05 pm	\$104	\$130	AQ113025
6/15-7/15	M/W	5:40-6:10 pm	\$104	\$130	AQ113026
7/20-8/19	M/W	5:40-6:10 pm	\$104	\$130	AQ113027
6/15-7/15	M/W	6:15-6:45 pm	\$104	\$130	AQ113028
7/20-8/19	M/W	6:15-6:45 pm	\$104	\$130	AQ113029
6/16-7/16	T/Th	9:15-9:45 am	\$104	\$130	AQ113030
7/21-8/20	T/Th	9:15-9:45 am	\$104	\$130	AQ113031
6/16-7/16	T/Th	9:50-10:20 am	\$104	\$130	AQ113032
7/21-8/20	T/Th	9:50-10:20 am	\$104	\$130	AQ113033
6/16-7/16	T/Th	10:25-10:55 am	\$104	\$130	AQ113034
7/21-8/20	T/Th	10:25-10:55 am	\$104	\$130	AQ113035
6/16-7/16	T/Th	11-11:30 am	\$104	\$130	AQ113036
7/21-8/20	T/Th	11-11:30 am	\$104	\$130	AQ113037
6/16-7/16	T/Th	3:55-4:25 pm	\$104	\$130	AQ113040
7/21-8/20	T/Th	3:55-4:25 pm	\$104	\$130	AQ113041
6/16-7/16	T/Th	4:30-5 pm	\$104	\$130	AQ113042
7/21-8/20	T/Th	4:30-5 pm	\$104	\$130	AQ113043
6/16-7/16	T/Th	5:05-5:35 pm	\$104	\$130	AQ113044
7/21-8/20	T/Th	5:05-5:35 pm	\$104	\$130	AQ113045
6/16-7/16	T/Th	5:40-6:10 pm	\$104	\$130	AQ113046
7/21-8/20	T/Th	5:40-6:10 pm	\$104	\$130	AQ113047
6/16-7/16	T/Th	6:15-6:45 pm	\$104	\$130	AQ113048
7/21-8/20	T/Th	6:15-6:45 pm	\$104	\$130	AQ113049

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
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Preschool/School Age Level 5-7

6/15-7/10	M/W/F	9:15-9:45 am	\$104	\$130	AQ125000
7/13-7/31	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ125001
8/3-8/21	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ125002
6/15-7/10	M/W/F	9:50-10:20 am	\$104	\$130	AQ125005
7/13-7/31	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ125006
8/3-8/21	M/W/F	9:50-10:20 am	\$95	\$118.75	AQ125007
6/15-7/10	M/W/F	10:25-10:55 am	\$104	\$130	AQ130010
7/13-7/31	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ130011
8/3-8/21	M/W/F	10:25-10:55 am	\$95	\$118.75	AQ130012
6/15-7/10	M/W/F	11-11 am	\$104	\$130	AQ130015
7/13-7/31	M/W/F	11-11:30 am	\$95	\$118.75	AQ130016
8/3-8/21	M/W/F	11-11:30 am	\$95	\$118.75	AQ130017
6/15-7/15	M/W	4:30-5 pm	\$104	\$130	AQ130022
7/20-8/19	M/W	4:30-5 pm	\$104	\$130	AQ130023
6/15-7/15	M/W	5:05-5:35 pm	\$104	\$130	AQ130024
7/20-8/19	M/W	5:05-5:35 pm	\$104	\$130	AQ130025
6/15-7/15	M/W	5:40-6:10 pm	\$104	\$130	AQ130026
7/20-8/19	M/W	5:40-6:10 pm	\$104	\$130	AQ130027
6/16-7/16	T/Th	9:15-9:45 am	\$104	\$130	AQ130030
7/21-8/20	T/Th	9:15-9:45 am	\$104	\$130	AQ130031
6/16-7/16	T/Th	9:50-10:20 am	\$104	\$130	AQ130032
7/21-8/20	T/Th	9:50-10:20 am	\$104	\$130	AQ130033
6/16-7/16	T/Th	10:25-10:55 am	\$104	\$130	AQ130034
7/21-8/20	T/Th	10:25-10:55 am	\$104	\$130	AQ130035
6/16-7/16	T/Th	11-11:30 am	\$104	\$130	AQ130036
7/21-8/20	T/Th	11-11:30 am	\$104	\$130	AQ130037
6/16-7/16	T/Th	4:30-5 pm	\$104	\$130	AQ130042
7/21-8/20	T/Th	4:30-5 pm	\$104	\$130	AQ130043
6/16-7/16	T/Th	5:05-5:35 pm	\$104	\$130	AQ130044
7/21-8/20	T/Th	5:05-5:35 pm	\$104	\$130	AQ130045

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Specialty Programs

Baby/Toddler & Me

6/16-7/16	T/Th	5:40-6:10 pm	\$69	\$86.25	AQ140046
7/21-8/20	T/Th	5:40-6:10 pm	\$69	\$86.25	AQ140047

You and Your Aqua Explorers

Ages 2 years to 4 years old.

Help your child learn introduction to preschool level one skills. Your little swimmer will build confidence in a class setting with you by their side.

Swim diapers required or toilet trained. One adult with each child.

No class 6/19, 7/3.

6/15-7/10	M/W/F	9:50-10:20 am	\$69	\$86.25	AQ140005
7/13-7/31	M/W/F	9:50-10:20 am	\$63	\$78.75	AQ140006
8/3-8/21	M/W/F	9:50-10:20 am	\$63	\$78.75	AQ140007

Teen/Adult Swimming Skills - Beginning

6/15-7/10	M/W/F	9:15-9:45 am	\$104	\$130	AQ150000B
7/13-7/31	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ150001B
8/3-8/21	M/W/F	9:15-9:45 am	\$95	\$118.75	AQ150002B
6/16-7/16	T/Th	9:15-9:45 am	\$104	\$130	AQ150030B
7/21-8/20	T/Th	9:15-9:45 am	\$104	\$130	AQ150031B

Summer Splash

6/15-8/14	M/W/F	10:15-11 am	\$333	\$409	AQ134010
6/15-8/12	M/W	6:15-7 pm	\$250	\$306	AQ134028
6/16-8/13	T/Th	6:15-7 pm	\$250	\$306	AQ134048

Training or Professional Classes

Jr. Lifeguarding

7/28-8/6	T/Th	1-5 pm	\$100	\$125	AQ15100
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Lifeguard Training

6/23-7/9	T/Th	11:30 am-3:30 pm	\$310	\$388	AQ152000
??	F	4:30-4:35 am	\$0	\$0	AQ260000

Aqua Camp

7/7-7/16	T/Th	9-10:30 am	\$86	\$107.50	AQ133001
8/4-8/13	T/Th	9-10:30 am	\$86	\$107.50	AQ133002

Diving

6/16-7/16	T/Th	10:45-11:30 am	\$103	\$128.75	AQ133036
7/21-8/20	T/Th	10:45-11:30 am	\$103	\$128.75	AQ133037

Synchronized Swimming

6/15-7/15	M/W	9:15-10 am	\$103	\$128.75	AQ133000
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Elsie Stuhr Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

Lifelong Recreation, Arts, Fitness & Social Opportunities for People Age 55+

**5550 SW Hall Blvd
Beaverton, 97005
503-629-6342**



TriMet Bus Routes #76, #78, #88
Center Supervisor: Juan Caez

Hours:
Monday-Thursday: 8 am-5 pm
Friday: 8 am-2 pm
Saturday: 8 am-4 pm
Facility Closed: 6/19, 7/4

Age and Membership Requirements

Adults 55 and better may participate at the Elsie Stuhr Center. Please note that adults 65 and better will qualify for the senior discount at the center. A THPRD identification card is required for all program/activity registrations. See page 198 for out of district information.

Elsie Stuhr Center Drop-In Activities

- **Pool (Billiards):** open daily
- **Cribbage:** Mondays, 8am-10:30am
- **Haircuts:** Mondays, 3-5pm
- **In Stitches:** Mondays, 10am-1:30pm
- **Malaysian Mah-jongg:** Mondays, 1-3pm
- **Table Tennis:** Mondays, 3-5 pm, Wednesdays 3-5pm
- **Texas Hold'em:** Tuesday, 12-4:45pm, Thurs., 12-4:45pm
Saturdays 11am-3:45
- **Bridge:** Wednesdays, 9:30-11:30am
- **Bingo:** Mondays, 2-4pm, Wednesdays, 11am-1pm
- **American Mah-jongg:** Thursdays, 10am-1pm
- **Stuhr Book Club:** 3rd Thursdays, 10:30am-12pm
- **Mexican Poker:** 1st and 3rd Thursdays, 10am-12pm
- **Bunko:** 2nd & 4th Thursdays, 11am-2pm
- **Social Dance:** Thursdays, 2-4pm
- **Pinochle:** Fridays, 10am-1pm
- **Drop-in Art:** Fridays, 11:30am-1:30pm

Monthly Newsletter

The Sentinel is a monthly publication of the Elsie Stuhr Center that outlines the center's events. It may be emailed to you at no charge. Call us at 503-629-6342 for more information.



Explore and Enjoy with these Summer Trips!

Old Aurora Colony Museum Tour and Antique Shopping
Thursday, June 25



Cannon Beach
Thursday, July 16



Hot Air Balloon Trip over the Willamette Valley
Thursday, August 27



Arts & Crafts

Dates (Weeks) Location	Day ID/AP	Time SD	Class # OD
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Crochet All Levels

This class delves deeper into the craft of crocheting. Learn advanced stitches, pattern reading, and project customization. Connect with fellow enthusiasts as you tackle new challenges and create beautiful pieces. Class will have the option of working on a variety of projects.

6/16-8/18 (10) Cedar	T ID/AP: \$179	12:45-2:15 pm SD: \$161	ES14602 OD: \$223.75
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Crochet for Beginners

Discover the joy of crocheting in our beginner-friendly class. Learn essential techniques while creating beautiful pieces. Choose from a variety of projects tailored to your skill level. Join us for a creative journey filled with fun and new skills. No experience required.

6/16-8/18 (10) Cedar	T ID/AP: \$179	10:45 am-12:15 pm SD: \$161	ES14601 OD: \$223.75
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Drawing

Discover the joy of drawing in our welcoming class. Learn fundamental techniques and unleash your creativity as you explore various mediums and styles. Whether you're a beginner or have some experience, our supportive instructors will guide you every step of the way. Join us and unlock your artistic potential in a fun and inspiring environment!

6/17-8/19 (10) Poplar, Willow	W ID/AP: \$179	1-2:30 pm SD: \$161	ES14604 OD: \$223.75
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Drawing with Color Pencil

Unlock the vibrant world of colored pencil art! Whether you're a beginner exploring drawing for the first time or a more experienced artist looking to sharpen your technique, this class will guide you through the fundamentals.

6/17-8/19 (10) Poplar, Willow	W ID/AP: \$213	10:30 am-12:30pm SD: \$191.50	ES14606 OD: \$266.25
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Painting

In this workshop, the instructor teaches to the individual with their choice of oil, acrylics, watercolor or pastels. All skill levels welcome.

6/15-8/17 (10) Larch	M ID/AP: \$281	9:15 am-12:15 pm SD: \$252.75	ES14608 OD: \$351.25
6/18-8/20 (10) Spruce	Th ID/AP: \$281	9:15 am-12:15 pm SD: \$252.75	ES14609 OD: \$351.25

Photography, All Levels Digital Photography

Take better pictures with your digital camera. Learn the settings and how they affect the quality of your photographs. There will be field trips and class will meet off site occasionally.

6/17-8/19 (10) Cedar	W ID/AP: \$198	11 am-12:30 pm SD: \$178	ES14612 OD: \$247.50
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Photography, Using Your iPhone Camera

Discover how to get the most out of your iPhone camera by taking still images (not video). Through demos and class assignments you will learn how and when to use the iPhone's camera shooting modes: portrait, pano, etc. Delve into photography tips and tricks to improve your use of light, composition, moment and focus. Learn best practices to organize and share your photos with family and friends. You'll also practice photo editing techniques to bring out the best in your photos and create your own artistic expression. This course is ideal for casual or more experienced photographers interested in an introduction to iPhone Photography. iPhone 13 or higher strongly recommended. *Class can be taught in both Spanish and English

6/17-8/19 (10) Cedar	W ID/AP: \$198	1:30-3 pm SD: \$178	ES14613 OD: \$247.50
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Pottery All Levels

This pottery class is a mix of beginners and experienced students. Supplies included. Students are responsible for cleaning their own workspace after class.

6/17-8/19 (10) Spruce	W ID/AP: \$299	10 am-1 pm SD: \$269	ES14620 OD: \$373.75
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Fees: ID/AP=User is in-district or has paid an out-of-district assessment SD=Senior Discount OD=Out-of-district (no assessment paid)

Pottery for Beginners

This class will introduce you to many clay methods including pinch, slab, coil, and wheel throwing basics. We will make projects such as sculpture, cups, bowls, containers, and pots for the garden. Students are not expected to have prior knowledge of ceramic practices. This class is perfect for a new beginner as well as someone in need of a reminder of the basics.

6/15-8/17 (10)	M	9 am-12 pm	ES14621
Spruce	ID/AP: \$299	SD: \$269	OD: \$373.75

Stained Glass

Learn to build stained glass projects using the Tiffany-Style copper foil method. Step-by-step instruction covers pattern and glass selection, glass cutting, fitting, foiling, soldering skills and patina application. All levels welcome.

6/26-8/21 (8)	F	9 am-12 pm	ES14623
Spruce	ID/AP: \$245	SD: \$220.50	OD: \$306.25
6/26-8/21 (8)	F	1-4 pm	ES14624
Spruce	ID/AP: \$245	SD: \$220.50	OD: \$306.25

Watercolor for Beginners

Dive into the world of watercolor painting in our beginner class. Learn essential techniques and unleash your creativity as you experiment with vibrant colors and fluid strokes. Whether you're picking up a brush for the first time or looking to refine your skills, our supportive instructors will guide you through the process. Join us and explore the beautiful art of watercolor painting in a relaxed and encouraging atmosphere.

6/15-8/17 (10)	M	12:30-2:30 pm	ES14625
Spruce	ID/AP: \$213	SD: \$191.50	OD: \$266.25

Watercolor for Intermediates

Dive into the world of watercolor painting in our intermediate class. Learn essential techniques and unleash your creativity as you experiment with vibrant colors and fluid strokes. Join us and explore the beautiful art of watercolor painting in a relaxed and encouraging atmosphere.

6/18-8/20 (10)	Th	12:30-2:30 pm	ES14626
Spruce	ID/AP: \$213	SD: \$191.50	OD: \$266.25

Wood Carving

Come and enjoy carving on your own projects with a helpful instructor or learn to carve in relief, round & cottonwood bark. Three carving projects supplied by instructor. **No class July 14.**

6/16-8/4 (7)	T	10 am-12 pm	ES14628
Spruce	ID/AP: \$171	SD: \$153.75	OD: \$213.75
6/16-8/4 (7)	T	12:30-2:30 pm	ES14629
Spruce	ID/AP: \$171	SD: \$153.75	OD: \$213.75

Dance

Dance: Ballroom Beyond Beginners

Add new skills to your ballroom dance repertoire with a class that goes beyond the basic moves of Waltz, Foxtrot, and more. No partner needed, but some knowledge of ballroom dance is expected. Come ready to take your dancing to the next level and have fun!

6/17-8/19 (10)	W	2-3 pm	ES11600
Maple Birch	ID/AP: \$122	SD: \$109.75	OD: \$152.50

Dance: Line Dancing

Join our vibrant Line Dancing class for a fun and energetic experience. Learn popular line dances in a supportive atmosphere. Led by an experienced instructor, this class is perfect for people looking to improve coordination and stay active. No partner required - just bring your enthusiasm and willingness to learn. Step into the rhythm and join us for a fantastic time on the dance floor!

6/18-8/20 (10)	Th	3-4 pm	ES11604
Manzanita	ID/AP: \$122	SD: \$109.75	OD: \$152.50

Dance: Salsa Time

Welcome to our beginner salsa classes! You'll learn the basic steps and scale up to more advanced moves, such as right turns for followers and leaders, the Cross Body Lead, and the Side Pass. Additionally, you'll refine techniques like the starting position, dancing on the ball of the feet, finger connection, resistance, hip movement, timing, and various position variations. Get ready to take your first steps and enjoy the salsa experience!

6/15-8/17 (10)	M	2-3 pm	ES11606
Oak	ID/AP: \$122	SD: \$109.75	OD: \$152.50

HEALTH AND WELLNESS GROUPS

Ukulele Jam

First Thursdays	2:30-4 pm
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Pre-Diabetes/Diabetes Support Group

First & Third Thursdays	1-2 pm
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MS Support Group

Second Thursdays	10-12 pm
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Inspired Writings

Second Thursdays	2-4 pm
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Stuhr Book Club

Third Thursdays	10:30-12pm
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LGBTQ+ Affinity Group

Third Thursdays	2-3:30 pm
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Visually Impaired People of Beaverton

Fourth Thursdays	10-11am
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Bereavement Support Group

Fourth Thursdays	1-2:30 pm
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Enrichment Classes



Mah Jongg (American) for Beginners

Learn the American version of an ancient Chinese game. Words like Bam, Crak, and Pung will be a part of your new vocabulary. Open to singles or couples. Sets are provided in class.

6/17-7/23 (6) Th 10-11:30 am ES15602
Dogwood ID/AP: \$38 SD: \$34 OD: \$47.50

Piano for Beginners

For those with little or no experience reading music or playing keyboard instruments. We'll start at the very beginning - learning the notes, basic rhythms, and simple songs in a fun, supportive setting. No prior experience needed, just curiosity and a willingness to try!

6/17-8/19 (10) W 9-10:30 am ES14615
Dogwood ID/AP: \$339 SD: \$305 OD: \$423.75

Piano for Novice Beginners

For players who can read simple notes in both treble and bass clefs and play easy songs with two hands together. We'll build fluency, strengthen coordination, and expand your repertoire. Includes simple chords, more keys, and fun ensemble playing.

6/15-8/17 (10) M 9-10:30 am ES14616
Dogwood ID/AP: \$339 SD: \$305 OD: \$423.75

Piano for Intermediates

For players comfortable reading music and playing with both hands in a variety of keys. We'll add richer harmonies, more expressive playing, and new musical styles. Includes chord inversions, lead sheets, and short ensemble projects.

6/17-8/19 (10) W 11 am-12:30 pm ES14617
Dogwood ID/AP: \$339 SD: \$305 OD: \$423.75

Piano for Advanced

For confident pianists who enjoy tackling challenging repertoire and refining technique. We'll explore complex rhythms, a wider range of genres, and more advanced theory while polishing performance skills and personal expression. Approval from instructor needed to enroll in this class.

6/15-8/17 (10) M 11 am-12:30 pm ES14618
Dogwood ID/AP: \$339 SD: \$305 OD: \$423.75

Spanish Conversations

Learn to carry on a conversation in Spanish with this fun, interactive class.

6/15-8/17 (10) M 9:30-11 am ES15604
Willow ID/AP: \$48 SD: \$43 OD: \$60

Ukulele Class - Beginners

Learn how to play chords on the ukulele and sing at the same time!

7/11-8/15 (6) S 10-11 am ES15605
Cedar ID/AP: \$19 SD: \$17 OD: \$23.75



Workshops

Workshop: Computer Basics

Come increase your knowledge and improve your skills related to basic computer needs, internet and email use.

6/27 (1) S 12-1:30 pm ES15606
Poplar ID/AP: \$3 SD: \$3 OD: \$3

Workshop: Computer Cyber Security

At this workshop, you will learn the basics of computer cyber security.

8/8 (1) S 12-1:30 pm ES15607
Poplar ID/AP: \$3 SD: \$3 OD: \$3

Workshop: Estate Planning Essentials - A Will is Just the Beginning

Many people do not realize that more is needed than just a simple will. In this program, the audience will receive practical advice on how to safeguard their assets and health care wishes during and after their lifetime. They will also acquire up to date knowledge about wills, living trusts, health care documents, issues regarding guardianship, conservatorship, and power of attorney. This program also gives information on how to avoid probate and what to do when family complications arise. (Ben Rasche - Caress Law, PC)

8/6 (1) Th 11 am-12:30 pm ES15608
Willow ID/AP: \$5 SD: \$4.50 OD: \$6.25

Workshop: Wood Carving - Uncle Sam

Come and enjoy carving on a holiday themed project with a helpful instructor while learning to carve in relief, round & cottonwood bark.

6/27 (1) S 10 am-1 pm ES15610
Spruce ID/AP: \$55 SD: \$49.50 OD: \$68.75

Workshop: Wood Carving - Garden Gnome

Come and enjoy carving on a summer themed project with a helpful instructor while learning to carve in relief, round & cottonwood bark.

8/1 (1) S 10 am-1 pm ES15611
Spruce ID/AP: \$55 SD: \$49.50 OD: \$68.75

Fees: ID/AP=User is in-district or has paid an out-of-district assessment SD=Senior Discount OD=Out-of-district (no assessment paid)

Welcome!

Newcomers' Welcome!

Come take a tour of the center while you learn about our classes, fitness schedules, and drop-in activities.

**First Tuesday of every month
at the Stuhr lobby - 11 am**

Fitness

REVIVE, Exercise Recovery Program

Recovering from an illness or medical treatment? Regain your strength and create optimal health with this individualized and targeted exercise program. Exercise prescription/workout is based on medical status, fitness level and wellness goal. Medical Release & Health/Medical History Forms requested.

6/16-7/16 (10)	T/Th	2:15-3:15 pm	ES12689
Fitness Room	ID/AP: \$136	SD: \$122.25	OD: \$170
7/21-8/20 (10)	T/Th	2:15-3:15 pm	ES12690
Fitness Room	ID/AP: \$136	SD: \$122.25	OD: \$170

Wellness Presentations

Fall Prevention Event

Presented by Legacy Health

Wednesday, June 10, 10 am – 12 pm

Free – Sign up at Front Desk
ES45618

Healthy Living for Your Brain and Body

Presented by Alzheimer's Association

Wednesday, July 1, 12:30 – 1:30pm

Free – Sign up at Front Desk
ES15614

Sports

Self Defense: Karate as a Practice

Karate as a Practice will focus on the difference a regular karate practice can make in your life. Students will come to understand the self-defense applications of the basic movements as they work on them. Then, students will expand their understanding of those basic moves through Kata or forms and working with partners in the class. One wonderful outcome of this work is the greater sense participants will have of their own body and mind that can improve awareness, coordination, and balance. The regular practice will give you a better understanding of your physical strengths and challenges.

6/18-8/20 (10)	Th	1:30-2:30 pm	ES15603
Manzanita	ID/AP: \$102	SD: \$91.75	OD: \$127.50

Pickleball for Beginners

Come join the fun and learn how to play America's fastest growing sport that is suitable for ages 5 to 99! You will learn the basic rules of pickleball to get you started on our on-site court. Lessons on how to serve and hit the ball, footwork and movement will also be taught. Every class will start off with basic warm-up exercises, and drills. Pickleball etiquette, a game and scoring methods will also be introduced throughout the semester. Pickleball is safe and a great cardio activity that can be played at your own pace and level of intensity.

6/16-7/14 (5)	T	9-10 am	ES12601
Outside Ct.	ID/AP: \$111	SD: \$99.75	OD: \$138.75
6/16-7/14 (5)	T	10:30-11:30 am	ES12602
Outside Ct.	ID/AP: \$111	SD: \$99.75	OD: \$138.75
7/21-8/18 (5)	T	9-10 am	ES12603
Outside Ct.	ID/AP: \$111	SD: \$99.75	OD: \$138.75
7/21-8/18 (5)	T	10:30-11:30 am	ES12604
Outside Ct.	ID/AP: \$111	SD: \$99.75	OD: \$138.75



Buddy Training

2-Person Small Group Training is a great way to get together and work out. A personal trainer will work with each group's goal and design a workout to meet those goals. Each session is an hour long. (Cost is per person; must have 2 in group at time of registration.) Both participants must register.

Before July 1, 2026

Intro session \$53 ID/ \$66.25 OD
3 sessions \$149.25 ID/ \$186.50 OD
6 sessions \$272.25 ID/ \$340.25 OD

Starting July 1, 2026

Intro session \$55 ID/ \$68.75 OD (75 min.)
3 sessions \$155 ID/ \$193.75 OD
6 sessions \$283.50 ID/ \$354.50 OD

Personal Training

Private appointments with a certified personal trainer to customize your fitness program, offer accountability and help you reach your goals. Each session is one hour in length.

Before July 1, 2026

Intro session \$71 ID/ \$88.75 OD
3 sessions \$200 ID/ \$250 OD
6 sessions \$365 ID/ \$456.25 OD

Starting July 1, 2026

Intro session \$73 ID/ \$91.25 OD (75 min.)
3 sessions \$207 ID/ \$258.75 OD
6 sessions \$378 ID/ \$472.50 OD

Special Events

Grandparents Camp

Calling all abuelas, babushkas, pop pops and mimis! Join us for an exciting week of inter-generational bonding and nature adventures at Grandparents Camp! Co-hosted with the Nature Center, this camp is designed to create lasting memories and strengthen the special connection between grandparents and their grandchildren. Throughout the week, the young and young-at-heart will have the opportunity to collaborate on nature-inspired crafts, learn about local flora and fauna, and participate in team-building games that strengthen familial bonds. Each participant should bring lunch, drinking water, a small snack, and a backpack daily. Cancellations made at least 14 days before the start date will be refunded. Registration fee is per child, adult participation is required, up to 2 children per adult.

6/24-6/26 (3)	W/Th/F	9 am-1 pm	ES17601
Poplar	ID/AP: \$136	SD: \$122.25	OD: \$170
7/15-7/17 (3)	W/Th/F	9 am-1 pm	ES17602
Poplar	ID/AP: \$136	SD: \$122.25	OD: \$170
8/5-8/7 (3)	W/Th/F	9 am-1 pm	ES17603
Poplar	ID/AP: \$136	SD: \$122.25	OD: \$170

Social Dance: Summer Hoedown

Kick up your boots and dance into summer with friends, music and laughter at our Summer Solstice Dance! Enjoy a lively afternoon of dancing to classic hits and summertime favorites. We'll have delicious seasonal refreshments and light bites.

6/26 (1)	F	2-4 pm	ES16616
Manzanita	ID/AP: \$3	SD: \$3	OD: \$5

Social Dance: Summer Sock Hop

Put on your poodle skirts and leather jackets for a rockin' night of classic '50s fun! Dance to timeless hits, sip on root beer floats, and enjoy a nostalgic evening filled with retro charm. Don't forget your saddle shoes and best dance moves!

8/21 (1)	F	2-4 pm	ES16618
Manzanita	ID/AP: \$3	SD: \$3	OD: \$5

Brunch & a Stroll

Brunch & a Stroll - Cornell Farms Cafe and Nursery

Join us as we meet at the Elsie Stuhr Center to board a small bus toward Cornell Farms in Portland. Enjoy the breakfast of your choice before walking the beautiful nursery gardens. Cost of breakfast is not included.

6/30 (1)	T	9 am-12 pm	ES16604
OffSite	ID/AP: \$33	SD: \$29.50	OD: \$41.25

Brunch & a Stroll - La Provence Hillsboro & Noble Woods Park

Join us as we meet at the Elsie Stuhr Center to board a small bus toward La Provence in Hillsboro. Enjoy the breakfast of your choice before walking the beautiful paths of Noble Woods Park. Cost of breakfast is not included.

8/4 (1)	T	9 am-12 pm	ES16605
OffSite	ID/AP: \$33	SD: \$29.50	OD: \$41.25

Lunch Trips

Lunch at Salty's on the Columbia River

Join us as we head to Salty's, a stylish river-side restaurant with wonderful views of the Columbia river. Price includes transportation and escort. Cost of lunch is NOT included.

7/9 (1)	Th	11:30am-2pm	ES16601
OffSite	ID/AP: \$29	SD: \$26	OD: \$36.25

Lunch at Higgins Restaurant

Price includes transportation and escort. Cost of lunch is NOT included.

7/30 (1)	Th	11am-1:30pm	ES16602
OffSite	ID/AP: \$29	SD: \$26	OD: \$36.25

Lunch at Granny Fi's High Tea

Join us for a nice afternoon of high tea at Granny Fi's in beautiful Aurora, Oregon. High tea includes a pot of tea, shortbread tarts, scones, finger sandwiches sausage rolls and desert. Price includes transportation and escort. Cost of lunch is NOT included.

8/13 (1)	Th	10:30 am-1 pm	ES16603
OffSite	ID/AP: \$29	SD: \$26	OD: \$36.25

Trips & Tours

Day Trip: Old Aurora Colony Museum Tour and Antique Shopping

Join us on our trip to Aurora, Oregon where we will learn about the Aurora Colonists, their leader and their vision at the Old Aurora Colony Museum. Tour the 19th century complex and immerse yourself in the history. From there, you will have a choice to take a self-guided tour of the town or shop at the nearby antique stores. Lunch will not be provided so bring a sack lunch or make a stop at one of the restaurants in town during your free time. Transportation, museum admission and escort included.

6/25 (1)	Th	9:30 am-3 pm	ES16607
OffSite	ID/AP: \$34	SD: \$30.50	OD: \$42.50

Day Trip: Cannon Beach

Come to Cannon Beach with the Elsie Stuhr Center. We'll spend a day out at this beautiful beach town, enjoying shopping, lunch, and the wonderful Haystack Rock. Price includes transportation and escort.

7/16 (1)	Th	8:30 am-5 pm	ES16608
OffSite	ID/AP: \$34	SD: \$30.50	OD: \$42.50

Mini Trip: Berry Picking and Farm stands

Join us as we head out to pick berries and other summer produce in Scholls, Oregon. Our first stop will be at Hoffman Farm for blueberries followed by a stop at Smith Berry Barn Farm and Garden Market. Transportation and escort included.

7/23 (1)	Th	10 am-1:30 pm	ES16615
OffSite	ID/AP: \$37	SD: \$33.25	OD: \$46.25



Day Trip: Swan Island Dahlia Festival and Clackamas County Fair

Take a trip with us to the Swan Island Dahlia festival to view the 50 acres of breathtaking fields and a beautiful display garden of stunning dahlias featuring over 375 varieties. Then take a tour of the Clackamas County Fair, visit the livestock exhibits, listen to live music and shop the local handcraft vendor booths. Both spots will have food trucks and carts to purchase lunch or bring your own sack lunch.

8/19 (1)	W	9:30am-3:30pm	ES16609
OffSite	ID/AP: \$30	SD: \$27	OD: \$37.50

Adventure Trip - Hot Air Balloon Trip over Willamette Valley

Join us bright and early as we head to Newberg for a hands-on ballooning experience at sunrise! Pre-flight includes taking in the sights of inflating hot air balloons over 100ft tall. Fly over the gorgeous Willamette Valley wine country for approximately an hour. Once the balloon is deflated after landing, be transported back to the start. Plan on a total of 2-3 hours for your experience. You will fly in one of 6 balloons which carry 4 to 10 passengers each.

8/27 (1)	Th	7 am-1 pm	ES16606
OffSite	ID/AP: \$311	SD: \$279.75	OD: \$388.75

Guided Tours

Tualatin Hills Parks and Recreation District is pleased to announce an affiliation with Collette Travel Services. With 108 years of tour mastery in the making, Collette leads the way in curating 4-star, guided tours that connect culturally curious travelers to the world's iconic 'must-sees', along with meaningful engagement with people and culture.

2026 Tour Lineup

- *Canadian Rockies & Glacier National Park (August 2026)*
- *Alaska's Inside Passage Cruise, featuring Holland America (August 2026)*
- *Spotlight on Tuscany (October 2026)*
- *European Christmas Markets (December 2026)*

For more information, please contact:

Leah Lundy
 Tualatin Hills Parks and Recreation District
 (503) 629-6342
 l.lundy@thprd.org



Fitness Class Intensity Guide

The following can be utilized as a guide to the type of fitness class you may be looking for.

Athlete (Advanced Level) - This is a class for those that exercise or participate in sports nearly every day. Higher intensity workouts with more challenging strength and conditioning portion. Floor work included. Exercise will help build reserve and maintain level of fitness, and provides conditioning for improving performance.

Active Now (Intermediate Level) - This class is for individuals who exercise at least twice a week and engage in physical activity most days of the week. Classes include moderate intensity, low impact exercise. May include moderate strength and stretching exercises. There will be optional floor work.

Just getting started (Entry Level) - This class is for beginners or those returning to exercise. Class includes basic steps, gentle pace, lower intensity. May include seated or standing light strength and stretching exercises. Class will help maintain and improve physical function to remain independent and prevent illness, disability or injury.

Need a little help (Chair Fitness)- This class is for those wishing to exercise while seated. Class includes rhythmic movement, range of motion, strength, balance, and stretching exercises. Class will help maintain or improve physical function for basic self-care.



Athlete: Exercises almost every day or works at a physically demanding job.

Aerobic Total Body Workout (TBW) This class is designed for the experienced exerciser or fit newcomer. It includes warmup and low-impact aerobic conditioning with intervals of strength and endurance work.

TRX Circuit This class is a total body workout. Circuit training allows you to move through a variety of strength and cardio stations utilizing weights, bands, and, the TRX. Come ready to sweat! This class is not appropriate for beginners.

Women's Strength Training This class is dedicated to women 55+ seeking an empowering environment to learn how to move independently with confidence. Exercises include aerobic and strength training through the use of equipment that can be modified for all levels.

Active Now: These classes are for those who are active at least twice a week.

20/20/20 Get three types of fitness for three times the fun! Aerobics to start, followed by strength training, and finishing with flexibility exercises.

MELT A gentle self-treatment technique that enhances mobility, stability, and performance and is clinically proven to reduce chronic pain while restoring overall wellbeing.

Pilates A low impact gentle form of exercise. Perfect for all levels of exercisers who are looking to remarkably increase their muscle strength/endurance, balance, range of motion, coordination and overall body awareness.

Yoga, All Levels Practice poses with an emphasis on breath, alignment, symmetry and technique to build strength, flexibility and balance. Develop the mind-spirit connection in a structured, progressive format.

Zumba® Forget the workout, just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats.

Getting Started: Entry level or those returning to exercise.

Ageless Conditioning Combines aerobic, strengthening and flexibility exercises specifically to enhance strength, balance, joint range of motion, mobility and extend independent living.

Cardio Fusion A workout that pairs moderate aerobics with exercises and dance moves designed to improve balance, coordination and flexibility. You'll also use light weights/bands for some toning work. This workout gets the heart rate up without stressing the knees, legs and lower back. Effective exercise, dance and music make for a fun workout.

Essentrics A workout that draws on the flowing movements of Tai Chi creating health and balance, principles of physiotherapy which create a pain free body, and strengthening theories. Floor work may be included at end of class.

NeuroFitness Addressing common movement challenges associated with various neurological conditions, including Parkinson's disease, MS, stroke, and other conditions affecting balance, coordination, and dexterity. Through a combination of physical exercises, cognitive activities, and relaxation techniques, work to engage the brain and body to encourage more fluid, balanced movement.

Tai Chi 24 Class participants warm up with Qi Gong and Tai Chi movements, then move into learning the Yang 24 Form. Participants should be able to walk unassisted. All levels welcome. *Replacing Tai Chi, Basic Footwork*

Tai Chi 108 Class participants warm up with Qi Gong and Tai Chi movements, then move into learning the Yang 108 Form. Participants should be able to walk unassisted. All levels welcome. *Replacing Tai Chi, 24 Form*

Yoga, Gentle Learn how to stretch with simple movements and conscious breathing; increase strength and flexibility and bring calmness to the mind. For students with little or no yoga experience.

Zumba Gold® A modified version of Zumba®. Participants enjoy low-impact, simple moves.

Needs a Little Help: For those wishing to exercise while primarily seated.

Balance Basics Beginning class to work on balance and stability by strengthening the hip/leg muscles and abdominal muscles; learn positive techniques and balance exercises to improve confidence. Includes seated moves and standing moves done with chair for support.

Chair Dance Fusion Perfect for those new to exercise, prefer low-impact activities, have balance or mobility concerns. Improve your cardiovascular health, core strength, flexibility, and mood. So come join the fun and shake it from your seat!

FUNctional Chair Fitness Move through a variety of exercises designed to improve strength, balance, and range of motion. A chair is available for seated or standing support.

Tai Chi, Chair Learn Tai Chi for Better Balance movements and rhythm in a seated position. Participants start practice with seated, strengthening warm-ups and stretches, focusing on long, slow breathing techniques. This class can be done seated or standing with chair for assistance.

Total Body Workout (TBW) Chair This class focuses on exercises for strength, full-body cardiovascular moves, and flexibility -- all while seated. Balance work will be with a chair for support. This is a great class to get fit and meet people.

Yoga, Chair Increase flexibility, balance, strength and calmness with yoga movements done from a chair. Yoga revitalizes the respiratory, nervous, endocrine, digestive and other major systems of the body

Stop into the center for a paper copy of the schedule or find it online: <https://www.thprd.org/facilities/recreation/elsie-stuhr-center>. Classes and instructors are subject to change at any time without notice. We recommend checking the website for the most up-to-date schedule.

Nature & Trails



TUALATIN HILLS
PARK & RECREATION DISTRICT

Nature & Trails Department
Fanno Creek Service Center
6220 SW 112th Avenue
Beaverton, OR 97008
503-629-6350

Greg Creager
Nature & Trails Supervisor

THPRD offers nearly 160 natural areas. The Nature & Trails Department, with the support of the community, serves as the steward of these areas by managing wildlife habitat, native plant communities and the trails that guide you through these natural areas. These sites are important reminders of our natural heritage and provide a variety of benefits, including clean water, wildlife corridors and opportunities to connect with nature.

There are trails to suit every need spread throughout the park district, ranging from paved regional trails that connect to other cities and shopping areas to earthen trails that will help you explore neighborhood natural areas. Trail descriptions and downloadable maps are on our website: <http://www.thprd.org/parks-and-trails/trails/>.

Registration for Programs at Cooper Mountain Nature Park

Out-of-district patrons can register for Cooper Mountain Nature Park programs at the in-district fee rate. A THPRD residency card is required, at no extra charge, before registration begins. This special out-of-district fee exemption is only valid for Cooper Mountain Nature Park programs.



Visit Tualatin Hills Nature Park

15655 SW Millikan Way, Beaverton, OR 97003

The Tualatin Hills Nature Park provides a unique habitat for many plants and animals. Explore the park's ponds, creeks, marshes, and forests on 1.5 miles of paved trails, four miles of secondary trails, and 222 acres of ecologically diverse habitats.

Visit Cooper Mountain Nature Park

18892 SW Kemmer Rd., Beaverton, OR 97007

Overlooking the Tualatin River Valley, Cooper Mountain Nature Park is located on the edge of Beaverton. This 230-acre park offers visitors 3½ miles of trails traversing the park and passing through each of its distinct habitats, from conifer forest to prairies and oak woodlands. Visitors are rewarded with grand views of the Chehalem Mountains, close-up looks at Oregon white oaks and a small prairie that has sat relatively undisturbed for hundreds of years. The park also features a nature play area for children.

Metro and THPRD work in partnership to manage Cooper Mountain Nature Park. Together the two agencies continue habitat restoration and wildlife monitoring, maintain hiking trails and the Nature House and provide environmental education programs to visitors of all ages.

Both nature parks are open dawn to dusk. For the protection of wildlife, pets, including dogs, are not allowed at either park. Patrons must remain on trails to avoid poison oak and protect wildlife.

Nature Programs



TUALATIN HILLS
PARK & RECREATION DISTRICT

Tualatin Hills Nature Center
15655 SW Millikan Way
Beaverton, OR 97003 • 503-629-6350

TriMet Bus Route #57, #62, #67
Westside Light Rail (MAX) Blue Line - Merlo/158th

Cooper Mountain Nature Park
18892 SW Kemmer Road
Beaverton, OR 97007 • 503-629-6350

Center Supervisor: Karen Munday

Park Hours: Dawn until dusk, unless otherwise posted.

Nature Center Hours:

Monday – Friday: 9 am – 5 pm

Saturday: 10 am – 3 pm

Facility Closed: 6/19, 7/4, 9/7

Nature Center Offers:

- Nature Studies – Preschool, Youth & Family
- Nature Camps
- Events
- School and Group Programs
- Fitness
- Adult Classes

Facility Rentals

The Tualatin Hills Nature Center and Cooper Mountain Nature House have limited capacity rental spaces for your next event. Rentals are available when programs are not in session. Please visit thprd.org or call 503-629-6350 for rates and availability.



Nature Birthday Parties

Make your child's special day unforgettable with our Nature Birthday Party Package! Our packages include:



- A one-hour nature program of your choice
- A party room with tables and chairs
- Easy access to the adjacent park

Program options for ages 3 -12 years. Visit thprd.org or call for details and to reserve your party.

Connect with the Nature Center



[facebook.com/THPRDNature](https://www.facebook.com/THPRDNature)

[instagram.com/tualatinhillsnaturecenter](https://www.instagram.com/tualatinhillsnaturecenter)

Scan the QR code to visit our website.



Programas en Español

Inscríbese para recibir notificaciones de nuestros eventos y programas para la comunidad hispanohablante.

Nature Store

The Nature Store is in the Tualatin Hills Nature Center lobby and offers various gifts and nature-related books for all ages. All profits from store sales go back to the Tualatin Hills Park Foundation to provide scholarships for school field trips to the Tualatin Hills Nature Park.



School Nature Programs: K-12th grade

Our experienced environmental educators lead these engaging, hands-on programs at nature parks and natural areas within walking distance of schools. Activities incorporate core concepts from the Next Generation Science Standards while fostering memorable outdoor learning experiences that cannot be duplicated in a classroom. Visit www.thprd.org to learn which programs help reinforce the scientific practices and crosscutting concepts your class is working on this year. Fill out our online request form at www.thprd.org/activities/nature/group-nature-program-request/ to set up a program for your class. **Locations:** Cooper Mountain Nature Park, Tualatin Hills Nature Park, other THPRD natural areas, or at your school.

Group Nature Programs: All Ages

Perfect for preschools, scout troops, youth groups, homeschool groups, afterschool clubs, and businesses. Led by environmental education staff, these outdoor, hands-on, engaging programs can be scheduled year-round. Call today to schedule a guided hike for your group.

Locations: Cooper Mountain Nature Park, Tualatin Hills Nature Park, and other THPRD natural areas.



Scouts in Nature: Girl Scouts

Daisies, Brownies, and Juniors

A visit to a park is an excellent activity for your troop to do as part of a regular meeting or as an extra activity. Whether self-guided or led by one of our naturalists; scouts can work towards earning their petals and badges through nature exploration. We can customize a group program for your troop's needs to achieve your Trail Adventure, Eco Learner, Outdoor Art Maker, Animal Observer, Math in Nature, Art & Design, Hiker, Bugs, Eco Learner, Animal Habitats, Flowers, Letterboxer, Art Creator, and Explorer or Citizen Science badges. Fill out the Nature Program Request Form to schedule a badge or workshop program: www.thprd.org/activities/nature/girl-scout-programs.



Nature Kids Preschool Program

This September-through-May nature-based program for preschoolers introduces developmentally appropriate activities throughout the year in a curriculum that focuses on experiential learning through exposure to nature and the changing seasons. Children develop skills through tactile activities, play, and academic experiences. There is guidance to advance their communication and problem-solving skills in a safe, active, natural environment.

Ages 3-4

Chipmunks

T/Th 9-11:30 am \$310/month (2026-27 school year)
Tualatin Hills Nature Center

Hummingbirds

T/Th 9-11:30 am \$310/month (2026-27 school year)
Jenkins Estate

Ages 4-5

Ladybugs

M/W/F 8:30-11:30 am \$425/month (2026-27 school year)
Tualatin Hills Nature Center

Owls

M/W/F 1-4 pm \$425/month (2026-27 school year)
Tualatin Hills Nature Center

Dragonflies

M/W/F 9 am-noon \$425/month (2026-27 school year)
Jenkins Estate



Nature Studies – Youth/Family

Dates (Weeks) Location	Day	Time	Class #
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Knee-High Naturalists in THPRD Parks

Join us on these nature adventures as we explore the wildlife in our local parks. We'll search for clues that animals have left behind and get up close looks at treasures from our naturalist's backpack that may include skulls, pelts, pellets or even scat! It's a great way to get outside with your preschool child, meet other families and learn about the natural world. The price includes one child and two additional family members. An adult is required to accompany each registered child. Meeting points will be emailed out to participants prior to the start of each event.

6/27 Schlottman Creek Greenway	S	10-11 am	2-5 yrs ID/AP: \$12	NP15101 OD: \$15
7/18 Tualatin Hills Nature Park	S	10-11 am	2-5 yrs ID/AP: \$12	NP15102 OD: \$15
8/15 Hyland Woods Natural Area	S	10-11 am	2-5 yrs ID/AP: \$12	NP15103 OD: \$15

Creature Features

As the seasons change, so does life in the Nature Park. Learn about wildlife in this series of classes. Hear stories, meet other parents and kids, and see natural treasures up close. Each class includes a story time, simple craft project and a short nature walk. Adult participation required. Siblings under 2 are welcome to join at no extra cost.

Wonderful Woodpeckers

7/11 Tualatin Hills Nature Center	S	10-11 am	2-5 yrs ID/AP: \$12	NP15111 OD: \$15
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Forest Bugs

8/1 Tualatin Hills Nature Center	S	10-11 am	2-5 yrs ID/AP: \$12	NP15152 OD: \$15
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Discovering Deer

8/22 Tualatin Hills Nature Center	S	10-11 am	2-5 yrs ID/AP: \$12	NP15153 OD: \$15
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Park After Dark

Journey into the forest and enjoy the sights and sounds of nature at night. Spend the first part of the program learning about the featured nocturnal topic and then head out for a guided hike. The price is per person. An adult must register and accompany youth participants.

Owl Prowl

6/27 Tualatin Hills Nature Center	S	7:30-9:30 pm	6 yrs-adult ID/AP: \$20	NP15501 OD: \$25
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Coyotes Calling

7/11 Cooper Mountain Nature Park	S	7:30-9:30 pm	6 yrs-adult ID/AP: \$20	CM15501
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Mysterious Moths

7/25 Tualatin Hills Nature Center	S	7:30-9:30 pm	6 yrs-adult ID/AP: \$20	NP15502 OD: \$25
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Bats of Oregon Family Workshop

Discover the magic of nature after dark at Cooper Mountain! We'll start the exploration indoors with specimens and fun facts about the bats that live in our area. As the sun sets, families will head outside with special bat detectors to listen for bat calls and explore the nighttime world of our amazing nocturnal neighbors. The price is per person. An adult must register and accompany youth participants.

8/22 Cooper Mountain Nature Park	S	7:30-9:30 pm	6 yrs-adult ID/AP: \$20	CM15502
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Specialty Family Camps



Owls & Owlets Camp

Embark on a fun-filled outdoor adventure with your little one as we explore hands-on activities, sensory play, and nature-based crafts. Connect with other families, make new friends, and discover the wonders of the natural world through games, storytelling, and exploration! Every week we will have a different theme.

Cancellations made at least 14 days before start date will be refunded. Registration fee is per child (six months-5 years), adult participation required, up to 2 children per adult. Camp meets at the Tualatin Hills Nature Park.

6/29-7/1	M/T/W	9-11 am	0-5 yrs	NP17151
Tualatin Hills Nature Park			ID/AP: \$98	OD: \$122.50
7/13-7/15	M/T/W	9-11 am	0-5 yrs	NP17152
Tualatin Hills Nature Park			ID/AP: \$98	OD: \$122.50
7/27-7/29	M/T/W	9-11 am	0-5 yrs	NP17153
Tualatin Hills Nature Park			ID/AP: \$98	OD: \$122.50
8/10-8/12	M/T/W	9-11 am	0-5 yrs	NP17154
Tualatin Hills Nature Park			ID/AP: \$98	OD: \$122.50

Family Nature Camp

Join us for a fun week of outdoor adventures at Family Nature Camp! This camp is designed for parents, guardians, and kids to connect through fun, hands-on activities and nature exploration. Work together on creative nature-inspired crafts, discover local wildlife, and enjoy games and challenges as you explore the great outdoors. Each participant should bring lunch, drinking water, a small snack, and a backpack daily. Camp meets at the Tualatin Hills Nature Center. Cancellations made at least 14 days before start date will be refunded. **Registration fee is per child, adult participation required, up to 2 children per adult.**

7/29-7/31	W/TH/F	9 am-1 pm	6-10 yrs	NP17701
Tualatin Hills Nature Center			ID/AP: \$150	OD: \$187.50

Grandparents Camp

Calling all abuelas, babushkas, pop pops and mimis! Join us for an exciting week of intergenerational bonding and nature adventures at Grandparents Camp! Co-hosted in partnership with Elsie Stuhr Center, this camp is designed to create lasting memories and strengthen the special connection between grandparents and their grandchildren. Throughout the week, the young and young-at-heart will have the opportunity to collaborate on nature-inspired crafts, learn about local flora and fauna, and participate in team-building games that strengthen familial bonds. Each participant should bring lunch, drinking water, a small snack, and a backpack daily. Camp meets at Elsie Stuhr Center. Cancellations made at least 14 days before start date will be refunded. Registration fee is per child, adult participation required, up to 2 children per adult.

6/24-6/26	W/TH/F	9 am-1 pm	6-10 yrs	ES17601
Elsie Stuhr Center			ID/AP: \$136	OD: \$170
7/15-7/17	W/TH/F	9 am-1 pm	6-10 yrs	ES17602
Elsie Stuhr Center			ID/AP: \$136	OD: \$170
8/5-8/7	W/TH/F	9 am-1 pm	6-10 yrs	ES17603
Elsie Stuhr Center			ID/AP: \$136	OD: \$170

Nature Studies – Adult

Connect with nature and fellow nature-lovers through our adult programs. Whether you're joining a guided walk, strengthening your identification skills, expressing your creativity through nature-inspired art, or enjoying nature-themed board games with a drink in hand, there's something for everyone.

Nature-Inspired Fiber Arts Circle

This drop-in crafting circle offers a welcoming space for any skill level to explore the world of fiber arts through a natural lens. Whether you're looking to connect with others while working on an ongoing project or explore new craft techniques, this is the perfect opportunity to connect with other crafters in a relaxing nature setting.

Please bring your own projects and supplies, we will have a nature inspired project you can learn and a limited supply of materials to use. Drop-in fees apply, no circle 6/19.

Every Third Friday	5-7 pm	16+
Drop in	Tualatin Hills Nature Center	



Nature Board Game Nights

Join us for a fun and educational Nature Board Game Night! Our experienced instructors will guide you through gameplay and strategies as you compete with fellow nature enthusiasts to build habitats, collect resources, and explore a variety of captivating board games inspired by the great outdoors. Drinks will be available for purchase separately. We'll demo one game and have others available to borrow. Must be 21+ and bring ID.

6/26	F	6-9 pm	21+	NP15401
Tualatin Hills Nature Center			ID/AP: \$16	OD: \$20
7/24	F	6-9 pm	21+	NP15402
Tualatin Hills Nature Center			ID/AP: \$16	OD: \$20
8/21	F	6-9 pm	21+	NP15403
Tualatin Hills Nature Center			ID/AP: \$16	OD: \$20

Kokedama: Create a Moss Ball with Native Plants

Learn to create and care for a striking and unique Japanese moss ball using our own Pacific Northwest native plants to feature their beauty, versatility, and purpose for our habitat. Adorn your outdoor space by hanging it on your covered patio or balcony while helping our wildlife. The workshop includes all the materials for assembling your moss ball, a step-by-step breakdown of the process, and helpful care tips for keeping your creation happy and healthy. For this class, cancellation or drops must be received seven days in advance. No refunds or credit will be given with less than seven days' notice.

6/20 S 2-4 pm 16+ NP15404
Tualatin Hills Nature Center ID/AP: \$70 OD: \$ 87.50

Creative Nature Journaling

Unwind and connect with nature through nature journaling. Together, we'll explore simple techniques like sketching, mapping, and mindful reflection to capture the moments and details you notice on your nature walks. You'll get to try materials a variety of art mediums with plenty of guidance and freedom to experiment. A journal and art materials will be provided, but participants are welcome to bring their own.

7/11 S 10 am-noon 16+ CM15401
Cooper Mountain Nature House ID/AP/OD: \$25

Bats and Brews

Enjoy a beer while you learn about the bat species that call Beaverton home! We'll debunk common myths, uncover fascinating bat facts, and then head into the park at dusk with a bat detector to listen for our nocturnal, winged neighbors in action. Beer and other drinks will be available for purchase separately.

8/7 F 7-9 pm 21+ NP15405
Tualatin Hills Nature Center ID/AP: \$24 OD: \$30

Fitness

Summer Solstice Yoga at Arnold Park

Fire up your confidence and willpower while you open your joints! Enjoy an all-level flow class with THPRD yoga instructors. Step out of hibernation and into summer with this energetic flow! Event is located at Arnold Park: 4155 SW 182nd Ave.

6/21 Su 10-11:30 am 14+ NP12500
Arnold Park ID/AP: \$20 OD: \$25



Scan QR code for
Drop-in class schedule
at Nature Center

Drop-In Programs

Drop-In Yoga

The Tualatin Hills Nature Center offers yoga classes for ages 14+. The day, time, and instructor of classes are subject to change without notice. For a complete list of THPRD fitness offerings, please visit thprd.org/activities/fitness. To view the nature center fitness drop-in schedule, please visit: thprd.org/facilities/nature/nature-center.



Nature-Inspired Fiber Arts Circle new

This drop-in crafting circle offers a welcoming space for any skill level to explore the world of fiber arts through a natural lens. Whether you're looking to connect with others while working on an ongoing project or explore new craft techniques, this is the perfect opportunity to connect with other crafters in a relaxing nature setting.

Please bring your own projects and supplies, we will have a nature inspired project you can learn and a limited supply of materials to use. Drop-in fees apply. **No circle 6/19.**

Every Third Friday 5-7 pm 16+ Drop-in
Tualatin Hills Nature Center





Nature Mobile

The Nature Mobile is a mobile classroom that allows THPRD's Nature Center staff to bring environmental education programs to schools, parks, libraries, and neighborhoods throughout the park district.

Look for the Nature Mobile at your neighborhood park and join us for Free nature programs! Children of all ages are welcome with an adult. To view the locations, times, and topics schedule, visit our website: www.thprd.org/facilities/nature/nature-mobile or call 503-629-6350.



Babette Horenstein Tennis Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

HMT Recreation Complex
15707 SW Walker Road
Beaverton, 97006
503-629-6331

TriMet Bus Routes: #67, 59

Center Supervisor: Troy Christiansen

Building Hours*:

Monday - Thursday 9 am - 10 pm
Friday 9 am - 9 pm
Saturday - Sunday 8 am - 5 pm

**Hours subject to change.*

Facility Closed: 6/19, 7/4

Modified Hours: 7/3 (9am-2pm)

Enjoy playing tennis and pickleball via group and/or private lesson instruction, open play, social events, tournaments, league play and more.

Follow us for updates and more!



Babette Horenstein Tennis Center Features:

- 6 Indoor Tennis Courts (year round)
- 1 Outdoor Tennis Court (year round)
- 8 Seasonal Tennis Courts (outdoor from May – September, Indoor from October – April)
- 5 of our Tennis Courts have Pickleball lines (available for pickleball play at set times only)
- Showers available for \$3.75 for those not playing tennis. (Supply your own towel. Five minute maximum.)

THPRD is a Net Generation USTA provider, a member of Tennis Industry Association, and a National Recreation & Park Association Tennis in the Parks member.



RESERVE A TENNIS COURT

Courts at the Babette Horenstein Tennis Center (BHTC) are available by reservation only via the Court Reserve system.



Create your account and book courts at <http://app.courtreserve.com/portal/THPRD>.

- Courts become available for registration at 7:30am a week prior for In-District Patrons (6 days prior for Out-of-District Patrons.)
- Patrons can book up to 2 tennis courts per day, for as little as 30 minutes to max of 2 hours.
- Payment in full must be made at the time of reservation booking. Fee is per court not per person.
- Refund if cancelled at least 48 hours prior (4 hours for outdoor courts).
- Ball Machine available on Courts 1-6 for an additional \$7.75.
- Select Neighborhood courts available for reservations from May to September.

Due to the wide variety of programs we offer, we cannot guarantee court assignments, only court reservation time. Call for more information.

Tennis Court Rate Per Hour*

Indoor: \$27.75 ID/\$34.50 OD/ \$25 SR
Outdoor: \$13.50 ID/\$17 OD/ \$12.25 SR

Mid-Day Special**

Indoors Courts from 2-4pm:
\$20.75 ID / \$26 OD / \$18.75 SR
(use the mid-day special scheduler)

**Effective 7/1/2026. Pricing subject to change. Senior/ Military (SR) discount available to in-district residents only.*

FREQUENTLY ASKED QUESTIONS

Q: Do I need a tennis racquet to participate?

A: No, THPRD has loaner racquets available to use during class if need. Choose a racquet that measures from the ground to the finger tip of your child standing up straight.

Q: What type of shoe should be worn?

A: Tennis shoes with proper support (they are built with side-to-side movement in mind and offer more lateral stability) For your safety, no cleated shoes, boots, heels, sandals/open-toed shoes, flats or other street shoes are allowed on the Tennis courts.

Q: How long does it take to move up a level?

A: Completing a class does not guarantee advancement. In fact, most students stay in a level for multiple seasons before reaching the benchmarks needed to move up. Practicing the skills taught outside of class is just one way to help you advance. Ask your instructor for more tips.

Q: Can I register for multiple levels at the same time?

A: You can only register for the level listed in your THPRD account (or level 1 if you do not have a level yet). If your level advances during the term, we can then look for openings to enroll you in.

Please note: it's better to have the consistency of a class, even at the lower level, than to have no class at all. So sign up for the entire term at your current level!

Q: I've been taking lessons outside of THPRD, how do I get a level assignment?

A: If you have taken lessons with a private coach or non-THPRD facility, contact the Tennis Center to schedule a free 15-minute evaluation. Our instructor will briefly test your skills and assign a level accordingly.

Q: My child's birthday is next month, can I register them for the next age group?

A: The system will allow you to register for the class if their age falls within the requirements by the start of the class.

Q: Why is there no instructor listed for the class?

A: With the Activity Guides being produced months in advance and our coaches' schedules changing often, instructors are not assigned until closer to the start of class. If you have a preference, requests can be sent to j.rankin@thprd.org and we can see if we are able to accommodate.

YOUTH PROGRAMS PLAYER PROGRESSION

Players are required to meet certain competencies to move up a level. Coaches are evaluating players throughout the session.

Some areas to keep in mind:

- ✓ Technical deficiencies, such as grips and swing patterns, will be considered.
- ✓ Success Rallying and point play is another consideration
- ✓ Top players in a class will not automatically be promoted to a higher-level class
- ✓ It is very common for players to be in a class for more than one session
- ✓ Parents and players will be notified at the end of the session IF they are ready for the next level.



COMPRESSION BALLS

RED BALL CLASSES

Players are introduced to basic tennis skills using the Red Compression ball which will bounce slower and lower. This will help while working on technical development along with consistency and directional control. These classes will be played on a 36ft court with 19–23-inch racquets.

ORANGE BALL CLASSES

For players that have can demonstrate competencies to play on a bigger court. These classes are played on a 60 ft court using the orange compression ball which will bounce slower and lower than a yellow ball. Activities and games will focus on further developing groundstroke consistency, serve technique, and net play. Serve and transition skills will be emphasized as players develop match-play experience in both singles and doubles.

GREEN BALL CLASSES

This program is for players that are working to further develop their fundamentals to begin to play competitive tennis. The focus will be on more rally and match-based play with an emphasis on stroke mechanics, strategic philosophies, and the athletic skills needed to play the sport. Players will play on a 78 foot court in this class.

Full-Day Outdoor Tennis Camps

Full Day Camp Deposit

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29. Deposits are applied to the full-day camps below:

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis/Swim Camp (All Levels)

Somerset West

18300 NW Park View Blvd, Portland, OR 97229

Dive into an action-packed summer with our full day Tennis and Swim Camps. In the morning, students will work on tennis skills, hand-eye coordination drills, tennis games, field games and activities. After a lunch break in the afternoon, it's time to cool off with some fun outdoor pool activities including instruction, water sports and other water activities.

Please bring a snack, lunch & water bottle to camp each day, as well as swim gear (suit, towel, etc.).

Age 7-10

TC17270	7/13-7/17	M-F	9 am-4 pm	\$456	\$570	5
TC17272	7/27-7/31	M-F	9 am-4 pm	\$456	\$570	5
TC17274	8/10-8/14	M-F	9 am-4 pm	\$456	\$570	5

Age 11-14

TC17271	7/20-7/24	M-F	9 am-4 pm	\$456	\$570	5
TC17273	8/3-8/7	M-F	9 am-4 pm	\$456	\$570	5

Tennis Multi Sport Camp (All Levels)

Raleigh Park

3500 SW 78th Ave, Portland, OR 97225

Dive into an action-packed summer with our full day Multi Sport Camps. In the morning, students will work on Tennis and Pickleball skills, hand-eye coordination drills, Tennis/Pickleball games, and field games along with other activities. After a lunch break in the afternoon, it's time to cool off with some fun outdoor pool activities including instruction, water sports and other water activities.

Please bring a snack, lunch & water bottle to camp each day, as well as swim gear (suit, towel, etc.).

AGE 7-10

TC17275	7/13-7/17	M-F	9 am-4 pm	\$456	\$570	5
TC17276	7/20-7/24	M-F	9 am-4 pm	\$456	\$570	5
TC17278	8/3-8/7	M-F	9 am-4 pm	\$456	\$570	5

AGE 11-14

TC17277	7/27-7/31	M-F	9 am-4 pm	\$456	\$570	5
TC17279	8/10-8/14	M-F	9 am-4 pm	\$456	\$570	5

Half-Day Outdoor Tennis Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Camp (All Levels)

Sunset Park

13707 NW Science Park Dr, Portland, OR 97229

Are you seeking a week-long camp to enhance and develop your tennis skills? Camp will run for 4 hours each day. Players will work on tennis skills, hand-eye coordination drills, tennis games and field games and activities.

Please bring a snack & water bottle to camp each day.

Age 7-10

TC17250	6/15-6/19	M-F	9 am-1 pm	\$271	\$338.75	5
TC17252	6/22-6/26	M-F	9 am-1 pm	\$271	\$338.75	5
TC17254	6/29-7/2	M-Th	9 am-1 pm	\$218	\$272.50	4
TC17256	7/6-7/10	M-F	9 am-1 pm	\$271	\$338.75	5
TC17258	7/13-7/17	M-F	9 am-1 pm	\$271	\$338.75	5
TC17260	7/20-7/24	M-F	9 am-1 pm	\$271	\$338.75	5
TC17262	7/27-7/31	M-F	9 am-1 pm	\$271	\$338.75	5
TC17264	8/3-8/7	M-F	9 am-1 pm	\$271	\$338.75	5
TC17266	8/10-8/14	M-F	9 am-1 pm	\$271	\$338.75	5
TC17268	8/17-8/21	M-F	9 am-1 pm	\$271	\$338.75	5

Age 11-13

TC17251	6/15-6/19	M-F	9 am-1 pm	\$271	\$338.75	5
TC17253	6/22-6/26	M-F	9 am-1 pm	\$271	\$338.75	5
TC17255	6/29-7/2	M-Th	9 am-1 pm	\$218	\$272.50	4
TC17257	7/6-7/10	M-F	9 am-1 pm	\$271	\$338.75	5
TC17259	7/13-7/17	M-F	9 am-1 pm	\$271	\$338.75	5
TC17261	7/20-7/24	M-F	9 am-1 pm	\$271	\$338.75	5
TC17263	7/27-7/31	M-F	9 am-1 pm	\$271	\$338.75	5
TC17265	8/3-8/7	M-F	9 am-1 pm	\$271	\$338.75	5
TC17267	8/10-8/14	M-F	9 am-1 pm	\$271	\$338.75	5
TC17269	8/17-8/21	M-F	9 am-1 pm	\$271	\$338.75	5

REC TENNIS
 Adult, Youth, High School, Swim
TENNIS CAMPS
 In partnership with Tualatin Hills Park & Recreation District

Located throughout the THPRD Parks: across Beaverton, Portland & Hillsboro.

Learn More

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Indoor Youth Tennis Camps

Children under 10 years of age must be visually supervised by a parent, guardian or caregiver at least 15 years of age during class from the observation deck or lobby.

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Camp Level 1.5

For players progressing from Level 1 who have demonstrated basic serve, rally, and score competencies. In this weeklong camp players continue to develop overall athletic abilities and tennis-specific skills. This camp puts additional emphasis on technical development along with consistency, directional control, and match play skills.

Age 7-10

TC17200	6/15-6/18	M-Th	9-10:30 am	\$94	\$117.50	4
TC17201	6/22-6/25	M-Th	9-10:30 am	\$94	\$117.50	4
TC17202	6/29-7/2	M-Th	9-10:30 am	\$94	\$117.50	4
TC17203	7/6-7/9	M-Th	9-10:30 am	\$94	\$117.50	4
TC17204	7/13-7/16	M-Th	9-10:30 am	\$94	\$117.50	4
TC17205	7/20-7/23	M-Th	9-10:30 am	\$94	\$117.50	4
TC17206	7/27-7/30	M-Th	9-10:30 am	\$94	\$117.50	4
TC17207	8/3-8/6	M-Th	9-10:30 am	\$94	\$117.50	4
TC17208	8/10-8/13	M-Th	9-10:30 am	\$94	\$117.50	4
TC17209	8/17-8/20	M-Th	9-10:30 am	\$94	\$117.50	4

Age 11-13

TC17220	6/15-6/18	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17221	6/22-6/25	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17222	6/29-7/2	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17223	7/6-7/9	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17224	7/13-7/16	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17225	7/20-7/23	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17226	7/27-7/30	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17227	8/3-8/6	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17228	8/10-8/13	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17229	8/17-8/20	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4

Tennis Camp Level 2

Come out and join the staff for this weeklong indoor camp. Players work on shot consistency, offensive and defensive shots, doubles and singles movement, and specialty shots. Students will be introduced to game scoring along with an emphasis on rallying in different scenarios. This camp is taught with an emphasis on point play and rallying while continuing to develop the skills.

Age 7-10

TC17210	6/15-6/18	M-Th	9-10:30 am	\$94	\$117.50	4
TC17211	6/22-6/25	M-Th	9-10:30 am	\$94	\$117.50	4
TC17212	6/29-7/2	M-Th	9-10:30 am	\$94	\$117.50	4
TC17213	7/6-7/9	M-Th	9-10:30 am	\$94	\$117.50	4
TC17214	7/13-7/16	M-Th	9-10:30 am	\$94	\$117.50	4
TC17215	7/20-7/23	M-Th	9-10:30 am	\$94	\$117.50	4
TC17216	7/27-7/30	M-Th	9-10:30 am	\$94	\$117.50	4
TC17217	8/3-8/6	M-Th	9-10:30 am	\$94	\$117.50	4
TC17218	8/10-8/13	M-Th	9-10:30 am	\$94	\$117.50	4
TC17219	8/17-8/20	M-Th	9-10:30 am	\$94	\$117.50	4

Age 11-13

TC17230	6/15-6/18	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17231	6/22-6/25	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17232	6/29-7/2	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17233	7/6-7/9	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17234	7/13-7/16	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17235	7/20-7/23	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17236	7/27-7/30	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17237	8/3-8/6	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17238	8/10-8/13	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4
TC17239	8/17-8/20	M-Th	10:45 am-12:15 pm	\$94	\$117.50	4

Tennis Camp Level 4

This camp is for players who aspire to play on their high school team and have passed competencies from Level 3. Players will focus on developing more sophisticated shot selections, tactics, and strategies as they continue to learn with a rally and match play curriculum. Players will refine their footwork and athletic skills needed to play at a competitive high school level.

Age 9-13

TC17241	6/22-6/25	M-Th	4-6 pm	\$77	\$96.25	4
TC17243	7/6-7/9	M-Th	4-6 pm	\$77	\$96.25	4
TC17245	7/20-7/23	M-Th	4-6 pm	\$77	\$96.25	4
TC17247	8/3-8/6	M-Th	4-6 pm	\$77	\$96.25	4
TC17249	8/17-8/20	M-Th	4-6 pm	\$77	\$96.25	4

Age 14-17

TC17240	6/15-6/18	M-Th	4-6 pm	\$77	\$96.25	4
TC17242	6/29-7/2	M-Th	4-6 pm	\$77	\$96.25	4
TC17244	7/13-7/16	M-Th	4-6 pm	\$77	\$96.25	4
TC17246	7/27-7/30	M-Th	4-6 pm	\$77	\$96.25	4
TC17248	8/10-8/13	M-Th	4-6 pm	\$77	\$96.25	4



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Youth Classes at BHTC

Children under 10 years of age must be visually supervised by a parent, guardian or caregiver at least 15 years of age during class from the observation deck or lobby.

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Beginner Level 1

Learn the basic tennis skills: forehand and backhands, volleys, overhead, and serve, along with ABC Training hand and eye coordination skill work.

Age 5 (Red Ball)

TC12100	6/15-6/29	M	3-3:45 pm	\$42	\$52.50	3
TC12101	6/16-6/30	T	3-3:45 pm	\$42	\$52.50	3
TC12102	6/17-7/1	W	12-12:45 pm	\$42	\$52.50	3
TC12103	6/18-7/2	Th	3-3:45 pm	\$42	\$52.50	3
TC12104	7/6-7/27	M	3-3:45 pm	\$55	\$68.75	4
TC12105	7/7-7/28	T	3-3:45 pm	\$55	\$68.75	4
TC12106	7/8-7/29	W	12-12:45 pm	\$55	\$68.75	4
TC12107	7/9-7/30	Th	3-3:45 pm	\$55	\$68.75	4
TC12108	8/3-8/17	M	3-3:45 pm	\$42	\$52.50	3
TC12109	8/4-8/18	T	3-3:45 pm	\$42	\$52.50	3
TC12110	8/5-8/19	W	12-12:45 pm	\$42	\$52.50	3
TC12111	8/6-8/20	Th	3-3:45 pm	\$42	\$52.50	3

Age 6 (Red Ball)

TC12112	6/15-6/29	M	11-11:45 am	\$42	\$52.50	3
TC12113	6/15-6/29	M	4-4:45 pm	\$42	\$52.50	3
TC12114	6/16-6/30	T	11-11:45 am	\$42	\$52.50	3
TC12115	6/18-7/2	Th	11-11:45 am	\$42	\$52.50	3
TC12116	7/6-7/27	M	11-11:45 am	\$55	\$68.75	4
TC12117	7/6-7/27	M	4-4:45 pm	\$55	\$68.75	4
TC12118	7/7-7/28	T	11-11:45 am	\$55	\$68.75	4
TC12119	7/9-7/30	Th	11-11:45 am	\$55	\$68.75	4
TC12120	8/3-8/17	M	11-11:45 am	\$42	\$52.50	3
TC12121	8/3-8/17	M	4-4:45 pm	\$42	\$52.50	3
TC12122	8/4-8/18	T	11-11:45 am	\$42	\$52.50	3
TC12123	8/6-8/20	Th	11-11:45 am	\$42	\$52.50	3



Age 7-8 (Red Ball)

TC12124	6/15-6/29	M	9-9:45 am	\$42	\$52.50	3
TC12125	6/16-6/30	T	3-3:45 pm	\$42	\$52.50	3
TC12126	6/17-7/1	W	9-9:45 am	\$42	\$52.50	3
TC12127	6/18-7/2	Th	3-3:45 pm	\$42	\$52.50	3
TC12128	7/6-7/27	M	9-9:45 am	\$55	\$68.75	4
TC12129	7/7-7/28	T	3-3:45 pm	\$55	\$68.75	4
TC12130	7/8-7/29	W	9-9:45 am	\$55	\$68.75	4
TC12131	7/9-7/30	Th	3-3:45 pm	\$55	\$68.75	4
TC12132	8/3-8/17	M	9-9:45 am	\$42	\$52.50	3
TC12133	8/4-8/18	T	3-3:45 pm	\$42	\$52.50	3
TC12134	8/5-8/19	W	9-9:45 am	\$42	\$52.50	3
TC12135	8/6-8/20	Th	3-3:45 pm	\$42	\$52.50	3

Age 9-10 (Red Ball)

TC12166	6/15-6/29	M	9:45-10:45 am	\$55	\$68.75	3
TC12167	6/16-6/30	T	11:45 am-12:45 pm	\$55	\$68.75	3
TC12168	6/17-7/1	W	9:45-10:45 am	\$55	\$68.75	3
TC12169	6/17-7/1	W	5-6 pm	\$55	\$68.75	3
TC12170	6/18-7/2	Th	11:45 am-12:45 pm	\$55	\$68.75	3
TC12171	7/6-7/27	M	9:45-10:45 am	\$74	\$92.50	4
TC12172	7/7-7/28	T	11:45 am-12:45 pm	\$74	\$92.50	4
TC12173	7/8-7/29	W	9:45-10:45 am	\$74	\$92.50	4
TC12174	7/8-7/29	W	5-6 pm	\$74	\$92.50	4
TC12175	7/9-7/30	Th	11:45 am-12:45 pm	\$74	\$92.50	4
TC12176	8/3-8/17	M	9:45-10:45 am	\$55	\$68.75	3
TC12177	8/4-8/18	T	11:45 am-12:45 pm	\$55	\$68.75	3
TC12178	8/5-8/19	W	9:45-10:45 am	\$55	\$68.75	3
TC12179	8/5-8/19	W	5-6 pm	\$55	\$68.75	3
TC12180	8/6-8/20	Th	11:45 am-12:45 pm	\$55	\$68.75	3

Age 11-13 (Orange Ball)

TC12214	6/15-6/29	M	11:45 am-12:45 pm	\$55	\$68.75	3
TC12215	6/16-6/30	T	4-5 pm	\$55	\$68.75	3
TC12216	6/17-7/1	W	11 am-12 pm	\$55	\$68.75	3
TC12217	6/17-7/1	W	4-5 pm	\$55	\$68.75	3
TC12218	6/18-7/2	Th	4-5 pm	\$55	\$68.75	3
TC12219	7/6-7/27	M	11:45 am-12:45 pm	\$74	\$92.50	4
TC12220	7/7-7/28	T	4-5 pm	\$74	\$92.50	4
TC12221	7/8-7/29	W	11 am-12 pm	\$74	\$92.50	4
TC12222	7/8-7/29	W	4-5 pm	\$74	\$92.50	4
TC12223	7/9-7/30	Th	4-5 pm	\$74	\$92.50	4
TC12224	8/3-8/17	M	11:45 am-12:45 pm	\$55	\$68.75	3
TC12225	8/4-8/18	T	4-5 pm	\$55	\$68.75	3
TC12226	8/5-8/19	W	11 am-12 pm	\$55	\$68.75	3
TC12227	8/5-8/19	W	4-5 pm	\$55	\$68.75	3
TC12228	8/6-8/20	Th	4-5 pm	\$55	\$68.75	3

Age 14-17 (Orange Ball)

TC12256	6/15-6/29	M	5:15-6:15 pm	\$55	\$68.75	3
TC12257	6/17-7/1	W	5:15-6:15 pm	\$55	\$68.75	3
TC12258	7/6-7/27	M	5:15-6:15 pm	\$74	\$92.50	4
TC12259	7/8-7/29	W	5:15-6:15 pm	\$74	\$92.50	4
TC12260	8/3-8/17	M	5:15-6:15 pm	\$55	\$68.75	3
TC12261	8/5-8/19	W	5:15-6:15 pm	\$55	\$68.75	3

Tennis Family All Levels

This class is designed for family play, one child and one adult. This class is for all levels of play. The adult and child will develop their basic tennis skills: groundstrokes, volleys, overheads and serves.

Register the child only - price includes one adult.



Age 9-13 (Plus an Adult)

TC13700	7/7-7/28	T	6:15-7:15 pm	\$74	\$92.50	4
TC13701	8/4-8/18	T	6:15-7:15 pm	\$55	\$68.75	3

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Youth Classes at BHTC

Children under 10 years of age must be visually supervised by a parent, guardian or caregiver at least 15 years of age during class from the observation deck or lobby.

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Beginner Level 1.5

For players progressing from Level 1 who have demonstrated basic serve, rally, and score competencies. Players continue to develop overall athletic abilities and tennis-specific skills. This class puts additional emphasis on technical development along with consistency, directional control, and match play skills.

Tennis Intermediate Level 2

For players who have progressed from Level 1.5 and can demonstrate competencies for play on the bigger court. Activities and games will focus on further developing groundstroke consistency, serve technique, and net play. Serve and transition skills will be emphasized as players develop match-play experience in both singles and doubles.

Age 7-8 (Red Ball)

TC12136	6/15-6/29	M	5:15-6:15 pm	\$55	\$68.75	3
TC12137	6/16-6/30	T	3:45-4:30 pm	\$42	\$52.50	3
TC12138	6/17-7/1	W	3-3:45 pm	\$42	\$52.50	3
TC12139	6/18-7/2	Th	3:45-4:30 pm	\$42	\$52.50	3
TC12140	7/6-7/27	M	5:15-6:15 pm	\$74	\$92.50	4
TC12141	7/7-7/28	T	3:45-4:30 pm	\$42	\$52.50	4
TC12142	7/8-7/29	W	3-3:45 pm	\$42	\$52.50	4
TC12143	7/9-7/30	Th	3:45-4:30 pm	\$42	\$52.50	4
TC12144	8/3-8/17	M	5:15-6:15 pm	\$55	\$68.75	3
TC12145	8/4-8/18	T	3:45-4:30 pm	\$42	\$52.50	3
TC12146	8/5-8/19	W	3-3:45 pm	\$42	\$52.50	3
TC12147	8/6-8/20	Th	3:45-4:30 pm	\$42	\$52.50	3

Age 7-8 (Orange Ball)

TC12148	6/16-6/30	T	9-9:45 am	\$42	\$52.50	3
TC12149	6/16-6/30	T	3:45-4:30 pm	\$42	\$52.50	3
TC12150	6/17-7/1	W	4-4:45 pm	\$42	\$52.50	3
TC12151	6/18-7/2	Th	9-9:45 am	\$42	\$52.50	3
TC12152	6/18-7/2	Th	3:45-4:30 pm	\$42	\$52.50	3
TC12153	7/7-7/28	T	9-9:45 am	\$55	\$68.75	4
TC12154	7/7-7/28	T	3:45-4:30 pm	\$55	\$68.75	4
TC12155	7/8-7/29	W	4-4:45 pm	\$55	\$68.75	4
TC12156	7/9-7/30	Th	9-9:45 am	\$55	\$68.75	4
TC12157	7/9-7/30	Th	3:45-4:30 pm	\$55	\$68.75	4
TC12158	8/4-8/18	T	9-9:45 am	\$42	\$52.50	3
TC12159	8/4-8/18	T	3:45-4:30 pm	\$42	\$52.50	3
TC12160	8/5-8/19	W	4-4:45 pm	\$42	\$52.50	3
TC12161	8/6-8/20	Th	9-9:45 am	\$42	\$52.50	3
TC12162	8/6-8/20	Th	3:45-4:30 pm	\$42	\$52.50	3

Age 9-10 (Red Ball)

TC12181	6/15-6/29	M	5:15-6:15 pm	\$55	\$68.75	3
TC12182	6/16-6/30	T	3-4 pm	\$55	\$68.75	3
TC12183	6/17-7/1	W	3-4 pm	\$55	\$68.75	3
TC12184	6/18-7/2	Th	3-4 pm	\$55	\$68.75	3
TC12185	7/6-7/27	M	5:15-6:15 pm	\$74	\$92.50	4
TC12186	7/7-7/28	T	3-4 pm	\$74	\$92.50	4
TC12187	7/8-7/29	W	3-4 pm	\$74	\$92.50	4
TC12188	7/9-7/30	Th	3-4 pm	\$74	\$92.50	4
TC12189	8/3-8/17	M	5:15-6:15 pm	\$55	\$68.75	3
TC12190	8/4-8/18	T	3-4 pm	\$55	\$68.75	3
TC12191	8/5-8/19	W	3-4 pm	\$55	\$68.75	3
TC12192	8/6-8/20	Th	3-4 pm	\$55	\$68.75	3

Age 9-10 (Orange Ball)

TC12193	6/16-6/30	T	9:45-10:45 am	\$55	\$68.75	3
TC12194	6/16-6/30	T	3:45-4:45 pm	\$55	\$68.75	3
TC12195	6/17-7/1	W	4-5 pm	\$55	\$68.75	3
TC12196	6/18-7/2	Th	9:45-10:45 am	\$55	\$68.75	3
TC12197	6/18-7/2	Th	3:45-4:45 pm	\$55	\$68.75	3
TC12198	7/7-7/28	T	9:45-10:45 am	\$74	\$92.50	4
TC12199	7/7-7/28	T	3:45-4:45 pm	\$74	\$92.50	4
TC12200	7/8-7/29	W	4-5 pm	\$74	\$92.50	4
TC12201	7/9-7/30	Th	9:45-10:45 am	\$74	\$92.50	4
TC12202	7/9-7/30	Th	3:45-4:45 pm	\$74	\$92.50	4
TC12203	8/4-8/18	T	9:45-10:45 am	\$55	\$68.75	3
TC12204	8/4-8/18	T	3:45-4:45 pm	\$55	\$68.75	3
TC12205	8/5-8/19	W	4-5 pm	\$55	\$68.75	3
TC12206	8/6-8/20	Th	9:45-10:45 am	\$55	\$68.75	3
TC12207	8/6-8/20	Th	3:45-4:45 pm	\$55	\$68.75	3

Age 11-13 (Orange Ball)

TC12229	6/15-6/29	M	4-5 pm	\$55	\$68.75	3
TC12230	6/16-6/30	T	5-6 pm	\$55	\$68.75	3
TC12231	6/17-7/1	W	4-5 pm	\$55	\$68.75	3
TC12232	6/18-7/2	Th	5-6 pm	\$55	\$68.75	3
TC12233	7/6-7/27	M	4-5 pm	\$74	\$92.50	4
TC12234	7/7-7/28	T	5-6 pm	\$74	\$92.50	4
TC12235	7/8-7/29	W	4-5 pm	\$74	\$92.50	4
TC12236	7/9-7/30	Th	5-6 pm	\$74	\$92.50	4
TC12237	8/3-8/17	M	4-5 pm	\$55	\$68.75	3
TC12238	8/4-8/18	T	5-6 pm	\$55	\$68.75	3
TC12239	8/5-8/19	W	4-5 pm	\$55	\$68.75	3
TC12240	8/6-8/20	Th	5-6 pm	\$55	\$68.75	3

Age 11-13 (Green Ball)

TC12241	6/15-6/29	M	4-5 pm	\$55	\$68.75	3
TC12242	6/17-7/1	W	5:15-6:15 pm	\$55	\$68.75	3
TC12243	7/6-7/27	M	4-5 pm	\$74	\$92.50	4
TC12244	7/8-7/29	W	5:15-6:15 pm	\$74	\$92.50	4
TC12245	8/3-8/17	M	4-5 pm	\$55	\$68.75	3
TC12246	8/5-8/19	W	5:15-6:15 pm	\$55	\$68.75	3
TC12265	6/15-6/29	M	5-6 pm	\$55	\$68.75	3
TC12266	7/6-7/27	M	5-6 pm	\$74	\$92.50	4
TC12267	8/3-8/17	M	5-6 pm	\$55	\$68.75	3

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Youth Classes at BHTC

Children under 10 years of age must be visually supervised by a parent, guardian or caregiver at least 15 years of age during class from the observation deck or lobby.

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Advanced Level 3

For players who have progressed from Level 2 and can demonstrate competencies for play on the bigger court. Dynamic ready position, use of different spins, recovery, Continental grip, transition/net play, basic singles, and doubles tactics. Cooperation in partner activities.

Age 7-8 (Green Ball)

TC12163	6/15-6/29	M	3-3:45 pm	\$55	\$68.75	3
TC12164	7/6-7/27	M	3-3:45 pm	\$74	\$92.50	4
TC12165	8/3-8/17	M	3-3:45 pm	\$55	\$68.75	3

Age 9-10 (Green Ball)

TC12208	6/15-6/29	M	3-4 pm	\$74	\$92.50	3
TC12209	6/17-7/1	W	3-4 pm	\$74	\$92.50	3
TC12210	7/6-7/27	M	3-4 pm	\$98	\$122.50	4
TC12211	7/8-7/29	W	3-4 pm	\$98	\$122.50	4
TC12212	8/3-8/17	M	3-4 pm	\$74	\$92.50	3
TC12213	8/5-8/19	W	3-4 pm	\$74	\$92.50	3

Age 11-13 (Green Ball)

TC12247	6/15-6/29	M	3-4 pm	\$74	\$92.50	3
TC12248	6/17-7/1	W	3-4 pm	\$74	\$92.50	3
TC12249	6/18-7/2	Th	4:45-5:45 pm	\$74	\$92.50	3
TC12250	7/6-7/27	M	3-4 pm	\$98	\$122.50	4
TC12251	7/8-7/29	W	3-4 pm	\$98	\$122.50	4
TC12252	7/9-7/30	Th	4:45-5:45 pm	\$98	\$122.50	4
TC12253	8/3-8/17	M	3-4 pm	\$74	\$92.50	3
TC12254	8/5-8/19	W	3-4 pm	\$74	\$92.50	3

Age 14-17 (Green Ball)

TC12255	8/6-8/20	Th	4:45-5:45 pm	\$74	\$92.50	3
TC12268	6/16-6/30	T	4:45-6:15 pm	\$111	\$138.75	3
TC12269	7/7-7/28	T	4:45-6:15 pm	\$148	\$185	4
TC12270	8/4-8/18	T	4:45-6:15 pm	\$111	\$138.75	3



Oregon Elite Tennis is a high performance junior tennis academy. OET is designed for competitive junior players at the advanced or intermediate level. We help tennis players define and achieve their goals while emphasizing the fundamentals of tennis through footwork, proper stroke technique, strategy, and mental toughness. There are three levels of summer instruction.

- **Level 1:** Elite (*Highest and most competitive*)
- **Level 2:** Advanced / Intermediate Tournament Players
- **Level 3:** Intermediate & Beginning (*For players starting to play competitive tournaments*)

All levels are weekly camps running throughout the summer. If interested in participating, please contact info@oet.tennis

Private Lessons

Prefer one-on-one instruction? Improve your skills during a 60-minute private lesson with a Teaching Pro.

ID: \$67.50 / OD: \$84.50 per hour

Lesson times are limited to instructor & court availability. Private lessons are released on the 3rd Wednesday at 5pm for the following month. Register online at www.thprd.org/activities/keywords/TCPRV. (please note - this link will not show upcoming lessons before they are released)

Tennis Private Lesson Interest List

You can also register for our private lesson interest lists to be emailed information whenever additional private lessons are added.

TC15701



6/27-6/29	National Level 2
7/24-7/26	USTA Level 5 Tournament
8/1-8/2	JTT Sectionals
8/7-8/9	USTA Adult 18 Sectional Championships
8/21-8/23	USTA Adult 40 Sectional Championships

Play Tennis in the Parks

THPRD maintains 97 outdoor neighborhood tennis courts and 6 permanent pickleball courts at 34 park sites throughout our community.

These courts are free to use and available on a first-come, first-serve basis, unless otherwise noted. Please limit play to 60 minutes.

Some sites may be permitted for programs or have a reservation option. For more information, go to www.thprd.org or scan the QR code.



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Adult Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Adult Camp Level 1.5-2
 Ready to take your game to the next level? Join us for this 4-day Adult Training Camp. Each day will have a different focus and theme including Hit with the Pros, Stroking Analysis, Doubles Strategies and Drill & Play. You can register for all 4 days or the specific days as well (see below).

TC17300	6/15-6/18	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17305	6/22-6/25	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17310	6/29-7/2	M-Th	6:15-7:45 pm	\$94	\$117.50	4

Tennis Adult Camp Level 2-2.5

Ready to take your game to the next level? Join us for this 4-day Adult Training Camp. Each day will have a different focus and theme including Hit with the Pros, Stroking Analysis, Doubles Strategies and Drill & Play. You can register for all 4 days or the specific days as well (see below).

TC17315	7/6-7/9	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17320	7/13-7/16	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17325	7/20-7/23	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17330	7/27-7/30	M-Th	6:15-7:45 pm	\$94	\$117.50	4

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Adult Camp Level 3+
 Ready to take your game to the next level? Join us for this 4-day Adult Training Camp. Each day will have a different focus and theme including Hit with the Pros, Stroking Analysis, Doubles Strategies and Drill & Play. You can register for all 4 days or the specific days as well (see below).

TC17335	8/3-8/6	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17340	8/10-8/13	M-Th	6:15-7:45 pm	\$94	\$117.50	4
TC17345	8/17-8/20	M-Th	6:15-7:45 pm	\$94	\$117.50	4

Interested in Volunteering with THPRD?

Check out and apply for volunteer opportunities at thprd.org/connect/volunteer, or contact Melissa Marcum Volunteer Service: Volunteers@thprd.org or 503-619-3941.



Adult Classes

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Adult Beginner Level 1

Introduction to tennis. For beginners and players with limited class instruction. This class will cover the tennis basics: forehand and backhand groundstrokes, volleys, overheads and serves, along with player court positioning and game scoring.

TC13300	6/15-6/29	M	10:45 am-12:15 pm	\$83	\$103.75	3
TC13301	6/15-6/29	M	6:15-7:45 pm	\$83	\$103.75	3
TC13302	6/18-7/2	Th	6:15-7:45 pm	\$83	\$103.75	3
TC13303	7/6-7/27	M	10:45 am-12:15 pm	\$111	\$138.75	4
TC13304	7/6-7/27	M	6:15-7:45 pm	\$111	\$138.75	4
TC13305	7/9-7/30	Th	6:15-7:45 pm	\$111	\$138.75	4
TC13306	8/3-8/17	M	10:45 am-12:15 pm	\$83	\$103.75	3
TC13307	8/3-8/17	M	6:15-7:45 pm	\$83	\$103.75	3
TC13308	8/6-8/20	Th	6:15-7:45 pm	\$83	\$103.75	3

Tennis Adult Beginner Level 1.5

This class will continue to develop the skills learned in Level 1. Continued foundation skill development with; Introduction to approach shots and beginning doubles strategy.

TC13309	6/16-6/30	T	9-10:30 am	\$83	\$103.75	3
TC13310	6/18-7/2	Th	10:45 am-12:15 pm	\$83	\$103.75	3
TC13311	7/6-7/27	M	6:15-7:45 pm	\$111	\$138.75	4
TC13312	7/7-7/28	T	9-10:30 am	\$111	\$138.75	4
TC13313	7/9-7/30	Th	10:45 am-12:15 pm	\$111	\$138.75	4
TC13314	7/9-7/30	Th	6:15-7:45 pm	\$111	\$138.75	4
TC13315	8/4-8/18	T	9-10:30 am	\$83	\$103.75	3
TC13316	8/5-8/19	W	6:15-7:45 pm	\$83	\$103.75	3
TC13317	8/6-8/20	Th	10:45 am-12:15 pm	\$83	\$103.75	3
TC13318	8/6-8/20	Th	6:15-7:45 pm	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
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Tennis Adult Live Ball Clinic Level 1.5-2

A fast-paced and energetic 90 minutes of coach-led doubles-style point play. The focus for this program is on different offensive and defensive positions for players Level 1.5-2 or with instructor approval.

TC17301	6/15	M	6:15-7:45 pm	\$28	\$35	1
TC17306	6/22	M	6:15-7:45 pm	\$28	\$35	1
TC17311	6/29	M	6:15-7:45 pm	\$28	\$35	1

Tennis Adult Stroking Analysis Clinic Level 1.5-2

The main goal of this class is to work on the technical portion of your game. You will cover ground strokes, volleys, serves, and returns during the session. The ball machine is utilized in this class. You will receive feedback on your shots and get a lot of hitting repetition on the ball machine.

TC17302	6/16	T	6:15-7:45 pm	\$28	\$35	1
TC17307	6/23	T	6:15-7:45 pm	\$28	\$35	1
TC17312	6/30	T	6:15-7:45 pm	\$28	\$35	1

Tennis Adult Doubles Strategy Clinic Level 1.5-2

This class is for Adult NTRP Levels 1.5-2. For this class, you will work on doubles strategies and skill development using live ball point play.

TC17303	6/17	W	6:15-7:45 pm	\$28	\$35	1
TC17308	6/24	W	6:15-7:45 pm	\$28	\$35	1
TC17313	7/1	W	6:15-7:45 pm	\$28	\$35	1

Tennis Adult Drill and Play Clinic Level 1.5-2

This 90-minute class gives you a 30-minute, fast-paced warmup followed by an hour of organized match play with a pro. Level of play is NTRP 1.5-2

TC17304	6/18	Th	6:15-7:45 pm	\$28	\$35	1
TC17309	6/25	Th	6:15-7:45 pm	\$28	\$35	1
TC17314	7/2	Th	6:15-7:45 pm	\$28	\$35	1

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Adult Classes

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Stroking Analysis						
This class is available for players level 1.5 and up. The main goal of this class is to work on the technical portion of your game. You will cover ground strokes, volleys, serves, and returns during the session. The ball machine is utilized in this class. You will receive feedback on your shots and get a lot of hitting repetition on the ball machine.						
TC13319	6/18-7/2	Th	9-10:30 am	\$83	\$103.75	3
TC13320	7/9-7/30	Th	9-10:30 am	\$111	\$138.75	4
TC13321	8/5-8/19	W	6:15-7:45 pm	\$83	\$103.75	3
TC13322	8/6-8/20	Th	9-10:30 am	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Intermediate Level 2						
In this class, students will continue skill work for groundstrokes with an emphasis on grips and footwork, followed by court positioning for doubles, and developing your transition game for both singles and doubles. New skills to be introduced in this class include Ball placement, Lob, return of serve, and overhead footwork.						
TC13324	6/15-6/29	M	9-10:30 am	\$83	\$103.75	3
TC13325	6/17-7/1	W	9-10:30 am	\$83	\$103.75	3
TC13326	6/18-7/2	Th	6:15-7:45 pm	\$83	\$103.75	3
TC13327	7/6-7/27	M	9-10:30 am	\$111	\$138.75	4
TC13328	7/8-7/29	W	9-10:30 am	\$111	\$138.75	4
TC13329	8/3-8/17	M	9-10:30 am	\$83	\$103.75	3
TC13330	8/3-8/17	M	6:15-7:45 pm	\$83	\$103.75	3
TC13331	8/4-8/18	T	6:15-7:45 pm	\$83	\$103.75	3
TC13332	8/5-8/19	W	9-10:30 am	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Live Ball Level 2 +						
A fast-paced and energetic 90 minutes of coach-led doubles-style point play. The focus for this program is on different offensive and defensive positions for players Level 2+, or with instructor approval.						
TC13333	6/17-7/1	W	12:15-1:45 pm	\$83	\$103.75	3
TC13334	7/8-7/29	W	12:15-1:45 pm	\$111	\$138.75	4
TC13335	8/5-8/19	W	12:15-1:45 pm	\$83	\$103.75	3
TC13336	8/5-8/19	W	6:15-7:45 pm	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Intermediate Level 2.5						
This class will emphasize live ball skills as our coaches put players into different singles and doubles play scenarios. Advanced skill development includes work on hitting topspin and slice groundstrokes and continued work on offensive and defensive shots.						
TC13337	6/15-6/29	M	6:15-7:45 pm	\$83	\$103.75	3
TC13338	6/16-6/30	T	10:45 am-12:15 pm	\$83	\$103.75	3
TC13339	6/16-6/30	T	6:15-7:45 pm	\$83	\$103.75	3
TC13340	6/18-7/2	Th	6:15-7:45 pm	\$83	\$103.75	3
TC13341	7/7-7/28	T	10:45 am-12:15 pm	\$111	\$138.75	4
TC13342	8/3-8/17	M	6:15-7:45 pm	\$83	\$103.75	3
TC13343	8/4-8/18	T	10:45 am-12:15 pm	\$83	\$103.75	3
TC13344	8/4-8/18	T	6:15-7:45 pm	\$83	\$103.75	3
TC13345	8/6-8/20	Th	6:15-7:45 pm	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Doubles Strategy Level 2.5 +						
This class is for Adult NTRP Levels 2.5+. For this class, you will work on doubles strategies and skill development using live ball point play.						
TC13346	6/17-7/1	W	10:45 am-12:15 pm	\$83	\$103.75	3
TC13347	7/8-7/29	W	10:45 am-12:15 pm	\$83	\$103.75	4
TC13348	8/5-8/19	W	10:45 am-12:15 pm	\$83	\$103.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Live Ball Clinic Level 2-2.5						
A fast-paced and energetic 90 minutes of coach-led doubles-style point play. The focus for this program is on different offensive and defensive positions for players Level 2-2.5 or with instructor approval.						
TC17316	7/6	M	6:15-7:45 pm	\$28	\$35	1
TC17321	7/13	M	6:15-7:45 pm	\$28	\$35	1
TC17326	7/20	M	6:15-7:45 pm	\$28	\$35	1
TC17331	7/27	M	6:15-7:45 pm	\$28	\$35	1

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Stroking Analysis Clinic Level 2-2.5						
The main goal of this class is to work on the technical portion of your game. You will cover ground strokes, volleys, serves, and returns during the session. The ball machine is utilized in this class. You will receive feedback on your shots and get a lot of hitting repetition on the ball machine.						
TC17317	7/7	T	6:15-7:45 pm	\$28	\$35	1
TC17322	7/14	T	6:15-7:45 pm	\$28	\$35	1
TC17327	7/21	T	6:15-7:45 pm	\$28	\$35	1
TC17332	7/28	T	6:15-7:45 pm	\$28	\$35	1

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Doubles Strategy Clinic Level 2-2.5						
This class is for Adult NTRP Levels 2-2.5. For this class, you will work on doubles strategies and skill development using live ball point play.						
TC17318	7/8	W	6:15-7:45 pm	\$28	\$35	1
TC17323	7/15	W	6:15-7:45 pm	\$28	\$35	1
TC17328	7/22	W	6:15-7:45 pm	\$28	\$35	1
TC17333	7/29	W	6:15-7:45 pm	\$28	\$35	1

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Drill and Play Clinic Level 2-2.5						
This 90-minute class gives you a 30-minute, fast-paced warmup followed by an hour of organized match play with a pro. Level of play is NTRP 2-2.5.						
TC17319	7/9	Th	6:15-7:45 pm	\$28	\$35	1
TC17324	7/16	Th	6:15-7:45 pm	\$28	\$35	1
TC17329	7/23	Th	6:15-7:45 pm	\$28	\$35	1
TC17334	7/30	Th	6:15-7:45 pm	\$28	\$35	1



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Adult Classes

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Advanced Level 3						
This class will further develop the use of topspin and slice groundstrokes and their role in tennis strategy. Development of advanced net play along with offensive and defensive strategies.						
TC13349	6/16-6/30	T	12:15-1:45 pm	\$111	\$138.75	3
TC13350	6/16-6/30	T	6:15-7:45 pm	\$111	\$138.75	3
TC13351	7/7-7/28	T	12:15-1:45 pm	\$148	\$185	4
TC13352	7/7-7/28	T	6:15-7:45 pm	\$148	\$185	4
TC13353	8/4-8/18	T	12:15-1:45 pm	\$111	\$138.75	3

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Tennis Adult Advanced Level 3.5						
You MUST be a NTRP 3.5+ level player or have instructor approval to register for this class. This is a competitive hit group that involves high-intensity drills and point play. Taught with a game-based emphasis where most of the instructional points are strategic and matchplay based.						
TC13357	6/15-6/29	M	6:15-7:45 pm	\$111	\$138.75	3
TC13358	7/6-7/27	M	6:15-7:45 pm	\$148	\$185	4
TC17329	7/23	Th	6:15-7:45 pm	\$28	\$35	1
TC17334	7/30	Th	6:15-7:45 pm	\$28	\$35	1

Tennis Adult Live Ball Level 3 +

A fast-paced and energetic 90 minutes of coach-led doubles-style point play. The focus for this program is on different offensive and defensive positions for players Level 3+, or with instructor approval.

TC13354	6/15-6/29	M	12:15-1:45 pm	\$111	\$138.75	3
TC13355	7/6-7/27	M	12:15-1:45 pm	\$148	\$185	4
TC13356	8/3-8/17	M	12:15-1:45 pm	\$111	\$138.75	3

Tennis Adult Live Ball Clinic Level 3 +

A fast-paced and energetic 90 minutes of coach-led doubles-style point play. The focus for this program is on different offensive and defensive positions for players Level 3+ or with instructor approval.

TC17336	8/3	M	6:15-7:45 pm	\$37	\$46.25	1
TC17341	8/10	M	6:15-7:45 pm	\$37	\$46.25	1
TC17346	8/17	M	6:15-7:45 pm	\$37	\$46.25	1

Tennis Adult Stroking Analysis Clinic Level 3 +

The main goal of this class is to work on the technical portion of your game. You will cover ground strokes, volleys, serves, and returns during the session. The ball machine is utilized in this class. You will receive feedback on your shots and get a lot of hitting repetition on the ball machine.

TC17337	8/4	T	6:15-7:45 pm	\$37	\$46.25	1
TC17342	8/11	T	6:15-7:45 pm	\$37	\$46.25	1
TC17347	8/18	T	6:15-7:45 pm	\$37	\$46.25	1

Tennis Adult Doubles Strategy Clinic Level 3 +

This class is for Adult NTRP Levels 3+. For this class, you will work on doubles strategies and skill development using live ball point play.

TC17338	8/5	W	6:15-7:45 pm	\$37	\$46.25	1
TC17343	8/12	W	6:15-7:45 pm	\$37	\$46.25	1
TC17348	8/19	W	6:15-7:45 pm	\$37	\$46.25	1

Tennis Adult Drill and Play Clinic Level 3 +

This 90-minute class gives you a 30-minute, fast-paced warmup followed by an hour of organized match play with a pro. Level of play is NTRP 3+.

TC17339	8/6	Th	6:15-7:45 pm	\$37	\$46.25	1
TC17344	8/13	Th	6:15-7:45 pm	\$37	\$46.25	1
TC17349	8/20	Th	6:15-7:45 pm	\$37	\$46.25	1

Weekly Hit Groups

These single session clinics will be released for registration on Wednesdays at 5 pm, one week prior to the class date.

Join Coach Scott for a fast-paced hour of drilling and point play designed to keep you moving with different doubles drills and raise your heart rate at the same time.

Tennis Adult Drills and Conditioning Levels 3.5+ & 4+ Clinics

Wednesdays • 6:15-7:45 pm • June & July
(no weekly hit groups in August)

ID: \$37 OD: \$46.25



Scan the QR codes to register for next week's Hit Group. *Please note: Classes will not be visible on the search until released.*

Summer Adult Tennis League

Looking for some competitive play this Summer? Want to meet other players at your level of play? Check out the Tualatin Hills Summer Adult Tennis League!



Teams are formed in May. Each match consists of a men's doubles match, a women's doubles match, and two mixed doubles matches all playing an 8-game pro set. Played outdoors at the Tennis Center and the PCC Rock Creek courts -- begins in late June and runs through the end of August.

If you do not have a team, but are interested in playing, sign up for the Summer League interest list:

Max 3.5 NTRP TC1SUMGRN

Max 3.0 NTRP TC1SUMRED

Contact Katherine Lomartire at k.lomartire@thprd.org with questions.

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)



Play Pickleball with Friends

THPRD maintains 26 pickleball courts (6 with permanent nets) throughout our neighborhoods. These courts are free to use and available on a first-come first-serve basis, unless otherwise noted. Please limit play to 60 minutes.

Scan for Locations



Reserve a Pickleball Court

Courts at the Babette Horenstein Tennis Center (BHTC) are available by reservation only via the Court Reserve system.



BHTC Outdoor Courts:

Monday- Thursday 9 am to 6 pm*
 Friday 9 am to 9 pm*
 Saturday/Sunday 8 am to 5 pm*

Off-Site Outdoor Courts:

Reservable May 1-September 30

Raleigh Park (4 courts, permanent nets)

Monday, Wednesday, Friday 10 am-1 pm*
 Tuesday, Thursday 5-8 pm*

Cedar Hills Park (3 courts, bring your own net)

Monday, Wednesday, Friday 10 am-1 pm*
 Tuesday, Thursday 5-8 pm*

*Hours are subject to change without notice. Visit the Activity Schedule on our home page for the most up-to-date information.

Courts become available for registration at 7:30am a week prior for In-District Patrons (6 days prior for Out-of-District Patrons.)

Patrons can book 1 pickleball court per day, for as little as 30 minutes to max of 2 hours at BHTC. Off-site location reservations are set 90-minute blocks.

Payment in full must be made at the time of reservation booking. Fee is per court not per person.

Full refund if cancelled at least 4 hours prior for outdoor courts (48 hours for indoor courts).

Due to the wide variety of programs we offer, we cannot guarantee court assignments, the only court reservation time. Call for more information.

Pickleball Court Rate Per Hour*

Outdoor: \$9 ID / \$12.50 OD / \$8 SR

* Effective 7/1/2026. Pricing subject to change. Senior/ Military (SR) discount available to in-district residents only.

Pickleball Camps

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Pickleball Adult Camp All Abilities						
Come out for this 3-day Adult Pickleball Camp. If you are new to the game or looking to further your skills come join us for this 9-hour outdoor camp. Staff will teach foundations along with offensive and defensive strategies to further your game.						
TC17350	8/3-8/7	M/W/F	9 am-12 pm	\$127	\$158.75	3

Pickleball Classes

Class #	Dates	Days	Times	ID/AP	OD	Sessions
Pickleball Adult 101						
Ready to Learn how to play pickleball? Join Coach Jake for an introduction to pickleball. In this class you will learn the fundamentals, scoring and everything you need to learn to start playing.						
TC13373	6/16-6/30	T	9-10:30 am	\$83	\$103.75	3
TC13374	7/7-7/28	T	9-10:30 am	\$111	\$138.75	4
TC13375	8/4-8/18	T	9-10:30 am	\$83	\$103.75	3

Pickleball Adult 201

Ready to continue advancing your pickleball skills? Join Coach Jake for Pickleball 201. This class is for those who have completed Pickleball 101. Pickleball 201 will build on the skills and concepts from the level 1 class.

TC13376	6/18-7/2	Th	9-10:30 am	\$83	\$103.75	3
TC13377	7/9-7/30	Th	9-10:30 am	\$111	\$138.75	4
TC13378	8/6-8/20	Th	9-10:30 am	\$83	\$103.75	3

Pickleball Adult Hit with the Pros

Come join Coach Jake for organized pickleball practice. Prerequisite for this 90 minute clinic is completion of our pickleball 101 class or previous pickleball experience. Each session will work on different playing skills and strategies.

TC13379	6/16-6/30	T	10:45 am-12:15 pm	\$111	\$138.75	3
TC13380	7/7-7/28	T	10:45 am-12:15 pm	\$148	\$185	4
TC13381	8/4-8/18	T	10:45 am-12:15 pm	\$111	\$138.75	3

Pickleball Intermediate Skills and Strategy

This class is designed for intermediate players seeking to enhance their match-play skills for league play. Coach Jake will primarily focus on strategies for player development around game-based situations, with a focus on specialty shots and formations. Each week will have a different focus: Basics of Drilling, Volumes of Volleys, Traversing the Transition Zone, and Spins and Serves.

TC13382	6/18-7/2	Th	10:45 am-12:15 pm	\$111	\$138.75	3
TC13383	7/9-7/30	Th	10:45 am-12:15 pm	\$148	\$185	4
TC13384	8/6-8/20	Th	10:45 am-12:15 pm	\$111	\$138.75	3

Private Pickleball Lessons

Improve your pickleball skills during a 60-minute private one-on-one lesson with a Teaching Pro. **\$67.50 ID / \$84.75 OD** per hour. Lesson times are limited to instructor & court availability. Private lessons are released on the 3rd Wednesday at 5 pm for the following month. Register online.



Pickleball Private Lesson Interest List

You can also register for our private lesson interest lists to be emailed information whenever additional private lessons are added.

TC15700

Cedar Hills Recreation Center



**11640 SW Park Way
Portland, 97225
503-629-6340**

TriMet Bus Routes #20, #59

Facility Supervisor: Tyler Fransen

Summer Term: June 15 – August 24

Facility Hours:

Monday – Friday 6:30 am – 8:30 pm

Saturday 8 am – 4 pm

Sunday 8 am – 4 pm

Facility Closures: 6/19, 7/3, 7/4

Facility Features:

- Nine-month preschool
- Fully equipped gymnastics room
- Indoor gymnasium
- Kitchen for cooking classes
- Elementary THRIVE Afterschool program
- Outdoor playground/play equipment
- Middle School Afterschool programs
- Weight room and cardio room
- Fitness classes



Summer Preview

Searching for the perfect summer camps or classes? Join us at Cedar Hills Park to discover our exciting lineup of Summer Camps and Classes! Bring the kids for games and activities, fun for the whole family awaits!

FREE EVENT!

**Friday, April 10 • 3 – 4:30 pm
Cedar Hills Park**

🌈 Pride in the Park 🌈

**Saturday, June 27 • 11 am – 2 pm
FREE EVENT!**

Come together as a community to celebrate LGBTQIA+ diversity and inclusivity with PRIDE! Experience local vendors, enjoy free games and activities with music and more.

Hot Dog Wednesdays!

June 24, July 15, & August 5 • 5 – 7 pm

Come enjoy free summer fun at Cedar Hills Recreation Center! On select Wednesdays, bring the whole family out to the field for games, activities, and special themed fun. Weather permitting activities may include water slides, a foam cannon and yard games.

Hot dog combo - \$5
(hot dog, chips and a drink)

Single hot dog - \$3
Meatless option available while supplies last.



Drop-in Sports Programs

The Cedar Hills Recreation Centers offers a variety of drop-in sports for youth, family, adults, and seniors. A valid THPRD identification is required for all drop-in participation. Gym-appropriate shoes must be worn. If you are looking for a fitness program, see the fitness section for class offerings.

	Monday	Tuesday	Wednesday	Thursday	Friday
Badminton			6-8 pm		
Basketball (30+)	7:15-8:30 pm				

**Non-team play. All times and days are subject to change daily. See our website for updated information.

July Proclamation

It's Park & Recreation Month! Join Cedar Hills Recreation Center for themed crafts, hands-on activities, and adventures exploring THPRD parks and natural areas. Let's get creative, get outside, and celebrate all the fun our parks have to offer!

Gymnastics Party Rentals



Make your child's special day unforgettable with a high-energy gymnastics party led by our experienced instructors! Available on Sundays only.

We offer a 45-minute instructor-led session that includes:

- Warm-up activities
- Gymnastics-based games
- Skill-building on various equipment
- A fun cool-down period

Children will enjoy a circuit-style class, where they can learn new gymnastics skills and techniques in a safe and supportive environment.

For more details and pricing, please call 503-629-6340 or visit scan qr code for additional information.



Facility Rentals

Host your next event with us!

Whether you're planning a baby shower, retirement party, or an end-of-the-year celebration, our facility is the perfect place to gather. With access to our rooms or gym for your favorite activities, everyone will enjoy the celebration.

Available for:

- Birthday parties
- Family gatherings
- Team celebrations
- And more!

For more details and pricing, please call 503-629-6340 or visit our website for additional information.

Let us help you make your event memorable!

THRIVE

Afterschool Program

Teaching Healthy Responsible Individuals Values and Education

We provide high quality afterschool care in a safe and nurturing environment. We provide an active program for all abilities. Children take part in arts and craft projects, physical activities, cooking, enrichment activities and supervised homework time. Students are led in a group community service project. Program is available from school release time to 6 pm, Monday-Friday.

Enrollment for the 2026-2027 School Year is open, subject to space availability. A non-refundable \$50 enrollment fee is due at the time of registration.

THRIVE tuition options for 2026-2027:

- A. Afterschool care only, 9 payments of \$434
- B. Afterschool care plus seven (7) weeks of summer camp in 2027, 11 payments of \$561.90

Tuition includes four (4) BSD in-service days. Tuition does not include holidays, winter break, spring break, or additional no school days.

Please call the Recreation Center in your attendance zone for more information.

Cedar Hills Recreation Center schools served:

- Barnes Elementary School
- Ridgewood Elementary School
- West Tualatin Valley Elementary School
- William Walker Elementary School
- Cedar Park Middle School



Jump Start Preschool

Inspire. Learn. Grow.

A 9-Month Reggio Emilia-Inspired preschool adventure with a gymnastics twist. Our program blends the child-centered philosophy of learning with the energy and excitement of gymnastics. Students will develop gross motor skills and create an environment where children grow strong in both body and imagination. Teachers help guide children through projects and creative play.

New! Students will participate in gymnastics movements to develop balance and coordination. They will experience gymnastic equipment like balance beams, mini trampolines, obstacle courses and tumbling mats.

In our preschool classroom students will prepare for kindergarten readiness through art, music, reading, dramatic play, movement and more. We will focus not only on academic growth but also social and emotional.

Registration is open for the 2026-27 school year.

Call Cedar Hills Recreation Center for more detailed information or to register, 503-629-6340.

www.thprd.org/facilities/recreation/cedar-hills

Jump Start ages 4-5
M/W/F 8:30am – 11:30am
\$50 enrollment, \$425 monthly tuition

Jump Start ages 3-4
T/TH 9:00am – 11:30am
\$50 enrollment, \$310 monthly tuition



Arts & Crafts - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Afterschool Art Sampler

Join us in Afterschool Art Sampler, where your child can explore different mediums of art every week! Children will work with painting, drawing, sculpture, collage, creative projects, and more.

6/17-8/19 (10) Rm 2	W	6:30-7:30 pm ID/AP: \$93	6-10 yrs OD: \$116.25	CH14202
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Nature Art

Join our class and become one with nature in our nature art class. Young artists will use the variety of materials from the outdoors to create different mediums of art that vary from drawing, painting, collages, prints and more! **No class 7/4.**

6/20-8/22 (10) Rm 3	S	9-10 am ID/AP: \$93	6-10 yrs OD: \$116.25	CH14203
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Youth Painting

Children will learn about different watercolor and painting techniques and terminology while creating new projects and canvases each week. Watercolor, tempera, and acrylic paints will be used. Projects will include summer-themed and nature-inspired pieces!

6/15-8/17 (10) Rm 2	M	6:30-7:30 pm ID/AP: \$93	6-10 yrs OD: \$116.25	CH14201
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Arts & Crafts – Teen/Adult

Painting, All Levels

Come explore various artistic mediums including acrylics, oils, pastels or watercolors. Students are encouraged to bring their own supplies and work on personal projects at their own speed. The instructor will provide personalized support to each student in order to help develop their skills. **No class 7/3.**

6/26-8/21 (8) Rm 3	F	9:30 am-12:30 pm ID/AP: \$199	14-adult OD: \$248.75	CH14502
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Watercolor, All Levels

Learn aspects of watercolor painting including still life, design and color harmony. Students are encouraged to bring their own supplies and work on personal projects at their own speed. The instructor will provide personalized support to each student to help develop their skills.

6/16-8/18 (10) Rm 3	T	9:30 am-12:30 pm ID/AP: \$247	14-adult OD: \$308.75	CH14501
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Dance – Preschool/Youth

Dance with Me!

Little ones will twirl, leap, and move to the music alongside their favorite grown-up in this joyful introduction to creative movement. Together, you'll explore basic ballet steps that help build balance, coordination, and confidence. Adult Participation Class; one child/one adult ratio. **No class 7/4 and 7/5.**

6/21-8/16 (8) Rm 5	Su	10-10:45 am ID/AP: \$83	2-4 yrs OD: \$103.75	CH11100
6/16-8/18 (10) Rm D	T	4:15-5 pm ID/AP: \$102	2-4 yrs OD: \$127.50	CH11101
6/20-8/22 (9) Rm D	S	9-9:45 am ID/AP: \$93	2-4 yrs OD: \$116.25	CH11102

Dance Adventure Kids

Step into the magic of movement with a class designed just for your energetic and imaginative dancers! This joyful introduction to dance encourages self-expression, creativity, and physical growth in a playful and supportive setting. This is a non-parent participation class.

6/16-8/18 (10) Rm D	T	5:15-6 pm ID/AP: \$102	4-6 yrs OD: \$127.50	CH11110
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Pre-Ballet

This playful and engaging dance class introduces young dancers to the foundations of ballet, including basic steps, positions, and terminology. With a strong focus on creative movement, rhythm, balance, and coordination, students build confidence and body awareness in a fun and supportive environment. **No class 7/4 and 7/5.**

6/21-8/16 (8) Rm 5	Su	9-9:45 am ID/AP: \$83	3-4 yrs OD: \$103.75	CH11120
6/17-8/19 (10) Rm D	W	5:15-6 pm ID/AP: \$102	4-6 yrs OD: \$127.50	CH11121
6/20-8/22 (9) Rm 5	S	9-9:45 am ID/AP: \$93	3-4 yrs OD: \$116.25	CH11122
6/20-8/22 (9) Rm D	S	10-10:45 am ID/AP: \$93	4-6 yrs OD: \$116.25	CH11123
6/20-8/22 (9) Rm D	S	11-11:45 am ID/AP: \$93	4-6 yrs OD: \$116.25	CH11124
6/20-8/22 (9) Rm 5	S	12-12:45 pm ID/AP: \$93	3-4 yrs OD: \$116.25	CH11125

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Hip Hop Kids

This high energy class is designed just for young dances, blending age appropriate dance moves with fun music. It is the perfect way to build confidence, coordination, and rhythm while having a blast. **No class 7/5.**

6/21-8/16 (8) Rm 5	Su	11-11:45 am ID/AP: \$83	3-4 yrs OD: \$103.75	CH11130
6/20-8/22 (9) Rm 5	S	10-10:45 am ID/AP: \$93	3-4 yrs OD: \$116.25	CH11131
6/20-8/22 (9) Rm 5	S	11-11:45 am ID/AP: \$93	3-4 yrs OD: \$116.25	CH11132
6/20-8/22 (9) Rm D	S	12-12:45 pm ID/AP: \$93	4-6 yrs OD: \$116.25	CH11133

Intro to Ballet

This dance class welcomes students curious about the study of classical ballet. No prior dance experience is needed, and beginners are encouraged to join. Students will explore ballet fundamentals, building an understanding of its technique, artistry, and core principles. **No class 7/5.**

6/21-8/16 (8) Rm 5	Su	12:15-1 pm ID/AP: \$83	6-11 yrs OD: \$103.75	CH11220
6/17-8/19 (10) Rm D	W	6:15-7 pm ID/AP: \$102	6-9 yrs OD: \$127.50	CH11221
6/17-8/19 (10) Rm 5	W	5:30-6:15 pm ID/AP: \$102	9-13 yrs OD: \$127.50	CH11222

Intro to Ballet and Jazz

This Intro to Ballet & Jazz class provides young dancers with a strong foundation in two essential dance styles. Students will learn basic ballet positions and technique, along with introductory jazz movements such as isolations, simple turns, and beginning combinations. The class emphasizes proper form, coordination, and musicality while building confidence and body awareness.

6/15-8/17 (10) Rm 5	M	4:15-5 pm ID/AP: \$102	6-9 yrs OD: \$127.50	CH11240
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Ballet and Jazz

This Ballet & Jazz class develops technique and performance skills across two foundational dance styles. Dancers will strengthen their alignment, flexibility, and control while expanding their movement vocabulary with jazz techniques such as isolations, turns, kicks, and across-the-floor combinations. The class focuses on precision, musicality, and building confidence in both styles.

6/15-8/17 (10) Rm 5	M	5:15-6 pm ID/AP: \$102	8-11 yrs OD: \$127.50	CH11241
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Intro to Hip Hop

Step into a world of rhythm and creativity with our Intro to Hip Hop class; the perfect way for kids to dive into hip hop dance! This high-energy class focuses on fun, movement, and building confidence on the dance floor. Tennis shoes required. **No class 7/5.**

6/21-8/16 (8) Rm 5	Su	1:15-2 pm ID/AP: \$83	6-11 yrs OD: \$103.75	CH11231
6/18-8/20 (10) Rm D	Th	5:30-6:15 pm ID/AP: \$102	6-9 yrs OD: \$127.50	CH11232
6/18-8/20 (10) Rm D	Th	6:30-7:15 pm ID/AP: \$102	9-13 yrs OD: \$127.50	CH11230

Dance – Teen/Adult

Adult Hip Hop

Come learn upbeat Hip Hop skills and routines featuring fun music for today's dance world! No prior dance experience necessary and beginners are welcome.

6/18-8/20 (10) Rm 5	Th	7:25-8:25 pm ID/AP: \$122	16-adult OD: \$152.50	CH11330
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Belly Dance

All levels welcome! Come explore the ancient art of belly dance in a supportive, accessible environment. This low-impact, full-body workout introduces foundational movements while weaving in the history, art, and cultural lore of this timeless dance style. Participants will focus on building strength, flexibility, coordination, and basic techniques inspired by Middle Eastern and historic world rhythms.

6/16-8/18 (10) Rm D	T	6:15-7:15 pm ID/AP: \$122	16-adult OD: \$152.50	CH11353
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Belly Dance (Intermediate)

This intermediate-level class is designed for dancers who have completed Beginning Belly Dance or have instructor permission. Building on foundational skills, participants will deepen their technique through more complex movement combinations, layering, and musical interpretation. This low-impact, full-body workout continues to explore the rich history, art, and lore of belly dance while refining strength, flexibility, coordination, and dance techniques rooted in Middle Eastern and historic world rhythms.

6/16-8/18 (10) Rm D	T	7:30-8:30 pm ID/AP: \$122	16-adult OD: \$152.50	CH11354
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Beginner Ballet 14 +

Step into the world of ballet with this entry-level class designed for new dancers. Focused barre and center work help students build technique, strength, flexibility, and coordination, all while fostering confidence and grace. Open to all levels, no previous experience is necessary, making it an ideal starting point for anyone curious about ballet.

6/15-8/17 (10) Rm 5	M	6:15-7:15 pm ID/AP: \$122	14-adult OD: \$152.50	CH11320
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Classical Ballet 14 +

This is a traditional ballet technique class. Comprehensive barre and center work for returning ballet students. Students will develop strength, flexibility, coordination and confidence. Prior ballet experience advised.

6/15-8/17 (10) Rm 5	M	7:30-8:30 pm ID/AP: \$122	14-adult OD: \$152.50	CH11322
6/17-8/19 (10) Rm 5	W	6:30-8 pm ID/AP: \$160	14-adult OD: \$200	CH11321

Line Dance Family new

Move with the beat in our brand-new Family Line Dance Class! A fun and energetic way for kids and grownups to learn the basics of line dancing! This engaging class focuses on movement, coordination, and building confidence, all while dancing to upbeat current music and popular dances. **All participants must be registered. No class 7/5.**

6/21-8/16 (8) Rm 5	Su	2:15-3 pm ID/AP: \$83	6-adult OD: \$103.75	CH11750
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Intro to Line Dancing

Join us for a lively introduction to line dancing in a welcoming, high-energy environment! Whether you're taking your first steps or brushing up on familiar moves, this class features easy-to-follow routines set to fun, catchy music. Enjoy a feel-good workout that does not feel like exercise as you learn foundational steps, improve coordination, and dance together. No prior dance experience required, beginners are encouraged!

6/17-8/19 (10) Rm D	W	7:15-8:15 pm ID/AP: \$122	16-adult OD: \$152.50	CH11350
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Intermediate Line Dance

This intermediate-level line dance class is designed for dancers with some prior experience who are ready to level up. Classes move at a quicker pace and feature more intricate step patterns, transitions, and rhythm changes set to upbeat, energizing music. You'll focus on refining technique, timing, and confidence while enjoying a fun, full-body workout. Come dance with us!

6/15-8/17 (10)	M	7-8 pm	16-adult	CH11351
Rm D		ID/AP: \$122	OD: \$152.50	

Preschool Exploration

First Time Friends

This class encourages children to emotionally and socially adapt to a classroom setting. We will strengthen our skills in sharing, listening and following directions; learn to make transitions and much more through art, stories and free play. Please bring a snack and water bottle to class. This is a non-parent participation class. **No class 7/3 and 7/5.**

6/21-8/16 (8)	Su	9:30-11:30 am	2-3 1/2 yrs	CH18100
Rm 10		ID/AP: \$220	OD: \$275	
6/15-7/13 (5)	M	9:30-11:30 am	2-3 1/2 yrs	CH18102
Rm 10		ID/AP: \$135	OD: \$168.75	
7/20-8/17 (5)	M	9:30-11:30 am	2-3 1/2 yrs	CH18103
Rm 10		ID/AP: \$135	OD: \$168.75	
6/17-7/15 (5)	W	9:30-11:30 am	2-3 1/2 yrs	CH18104
Rm 10		ID/AP: \$135	OD: \$168.75	
7/22-8/19 (5)	W	9:30-11:30 am	2-3 1/2 yrs	CH18105
Rm 10		ID/AP: \$135	OD: \$168.75	
6/26-8/21 (8)	F	9:30-11:30 am	2-3 1/2 yrs	CH18106
Rm 10		ID/AP: \$220	OD: \$275	

A-B-C Come Learn with Me

This class improves social and cognitive skills and helps children become comfortable in a classroom setting. Through art, music and sensory play, we will begin to explore the development of problem-solving, imagination and attention span. Please bring a snack and water bottle to class. This is a non-parent participation class.

6/16-7/14 (5)	T	9-11:30 am	3-4 yrs	CH18110
Rm 10		ID/AP: \$162	OD: \$202.50	
7/21-8/18 (5)	T	9-11:30 am	3-4 yrs	CH18111
Rm 10		ID/AP: \$162	OD: \$202.50	
6/18-7/16 (5)	Th	9-11:30 am	3-4 yrs	CH18112
Rm 10		ID/AP: \$162	OD: \$202.50	
7/23-8/20 (5)	Th	9-11:30 am	3-4 yrs	CH18113
Rm 10		ID/AP: \$162	OD: \$202.50	



Circle Sing and Play

Nurture your toddlers energy and creativity in a class designed for children who love to move. Sing songs, dance and read stories while building your toddler's confidence, self-control, and early language skills. Adult participation required. No unregistered siblings. **No class 7/5.**

6/21-8/16 (8)	Su	9-9:45 am	1 1/2 -3 yrs	CH18125
Rm 2		ID/AP: \$66	OD: \$82.50	

Messy Art

Engage in entertaining and expressive art activities with hands-on art projects structured to allow little artists to experience different materials and techniques. Adult participation required. No unregistered siblings. **No class 7/5.**

6/21-8/16 (8)	Su	10-11 am	1 1/2 -3 yrs	CH14100
Rm 2		ID/AP: \$77	OD: \$96.25	

General Interest - Guitar

Youth Guitar

Join our class and start to learn how to play the guitar with others as a group. In class we will go over basic chords, strumming patterns, guitar tuning, and gain a basic understanding of how the guitar works overall. Additionally, we will learn to change chords while playing simple songs at a half tempo. You must bring your own guitar, tuner, and picks.

6/16-8/18 (10)	T	4:50-5:50 pm	8-13 yrs	CH15220
Rm 3		ID/AP: \$102	OD: \$127.50	

Youth Guitar, Small Group

In this small group youth guitar class students are given the opportunity to have more focused support on learning or improving their guitar skills. In this class we will go over the basic chords and chord changes while also going over strumming, guitar tuning, reading tablature, and learning the basics of how a guitar works overall. Additionally, at half tempo, we will learn to change chords while playing simple songs. You must bring your own guitar, tuner, and picks.

6/16-8/18 (10)	T	3:30-4:30 pm	8-13 yrs	CH15221
Rm 3		ID/AP: \$204	OD: \$255	

Guitar I

Join us in Guitar 1 to freshen up, strengthen, and enhance your guitar skills! This class flows at a moderate tempo while learning basic chords and strumming patterns, developing technical skills and improving speed and accuracy between chord changes. These skills will be put to practice on basic songs in class following a moderate tempo. Bring your own guitar, tuner, and picks.

6/16-8/18 (10)	T	6-7 pm	8-13 yrs	CH15520
Rm 3		ID/AP: \$102	OD: \$127.50	

Guitar II

Get ready to play some songs and tunes! This class is intended to be a progression of Guitar 1 or for any student wanting to master their guitar skills. In this class we will learn the basics of chord progressions, riffs, scales, barre chords, and will improvise with single note scales. These skills will be put to practice on basic songs in class following a steady and consistent pace. Bring your own guitar, tuner, and picks.

6/16-8/18 (10)	T	7:10-8:10 pm	8-13 yrs	CH15522
Rm 3		ID/AP: \$102	OD: \$127.50	

Guitar Private Lesson Interest List

INTEREST LIST ONLY. For a one-on-one guitar instruction. Must bring your own guitar, tuner, and picks. We will contact those on the interest list when a private lesson is available. Private lesson cost is \$54 per 30 minute lesson. Lesson is typically scheduled on Tuesdays between 3 - 8 pm.

6/16-8/18 (1)	T	3-3:30 pm	8-adult	CH15530
Rm 3		ID/AP: \$54	OD: \$67.50	

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Gymnastics

Cedar Hills offers a comprehensive gymnastics program designed to help students reach their full potential according to their personal ability. All students will receive instruction on beam, floor, vault and bars. Great care is taken to provide a fun and safe atmosphere with quality instruction. Students with long hair need to pull it back with a band. Please do not wear tights or jeans. Safety guidelines will be discussed at first class.

Gymnastics Class Descriptions

Kindergym: (2-3 yrs)

Leap, balance, and play! Enjoy active, hands-on fun with your little one as you explore mats, beams, and bars in an exciting, movement-filled environment. Instructors will guide adults on how to support and lead their child through engaging obstacle courses and skill building activities. Adult participation required, one child/one adult ratio.

Kinderstars: (2.5-3.5 yrs)

This class is designed for gymnasts who are ready to participate in a more structured environment. Through obstacle courses and skill work on beam, bars, and floor, students will develop beginning gymnastics techniques while also building important social skills. Such as taking turns, listening, and participating with increased independence. Adults should plan to stay nearby to help their child feel comfortable, while allowing instructors to lead and encourage growing confidence. Adult participation required, one child/one adult ratio.

Preschool Pre-Gymnastics: (3.5-6 yrs)

This is an introduction to gymnastics for preschool-aged children (no gymnastics experience needed). In this class, they will be introduced to all four gymnastics events through fun obstacle courses, and drills. They will focus on beginning gymnastics skills, flexibility, strength and lots of fun! Following directions, listening and line movement will be focused on each week through lesson plans.

Gymnastics Rec Level 1: (6-13 yrs)

This class is the beginning level of gymnastics for school-aged children (no gymnastics experience needed). We introduce the fundamentals of gymnastics such as rolls, handstands and cartwheels on the floor, casting and strength moves on the bars as well as jumping and balancing on the beam. The students will learn all the basic skills used in gymnastics through the use of stations incorporating strength and flexibility activities.

Boys Gymnastics: (6-10 yrs)

We will work on gymnastics skills for boys' events including vault, bars, rings and floor exercises. Designed as an introduction to boys' gymnastics skills, working on flexibility and strength. All skill levels welcome.



Evaluation Classes

Prior to enrollment in Level 1.5 and Level 2/3 classes, a student must have passed the previous level or be evaluated by our staff to assure placement in the appropriate class. This free, 5-10 minute evaluation will determine which level class is appropriate. The evaluation process ensures that each class member is experiencing success working at the skill level and provides a more positive environment for all. Evaluations can be scheduled during open gymnastics times through our front office.

Gymnastics Rec Level 1.5: (6-14 yrs)

Gymnast **MUST** pass Gymnastics Level 1 before enrolling and/or have instructor approval by evaluation. We will emphasize one-handed cartwheels, round-offs, bridge kick-overs and many other tumbling progressions on floor. On the bars, we will work pullovers and back hip circles and on the beam, jump combinations, leaps and handstands are introduced. We teach classes using stations and drills that will help with flexibility as well as building core strength to achieve the skills needed to move-up to Level 2.

Gymnastics Rec Level 2/3: (6-14 yrs)

Gymnast **MUST** pass Gymnastics Level 1.5 before enrolling and/or have instructor approval by evaluation. This class works on the bar skills of stride circles and one-leg shoot throughs, underswings and sole circle dismounts. On the beam, work is done on handstands, cartwheels and full turns. On the floor exercise, backbend kick-overs, tictocs, back handspring drills and handstand rolls are introduced. The handstand flat back is taught for vaulting and the level of conditioning and flexibility training is increased.

Youth Drop-In Open Gymnastics

Youth 3.5 to 14 years can drop in and practice on bars, beams and floor equipment. Adult supervision in the room is required. Designated staff will monitor that all equipment is being used appropriately. They are there to help answer questions, no instruction is provided. Regular Drop-in rates apply. **See online schedule for up-to-date schedule at www.thprd.org.**

Fridays 6:30-8 pm

General Interest - Science

Awesome Engineers

Hey Awesome Engineers! This class is designed to introduce kids to the magic of engineering by exploring engineering concepts in a fun, hands-on way. With a new project and engineering challenge each week, no two days are the same! **No class 7/4.**

6/20-8/22 (9)	S	10:45-11:45 am	7-10 yrs	CH15216
Rm 2		ID/AP: \$131	OD: \$163.75	

Super Scientists

Hey Super Scientists! Come join us as we introduce kids to a variety of scientific topics and vocabulary with fun experiments, demonstrations, and projects each day, where no two weeks are the same! **No class 7/4.**

6/20-8/22 (9)	S	9-10 am	6-10 yrs	CH15215
Rm 2		ID/AP: \$131	OD: \$163.75	

Gymnastics – Preschool

KinderGym

Leap, balance, and play in our Kindergym class! Share active fun with your little one as you explore mats, beams, and bars in a lively, hands-on environment. Adult Participation Required. **No class 7/4.**

6/16-7/14 (5)	T	12:45-1:30 pm	2-3 yrs	CH13100
Rm 9		ID/AP: \$89	OD: \$111.25	
7/21-8/18 (5)	T	12:45-1:30 pm	2-3 yrs	CH13101
Rm 9		ID/AP: \$89	OD: \$111.25	
6/20-7/18 (4)	S	8:05-8:50 am	2-3 yrs	CH13102
Rm 9		ID/AP: \$73	OD: \$91.25	
7/25-8/22 (5)	S	8:05-8:50 am	2-3 yrs	CH13103
Rm 9		ID/AP: \$89	OD: \$111.25	

KinderStars

Get ready to tackle our playful obstacle course together! You and your child will climb, balance, swing, and roll your way through beams, bars, and mats in this action-packed class. Adult Participation Required. **No class 7/4 and 7/5.**

6/21-8/16 (8)	Su	8:15-9 am	2½-3½ yrs	CH13125
Rm 9		ID/AP: \$145	OD: \$181.25	
6/16-7/14 (5)	T	1:45-2:30 pm	2½-3½ yrs	CH13127
Rm 9		ID/AP: \$89	OD: \$111.25	
7/21-8/18 (5)	T	1:45-2:30 pm	2½-3½ yrs	CH13128
Rm 9		ID/AP: \$89	OD: \$111.25	
6/20-7/18 (4)	S	9-9:45 am	2½-3½ yrs	CH13129
Rm 9		ID/AP: \$73	OD: \$91.25	
7/25-8/22 (5)	S	9-9:45 am	2½-3½ yrs	CH13130
Rm 9		ID/AP: \$89	OD: \$111.25	

Pre-Gymnastics

In this introduction to gymnastics, students will explore floor, vault, bars, and beam while developing agility, balance, flexibility, and foundational skills. The class takes place in an energetic, supportive environment that also encourages listening and following directions **No class 7/4 and 7/5.**

6/21-8/16 (8)	Su	9:15-10 am	3 ½-4 yrs	CH13150
Rm 9		ID/AP: \$145	OD: \$181.25	
6/15-7/13 (5)	M	12:45-1:30 pm	3 ½-4 yrs	CH13152
Rm 9		ID/AP: \$89	OD: \$111.25	
7/20-8/17 (5)	M	12:45-1:30 pm	3 ½-4 yrs	CH13153
Rm 9		ID/AP: \$89	OD: \$111.25	
6/15-7/13 (5)	M	3-3:45 pm	3 ½-4 yrs	CH13154
Rm 9		ID/AP: \$89	OD: \$111.25	
7/20-8/17 (5)	M	3-3:45 pm	3 ½-4 yrs	CH13155
Rm 9		ID/AP: \$89	OD: \$111.25	

6/16-7/14 (5)	T	5-5:45 pm	3 ½-4 yrs	CH13156
Rm 9		ID/AP: \$89	OD: \$111.25	
7/21-8/18 (5)	T	5-5:45 pm	3 ½-4 yrs	CH13157
Rm 9		ID/AP: \$89	OD: \$111.25	
6/17-7/15 (5)	W	1:45-2:30 pm	3 ½-4 yrs	CH13158
Rm 9		ID/AP: \$89	OD: \$111.25	
7/22-8/19 (5)	W	1:45-2:30 pm	3 ½-4 yrs	CH13159
Rm 9		ID/AP: \$89	OD: \$111.25	
6/18-7/16 (5)	Th	1:45-2:30 pm	3 ½-4 yrs	CH13160
Rm 9		ID/AP: \$89	OD: \$111.25	
7/23-8/20 (5)	Th	1:45-2:30 pm	3 ½-4 yrs	CH13161
Rm 9		ID/AP: \$89	OD: \$111.25	
6/26-8/21 (8)	F	3:15-4 pm	3 ½-4 yrs	CH13162
Rm 9		ID/AP: \$145	OD: \$181.25	
6/20-7/18 (4)	S	10:15-11 am	3 ½-4 yrs	CH13164
Rm 9		ID/AP: \$73	OD: \$91.25	
7/25-8/22 (5)	S	10:15-11 am	3 ½-4 yrs	CH13165
Rm 9		ID/AP: \$89	OD: \$111.25	
6/21-8/16 (8)	Su	10:30-11:15 am	4-6 yrs	CH13175
Rm 9		ID/AP: \$145	OD: \$181.25	
6/15-7/13 (5)	M	5-5:45 pm	4-6 yrs	CH13177
Rm 9		ID/AP: \$89	OD: \$111.25	
7/20-8/17 (5)	M	5-5:45 pm	4-6 yrs	CH13178
Rm 9		ID/AP: \$89	OD: \$111.25	
6/16-7/14 (5)	T	6:15-7 pm	4-6 yrs	CH13179
Rm 9		ID/AP: \$89	OD: \$111.25	
7/21-8/18 (5)	T	6:15-7 pm	4-6 yrs	CH13180
Rm 9		ID/AP: \$89	OD: \$111.25	
6/17-7/15 (5)	W	3-3:45 pm	4-6 yrs	CH13181
Rm 9		ID/AP: \$89	OD: \$111.25	
7/22-8/19 (5)	W	3-3:45 pm	4-6 yrs	CH13182
Rm 9		ID/AP: \$89	OD: \$111.25	
6/18-7/16 (5)	Th	12:45-1:30 pm	4-6 yrs	CH13183
Rm 9		ID/AP: \$89	OD: \$111.25	
7/23-8/20 (5)	Th	12:45-1:30 pm	4-6 yrs	CH13184
Rm 9		ID/AP: \$89	OD: \$111.25	
6/18-7/16 (5)	Th	3-3:45 pm	4-6 yrs	CH13185
Rm 9		ID/AP: \$89	OD: \$111.25	
7/23-8/20 (5)	Th	3-3:45 pm	4-6 yrs	CH13186
Rm 9		ID/AP: \$89	OD: \$111.25	
6/26-8/21 (8)	F	4:15-5 pm	4-6 yrs	CH13187
Rm 9		ID/AP: \$145	OD: \$181.25	
6/20-7/18 (4)	S	11:15 am-12 pm	4-6 yrs	CH13189
Rm 9		ID/AP: \$73	OD: \$91.25	
7/25-8/22 (5)	S	11:15 am-12 pm	4-6 yrs	CH13190
Rm 9		ID/AP: \$89	OD: \$111.25	
6/20-7/18 (4)	S	2:45-3:30 pm	4-6 yrs	CH13191
Rm 9		ID/AP: \$73	OD: \$91.25	
7/25-8/22 (5)	S	2:45-3:30 pm	4-6 yrs	CH13192
Rm 9		ID/AP: \$89	OD: \$111.25	

Gymnastics – Youth

Boys' Gymnastics Rec Lvl 1

We will work on gymnastics skills for boys' events including vault, bars, rings and floor exercises. Designed as an introduction to boys' gymnastics skills, working on flexibility and strength. All skill levels welcome. **No class 7/3.**

6/26-8/21 (8)	F	5:30-6:15 pm	6-10 yrs	CH13240
Rm 9		ID/AP: \$145	OD: \$181.25	

Gymnastics Rec Lvl 1

In this introduction to gymnastics students will explore floor, vault, bars, and beam through obstacle courses and stations, learning fundamental skills like rolls, handstands, cartwheels, bar strength moves, and beam balancing. This class provides an energetic, supportive environment while developing the skills needed to progress to the next level. **No class 7/5.**

6/21-8/16 (8) Rm 9	Su	11:30 am-12:15 pm	6-8 yrs	CH13200
		ID/AP: \$145	OD: \$181.25	
6/15-8/17 (10) Rm 9	M	6:15-7 pm	6-8 yrs	CH13201
		ID/AP: \$179	OD: \$223.75	
6/16-8/18 (10) Rm 9	T	3-3:45 pm	6-8 yrs	CH13202
		ID/AP: \$179	OD: \$223.75	
6/17-8/19 (10) Rm 9	W	12:45-1:30 pm	6-8 yrs	CH13203
		ID/AP: \$179	OD: \$223.75	
6/17-8/19 (10) Rm 9	W	5-5:45 pm	6-8 yrs	CH13204
		ID/AP: \$179	OD: \$223.75	
6/18-8/20 (10) Rm 9	Th	6:15-7 pm	6-8 yrs	CH13205
		ID/AP: \$179	OD: \$223.75	
6/20-8/22 (9) Rm 9	S	12:15-1 pm	6-8 yrs	CH13206
		ID/AP: \$162	OD: \$202.50	
6/15-8/17 (10) Rm 9	M	1:45-2:30 pm	9-13 yrs	CH13225
		ID/AP: \$179	OD: \$223.75	
6/16-8/18 (10) Rm 9	T	7:15-8 pm	9-13 yrs	CH13226
		ID/AP: \$179	OD: \$223.75	
6/17-8/19 (10) Rm 9	W	6:15-7 pm	9-13 yrs	CH13227
		ID/AP: \$179	OD: \$223.75	
6/18-8/20 (10) Rm 9	Th	5-5:45 pm	9-13 yrs	CH13228
		ID/AP: \$179	OD: \$223.75	
6/20-8/22 (9) Rm 9	S	1:30-2:15 pm	9-13 yrs	CH13229
		ID/AP: \$162	OD: \$202.50	

Gymnastics Rec Lvl 1.5

Gymnasts must have passed Level 1 before enrolling. This class focuses on developing intermediate skills, including one-handed cartwheels, round-offs, and bridge kick-overs on floor; pullovers and back hip circles on bars; and jump combinations, leaps, and handstands on beam. These skills help build strength, coordination, and confidence as gymnasts continue progressing to higher levels.

6/15-8/17 (10) Rm 9	M	7:15-8:15 pm	7-14 yrs	CH13250
		ID/AP: \$213	OD: \$266.25	
6/17-8/19 (10) Rm 9	W	7:15-8:15 pm	7-14 yrs	CH13251
		ID/AP: \$213	OD: \$266.25	

Gymnastics Rec Lvl 2 & 3

Gymnasts must have passed Gymnastics Level 1.5 before enrolling. This class builds on foundational skills while introducing and refining Level 2 and Level 3 techniques on bars, beam, and floor, including strength moves, handstands, turns, and back handspring progressions. Conditioning and flexibility training are increased to support strength, coordination, and confidence as gymnasts advance to higher levels.

6/18-8/20 (10) Rm 9	Th	7:15-8:15 pm	7-14 yrs	CH13260
		ID/AP: \$213	OD: \$266.25	



Sports – Youth/Adult

Karate Kids

Karate Kids introduces children to martial arts through fun games and interactive drills. Kids build coordination, confidence, and respect while learning basic karate moves and key values like focus, teamwork, and self-discipline. No uniforms required. **No class 7/4.**

6/16-7/14 (5) Rm 5	T	5:30-6:15 pm	6-8 yrs	CH12331
		ID/AP: \$42	OD: \$52.50	
7/21-8/18 (5) Rm 5	T	5:30-6:15 pm	6-8 yrs	CH12332
		ID/AP: \$42	OD: \$52.50	
6/18-7/16 (5) Rm 5	Th	6-6:45 pm	6-8 yrs	CH12333
		ID/AP: \$42	OD: \$52.50	
7/23-8/20 (5) Rm 5	Th	6-6:45 pm	6-8 yrs	CH12334
		ID/AP: \$42	OD: \$52.50	

Karate, Beginning

Shorin-ryu is a self-defense oriented, traditional Okinawan karate style. Learn basic blocks, punches, kicks and breakfall techniques. A white uniform is required for this class, information given at first class. (Additional fees may be required). Students may test for rank/ advancement. **No class 7/3.**

6/16-8/18 (10) Rm 5	T	6:45-7:45 pm	8-adult	CH12336
		ID/AP: \$106	OD: \$132.50	
6/18-8/20 (10) Rm 2	Th	7:15-8:15 pm	8-adult	CH12337
		ID/AP: \$106	OD: \$132.50	
6/26-8/21 (8) Rm 5	F	5:30-6:30 pm	8-adult	CH12338
		ID/AP: \$93	OD: \$116.25	

Karate, Intermediate I

Must have experience with traditional Okinawan Karate, ranked green belt or higher and subject to instructor's discretion. In addition to blocks, strikes, kicks, grabs, holds, releases, and breakfalls, you will also work with bo staff as well as various katas. Students tested for rank in these classes. A white uniform is required for this class, information given at first class. Additional fees may be required for uniform. **No class 7/3.**

6/26-8/21 (8) Rm 5	F	7-8 pm	8-adult	CH12339
		ID/AP: \$93	OD: \$116.25	

Karate, Intermediate II

Must have experience with traditional Okinawan Karate, ranked brown belt or higher and subject to instructor's discretion. In addition to blocks, strikes, kicks, grabs, holds, releases, and breakfalls, you will also work with bo staff as well as various katas. Students tested for rank in these classes. A white uniform is required for this class, information given at first class. Additional fees may be required for uniform. **No class 7/3.**

6/26-8/21 (8) Rm 6	F	7-8 pm	8-adult	CH12340
		ID/AP: \$93	OD: \$116.25	

Cedar Hills Adult Running Club new

Ready to take on a new challenge? This beginner-friendly, recreational run club is designed for adults training for either a half marathon or a full marathon in a supportive group setting. Participants will receive a 14-week training plan with distance options, building endurance gradually and aligning with the Portland Marathon calendar, though race registration is not required or included. The group meets Wednesday mornings for coached speed and hill workouts at rotating locations throughout the district. On non-meeting days, participants will follow provided workouts on their own to support consistent training. Weekly mileage begins at approximately 18 miles for full marathon participants, with adjusted mileage provided for half marathon runners. Participants should feel comfortable running for up to one hour at the start of the program. Running shoes and a water bottle are required; a smartwatch or GPS watch is encouraged.

7/1-9/30 (14) OffSite	W	6:30-8 am	18-adult	CH12550
		ID/AP: \$199	OD: \$248.75	

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Bowling Classes



Take aim for fun and discover the thrill of bowling, a timeless activity that's perfect for all ages and skill levels! Taught by KingPins staff, these beginner-friendly classes will guide you through the fundamentals of how to hold, aim, and roll the ball with confidence. Participants will learn bowling techniques, etiquette, and terminology in an engaging environment. All necessary equipment, including bowling shoes and balls, is provided so all you need to bring is your enthusiasm! **Classes held at KingPins Beaverton, 2725 SW Cedar Hills Blvd, Beaverton, OR 97005**

Youth Bowling (6-17)

Please note: Youth under age 10 must have an adult present on-site during the class.

6/16-7/14 (5) KingPins	T	3:15-4:30 pm ID/AP: \$76	6-17 yrs OD: \$95	CH12323
7/21-8/18 (5) KingPins	T	3:15-4:30 pm ID/AP: \$76	6-17 yrs OD: \$95	CH12324

Adult Bowling (18+)

6/16-7/14 (5) KingPins	T	5-6:15 pm ID/AP: \$76	18-adult OD: \$95	CH12400
7/21-8/18 (5) KingPins	T	5-6:15 pm ID/AP: \$76	18-adult OD: \$95	CH12401

50+ Bowling

6/16-7/14 (5) KingPins	T	5-6:15 pm ID/AP: \$76	50-adult OD: \$95	CH12500
7/21-8/18 (5) KingPins	T	5-6:15 pm ID/AP: \$76	50-adult OD: \$95	CH12501



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Fitness Class Descriptions

Classes are for ages 14+. For our updated fitness schedule, visit www.thprd.org/recreation/cedarhills

*Day, time, and instructor of classes are subject to change without notice.

Barre Strength

Tone, sculpt, stretch, and have fun in this low impact but intense full body workout class. If you like Pilates, Yoga and weight training, this class is for you!

Barefoot Balance & Core

Strengthen from the ground up with this barefoot workout class that will focus on strength, balance and core training like never before! Increase stability, proprioception, and coordination in this fun workout suitable for all fitness levels.

Core Blast

A 30-minute class focused on strengthening your entire core. Improve posture, balance, and coordination.

HIIT

HIIT (High Intensity Interval Training) is a cardiovascular exercise class alternating short periods of intense anaerobic exercise with less intense recovery periods.

Strength & Endurance

An interval style workout that includes cardio and strength training for a complete and fun workout. All levels welcome.

Tai Chi For Better Balance

An adaptation of the 8 Yang-style form, this gentle, evidence-based, low-impact exercise program is designed to reduce fall risks in older adults by improving stability, strength, and confidence.

Tai Chi 24

Class participants warm up with Qi Gong and Tai Chi movements, then move into learning the Yang 24 Form. Participants should be able to walk unassisted. All levels welcome.

Tai Chi 108

Class participants warm up with Qi Gong and Tai Chi movements, then move into learning the Yang 108 Form. Participants should be able to walk unassisted. All levels welcome.

Total Body Strength

A class that strengthens your entire body. This workout challenges all your major muscle groups using weight room exercises like squats, presses, lifts and curls.

Yoga, All Levels

Increase your strength, flexibility and balance with simple movements combined with conscious breathing.

Yoga, Flow

This dynamic style links breath and movement helping to build strength, stamina and flexibility.

Yoga, Gentle

Learn how to stretch with simple movements and conscious breathing; increase strength and flexibility and bring calmness to the mind. For students with little or no yoga experience.

Yoga & Meditation

This dynamic style links breath and movement helping to build strength, stamina and flexibility.

Zumba®

Forget the workout, just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats.

Pilates

This class incorporates traditional Pilates moves and more to give you a body that is long, lean and strong. Theraband's, Pilates rings and other props used.

Day, time, and instructor of classes are subject to change without notice.
Check website for schedule at thprd.org/facilities/recreation/cedar-hills.
Single Fitness Class \$10.50 ID. Passes available.

Buddy Training

2-Person Small Group Training is a great way to get together and work out. A personal trainer will work with each group's goal and design a workout to meet those goals. Each session is an hour long. (Cost is per person; must have 2 in group at time of registration.) Both participants must register.

Before July 1, 2026

Intro session \$53 ID/ \$66.25 OD
3 sessions \$149.25 ID/ \$186.50 OD
6 sessions \$272.25 ID/ \$340.25 OD

Starting July 1, 2026

Intro session \$55 ID/ \$68.75 OD (75 min.)
3 sessions \$155 ID/ \$193.75 OD
6 sessions \$283.50 ID/ \$354.50 OD

Personal Training

Private appointments with a certified personal trainer to customize your fitness program, offer accountability and help you reach your goals. Each session is one hour in length.

Before July 1, 2026

Intro session \$71 ID/ \$88.75 OD
3 sessions \$200 ID/ \$250 OD
6 sessions \$365 ID/ \$456.25 OD

Starting July 1, 2026

Intro session \$73 ID/ \$91.25 OD (75 min.)
3 sessions \$207 ID/ \$258.75 OD
6 sessions \$378 ID/ \$472.50 OD

A parental waiver is required for weight/cardio room use by anyone 14-17 years old.
We request a 24-hour cancellation on all personal training appointments.

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Conestoga Recreation & Aquatic Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

9985 SW 125th Avenue
Beaverton, 97008
503-629-6313

TriMet Bus Routes #62

Center Supervisor: Laura Hester

Assistant Center Supervisor: Jenny Wilson

Facility Hours:

Monday-Friday	5:30 am-9:30 pm
Saturday	8 am-8 pm
Sunday	9 am-8 pm

Check online for pool hours.

Modified Schedule 9 am-2 pm: 6/19, 7/3, 7/4

Conestoga Recreation & Aquatic Center features:

- Average Pool Temperature:
Main Pool - 85° Slide Pool - 90°
- Outdoor Splash Pad (seasonal)
- Independent changing rooms

Facility Features:

- Weight room/fitness center, shower/locker rooms
- THRIVE Afterschool Enrichment Program
- Nine month Preschool (English & Spanish)
- Indoor gym for drop-in sports
- Kitchen for cooking classes
- Two dance/fitness studio rooms
- Classrooms for birthday parties/rentals
- Preschool Indoor Play Park (Seasonal)
- Outdoor playground

Note: This section is for Conestoga Recreation programs only. See page 96 for Conestoga Aquatic programs.

Summer Events

Natsu Matsuri (夏祭り)

Saturday, June 20 • 2-8 pm

Celebrate Japanese culture with us! There will be something for everyone at this open-air market. Visit booths from local small businesses, DIY your own purikura photo, participate in a variety of Japanese games, find your new favorite food, and more—including a Shodō (Japanese calligraphy) workshop hosted during the event. Registration for the Shodō workshop is available on **page 159**. Everyone is welcome!

Conestoga Block Party

Sunday, July 12 • 4-7 pm

Join us for a summer block party to celebrate Parks & Rec Month! Enjoy outdoor summer crafts, games, inflatables, water play and more!

Big Truck Day

Saturday, August 1 • 10 am-1:30 pm

***Sensory-Sensitive Hour: 9-10 am**

Discover the excitement of big trucks and heavy machinery at our family-friendly event! Step inside, sound the horn and explore these impressive vehicles up close. Our parking lot will showcase an array of big rigs and more, creating an unforgettable experience for all ages. Enjoy a variety of attractions, including food trucks, a picnic area, and a giant sandbox, along with other engaging activities. Don't miss this hands-on event designed to entertain and inspire the entire family! *To support guests with sensory sensitivities, there will be no music or horn sounds during this hour.

Hiring for Summer

- Camp Directors & Assistant Directors
- Camp Leaders & Assistants
- Instructors: Art, Dance, Cooking, Sports, Swim
- Party Leaders & Host Gym Monitors
- Inclusion Aides
- Lifeguards & Swim Instructors

Facility Rentals & Birthday Parties at Conestoga

Let us host your next birthday party or special event! We specialize in making your experience enjoyable.

Birthday Parties

We offer different packages that are sure to be easy, fun, and memorable. Whether it's splashing in our pool or playing your favorite activities in our gym, the kids are sure to have a great time. All packages include one hour in a party room with a party leader.

Facility Rentals

Whether it's a high school graduation, baby shower, or a private pool/gym practice, our facility offers a wide range of programs & services to make your special event exactly what you are looking for, at an affordable price.

Splash Pad Rentals

Exploring alternative ways to celebrate a birthday? Consider our private splash pad rentals! For more information, check out our website.

Please call 503-629-6313 or scan QR code below for more details and pricing information.



Private Futsal Lessons

Coach Ben brings a lifetime of soccer experience and international training to the field. Starting at age six in Colombia, he advanced through local clubs and the Bogotá League before joining Millonarios Fútbol Club's second division—one of Colombia's top professional teams.

After moving to the United States, he continued competing in the U.S. and France. Today, he channels his passion into developing young players' skills, confidence, and love for the game.

Certifications:

- NFHS Coaching License
- FIFA Grassroots
- U.S. Soccer Foundations

Private Training

1:1 (30 minutes): \$40

Small Group Training

2-4 participants (30 minutes): \$30 per player

5+ participants (30 minutes): \$20 per player



Volunteers are needed at Conestoga Recreation & Aquatic Center!

Special Events • Sports Classes • Art Classes
Summer Camps • Preschool • Jr. Guard

Check out and apply for volunteer opportunities at thprd.org/connect/volunteer, or contact Volunteer Services at volunteer@thprd.org, 503-619-3941.

**Fanno Farmers
Nine-Month Preschool**

Fanno Farmhouse • 8405 SW Creekside Place

At the Fanno Farmers Preschool, children will learn about themselves and how the world works through the Reggio Emilia approach. We teach and support independence and self-help, all while meeting the Beaverton School District’s kindergarten readiness benchmarks. Please call the Conestoga Recreation & Aquatic Center for more information about this unique preschool.

A \$50 non-refundable enrollment fee is due at the time of registration.

For more information please visit:

www.thprd.org/activities/preschool-programs

Monday/Wednesday/Friday • 9 am-12 pm
3-4 yrs • \$398 per month • Sept.-May • Alliums

Monday/Wednesday/Friday • 1-4 pm
4-5 yrs • \$398 per month • Sept.-May • Shallots

Tuesday/Thursday • 9-11:30 am
2½-3½ yrs • \$290 per month • Sept.-May • Pearls

Tuesday/Thursday • 1-4 pm
4-5 yrs • \$310 per month • Sept.-May • Vidalias

*Prices reflect In-District 2025-2026 rates.

**Now Offering Pearls at Conestoga
Recreation & Aquatic Center!**

Due to high demand and an extensive waitlist, we’re excited to expand our Pearls program. For availability and enrollment details, please contact the center directly. Spots are limited!

**THPRD Preschool
Virtual Open House**

Wednesday January 28, 2026

5:30-6:15pm

THPRD will host a virtual open house for anyone interested in learning about our nine-month preschool programs for the 2026-2027 school year.

Registration opens: Thursday, February 5, at 9am for new enrollment. Scan QR code for more information.



**Bilingual Spanish
Nine-Month Preschool**

Our classroom atmosphere is a creative, positive, and enriching experience mixed with Spanish culture and influences. Students will interact in Spanish and English throughout the class, while engaging in hands-on activities such as games, arts & crafts, songs, and more! We encourage children to develop their self-help, language and social-emotional skills in addition to academics.

A \$50 non-refundable enrollment fee is due at the time of registration.

For more information please visit:

www.thprd.org/activities/preschool-programs

Monday/Wednesday/Friday • 9 am-12 pm
4-5 yrs • Sept.-May • \$398 ID per month

Tuesday/Thursday • 9 am-12 pm
3-4 yrs • Sept.-May • \$310 ID per month

*Prices reflect In-District 2025-2026 rates.

**Preescolar Bilingüe en
Español de Nueve Meses**

Nuestro salón de clases ofrece un ambiente creativo, positivo y enriquecedor, inspirado en la cultura e influencias hispanas. Los estudiantes interactuarán en español e inglés a lo largo de la clase, participando en actividades prácticas como juegos, arte, manualidades, canciones y mucho más. Animamos a los niños a desarrollar sus habilidades de autosuficiencia, lenguaje y habilidades socio-emocionales, además de su crecimiento académico. Para confirmar su inscripción, se requiere un pago de \$50 no reembolsable.

THRIVE

Afterschool Program

Teaching Healthy Responsible Individuals Values and Education

We provide high quality afterschool care in a safe and nurturing environment. We provide an active program for all abilities. Children take part in arts and craft projects, physical activities, cooking, enrichment activities and supervised homework time. Students are led in a group community service project. Program is available from school release time to 6 pm, Monday-Friday.

Enrollment for the 2026-2027 School Year is open, subject to space availability. A non-refundable \$50 enrollment fee is due at the time of registration.

THRIVE tuition options for 2026-2027:

- A. Afterschool care only, 9 payments of \$434
- B. Afterschool care plus seven (7) weeks of summer camp in 2027, 11 payments of \$561.90

Tuition includes four (4) BSD in-service days. Tuition does not include holidays, winter break, spring break, or additional no school days.

Please call the Recreation Center in your attendance zone for more information.

Conestoga Recreation & Aquatic Center schools served:

- Greenway Elementary
- Hiteon Elementary
- Nancy Ryles Elementary
- Sexton Mountain Elementary
- Scholls Heights Elementary
- Conestoga Middle School
- Arco Iris NEW
- Cooper Mountain Elementary (Interest List Only)
- Aloha Huber Elementary (Interest List Only)

**We accept
ERDC!**

Dates (Weeks) Location	Day	Ages OD	Class #
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Preschool - Art & Crafts

Art Tots Paint n' More

Children delight in exploring and creating art. We focus on techniques that demonstrate the elements of art including line, shape, form, color, and texture. Come prepared to get messy! Adult participation is required to help guide and encourage the children. Please note that unregistered siblings cannot attend. **No class 7/4, 7/5, 8/1.**

6/20-8/15 (7) Rm 205	S	9:30-10:15 am ID/AP: \$59	2-5 yrs OD: \$73.75	CO14100
6/21-8/16 (8) Rm 204	Su	3:45-4:30 pm ID/AP: \$66	2-5 yrs OD: \$82.50	CO14101

Dance

Ballet/Tap

Learn beginning technique for ballet and tap and develop coordination, strength, and balance. Tap shoes required. **No class 7/4, 8/1.**

6/17-8/19 (10) Rm 204	W	5:15-6 pm ID/AP: \$98	4-6 yrs OD: \$122.50	CO11108
6/20-8/15 (7) Rm 204	S	11-11:45 am ID/AP: \$69	4-6 yrs OD: \$86.25	CO11109

Ballet

Using a traditional ballet class structure of barre and floor work, dancers will gain strength and flexibility, as well as work on ballet jumps, turns, and vocabulary. All levels welcome. **No class 7/4, 8/1.**

6/20-8/22 (8) Rm 204	S	2-2:45 pm ID/AP: \$79	4-6 yrs OD: \$98.75	CO11104
6/15-8/17 (10) Rm 204	M	4:15-5 pm ID/AP: \$98	4-6 yrs OD: \$122.50	CO11105

Ballet Basics

Explore developmental ballet concepts such as balance, strength, control, coordination, and basic terminology. Techniques are introduced through props and fun music. **No class 7/3.**

6/26-8/14 (8) Rm 204	F	2:30-3:15 pm ID/AP: \$79	4-6 yrs OD: \$98.75	CO11106
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Broadway Kids

A star is born! Dive into the magic of basic ballet and jazz movements, ignite creativity through music, singing, and spatial awareness. **No class 7/3.**

6/26-8/14 (7) Rm 204	F	12:30-1:15 pm ID/AP: \$69	4-6 yrs OD: \$86.25	CO11110
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Creative Dance

Explore the artistry of movement! Experience rhythm, diverse dance techniques, and creative routines set to a variety of music and incorporates the use of dance props. **No class 7/3, 7/4, 8/1.**

6/20-8/15 (7) Rm 204	S	3:45-4:30 pm ID/AP: \$69	3-5 yrs OD: \$86.25	CO11111
6/26-8/14 (7) Rm 204	F	3:30-4:15 pm ID/AP: \$69	4-6 yrs OD: \$86.25	CO11112

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Dance Palooza

Not sure what kind of dance your child will like? Sample ballet, jazz, hip hop, and creative movement. We'll use props, move like animals, and play dance games. **No class 7/4, 8/1.**

6/17-8/19 (10) Rm 204	W	4:15-5 pm ID/AP: \$98	3-5 yrs OD: \$122.50	C011113
6/20-8/15 (7) Rm 204	S	9:45-10:30 am ID/AP: \$69	3-5 yrs OD: \$86.25	C011114

Mini Jazz

Young dancers are introduced to jazz dance with simple steps, rhythm exercises, and energetic routines suitable for little kids. Techniques are introduced through props and fun music. **No class 7/3.**

6/26-8/14 (7) Rm 204	F	10:45-11:30 am ID/AP: \$69	4-6 yrs OD: \$86.25	C011107
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Tiny Dancers

Tiny dancers will learn basic ballet movements and other forms of dance and improve both balance and coordination in a nurturing and fun environment. Props and fun music are incorporated. Adult participation is required to help guide and encourage the children. Please note that unregistered siblings cannot attend. **No class 7/4, 8/1.**

6/20-8/15 (7) Rm 204	S	9-9:30 am ID/AP: \$55	2 ½ - 3 yrs OD: \$68.75	C011115
6/26-8/14 (7) Rm 204	F	9-9:30 am ID/AP: \$55	2-3 yrs OD: \$68.75	C011116

Tiny Tot Hip Hop

Young dancers will learn hip hop rhythm, musicality, coordination, and age-appropriate choreography to contemporary and upbeat music. Adult participation is required to help guide and encourage the children. Please note that unregistered siblings cannot attend. **No class 7/3.**

6/26-8/14 (7) Rm 204	F	9:45-10:30 am ID/AP: \$69	2 ½ - 4 yrs OD: \$86.25	C011117
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Sports

Basketball Rookies

A fun first step into basketball for preschoolers! Children will practice dribbling, passing, and shooting through playful games and skill stations that build coordination, teamwork, and confidence. No experience needed just excitement to learn and play! Adults are encouraged to join in to guide their little ones. Please note that unregistered siblings cannot attend. **No class 7/4, 8/1.**

6/20-7/18 (4) GYM #2	S	11:15 am-12 pm ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012104
7/25-8/22 (4) GYM #2	S	11:15 am-12 pm ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012105

Rookie Sports

Introduce preschoolers to basketball, soccer, and baseball through fun games and skill-building activities. Kids develop coordination, confidence, and teamwork. Adults are encouraged to join in to guide their little ones. Please note that unregistered siblings cannot attend. **No class 7/4, 7/5, 8/1.**

6/20-7/18 (4) GYM #2	S	10-10:45 am ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012102
7/25-8/22 (4) GYM #2	S	10-10:45 am ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012103
6/14-7/12 (4) GYM #2	Su	9:15-10 am ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012108
7/19-8/16 (5) GYM #2	Su	9:15-10 am ID/AP: \$52	3 ½ - 5 yrs OD: \$65	C012109

Soccer Rookies: Outdoors

A playful introduction to soccer for preschoolers! Kids will learn the basics of dribbling, passing, and shooting through fun games and activities that build coordination, teamwork, and confidence. No experience needed, just lots of energy and a love for play! Adults are encouraged to join in to guide their little ones. Please note that unregistered siblings cannot attend. **No class 7/4, 8/1. Classes held rain or shine.**

6/20-7/18 (4) Southridge Backfield	S	9-9:45 am ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012106
7/25-8/22 (4) Southridge Backfield	S	9-9:45 am ID/AP: \$42	3 ½ - 5 yrs OD: \$52.50	C012107

Tykes in Training

This fun, active class helps toddlers develop motor skills through jumping, running, throwing, and balancing. Adults join to guide and cheer on their little athletes. Please note that unregistered siblings cannot attend. **No class 7/4, 8/1.**

6/20-7/18 (4) GYM #2	S	9:15-9:45 am ID/AP: \$35	2 ½ - 3 ½ yrs OD: \$43.75	C012100
7/25-8/22 (4) GYM #2	S	9:15-9:45 am ID/AP: \$35	2 ½ - 3 ½ yrs OD: \$43.75	C012101

Youth - Art

Animal Art

Join us for a fun and creative art adventure! In this class, students will explore drawing and painting techniques to bring their favorite animals to life. From colorful parrots to playful puppies, young artists will unleash their imaginations while learning new skills in a supportive and exciting environment. **No class 7/4, 8/1.**

6/20-8/15 (7) Rm 205	S	10:30-11:15 am ID/AP: \$59	6-10 yrs OD: \$73.75	C014219
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Art and Graphic Novel Studio

Make up imaginary stories and more through graphic novels. Learn to use pictures, symbols, and text to convey information quickly and simply. Class will discuss different types of humor and employ elements of storytelling and graphic novel imagery. **No class 7/4, 8/1.**

6/20-8/15 (7) Rm 205	S	11:30 am-12:30 pm ID/AP: \$69	6-10 yrs OD: \$86.25	C014221
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Comic Book Creations

Make up imaginary stories and more through graphic novels. Learn to use pictures, symbols, and text to convey information quickly and simply. Class will discuss different types of humor and employ elements of storytelling and graphic novel imagery. **No class 7/5.**

6/21-8/16 (8) Rm 205	Su	1-2 pm ID/AP: \$77	7-12 yrs OD: \$96.25	C014222
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Jedi Masterpieces

Young artists will journey through the galaxy of creativity as they explore painting, drawing, and mixed media. Using the Force of imagination, Padawans will learn new techniques with a variety of art materials to create their own galactic masterpieces. **No class 7/4, 8/1.**

6/20-8/15 (7) Rm 205	S	2-3 pm ID/AP: \$69	7-12 yrs OD: \$86.25	C014223
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Manga Magic Art Studio

Dive into the world of manga and anime character design! In this class we will explore character costume and clothing creation, design and world-building elements to make their characters come alive! This class is an excellent companion to Art and Graphic Novel Studios and/or Comic Book Creations. **No class 7/5.**

6/21-8/16 (8) Su 2:15-3:15 pm 7-12 yrs CO14224
Rm 205 ID/AP: \$77 OD: \$96.25

Mythical Creature Studios

In Mythic Creatures Studio, artists will use various mediums to create legendary beasts while learning techniques like sketching, shading, color blending, and building texture. Bring dragons, unicorns, and your own magical creatures to life through imaginative art! **No class 7/4, 8/1.**

6/20-8/15 (7) S 3:30-4:30 pm 7-12 yrs CO14225
Rm 205 ID/AP: \$69 OD: \$86.25

Youth - Dance

Ballet II

This class is designed for students who have taken pre- or beginning ballet classes, as well as motivated beginners. Dancers will strengthen their technique through floor work, barre exercises, and an introduction to basic choreography, with a focus on balance, coordination, and musicality.

6/15-8/17 (10) M 5:15-6 pm 6-9 yrs CO11202
Rm 204 ID/AP: \$98 OD: \$122.50

Ballet/Tap/Jazz

Ready for variety? In this fast-paced class, dancers will learn basic ballet, tap, and jazz techniques while building coordination and rhythm. Tap shoes required. **No class 7/4, 8/1.**

6/17-8/19 (10) W 6:30-7:30 pm 6-9 yrs CO11203
Rm 204 ID/AP: \$117 OD: \$146.25

6/20-8/15 (7) S 12-12:45 pm 6-9 yrs CO11204
Rm 204 ID/AP: \$69 OD: \$86.25

Broadway Bound/Theater

Get a taste of Broadway! This class combines acting, singing, and dancing. Develop your creative interests and experience a final performance

6/15-8/17 (10) M 6:30-7:30 pm 6-9 yrs CO11205
Rm 204 ID/AP: \$117 OD: \$146.25

Hip Hop Dance

Young dancers will learn hip hop rhythm, musicality, coordination, and age-appropriate choreography to contemporary and upbeat music. **No class 7/3.**

6/26-8/14 (7) F 5:15-6 pm 6-9 yrs CO11206
Rm 204 ID/AP: \$69 OD: \$86.25

K-Pop Dance

Young dancers will learn k-pop dance basics, including rhythm, musicality, coordination, and age-appropriate choreography to contemporary and upbeat music. **No class 7/3.**

6/26-8/14 (7) F 6:15-7 pm 6-9 yrs CO11207
Rm 204 ID/AP: \$69 OD: \$86.25

Kids Night Out: Swim and Pizza Party

Swim and Pizza Party: Pokémon® Splishy Splash!

Calling all Pokémon® Masters! Join us for a fun themed night full of swimming, captivating games, and imaginative crafts themed after Pokémon®. Each night includes one hour of Open Swim and a pizza dinner with new friends.

7/17 (1) F 6-9 pm 7-12 yrs CO15230
Rm 200 ID/AP: \$55 OD: \$68.75

Swim and Pizza Party: Crafting Night!

Calling all you crafty kids! Join us for a fun themed night full of swimming, games, and classic crafts like Perler beads and friendship bracelets. Each night includes one hour of Open Swim and a pizza dinner with new friends.

8/21 (1) F 6-9 pm 5-12 yrs CO15231
Rm 200 ID/AP: \$55 OD: \$68.75

Youth - Sports

Basketball Starters

A fun introduction to basketball fundamentals! Players will learn basic skills such as dribbling, passing, shooting, and defense through engaging drills and games. This class builds coordination, confidence, and teamwork, perfect for those new to the sport. **No class 7/5.**

6/14-7/12 (4) Su 10:15-11 am 6-8 yrs CO12124
GYM #2 ID/AP: \$42 OD: \$52.50

7/19-8/16 (5) Su 10:15-11 am 6-8 yrs CO12125
GYM #2 ID/AP: \$52 OD: \$65

Basketball Pros

For players ready to build on basic skills and develop more advanced techniques. This class focuses on improving dribbling, shooting, passing, defense, and game strategy through skill drills and scrimmages. **No class 7/5.**

6/14-7/12 (4) Su 11:30-12:15 pm 8-11 yrs CO12126
GYM #2 ID/AP: \$42 OD: \$52.50

7/19-8/16 (5) Su 11:30-12:15 pm 8-11 yrs CO12127
GYM #2 ID/AP: \$52 OD: \$65

Flag Football Starters: Outdoors

A fun, non-contact introduction to football! Players will learn the basics of passing, catching, running routes, and flag pulling through engaging drills and team games. **No class 7/4, 8/1. Classes held rain or shine.**

6/20-7/18 (4) S 11:15 am-12 pm 6-8 yrs CO12122
Southridge Backfield ID/AP: \$42 OD: \$52.50

7/25-8/22 (4) S 11:15 am-12 pm 6-8 yrs CO12123
Southridge Backfield ID/AP: \$42 OD: \$52.50

Soccer Starters: Outdoors

Participants will learn basic skills like dribbling, passing, and shooting through fun drills and games. This outdoor class helps build coordination, confidence, and teamwork in a supportive, encouraging environment. Perfect for kids just starting out! Shin guards recommended. **No class 7/4, 8/1. Classes held rain or shine.**

6/20-7/18 (4) S 10-10:45 am 6-8 yrs CO12120
Southridge Backfield ID/AP: \$42 OD: \$52.50

7/25-8/22 (4) S 10-10:45 am 6-8 yrs CO12121
Southridge Backfield ID/AP: \$42 OD: \$52.50

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Pickleball Basics

A beginner-friendly class where adults learn and practice pickleball fundamentals like serving, volleying, and scoring. Enjoy fun drills and games that build fitness, coordination, and social connections. **No class 7/4, 8/1.**

6/20-7/18 (4) GYM #1	S	9-10 am ID/AP: \$50	18-adult OD: \$62.50	CO12500
7/25-8/22 (4) GYM #1	S	9-10 am ID/AP: \$50	18-adult OD: \$62.50	CO12501
6/20-7/18 (4) GYM #1	S	10:15-11:15 am ID/AP: \$50	18-adult OD: \$62.50	CO12502
7/25-8/22 (4) GYM #1	S	10:15-11:15 am ID/AP: \$50	18-adult OD: \$62.50	CO12503

Family - Sports

Family Karate

This class is a fun, engaging class designed for one adult and one child to learn karate together! Participants will practice basic strikes, blocks, stances, and forms while building teamwork, confidence, and coordination.

6/16-8/20 (20) Rm 204	T/Th	6:15-7:15 pm ID/AP: \$197	10-adult OD: \$246.25	CO12294
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Pickleball Pals: Adult & Child

Learn to play pickleball with your athlete in this group class. Adults join in to guide and encourage their athletes. Please note that unregistered siblings cannot attend. Cost includes one adult. **No class 7/4, 8/1.**

6/20-7/18 (4) GYM #1	S	11:30 am-12:30 pm ID/AP: \$100	18-adult OD: \$125	CO12504
7/25-8/22 (4) GYM #1	S	11:30 am-12:30 pm ID/AP: \$100	18-adult OD: \$125	CO12505

Teen - Cooking

Teen Cooking Workshop: Pizza, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is delicious pizzas made from scratch. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation

6/28 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15330
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Teen Cooking Workshop: Tacos, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is homemade tacos with delicious fillings. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation

7/12 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15331
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Teen Cooking Workshop: Ramen, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is deluxe ramen with all the best toppings. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation.

7/19 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15332
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Teen Cooking Workshop: Chocolate, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is about delicious chocolate recipes. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation.

7/26 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15333
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Teen Cooking Workshop: Burgers, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is elevated burgers with all the best toppings. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation.

8/2 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15334
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Teen Cooking Workshop: Baked Goods, But Better! new

This teen cooking workshop focuses on easy, delicious recipes that build confidence in the kitchen. Participants learn hands-on skills while making fun, flavorful dishes they can recreate at home. Today's class is delicious baked goods like cookies and cake. Please note: We cannot guarantee an allergy-free environment. Contact the center with two weeks' notice to request dietary accommodation.

8/9 (1) Rm 202	Su	1-3:30 pm ID/AP: \$50	12-17 yrs OD: \$62.50	CO15335
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Adult - Cooking

Adult Cooking Workshop: Sourdough Bread new

Come join our new Adult Cooking Workshops, conveniently scheduled alongside our Kid's Swim and Pizza Party program, so you can take advantage of registering for both! Tonight we are learning all about sourdough! Please note: We cannot guarantee an allergy-free environment.

7/17 (1) Rm 202	F	6:15-8:45 pm ID/AP: \$50	16-adult OD: \$62.50	CO15520
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Adult Cooking Workshop: Late Summer Harvest new

Come join our new Adult Cooking Workshops, conveniently scheduled alongside our Kid's Swim and Pizza Party program, so you can take advantage of registering for both! Tonight we are making fresh and delicious recipes inspired by late summer produce, like tomatoes, peppers, and peaches. Please note: We cannot guarantee an allergy-free environment.

8/21 (1) Rm 202	F	6:15-8:45 pm ID/AP: \$50	16-adult OD: \$62.50	CO15521
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Adult - Arts & Crafts

Adult Crafting Workshop: Beginner Embroidery new

Join us for a beginner-friendly crafting workshop outside on Conestoga's sunny back patio! This month's craft is botanical embroidery! Practice a new hobby, follow along with our instructor onsite, or just go at your own pace, and take home your project and supplies to continue the fun at home! All materials and light refreshments are provided.

6/20 (1) Back Patio	S	10 am-12 pm ID/AP: \$25	13-adult OD: \$31.25	CO15500
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Adult Crafting Workshop: Beginner Crochet new

Join us for a beginner-friendly crafting workshop outside on Conestoga's sunny back patio! This month's craft is crocheted coasters! Practice a new hobby, follow along with our instructor onsite, or just go at your own pace, and take home your project and supplies to continue the fun at home! All materials and light refreshments are provided.

7/18 (1) S 10 am-12 pm 13-adult CO15501
Back Patio ID/AP: \$25 OD: \$31.25

Adult Crafting Workshop: Beginner Jewelry Making new

Join us for a beginner-friendly crafting workshop outside on Conestoga's sunny back patio! This month's craft is customizable charm bracelets! Practice a new hobby, follow along with our instructor onsite, or just go at your own pace, and take home your project and supplies to continue the fun at home! All materials and light refreshments are provided.

8/15 (1) S 10 am-12 pm 13-adult CO15502
Back Patio ID/AP: \$25 OD: \$31.25

Karate for all Ages

Karate Kids

Students will learn basic blocks, punches, and kicks. They will improve in agility, flexibility, and strength as well as learn basic self defense principles. White Karate uniforms recommended.

6/16-8/18 (10) T 4-4:45 pm 6-8 yrs CO12290
Rm 204 ID/AP: \$100 OD: \$125
6/18-8/20 (10) Th 4-4:45 pm 6-8 yrs CO12291
Rm 204 ID/AP: \$100 OD: \$125

Karate Foundations

This class is designed for students with some prior karate experience. Participants will continue to build self-confidence, discipline, and motivation while learning and refining basic blocks, punches, and kicks. White uniforms are required.

6/16-8/18 (10) T 5-6 pm 9-12 yrs CO12292
Rm 204 ID/AP: \$100 OD: \$125
6/18-8/20 (10) Th 5-6 pm 9-12 yrs CO12293
Rm 204 ID/AP: \$100 OD: \$125

Martial Arts

Kendo: Japanese Fencing

Learn the basic skills and techniques of Japanese swordsmanship. Martial arts philosophy and manners will be presented. Additional \$36 fee for the bamboo practice sword is due first night of class, payable to Obukan Kendo Club. **No class 7/3.**

6/26-8/21 (8) F 6:45-7:45 am 10-adult CO12296
Rm 201 ID/AP: \$96 OD: \$120

Shodō Workshop

Experience the beauty and tradition of Japanese calligraphy (Shodō) in this hands-on cultural workshop. Led by Japanese-born calligrapher Kaori Guymon, participants of all ages will learn about the history and meaning behind this centuries-old art form while exploring brush techniques and ink expression. This interactive session offers a welcoming introduction to Japanese culture through writing, movement, and creativity. No experience is necessary. Participants will create their own calligraphy piece to take home. Class occurs during Natsu Matsuri event.

6/20 (1) F 4-5:30 pm 8-adult CO16500
TBD ID/AP: \$18 OD: \$22.50



General Interest

A Taste of Downtown Beaverton new

Are you a foodie looking for the next best place to try? Looking to meet new people and explore? Or do you just want something fun to do on the weekend, but are feeling indecisive? Join us for a day out on the town sampling the best local cafes, breweries, and eateries in Downtown Beaverton. Come prepared to eat, drink and mingle! Transportation, one non-alcoholic beverage, and tasting are included; other food and drink must be purchased.

6/27 (1) S 12-4 pm 21+ CO15400
OffSite ID/AP: \$88 OD: \$110

A Taste of Willamette Valley new

Looking for a fun date, a chance to meet new people, or a unique weekend activity with friends? Join us for a relaxing day exploring the flavors of the Willamette Valley as we sample standout wine and learn about the winemaking process along the way. Come ready to savor, sip, and socialize! Transportation and a tasting at a local winery is included; other food and drink must be purchased.

7/11 (1) S 12-4 pm 21+ CO15401
OffSite ID/AP: \$88 OD: \$110

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Fitness Class Descriptions

Classes are for ages 14+. For Conestoga's updated fitness schedule, visit www.thprd.org/recreation/conestoga

*Day, time, and instructor of classes are subject to change without notice.

20/20/20

Get three types of fitness for three times the fun! Aerobics to start, followed by strength training, and finishing with flexibility exercises.

Cardio Fusion

A work out that pairs moderate aerobics with exercises and dance moves that are designed to improve strength, balance and flexibility.

Dig Deep (Water Fitness)

Focus on range-of-motion, stretching and moderate aerobic activity. Float belts provided.

Essentrics

Strengthen and stretch every muscle in the body eccentrically, rebalancing the muscular structure in continuous rotational movements.

Low Impact Aerobics

This class is easy on your joints, burns calories and challenges your entire body. All levels welcome.

Restore & Renew

Slower-paced; allowing opening of the body versus stretching; supported releases; mindful activities providing stress relief and healthful benefits for the mind as well as the body. Using props, awareness, and relaxation to achieve results.

Strength & Endurance

An interval style workout that includes cardio and strength training for a complete and fun workout. All levels welcome.

Stretch, Core, and More

Walk taller, feel stronger! This class focuses on flexibility, core strength, and postural work.

Tai Chi, Multi-level

The class is suitable for both continuing students and those new to Tai Chi. Participants can expect to learn Yang 24, Qi Gong, Yang 40, 42 move combined family form, and 13 saber.

Total Body Strength

A class that strengthens your entire body. This workout challenges all your major muscle groups using weight room exercises like squats, presses, lifts and curls.

Yoga, All Levels

Increase your strength, flexibility and balance with simple movements combined with conscious breathing.

Yoga, Flow

This dynamic style links breath and movement helping to build strength, stamina and flexibility.

Yoga/Mat Pilates

This class combines yoga, mat pilates and precise movements to improve joint function.

Zumba®

Forget the workout, just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats.

Zumba® Gold/Zumba® Toning

Forget the workout, just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats.

Buddy Training

2-Person Small Group Training is a great way to get together and work out. A personal trainer will work with each group's goal and design a workout to meet those goals. Each session is an hour long. (Cost is per person; must have 2 in group at time of registration.) Both participants must register.

Before July 1, 2026

Intro session \$53 ID/ \$66.25 OD

3 sessions \$149.25 ID/ \$186.50 OD

6 sessions \$272.25 ID/ \$340.25 OD

Starting July 1, 2026

Intro session \$55 ID/ \$68.75 OD (75 min.)

3 sessions \$155 ID/ \$193.75 OD

6 sessions \$283.50 ID/ \$354.50 OD

Personal Training

Private appointments with a certified personal trainer to customize your fitness program, offer accountability and help you reach your goals. Each session is one hour in length.

Before July 1, 2026

Intro session \$71 ID/ \$88.75 OD

3 sessions \$200 ID/ \$250 OD

6 sessions \$365 ID/ \$456.25 OD

Starting July 1, 2026

Intro session \$73 ID/ \$91.25 OD (75 min.)

3 sessions \$207 ID/ \$258.75 OD

6 sessions \$378 ID/ \$472.50 OD

A parental waiver is required for weight/cardio room use by anyone 14-17 years old.

We request a 24-hour cancellation on all personal training appointments.

Garden Home Recreation Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

7475 SW Oleson Road
Portland, 97223
503-629-6341

TriMet Route #45

Center Supervisor: Karol Watts

Summer Term: June 15 – August 23

Center Hours:

Monday – Friday 7 am – 8:30 pm
Saturday 8 am – 4 pm
Sunday 8 am – 4 pm

Facility Closed:

- Friday, July 3
- Saturday, July 4
- Monday: September 7

Modified Schedule:

- Friday, June 19 9 am – 2 pm

Facility Features:

- Weight room/fitness center, shower/locker rooms
- THRIVE Afterschool Enrichment Program
- Indoor gym for drop-in sports
- Kitchen for cooking classes
- Fully-equipped gymnastics room, and three dance/fitness studio rooms
- Gym with stage
- Sports fields, outdoor playground and play equipment
- Fanno Creek Regional Trail (walking, running and biking)
- West Portland Boxing Team
- Garden Home Community Library



Facility Rentals



Garden Home Recreation Center is available for space rentals during building hours.

Gymnasium	Studio Rooms
Classrooms	Gymnastics Room
Outside Covered Area	Kitchen

Meetings, birthday parties, events, team practices, and more!

Weekend rentals are now available!
Call 503-629-6341 for more information.

Events

Pride Party
Friday, June 12
6-8:30 pm



Fiesta de Frida: Frida Kahlo Birthday Celebration
Wednesday, July 8
All day



Canine Community Carnival
Saturday, August 29
9 am -12 pm



FREE! Youth Fitness (6-11) & THPRD TeenFit (12-17) at Garden Home!

Offered in partnership with Organización de Amigos, a Washington County-based nonprofit dedicated to expanding equitable access to youth fitness and wellness. See page 53 for details..



Fitness Classes and Drop-In Sports

See page 167 for Garden Home Recreation Center's description of classes.



gardenhomelibrary.org | 503-245-9932

Hours: Monday-Friday, 10 am-6 pm
Saturday, 10 am-3 pm

Garden Home Community Library is located within our center. A member of Washington County Cooperative Library Services, the library opens the door to an incredibly rich, county-wide collection of books, movies, music, games and more. Visit to explore the collection, use a computer, printer or Wi-Fi, get reading recommendations, and relax.



Join us for weekly story times on Wednesdays and Saturdays at 10 am!



See you again in the fall!

Preschool
Funny Farm Early Learning Center, Inc.



An award-winning, full day / year round preschool for ages 3 to 5 years located in Garden Home Recreation Center since 2003. Email us at funnyfarmelc@yahoo.com to request an application for enrollment consideration.
www.funnyfarmelc.com 503-245-3107

West Portland & Beaverton Boxing

"Building champions of the heart, mind and body."



Registration is accepted anytime throughout the year. For more details, call Jason Marquoit, head coach, at 503-246-0131. **Hablamos Español.**

Participants' Testimonials

"Full time activities & staff were great! Thank you camp Mobile rec!"

"Gracias por todo su esfuerzo en que los niños pasen un divertido verano."

"Overall, you guys do a great job! Thanks for your hard work!"



Rec Mobile

Every child deserves a chance at a healthy lifestyle that includes active play, challenging activities, creative projects, and encouraging mentors!

THPRD's Rec Mobile provides free athletic, artistic, and educational programs at local schools, parks and housing complexes.

Check out website at www.thprd.org for our outreach schedule.



THRIVE

Afterschool Program

Teaching Healthy Responsible Individuals Values and Education

We provide high quality afterschool care in a safe and nurturing environment. We provide an active program for all abilities. Children take part in arts and craft projects, physical activities, cooking, enrichment activities and supervised homework time. Students are led in a group community service project. Program is available from school release time to 6 pm, Monday-Friday.

Enrollment for the 2026-2027 School Year is open, subject to space availability. A non-refundable \$50 enrollment fee is due at the time of registration.

THRIVE tuition options for 2026-2027:

- A. Afterschool care only, 9 payments of \$434
- B. Afterschool care plus seven (7) weeks of summer camp in 2027, 11 payments of \$561.90

Tuition includes four (4) BSD in-service days. Tuition does not include holidays, winter break, spring break, or additional no school days.

Please call the Recreation Center in your attendance zone for more information.

Schools Garden Home Recreation Center serve:

- Fir Grove
- McKay
- Vose
- Montclair
- Raleigh Hills
- Raleigh Park
- Chehalem, Onsite at school



Dance classes: What should I wear?

Clothing that allows for a full range of movement such as leggings, tights, or sweatpants with a leotard or t-shirt. Shoes are determined by the style of the dance. (Ballet shoes or bare feet for ballet; athletic shoes for hip hop; tap shoes for tap).

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Dance – Preschool

Dance Combo

Experience ballet, jazz, hip-hop, and creative movement all in one class. We will use props and play games as we discover the joy of dance.

6/23-7/14 (4) Rm 14	T	5-5:45 pm ID/AP: \$39	3-5-5 yrs OD: \$48.75	GH11200
7/21-8/11 (4) Rm 14	T	5-5:45 pm ID/AP: \$39	3-5-5 yrs OD: \$48.75	GH11201

Pre-Ballet

A fun experience for young dancers' first independent ballet class. Develop grace, good posture and coordination while dancing to loved songs. Basic ballet movements explored through age appropriate games and dance props.

6/25-7/16 (4) Rm 14	Th	5-5:45 pm ID/AP: \$39	4-6 yrs OD: \$48.75	GH11203
7/23-8/13 (4) Rm 14	Th	5-5:45 pm ID/AP: \$39	4-6 yrs OD: \$48.75	GH11204

Flamenco Mini Dancers

Mini Flamenco Dancers introduces our youngest dancers to the basics of footwork, palmas (hand percussion), and cante (singing in Spanish).

7/10-8/7 (5) Rm 14	F	5:15-6 pm ID/AP: \$48	3-6 yrs OD: \$60	GH11206
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Dance – Youth

Ballet/Tap

Sample two of the most fundamental dance forms in this fun class.

6/23-8/11 (8) Rm 14	T	6-6:45 pm ID/AP: \$78	5-7 yrs OD: \$97.50	GH11202
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Musical Theater

Develop your dancing, acting, and singing skills as we perform scenes from the High School Musical movies. Performance on the last day of class!

6/25-8/13 (8) Rm 14	Th	6-7 pm ID/AP: \$93	6-8 yrs OD: \$116.25	GH11205
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Beginning Flamenco

A class for beginning flamenco dancers who want to learn dance technique, footwork, and flamenco rhythms.

7/10-8/7 (5) Rm 14	F	6:05-7:05 pm ID/AP: \$58	7-11 yrs OD: \$72.5	GH11207
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Dance – Adults

Beginning Belly

Learn the basic isolations and fluid movements of Belly Dance while building core strength and enhancing flexibility. Good for all levels, from beginners to dancers with previous experience who want to fine tune their skills. Class includes movement practice, veil work, and short choreography.

6/22-8/10 (8) M 6:30-7:30 pm 13-adult GH11500
Rm 14 ID/AP: \$93 OD: \$116.25



Tap I/II

A great class for the new tapper or anyone who needs to review the basics. You'll be doing the soft shoe in just a few weeks! Tap shoes preferred, ballet shoes or socks acceptable.

6/25-8/13 (8) Th 7:15-8 pm 13-adult GH11502
Rm 14 ID/AP: \$78 OD: \$97.50

Tap III

This class is for the advanced tapper ready to explore complex rhythms and fun choreography. Must have at least one year of Tap experience or permission of instructor to register.

6/23-8/11 (8) T 7-8 pm 13-adult GH11501
Rm 14 ID/AP: \$93 OD: \$116.25

Adult Flamenco

A class for beginning and returning flamenco dancers who want to learn & improve their dance technique, footwork and flamenco rhythms.

7/10-8/7 (5) F 7:15-8:15 pm 13-adult GH11503
Rm 14 ID/AP: \$58 OD: \$72.50

Sports – Youth

Flag Football

Score big this summer! Calling all kids to run routes, practice handoffs, and perfect their flag pulls in this high-energy outdoor flag football class while having fun and building teamwork. Bring a water bottle.

7/2-7/23 (4) Th 6-7 pm 8-10 yrs GH12200
Field A ID/AP: \$39 OD: \$48.75
7/30-8/20 (4) Th 6-7 pm 8-10 yrs GH12201
Field A ID/AP: \$39 OD: \$48.75

General Interest – Youth & Adults

Community Outings / Out & About

Oxbow Regional Park

Lace up your shoes and hit the trail with us! Meet at Garden Home Rec Center and head out with THPRD staff to explore Oxbow Park along the Sandy River. Ride together in THPRD vehicles with friends and neighbors, enjoy the fresh air and stunning scenery, and return to the center feeling refreshed and reconnected. It's the perfect way to get moving, meet new people, and enjoy the outdoors together! Registration is required for all participants. Kids under ten must be accompanied by an adult. Please bring a sack lunch, two snacks, and a water bottle.

6/27 (1) S 9 am-4 pm 7-adult GH16701
OffSite ID/AP: \$107 OD: \$133.75

Bonneville Dam

Let's go on an adventure! In this drop-off program, participants will ride with our awesome staff to the Bonneville Dam to explore the dam and visit the fish hatchery. Discover how the dam works, see the fish up close, and enjoy a day full of learning, laughter, and new friends! Please bring a sack lunch, two snacks, and a water bottle.

7/11 (1) S 9 am-4 pm 8-11 yrs GH16200
OffSite ID/AP: \$107 OD: \$133.75

Wahclella Falls

Lace up your shoes and hit the trail with us! Meet at Garden Home Rec Center and head out with THPRD staff to explore Wahclella Falls in the Gorge. Ride together in THPRD vehicles with friends and neighbors, enjoy the fresh air and stunning scenery, and return to the center feeling refreshed and reconnected. It's the perfect way to get moving, meet new people, and enjoy the outdoors together! Registration is required for all participants. Kids under ten must be accompanied by an adult. Please bring a sack lunch, two snacks, and a water bottle.

8/16 (1) Su 9 am-4 pm 7-adult GH16700
OffSite ID/AP: \$107 OD: \$133.75



Summer 2025 Participants' Testimonies

"We love the field trips. It gives the kids a chance to shake up their routine and explore new activities"

"Great field trips, kind staff, lots of opportunities for kids to burn off energy"

Cool & Crafty - Sunday Craft Days!

Perfect for families and groups looking to connect, create, and have fun crafting together! Registration is required for all participants. Kids under ten must be accompanied by an adult.

Summer Solstice

Celebrate the longest day of the year in this crafting workshop! Participants will create bright, sun-inspired crafts using natural materials while exploring light, color, and seasonal traditions.

6/21 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15200
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Flower Power

Bring your creativity to bloom in this flower-themed workshop! Participants will craft beautiful paper, pressed, and mixed-media flowers, exploring color, texture, and design while making keepsakes to take home. P

7/12 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15203
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World of Water

Come cool off in this relaxing crafting workshop all about water and creativity. Participants will use water to create colorful tie-dye designs and paint beautiful watercolor bookmarks to take home.

8/2 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15206
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Beach, Please!

We are bringing the beach to you! Join us for a fun and relaxing crafting workshop all about the beach. Create colorful sand art bottles and make other beach-inspired crafts to take home as keepsakes.

8/23 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15209
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Family Beauty Lab

Registration is required for all participants. Kids under ten must be accompanied by an adult.

Lotion Bars & Bath Bombs

In this engaging group workshop, you'll work together to make luxurious lotion bars and fizzy bath bombs.

6/28 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15201
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Balms & Butters

Get hands-on and unleash your creativity! In this workshop, participants will craft nourishing balms and creamy body butters, exploring scents, textures, and colors to create personalized self-care treats to take home.

7/19 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15204
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Soaps & Scrubs

Indulge in some self-care! This workshop guides you through making your own custom soaps and exfoliating scrubs, using delightful scents and textures to craft personalized beauty essentials you'll love.

8/9 (1) Rm 13	Su	1:30-3:30 pm ID/AP: \$25	7-adult OD: \$31.25	GH15207
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Summer 2025 Participants' Testimonials

"I appreciate this program soooooo much. It took a huge weight off my shoulders and gave my kiddo something to do besides just screens".

"Thank you for providing such a great gymnastics room and gymnastics coach staff!"

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Family STEAM Lab

Perfect for families and groups looking to connect, create, and have fun learning together! Registration is required for all participants. Kids under ten must be accompanied by an adult.

Catapult Creations

Launch into fun with this STEAM adventure all about catapults! Build your own catapult and put it to the test as you compete for distance and accuracy, exploring engineering and physics in a fun, interactive way.

7/5 (1) Su 1:30-3:30 pm 7-adult GH15202
Rm 13 ID/AP: \$25 OD: \$31.25

Volcan-OH!

Erupt into action with this STEAM adventure all about volcanoes! Build your own paper mache volcano and watch it come to life in dazzling eruptions, exploring science, chemistry, and creativity in a hands-on, interactive way.

7/26 (1) Su 1:30-3:30 pm 7-adult GH15205
Rm 13 ID/AP: \$25 OD: \$31.25

Severe Weather

It's storm season! Join us for a STEAM adventure all about severe weather. Conduct mini experiments to explore tornadoes, lightning, and rain, discovering the science behind extreme weather in a hands-on, interactive way.

8/16 (1) Su 1:30-3:30 pm 7-adult GH15208
Rm 13 ID/AP: \$25 OD: \$31.25



Participants' Testimonials

"This was such a phenomenal set up for an easy and fun Birthday party. We had 19 kids from one-year-old crawlers to strong 10 year olds and they all played happily. Several kids and parents told us it was the best party they had been to. And almost no work for us!"

Cooking – Adults

Middle Eastern Cooking: Dolma

This iconic Middle Eastern dish refers to stuffed grape leaves, but other vegetables can be used in addition to the grape leaves. A delicious mixture of mainly rice, meat or vegan stuffing can be used in stuffing.

7/10 (1) F 5-7:30 pm 16-adult GH15500
Kitchen ID/AP: \$38 OD: \$47.50

Middle Eastern Cooking: Main Dish (Tepsi Baytinijan)

An Iraqi casserole. The main ingredient of the dish is eggplant, which is sliced and fried before placing in a baking dish, accompanied with sautéed ground beef, sautéed onion, garlic, spices, tomato paste and garnished with pine nuts. Served with basmati rice.

7/17 (1) F 5-7:30 pm 16-adult GH15501
Kitchen ID/AP: \$38 OD: \$47.50

Middle Eastern Cooking: Cauliflower Dishes

In this class, we will be making savory dishes made with cauliflower as one of the main components.

7/24 (1) F 5-7:30 pm 16-adult GH15502
Kitchen ID/AP: \$38 OD: \$47.50

Middle Eastern Cooking: Kanafeh, Geymar, & Turkish Coffee

In this class, we will be making a well-known pastry and clotted cream to be enjoyed with Turkish coffee.

7/31 (1) F 5-7:30 pm 16-adult GH15503
Kitchen ID/AP: \$38 OD: \$47.50



Middle Eastern Cooking: Baklava and Turkish Coffee

In this class, we will make two kinds of baklava while enjoying freshly made Turkish coffee in the beginning of the class.

8/7 (1) F 5-7:30 pm 16-adult GH15504
Kitchen ID/AP: \$38 OD: \$47.50

Middle Eastern Cooking: Vegan and Vegetarian Dishes

In this class, we will be making flavorful and nutritious meatless dishes ideal for picnic and summer gathering (main dish, dip, and dessert).

8/14 (1) F 5-7:30 pm 16-adult GH15505
Kitchen ID/AP: \$38 OD: \$47.50

Garden Home Fitness Class Descriptions

Barre Strength

Tone, sculpt, stretch, and have fun in this low impact but intense full body workout class. If you like Pilates, Yoga and weight training, this class is for you!

Cardio Fusion

A work out that pairs moderate aerobics with exercises and dance moves that are designed to improve strength, balance and flexibility.

Essentrics

Strengthen and stretch every muscle in the body eccentrically, rebalancing the muscular structure in continuous rotational movements.

FUNctional Chair Fitness

Move through a variety of exercises designed to improve strength and range of motion. A chair is available for seated or standing support.

HIIT

HIIT (High Intensity Interval Training) is a cardiovascular exercise class alternating short periods of intense anaerobic exercise with less intense recovery periods.

Low Impact Aerobics

This class is easy on your joints, burns calories and challenges your entire body. All levels welcome.

MELT

Self-treatment that reduces chronic pain and heals injuries. Reduce inflammation, improve alignment and learn how to keep your whole body working better.

Stretch, Core, and More

Walk taller, feel stronger! This class focuses on flexibility, core strength, and postural work.

Tai Chi II

For the beginning student. Learn Tai Chi for Better Balance and Yang 8/10 Form.

Tai Chi III

For the advanced student. In this class you will learn the 108 Yang Form. Not appropriate for beginners.

Total Body Strength

A class that strengthens your entire body. This workout challenges all your major muscle groups using weight room exercises like squats, presses, lifts and curls.

Yoga, Flow

This dynamic style links breath and movement helping to build strength, stamina and flexibility.

Yoga, Gentle

Learn how to stretch with gentle movements and conscious breathing; increase strength and flexibility and bring calmness to the mind. For students with little or no yoga experience.

Yoga, Hatha

This is a simply structured class to help people at any level use body alignment and simple breath to release negative thought patterns. As we think positively and relax, the body becomes more flexible, and we safely go into and through poses using breath, easily.

Zumba®

ZUMBA® is a fusion of Latin and International music / dance themes are dynamic, exciting, and based on the principle that a workout should be FUN AND EASY TO DO.

To see current schedule visit: www.thprd.org/facilities/recreation/garden-home
Schedule and instructors are subject to change at any time.

Buddy Training

2-Person Small Group Training is a great way to get together and work out. A personal trainer will work with each group's goal and design a workout to meet those goals. Each session is an hour long. (Cost is per person; must have 2 in group at time of registration.) Both participants must register.

Before July 1, 2026

Intro session \$53 ID/ \$66.25 OD

3 sessions \$149.25 ID/ \$186.50 OD

6 sessions \$272.25 ID/ \$340.25 OD

Starting July 1, 2026

Intro session \$55 ID/ \$68.75 OD (75 min.)

3 sessions \$155 ID/ \$193.75 OD

6 sessions \$283.50 ID/ \$354.50 OD

Personal Training

Private appointments with a certified personal trainer to customize your fitness program, offer accountability and help you reach your goals. Each session is one hour in length.

Before July 1, 2026

Intro session \$71 ID/ \$88.75 OD

3 sessions \$200 ID/ \$250 OD

6 sessions \$365 ID/ \$456.25 OD

Starting July 1, 2026

Intro session \$73 ID/ \$91.25 OD (75 min.)

3 sessions \$207 ID/ \$258.75 OD

6 sessions \$378 ID/ \$472.50 OD

*A parental waiver is required for weight / cardio room use by anyone 14-17 years old.
Call 503-629-6341 to schedule your weight / cardio room walkthrough at Garden Home Recreation Center.
We request 24-hour cancellation on all personal training appointments.*

Jenkins Estate



TUALATIN HILLS
PARK & RECREATION DISTRICT

Jenkins Estate
8005 SW Grabhorn
Beaverton, OR 97007 • 971-258-6743

Facility Supervisor: Heather Marshall

Office Hours:

Monday-Friday: 8 am - 5 pm

Park Hours: Dawn till dusk, unless otherwise posted.

Camp Rivendale facilities are restricted to authorized use and closed to the public Monday through Friday, 8:00 AM – 12:00 PM. This closure includes the parking area, restrooms, playground, pavilions, & trails. Normal public access resumes daily at 12:00 PM.

Estate Gate closes at 5 pm daily.

Camp Rivendale Gate open 12 pm till dusk

Grabhorn Rd. Gate open dawn until dusk

Facility Closed: 6/19, 7/4, 9/7

Summer Term: June 14 – August 22, 2026

Jenkins Estate Features:

- Historic Main House: A historic, seven-bedroom English hunting lodge, built in 1912 with stunning Victorian-inspired details, perfect for hosting memorable events and gatherings.
- Stable: Beautifully restored horse stable with gleaming hardwood floors, ideal for hosting events.
- Extensive Grounds: 68 acres of land with beautiful gardens, 2.8 miles of trails, natural amphitheater and outdoor spaces.
- Listed on the National Register of Historic Places: Preserved for its historical significance.
- Outdoor Recreation: Hiking trails, picnic areas, and access to Camp Rivendale's playground.
- Event Venue: Available for rentals for various events, including weddings, corporate gatherings, and community events.
- Educational Opportunities: Offers recreational programs and specialty workshops
- Accessible Amenities: Parking lots, ADA restrooms, and drinking fountains.



@historicjenkinsestate



Built in 1912, The Historic Jenkins Estate has been a beautiful venue for years. THPRD acquired the property in 1976 and it has been a part of the district ever since. In bringing the Estate back to life, the district was careful to restore its bygone charm and ensure it was a community resource for everybody.

The Jenkins Estate offers a unique and versatile venue because of its prime outdoor spaces and multiple buildings that will make small and large groups alike feel at home. More recently, various types of special events like weddings, special celebrations, small gatherings, celebration of life, and corporate events have been hosted at The Jenkins Estate. The Main House has 5 rooms for rent and can hold small gatherings up to roughly 60 people in the entire house. The Stables has two large rooms for rent and can hold up to roughly 200 people. The Jenkins Estate also has many outside locations like a small tea house, large meadows and 2.8 miles worth of trails.



3D Walkthrough
Main House



3D Walkthrough
Stable



Video
Preview

Reach out today to book your next event at the Historic Jenkins Estate!

Call (971) 258-6743

Check out our website!

www.thprd.org/facilities/historic/jenkins-estate

Rhododendron Garden Party at Jenkins Estate

Help us spruce up the Rhododendron Gardens at Jenkins Estate! Volunteers will help weed, mulch, and resurface gravel trails, as needed. Please bring a reusable water bottle to drink from throughout the day. Tools and gloves will be provided. No gardening experience necessary. Parking is available in the lower lot, just below the Rhododendron Gardens.

For Volunteer opportunities, email Heather Marshall, h.marshall@thprd.org or call 971-258-6743.



Grupo de Trabajo en Huertas Rododendro en Jenkins Estate

¡Ayúdanos a arreglar la huerta rododendro en Jenkins Estate! Los voluntarios nos ayudaran a eliminar hierbas, agregar abono, y repavimentar senderos de grava según sea necesario. Traiga una botella de agua reutilizable para beber durante su turno. Se proporcionarán herramientas y guantes. No se requiere experiencia en jardinería. Estacionamiento disponible en el lote más bajo, debajo de la Huerta Rododendro.

Para oportunidades de voluntariado, envíe un correo electrónico Heather Marshall, h.marshall@thprd.org o llámame 971-258-6743.

Tea House Permit Now Available

Host your next special event at the charming Tea House! This idyllic venue is perfect for intimate gatherings, including engagements, micro wedding ceremonies, and private date nights. To book the Tea House and obtain the necessary permit, simply contact us. Permits start at just \$50. Tables and chairs are available for rent at an additional charge to accommodate your event needs. Let us know how we can help create a memorable experience for you. Contact us today to reserve your date: Email h.marshall@thprd.org or call 971-258-6743.



Tea House



Tea Garden

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Jenkins Estate – Summer Camps

Summer Camp Deposits and Balances

A \$30 deposit is required for each participant for weeks 2-10. The full balance for week 1 is due at the time of registration. All camp balances are due 14 days before the start of each camp by 5 pm. An individual's space in the camp will be forfeited automatically if the balance is not paid by the two-week prior deadline. The deposit is non-refundable. However, it may be transferred to another THPRD program prior to 5 pm, Friday, May 29. Deposits are applied to the following camps: Coyle Outside Camp - Intermediate Wilderness Survival, Bush Crafting (Nature Makers), Fish, Forage, Fire!

Coyle Outside Camp - Fish, Forage, Fire!

Learn the art of being a true outdoorsman! Our primary activities will be fishing, archery and foraging along with skills that help you do those things well. Learn and develop diverse skill sets of food acquisition! Fish lessons, as allows, will include baiting, cleaning and cooking as well as gear, casting and, of course, fishing. Foraging will include plant ID and how to safely harvest in various seasons. Archery practice will occur several times throughout the week with an emphasis on safety, practical use, and form. Bring appropriate clothing, snacks, and lunch.

PLEASE NOTE- Due to the fishing component, participants will need to be dropped off and picked up from two different locations throughout the week.

Here's the schedule:

Mondays, Wednesdays, and Fridays: Drop-off and pick-up will be at Jenkins Estate (8005 SW Grabhorn Rd, Beaverton, OR 97007).

Tuesdays and Thursdays: Drop-off and pick-up will be at Progress Lake Park (15135 SW Barrows Rd #137, Beaverton, OR 97007).

7/6-7/10 (1) Meadow	M-F	9 am-4 pm	8-13 yrs ID/AP: \$465	JE17200 OD: \$581.25
8/3-8/7 (1) Meadow	M-F	9 am-4 pm	8-13 yrs ID/AP: \$465	JE17203 OD: \$581.25



Coyle Outside Camp - Intermediate Wilderness Survival

No prerequisites needed. Full day of building survival skills and testing yourself against real life survival scenarios! Skills taught/practiced include shelters, fire safety/building, knife safety, tracking, foraging teamwork, traps, orienteering, cordage and knots, and primitive skills. We dive even deeper into skills the group finds most engaging. Our goal is building initiative, self-control, and judgment skills while connecting with the natural world and having fun. The week ends with an exciting final scenario and a certificate of achievement. Bring appropriate clothing, water shoes, bug spray, snacks, and lunch.

7/13-7/17 (1) Meadow	M-F	9 am-4 pm	8-11 yrs ID/AP: \$424	JE17201 OD: \$530
8/10-8/14 (1) Meadow	M-F	9 am-4 pm	8-11 yrs ID/AP: \$424	JE17204 OD: \$530
8/17-8/21 (1) Meadow	M-F	9 am-4 pm	8-11 yrs ID/AP: \$424	JE17205 OD: \$530



Coyle Outside Camp - Bush Crafting

Build. Cool. Stuff. This camp is all about tool use, creativity, and engineering. Each day we will introduce a new building project that participants will work on throughout the week to bring home. Projects are generally themed for camping and outdoors. We even try to build the tools we will use to build the other things! Projects may include creating a wood baton, natural fiber cordage, hand carved wood spoon and/or bowl, paracord survival bracelets or belts, dream catchers, feathersticks, natural dye projects, walking sticks, fishing spears/traps, and more. Projects vary depending on instructor and group/individual interest. Participants practice focus, follow through, patience, and develop problem solving and common sense as they work through projects. Bring appropriate clothing, snacks, and lunch.

7/27-7/31 (1) M-F 9 am-4 pm 9-14 yrs JE17202
Meadow ID/AP: \$426 OD: \$532.50



NOW BOOKING

2027 Wedding Dates at the Historic Jenkins Estate!

Nestled among centuries-old trees, the Historic Jenkins Estate has witnessed countless love stories unfold beneath its timeless architecture. For generations, couples have begun their forever within these storied walls, each adding their chapter to the estate's rich history of romance and celebration.

Whether you envision an intimate gathering where whispered vows are exchanged before joining loved ones for a candlelit dinner, or dream of dancing the night away with hundreds of guests on our expansive grounds, the Jenkins Estate embraces your unique love story. Step into a legacy of cherished beginnings at the Historic Jenkins Estate!

MAIN HOUSE Accommodates gatherings of up to 85 guests when combining the interior spaces and covered patio. Three additional indoor rooms are available as preparation suites for the wedding party.

STABLE Two-level renovated event space that can accommodate 100 guests seated or 200 standing.

MEADOW Outdoor area off of the Stable event space & perfect for events up to 200, with plenty of room for dancing & more. Intimate covered/open-air space that can accommodate 20 guests undercover or more surrounding the house.

All venue rentals include tables & chairs, day-of wedding coordinator, an onsite venue manager, & onsite, as well as WIFI & restrooms.



BOOK WITH US TODAY!

For more information, please contact Heather Marshall by email at h.marshall@thprd.org or by phone at 971-708-4491.

Tualatin Hills Athletic Center



**TUALATIN HILLS
PARK & RECREATION DISTRICT**

HMT Recreation Complex
15707 SW Walker Road
Beaverton, 97006
503-629-6330

TriMet Bus Routes #59, #67

Center Supervisor: Jeffrey Lee

Center Hours:

Monday-Friday 6 am-10 pm
 Saturday 8 am-10 pm
 Sunday 10 am-10 pm

Facility Closed:

- Holiday, Jul. 3
- Independence Day, Jul.4

Modified Schedule: 9 am-2 pm

- Juneteenth, Jun. 19

Athletic Center Features:

- Indoor Track
- Indoor Courts
- Outdoor Sports Fields
- THRIVE Afterschool Program



August 15, 2026 • 9 am-1 pm • HMT Complex

The TRI Together is an inclusive family friendly event hosted by THPRD to provide an opportunity for people of all abilities to come together and be active. This triathlon is intended for beginners and groups of all ages. The course includes:

- 50 or 100 yard swim
- 2 mile wheeled ride (bike/mobility device)
- 0.5 or 1-mile run

Athletes can do the triathlon independently or as a team. THPRD Inclusion Program is available to assist with any of your adaptive needs. To inquire about adaptive equipment and strategies to successfully participate please email inclusion@thprd.org.

Register options:

Individuals: TRI2026I or Family 4+: TRI2026F

Join a Fall League at the Athletic Center!

Adult League*	Registration	Season
Volleyball	Late July	Sept. - Nov.
Softball	August	Sept. - Oct.
Cornhole	Late July	Aug. - Sept.

*Adult League registration is for a team; individual players can call the Athletic Center to be added to a Free Agent Interest List.

Youth League	Registration	Season
Volleyball (4 th -12 th grade)	Late July	Sept. - Nov.

Are you looking for a fun and active way to spend your Fall season? Join the action and meet new friends while staying fit and healthy. Don't miss this exciting opportunity to challenge yourself and have fun!

To join a league, go to: thprd.org/activities/sports



THPRD's Twilight Track Meet

July 9, 16, 23 & 30

FREE EVENT • Registration not required

Celebrate summer evenings with your neighbors at our FREE Twilight Track Meet, open to all ages and skill levels! This is all about fun, fitness, and friendship. Bring your friends, family, and community spirit. Let's make memories under the sunset together!

Check-in starts at 5:30 pm, with the first event beginning at 5:55 pm—location to be determined.

No registration fees – just bring your energy and enthusiasm!

THRIVE

Afterschool Program

Teaching Healthy Responsible Individuals Values and Education

We provide high quality afterschool care in a safe and nurturing environment. We provide an active program for all abilities. Children take part in arts and craft projects, physical activities, cooking, enrichment activities and supervised homework time. Students are led in a group community service project. Program is available from school release time to 6 pm, Monday-Friday.

Enrollment for the 2026-2027 School Year is open, subject to space availability. A non-refundable \$50 enrollment fee is due at the time of registration.

THRIVE tuition options for 2026-2027:

- A. Afterschool care only, 9 payments of \$434
- B. Afterschool care plus seven (7) weeks of summer camp in 2027, 11 payments of \$561.90

Tuition includes four (4) BSD in-service days. Tuition does not include holidays, winter break, spring break, or additional no school days.

Please call the Recreation Center in your attendance zone for more information.

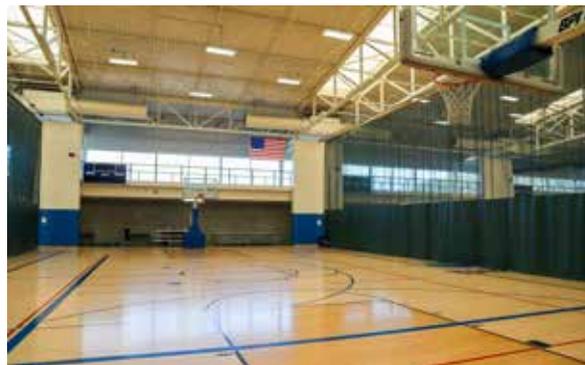
Tualatin Hills Athletic Center schools served:

- Beaver Acres Elementary School
- Elmonica Elementary School
- McKinley Elementary School



Court and Sports Field Rentals

The Athletic Center offers six courts and multiple sports fields for rent on a limited basis. Whether you're looking for basketball or softball, we can accommodate groups of all sizes. For requests and availability, please email sportsrentals@thprd.org.



Thursday Night All-Stars Drop-in Basketball

This is a recreation and socialization program for teens and adults (16+) with physical and developmental disabilities to play pickup games of basketball.

All-Stars consists of two games. Games are not based on skill level or ability. You are welcome to game 1 or game 2, but not both games.

6:00-6:15 pm: Warm-up for 1st game

6:15-7:00 pm: Game #1

7:00-7:15 pm: Warm up for 2nd game

7:15-8:00 pm: Game #2

Location: THPRD Athletic Center - 50 NW 158th Ave. Beaverton 97006

ID: \$6 OD: \$8.25

Participation is on a drop-in basis and requires the following:

- Completed medical/emergency information form
- Sign up before attending if you are a new participant
- Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

For more information, email inclusion@thprd.org or call 503-629-6341.

Outdoor Recreation

Visit www.thprd.org/parks-and-trails/find-park

Skate Park

The Tualatin Hills skate park is located on the north end of the HMT Recreation Complex. There is also a skate park located at the Evelyn M. Schiffler Memorial Park. Helmets and protective gear are highly recommended. Park hours are dawn to dusk, weather permitting.

Novice Skate Park

The novice skate park is located next to the big skate park at the north end of the HMT Recreation Complex. Helmets and protective gear are highly recommended. Hours are dawn to dusk, weather permitting.

Roller Hockey Rink

Visit our outdoor roller hockey arena, located on the north end of the HMT Recreation Complex. Arena hours are dawn to dusk, weather permitting.

Basketball Courts

In addition to the Athletic Center, basketball courts are available in many of our parks, weather permitting.

Volleyball

You can enjoy three outdoor locations for grass or sand volleyball; Carolwood Park, Raleigh Park, and Cedar Hills Park

Bocce Ball

There are bocce courts located at Cedar Hills Park and Ridgewood View Park for drop-in play. Call the Athletic Center with any questions.

Pickleball

Pickleball can be played at Raleigh Park and Parivar Park. Pickleball can also be played at the following locations, but you must bring your own nets: Athletic Center, Cedar Hills Park, Elsie Stuhr Center, Mountain View Champions Park (ADA), Ridgewood View Park, Rock Creek Landing Park, and Sunset Park.

Disc Golf

Greenway Park has a nine-hole disc golf course. Visit www.thprd.org for more information.

Futsal

Cedar Hills Park has futsal nets set up during the week. Call the Tennis Center with any questions.

Inclusion Services

Inclusion Services is committed towards providing a continuum of staff support to children, teens, and adults with disabilities in order to make all THPRD programming more accessible. We believe in meeting the diverse needs of the community we serve, which promotes the dignity, success, and enjoyment of all participants. Individualized support is available for patrons experiencing disability in the registered class(es) of their choice. Available at all THPRD sites throughout the district. At this time, Inclusion Services does not provide Inclusion Assistants for any swim programs. For more information about Inclusion Services, email inclusion@thprd.org. or call 503-629-6341.



Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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General Interest – Preschool

Sports, Munchkin

Enjoy an exciting and fun way to introduce your child to various sports. Your child will learn cooperation and teamwork and build their self-esteem. Adult participation is required.

6/15-7/1 (3) Ct 1 -Indoor	M/W	10-10:30 am ID/AP: \$45	2-3 yrs OD: \$56.25	AC12101
7/6-7/29 (4) Ct 1 -Indoor	M/W	10-10:30 am ID/AP: \$58	2-3 yrs OD: \$72.50	AC12102
8/3-8/19 (3) Ct 1 -Indoor	M/W	10-10:30 am ID/AP: \$45	2-3 yrs OD: \$56.25	AC12103
6/26-7/24 (4) Ct 1 -Indoor	F	10-10:30 am ID/AP: \$32	2-3 yrs OD: \$40	AC12104
7/31-8/21 (3) Ct 1 -Indoor	F	10-10:30 am ID/AP: \$26	2-3 yrs OD: \$32.50	AC12105

Tiny Jumpers

With trampolines, music, and games, your tiny tot can work on large motor skills through jumping, balancing, and tumbling. See your child's self-esteem and confidence grow by building strength, balance, and coordination. Adult participation is required.

6/15-7/1 (3) Ct 1 -Indoor	M/W	12-12:30 pm ID/AP: \$45	2 ½ -5 yrs OD: \$56.25	AC13101
7/6-7/29 (4) Ct 1 -Indoor	M/W	12-12:30 pm ID/AP: \$58	2 ½ -5 yrs OD: \$72.50	AC13102
8/3-8/19 (3) Ct 1 -Indoor	M/W	12-12:30 pm ID/AP: \$45	2 ½ -5 yrs OD: \$56.25	AC13103

Sports & Fitness - Preschool

Clinic: Taekwondo

Join Coach GrandMaster Ruth for a taekwondo refresher clinic. Class will include conditioning, stretching, basics, poomsae, self-defense drills, kicking drills, and non-contact sparring. All ages and ranks are welcome. Prior taekwondo class is required.

7/14-7/16 (1) Ct 1 -Indoor	T/W/Th	10-11 am ID/AP: \$35	3-5 yrs OD: \$43.75	AC12100
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THPRD is Hiring!

Summer Camp Staff

Inclusion Assistants

Instructors

Park Maintenance

Lifeguards

Custodians

Apply now at
thprd.org/jobs

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Soccer Pee Wee

Class will cover basic soccer skills and teach them through fun games and drills to build coordination, teamwork, and cooperation.

6/15-7/1 (3) Ct 1 -Indoor	M/W	9-9:45 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12106
7/6-7/29 (4) Ct 1 -Indoor	M/W	9-9:45 am ID/AP: \$71	3-5 yrs OD: \$88.75	AC12107
8/3-8/19 (3) Ct 1 -Indoor	M/W	9-9:45 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12108
6/15-7/1 (3) Ct 1 -Indoor	M/W	5-5:45 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12109
7/6-7/29 (4) Ct 1 -Indoor	M/W	5-5:45 pm ID/AP: \$71	3-5 yrs OD: \$88.75	AC12110
8/3-8/19 (3) Ct 1 -Indoor	M/W	5-5:45 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12111
6/16-7/2 (3) Ct 1 -Indoor	T/Th	11-11:45 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12112
7/7-7/30 (4) Ct 1 -Indoor	T/Th	11-11:45 am ID/AP: \$71	3-5 yrs OD: \$88.75	AC12113
8/4-8/20 (3) Ct 1 -Indoor	T/Th	11-11:45 am ID/AP: \$46	3-5 yrs OD: \$57.50	AC12114
6/16-7/2 (3) Ct 2 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12115
7/7-7/30 (4) Ct 2 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$71	3-5 yrs OD: \$88.75	AC12116
8/4-8/20 (3) Ct 2 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12117

Basketball Pee Wee

Class will cover basic basketball skills and teach them through fun games and drills to build coordination, teamwork, and cooperation.

6/15-7/1 (3) Ct 2 -Indoor	M/W	12:15-1 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12118
7/6-7/29 (4) Ct 2 -Indoor	M/W	12:15-1 pm ID/AP: \$71	3-5 yrs OD: \$88.75	AC12119
8/3-8/19 (4) Ct 2 -Indoor	M/W	12:15-1 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12120
6/16-7/2 (3) Ct 1 -Indoor	T/Th	10-10:45 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12121
7/7-7/30 (4) Ct 1 -Indoor	T/Th	10-10:45 am ID/AP: \$71	3-5 yrs OD: \$88.75	AC12122
8/4-8/20 (3) Ct 1 -Indoor	T/Th	10-10:45 am ID/AP: \$46	3-5 yrs OD: \$57.50	AC12123
6/16-7/2 (3) Ct 1 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12124
7/7-7/30 (4) Ct 1 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$71	3-5 yrs OD: \$88.75	AC12125
8/4-8/20 (3) Ct 1 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12126
6/26-7/24 (4) Ct 1 -Indoor	F	10:45-11:30 am ID/AP: \$38	3-5 yrs OD: \$47.50	AC12127
7/31-8/21 (3) Ct 1 -Indoor	F	10:45-11:30 am ID/AP: \$30	3-5 yrs OD: \$37.50	AC12128

Sports Center Pee Wee

Join this fun class that teaches basic techniques for a variety of sports. Athletes will build confidence and self-esteem while learning to follow directions using activities and games. Soccer, T-ball, and basketball are included.

6/15-7/1 (4) Ct 1 -Indoor	M/W	10:45-11:30 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12130
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7/6-7/29 (4) Ct 1 -Indoor	M/W	10:45-11:30 am ID/AP: \$71	3-5 yrs OD: \$88.75	AC12131
8/3-8/19 (3) Ct 1 -Indoor	M/W	10:45-11:30 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12132
6/16-7/2 (3) Ct 1 -Indoor	T/Th	9-9:45 am ID/AP: \$55	3-5 yrs OD: \$68.75	AC12133
7/7-7/30 (4) Ct 1 -Indoor	T/Th	9-9:45 am ID/AP: \$71	3-5 yrs OD: \$88.75	AC12134
8/4-8/20 (3) Ct 1 -Indoor	T/Th	9-9:45 am ID/AP: \$46	3-5 yrs OD: \$57.50	AC12135
6/16-7/2 (3) Ct 2 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12136
7/7-7/30 (4) Ct 2 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$71	3-5 yrs OD: \$88.75	AC12137
8/4-8/20 (3) Ct 2 -Indoor	T/Th	2:30-3:15 pm ID/AP: \$55	3-5 yrs OD: \$68.75	AC12138
6/26-7/24 (4) Ct 1 -Indoor	F	9-9:45 am ID/AP: \$38	3-5 yrs OD: \$47.50	AC12139
7/31-8/21 (3) Ct 1 -Indoor	F	9-9:45 am ID/AP: \$30	3-5 yrs OD: \$37.50	AC12140

Sports & Fitness – Youth/Teen

Clinic: Taekwondo

Join Coach Grandmaster Ruth for a taekwondo refresher clinic. Class will include conditioning, stretching, basics, poomsae, self-defense drills, kicking drills, and non-contact sparring. All ages and ranks are welcome. Prior taekwondo class is required.

7/14-7/16 (1) Ct 1 -Indoor	T/W/Th	11:30 am-2 pm ID/AP: \$70	6-adult OD: \$87.50	AC12200
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Basketball, Youth Basics

The perfect class for young basketball players looking to improve their skills and have fun! Participants will focus on developing basic skills of shooting, dribbling, passing, and defense through drills and various games!

6/15-7/1 (4) Ct 2 -Indoor	M/W	9-9:45 am ID/AP: \$55	6-9 yrs OD: \$68.75	AC12201
7/6-7/29 (4) Ct 2 -Indoor	M/W	9-9:45 am ID/AP: \$71	6-9 yrs OD: \$88.75	AC12202
8/3-8/19 (3) Ct 2 -Indoor	M/W	9-9:45 am ID/AP: \$55	6-9 yrs OD: \$68.75	AC12203
6/15-7/1 (3) Ct 2 -Indoor	M/W	2:30-3:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12204
7/6-7/29 (4) Ct 2 -Indoor	M/W	2:30-3:15 pm ID/AP: \$71	6-9 yrs OD: \$88.75	AC12205
8/3-8/19 (3) Ct 2 -Indoor	M/W	2:30-3:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12206
6/16-7/2 (3) Ct 1 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12207
7/7-7/30 (4) Ct 1 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$71	6-9 yrs OD: \$88.75	AC12208
8/4-8/20 (3) Ct 1 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12209
6/26-7/24 (4) Ct 1 -Indoor	F	4-4:45 pm ID/AP: \$38	6-9 yrs OD: \$47.50	AC12210
7/31-8/21 (4) Ct 1 -Indoor	F	4-4:45 pm ID/AP: \$38	6-9 yrs OD: \$47.50	AC12211
6/26-7/24 (4) Ct 2 -Indoor	F	10-10:45 am ID/AP: \$38	6-9 yrs OD: \$47.50	AC12212
7/31-8/21 (3) Ct 2 -Indoor	F	10-10:45 am ID/AP: \$30	6-9 yrs OD: \$37.50	AC12213

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Basketball, Youth Basics, Girls Only

The perfect class for young basketball players looking to improve their skills and have fun! Participants will focus on developing basic skills of shooting, dribbling, passing, and defense through drills and various games!

6/16-7/2 (3) Ct 2 -Indoor	T/Th	9-9:45 am ID/AP: \$55	6-9 yrs OD: \$68.75	AC12214
7/7-7/30 (4) Ct 2 -Indoor	T/Th	9-9:45 am ID/AP: \$71	6-9 yrs OD: \$88.75	AC12215
8/4-8/20 (3) Ct 2 -Indoor	T/Th	9-9:45 am ID/AP: \$46	6-9 yrs OD: \$57.50	AC12216
6/26-7/24 (4) Ct 2 -Indoor	F	11-11:45 am ID/AP: \$38	6-9 yrs OD: \$47.50	AC12217
7/31-8/21 (3) Ct 2 -Indoor	F	11-11:45 am ID/AP: \$30	6-9 yrs OD: \$37.50	AC12218

Soccer, Youth Basics

This indoor class will focus on teaching fundamentals through drills and fun gameplay. The class will emphasize teamwork, fair play, and cooperation to help build skills and confidence. Shin guards and gym shoes are recommended.

6/15-7/1 (3) Ct 2 -Indoor	M/W	10-10:45 am ID/AP: \$55	6-9 yrs OD: \$68.75	AC12219
7/6-7/29 (4) Ct 2 -Indoor	M/W	10-10:45 am ID/AP: \$71	6-9 yrs OD: \$88.75	AC12220
8/3-8/19 (3) Ct 2 -Indoor	M/W	10-10:45 am ID/AP: \$55	6-9 yrs OD: \$68.75	AC12221
6/16-7/2 (3) Ct 2 -Indoor	T/Th	11:15 am-12 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12222
7/7-7/30 (4) Ct 2 -Indoor	T/Th	11:15 am-12 pm ID/AP: \$71	6-9 yrs OD: \$88.75	AC12223
8/4-8/20 (3) Ct 2 -Indoor	T/Th	11:15 am-12 pm ID/AP: \$46	6-9 yrs OD: \$57.50	AC12224
6/16-7/2 (3) Ct 2 -Indoor	T/Th	5:30-6:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12225
7/7-7/30 (4) Ct 2 -Indoor	T/Th	5:30-6:15 pm ID/AP: \$71	6-9 yrs OD: \$88.75	AC12226
8/4-8/20 (3) Ct 2 -Indoor	T/Th	5:30-6:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12227
6/26-7/24 (4) Ct 2 -Indoor	F	9-9:45 am ID/AP: \$38	6-9 yrs OD: \$47.50	AC12228
7/31-8/21 (3) Ct 2 -Indoor	F	9-9:45 am ID/AP: \$30	6-9 yrs OD: \$37.50	AC12229

Soccer, Youth Basics, Girls Only

This indoor class will focus on teaching fundamentals through drills and fun gameplay. The class will emphasize teamwork, fair play, and cooperation to help build skills and confidence. Shin guards and gym shoes are recommended.

6/16-7/2 (3) Ct 2 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12230
7/7-7/30 (4) Ct 2 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$71	6-9 yrs OD: \$88.75	AC12231
8/4-8/20 (3) Ct 2 -Indoor	T/Th	4:30-5:15 pm ID/AP: \$55	6-9 yrs OD: \$68.75	AC12232

Soccer Fundamentals

This indoor class will focus on teaching fundamentals through drills and fun gameplay. The class will emphasize teamwork, fair play, and cooperation to help build skills and confidence. Shin guards and gym shoes are recommended.

6/15-7/1 (3) Ct 1 -Indoor	M/W	6-7 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12233
7/6-7/29 (4) Ct 1 -Indoor	M/W	6-7 pm ID/AP: \$83	9-12 yrs OD: \$103.75	AC12234
8/3-8/19 (3) Ct 1 -Indoor	M/W	6-7 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12235
6/15-7/1 (3) Ct 2 -Indoor	M/W	11 am-12 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12236
7/6-7/29 (4) Ct 2 -Indoor	M/W	11 am-12 pm ID/AP: \$83	9-12 yrs OD: \$103.75	AC12237
8/3-8/19 (3) Ct 2 -Indoor	M/W	11 am-12 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12238
6/16-7/2 (3) Ct 2 -Indoor	T/Th	12:15-1:15 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12239
7/7-7/30 (4) Ct 2 -Indoor	T/Th	12:15-1:15 pm ID/AP: \$83	9-12 yrs OD: \$103.75	AC12240
8/4-8/20 (3) Ct 2 -Indoor	T/Th	12:15-1:15 pm ID/AP: \$55	9-12 yrs OD: \$68.75	AC12241

Basketball Fundamentals

Class will focus on building fundamental basketball skills through drills and fun gameplay! No experience required.

6/15-7/1 (3) Ct 1 -Indoor	M/W	2:30-3:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12242
7/6-7/29 (4) Ct 1 -Indoor	M/W	2:30-3:30 pm ID/AP: \$83	9-12 yrs OD: \$103.75	AC12243
8/3-8/19 (3) Ct 1 -Indoor	M/W	2:30-3:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12244
6/15-7/1 (3) Ct 1 -Indoor	M/W	3:45-4:45 pm ID/AP: \$64	12-14 yrs OD: \$80	AC12245
7/6-7/29 (4) Ct 1 -Indoor	M/W	3:45-4:45 pm ID/AP: \$83	12-14 yrs OD: \$103.75	AC12246
8/3-8/19 (3) Ct 1 -Indoor	M/W	3:45-4:45 pm ID/AP: \$64	12-14 yrs OD: \$80	AC12247
6/16-7/2 (3) Ct 2 -Indoor	T/Th	10-11 am ID/AP: \$64	9-12 yrs OD: \$80	AC12248
7/7-7/30 (4) Ct 2 -Indoor	T/Th	10-11 am ID/AP: \$83	9-12 yrs OD: \$103.75	AC12249
8/4-8/20 (3) Ct 2 -Indoor	T/Th	10-11 am ID/AP: \$55	9-12 yrs OD: \$68.75	AC12250
6/16-7/2 (3) Ct 3 -Indoor	T/Th	5:30-6:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12251
7/7-7/30 (4) Ct 3 -Indoor	T/Th	5:30-6:30 pm ID/AP: \$83	9-12 yrs OD: \$103.75	AC12252
8/4-8/20 (3) Ct 3 -Indoor	T/Th	5:30-6:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12253
6/26-7/24 (4) Ct 2 -Indoor	F	4-5 pm ID/AP: \$45	12-14 yrs OD: \$56.25	AC12254
7/31-8/21 (4) Ct 2 -Indoor	F	4-5 pm ID/AP: \$45	12-14 yrs OD: \$56.25	AC12255

Basketball Fundamentals - Girls Only

Class will focus on building fundamental basketball skills through drills and fun gameplay! No experience required.

6/26-7/24 (4) Ct 1 -Indoor	F	5-6 pm ID/AP: \$45	10-14 yrs OD: \$56.25	AC12256
7/31-8/21 (4) Ct 1 -Indoor	F	5-6 pm ID/AP: \$45	10-14 yrs OD: \$56.25	AC12257

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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Basketball Skills and Scrimmages

The perfect class for young basketball players looking to improve their skills and have fun! Participants will focus on the continued development of skills and strategies and will feature many scrimmages.

6/26-7/24 (4) Ct 1 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-14 yrs OD: \$56.25	AC12258
7/31-8/21 (4) Ct 1 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-14 yrs OD: \$56.25	AC12259
6/26-7/24 (4) Ct 2 -Indoor	F	5:15-6:15 pm ID/AP: \$45	9-12 yrs OD: \$56.25	AC12260
7/31-8/21 (4) Ct 2 -Indoor	F	5:15-6:15 pm ID/AP: \$45	9-12 yrs OD: \$56.25	AC12261

Basketball Skills and Scrimmages - Girls Only

The perfect class for young basketball players looking to improve their skills and have fun! Participants will focus on the continued development of skills and strategies and will feature many scrimmages.

6/26-7/24 (4) Ct 2 -Indoor	F	6:30-7:30 pm ID/AP: \$45	10-14 yrs OD: \$56.25	AC12262
7/31-8/21 (4) Ct 2 -Indoor	F	6:30-7:30 pm ID/AP: \$45	10-14 yrs OD: \$56.25	AC12263

Speed, Agility, and Strength

The class works to improve your athlete's overall strength, balance, stability, coordination, quickness, and speed. Training is a series of drills and specific exercises that develop the body's core muscle groups and the neuromuscular pathways that control athletic movement. Class may also include sports like basketball and soccer.

6/16-7/2 (3) Ct 1 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$55	6-14 yrs OD: \$68.75	AC12264
7/7-7/30 (4) Ct 1 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$71	6-14 yrs OD: \$88.75	AC12265
8/4-8/20 (3) Ct 1 -Indoor	T/Th	3:30-4:15 pm ID/AP: \$55	6-14 yrs OD: \$68.75	AC12266

Volleyball, Youth

Students will work on volleyball fundamentals, including the basics of passing, hitting, serving, and setting. No experience is required!

6/15-7/1 (3) Ct 2 -Indoor	M/W	4:45-5:45 pm ID/AP: \$64	8-12 yrs OD: \$80	AC12267
7/6-7/29 (4) Ct 2 -Indoor	M/W	4:45-5:45 pm ID/AP: \$83	8-12 yrs OD: \$103.75	AC12268
8/3-8/19 (3) Ct 2 -Indoor	M/W	4:45-5:45 pm ID/AP: \$64	8-12 yrs OD: \$80	AC12269
6/16-7/2 (3) Ct 6 -Indoor	T/Th	4:45-5:45 pm ID/AP: \$64	8-12 yrs OD: \$80	AC12270
7/7-7/30 (4) Ct 6 -Indoor	T/Th	4:45-5:45 pm ID/AP: \$83	8-12 yrs OD: \$103.75	AC12271
8/4-8/20 (3) Ct 6 -Indoor	T/Th	4:45-5:45 pm ID/AP: \$64	8-12 yrs OD: \$80	AC12272
6/26-7/24 (8) Ct 6 -Indoor	F	4:45-5:45 pm ID/AP: \$45	8-12 yrs OD: \$56.25	AC12273
7/31-8/21 (8) Ct 6 -Indoor	F	4:45-5:45 pm ID/AP: \$45	8-12 yrs OD: \$56.25	AC12274

Volleyball, Teen

Students will work on volleyball fundamentals and learning the basics for passing, hitting, serving, and setting. No experience is required!

6/15-7/1 (3) Ct 2 -Indoor	M/W	3:30-4:30 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12301
7/6-7/29 (4) Ct 2 -Indoor	M/W	3:30-4:30 pm ID/AP: \$83	12-17 yrs OD: \$103.75	AC12302
8/3-8/19 (3) Ct 2 -Indoor	M/W	3:30-4:30 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12303
6/16-7/2 (3) Ct 6 -Indoor	T/Th	6-7 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12304
7/7-7/30 (4) Ct 6 -Indoor	T/Th	6-7 pm ID/AP: \$83	12-17 yrs OD: \$103.75	AC12305
8/4-8/20 (3) Ct 6 -Indoor	T/Th	6-7 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12306
6/26-7/24 (8) Ct 6 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-17 yrs OD: \$56.25	AC12307
7/31-8/21 (8) Ct 6 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-17 yrs OD: \$56.25	AC12308

Volleyball, Teen Intermediate

Class is designed for players who have already taken the introductory class or have previous experience with volleyball and are familiar with passing, setting, hitting, and serving techniques. Class will focus on refining those skills and incorporating strategies and systems.

6/15-7/1 (3) Ct 2 -Indoor	M/W	6-7 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12309
7/6-7/29 (4) Ct 2 -Indoor	M/W	6-7 pm ID/AP: \$83	12-17 yrs OD: \$103.75	AC12310
8/3-8/19 (3) Ct 2 -Indoor	M/W	6-7 pm ID/AP: \$64	12-17 yrs OD: \$80	AC12311
6/16-7/14 (5) Ct 6 -Indoor	T	7:15-8:15 pm ID/AP: \$55	12-17 yrs OD: \$68.75	AC12312
7/21-8/18 (5) Ct 6 -Indoor	T	7:15-8:15 pm ID/AP: \$55	12-17 yrs OD: \$68.75	AC12313
6/26-7/24 (4) Ct 4 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-17 yrs OD: \$56.25	AC12315
7/31-8/21 (4) Ct 4 -Indoor	F	6:15-7:15 pm ID/AP: \$45	12-17 yrs OD: \$56.25	AC12316

Badminton Junior - Beginner

Want to learn a fast-paced and exciting sport of Badminton? Whether you're a beginner, have some experience, or are an elite player, our badminton class offers you a dynamic workout that improves agility, reflexes, and hand-eye coordination while learning the fundamental core skills of serving, hitting clears, drops, drills, game play, and moving effectively through footwork on the court.

6/19-8/21 (10) OffSite	F	6-7 pm ID/AP: \$250	5-17 yrs OD: \$312.50	AC12701
6/20-8/22 (10) OffSite	S	9-10 am ID/AP: \$250	5-17 yrs OD: \$312.50	AC12702
6/20-8/22 (10) OffSite	S	10-11 am ID/AP: \$250	5-17 yrs OD: \$312.50	AC12703
6/21-8/23 (10) OffSite	Su	3-4 pm ID/AP: \$250	5-17 yrs OD: \$312.50	AC12704
6/21-8/23 (10) OffSite	Su	4-5 pm ID/AP: \$250	5-17 yrs OD: \$312.50	AC12705

THPRD Sports Leagues - General Information

Sports Leagues - Youth

Organizational information will be available at the Athletic Center and on our website at www.thprd.org

Financial Aid funds can be used to pay registration league fees for non-competitive leagues.

Youth Sports League ID System

All youth sports league participants are required to have a valid THPRD ID number, if applicable, prior to participation in a youth sports league. Please see website for THPRD ID card information.

Baseball/Softball

Registration for youth baseball and softball leagues is done through the associations listed below. Associations are divided by Beaverton School District elementary school attendance areas. If you attend a private school, you will play within your public school attendance area. Contact your appropriate association for more information.

All of the Beaverton Area Little League groups are governed by Oregon District 4 Little League.

Spring Leagues: Registration begins in January. Play runs March-June.

Summer Leagues: Registration is in January and February. Play runs May-July.

Fall Leagues: Registration begins in August. The program is for 6-12 year olds. Play runs September-October.

Little League Baseball

T-ball: ages 4-6

Softball: ages 4-14

Baseball: ages 4-14

Cedar Mill Little League

Barnes, Bonny Slope, Cedar Mill, Findley, Ridgewood, Terra Linda, Tumwater, West TV, Wm Walker, St. Pius, Holy Trinity
www.cedarmillbaseball.org

Murrayhill Little League

Aloha-Huber, Beaver Acres, Chehalem, Cooper Mt., Errol Hassell, Fir Grove, Hazeldale, Hiteon, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mountain
www.murrayhilllittleleague.com

Raleigh Hills Little League

Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose, Whitford, Conestoga
www.rhllbaseball.com
Phone: 971-217-7455

South Beaverton Girls Little League

A girls (ages 4-14) program that is comprised of players within the combined boundaries of Beaverton, Aloha and Raleigh Hills Little Leagues. It is chartered as an independent, softball-only program.

Aloha Huber Park, Chehalem, Cooper Mountain, Greenway, Errol Hassell, Hazeldale, Kinnaman, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose

president@sbgll.com
southbeavertonll@sbgll.com
www.southbeavertonsoftball.com

Willow Creek Little League

This is a little league girls softball program comprised of players within the combined boundaries of Cedar Mill, Westview, and Wolf Creek Little Leagues based under Oregon District 4. It is chartered as an independent, softball-only program. (Co-ed t-ball will continue under the baseball leagues.) This program is open to girls ages 4-14 yrs.

www.willowcreeksoftball.com

Junior Baseball Organization Spring/Summer Season

T-ball: 6-8 yrs, **Soft-T-ball:** 6-8 yrs

Baseball: 9-18 yrs, **Softball:** 9-18 yrs

Aloha Junior Baseball

Aloha High, Aloha Huber, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman, Mountain View, Nancy Ryles, Sexton Mt., Valley Catholic

www.alohajuniorbaseball.org

Beaverton Junior Baseball

Barnes, Beaver Acres, Chehalem, Elmonica, McKay, McKinley, Montclair, Raleigh Hills K-8, Raleigh Park, Ridgewood, Vose, West TV, Wm Walker, Cedar Park, Meadow Park, Whitford, Beaverton HS

<https://clubs.bluesombrero.com/BEAVERTONJBO>

Beaverton Blaze Softball

Fir Grove, Greenway, Hiteon, McKay, Montclair, Raleigh Hills, Raleigh Park, Conestoga, Highland Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal, Southridge High
www.oregonblazefastpitch.com

Mountainside Junior Baseball

Aloha Huber, Chehalem, Cooper Mt, Errol Hassell, Fir Grove, Hazeldale, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt., Conestoga, Mountain View, Mountainside High
www.mountainsidejbo.com

Sunset Junior Baseball

Barnes, Cedar Mill, Findley, Ridgewood, Terra Linda, William Walker, West TV, Catlin Gabel, Cedar Park, Meadow Park, Stoller, Sunset High
leagues.bluesombrero.com/sunsetapollobaseballclub

Westview Youth Baseball

Beaver Acres, Bethany, Elmonica, Five Oaks, Jacob Wismer, Lenox, McKinley, Oak Hills, Rock Creek, Meadow Park, Springville, Stoller, St. Mary's for Boys, Westview High

www.westviewyouthbaseball.com

Fall Ball

Contact the youth organization to inquire about fall ball availability.

www.westsideyouthbaseball.com

Basketball

5th-8th Grade Winter Basketball Programs

THPRD's 5th through 8th grade basketball programs are for athletes residing in THPRD boundaries or attending school in the Beaverton School District. Practices are held during the week with games primarily on Saturdays at the BSD schools and/or THPRD Athletic Center. The season runs December-March. For your convenience, registration for youth basketball is now offered online at www.thprd.org beginning early October. A current THPRD account number is required to register. For any other questions or help with registering your child, call the Athletic Center at 503-629-6330.

5th-8th Grade Recreational Spring Basketball

The Youth Spring Basketball Recreational League is open to athletes currently in grades 5-8 and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Registration will begin February. Check our website for more information.

6th-8th Grade Recreational Summer Basketball

The Summer Basketball Recreational League is open to athletes who will be entering grades 6-8 in the 2026-27 school year and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Games will be held on weekdays at the Athletic Center. Check our website for more information in May.

THPRD Sports Leagues - General Information

Sports Leagues - Youth

Winter High School Basketball Grades 9-12

For athletes not playing on school teams in grades 9-12 in the 2026-27 school year. League and online registration information will be available in October. Check our website for more information.

Summer High School Basketball Grades 9-12

For athletes entering grades 9-12 in the 2026-27 school year. League and online registration will be available in April 2026. Check our website for more information.

Cricket

Beaverton Cricket Club (BCC)

The Beaverton Cricket Club is the local THPRD-affiliated club that plays in the Oregon Cricket League. Those interested in joining the Beaverton Cricket Club and playing both hard (season) ball and soft (tennis) ball cricket should direct general inquiries to:

www.beavertoncricketclub.com
email: beavertoncricketclub@gmail.com

Portland Metro Open Cricket Club

PMOCC is a 501(c)(3) non-profit entity and a State of Oregon certified Amateur Sports Organization, organized for charitable purposes to further the sport of cricket in Portland and surrounding areas and to cultivate interest in the sport of cricket at all youth and adult levels.

Those interested in joining PMOCC should direct inquiries to www.pdxcricket.org or pmocc2@gmail.com



Football

Youth Football

The Tualatin Valley Youth Football Leagues are for players in grades K-8. Players register according to high school attendance area. To register or get more information, call or visit the website of your local contact listed below. Registration begins in early spring. Practices and clinics begin in August. Games are played September to November. For more information, visit www.tvyfl.org.

Aloha

Registration: April 15-June 15
Email: registrar@alohayouthfootball.com
www.alohayouthfootball.com

Beaverton

Registration: April 15-June 15
registrar@beavertonfootball.com
www.beavertonfootball.com

Mountainside:

Registration: April 1-June 15
registrar@mountainsideyouthfootball.com
www.mountainsideyouthfootball.com

Southridge

Registration: April 15-June 15
register@southridgeyouthfootball.com
www.southridgeyouthfootball.com

Sunset

Registration: April 1-June 30
sunsetyouthfootball@comcast.net
www.sunsetyouthfootball.org

Westview

Registration: April 1-June 15
westviewyouthfootball@gmail.com
www.westviewyouthfootball.com

We all love football. Playing, coaching, and socializing. However, we couldn't play even a single game without officials. There is a significant shortage of youth and high school football officials. New officials are needed this season to ensure games are not postponed or canceled. Please visit <http://www.pfoa.us> for more information.



Volunteer Coaches Needed

If you have experience in sports and the desire to share your knowledge by coaching young athletes, please call the Athletic Center at 503-629-6330. To apply: www.thprd.org/connect/volunteer/ongoing-opportunities

THPRD Sports Leagues - General Information

Sports Leagues - Youth

Lacrosse

Tualatin Valley Youth Lacrosse League

Tualatin Valley Youth Lacrosse League is a community-based program created to teach lacrosse to athletes in grades 1-8 who attend a Beaverton School District school or reside within THPRD boundaries. Players register according to high school attendance area. To register or get more information, contact the appropriate group for your area.

TVLAX

president@tvlax.com
www.tvlaxtitans.com

Aloha

<https://www.alohalacrosse.org/>

Beaverton

president@beavertonbeaverslacrosse.com
beavertonhighschoollacrosse.teamsnapsites.com

Mountainside

info@mountainsidelax.com
<https://mountainsidelax.sportngin.com/>
<https://facebook.com/mountainsidelax>

Southridge

president@southridgeskyhawksyouthlax.com
<https://southridgeyouthlax.com/>

Sunset

www.sunsetlacrosse.com

Westview

president@westviewyouthlacrosse.com
www.westviewlacrosse.com

High School Lacrosse

Aloha

www.alohalacrosse.org/

Beaverton

beavertonhighschoollacrosse.teamsnapsites.com

Mountainside

<https://mountainsidelax.sportngin.com/>

Southridge

<https://www.southridgelacrosse.org/>

Sunset

www.sunsetlacrosse.com

Westview

www.westviewlacrosse.com/



Soccer Coach Certification

For training and certification for soccer coaching, go to tualatinhillsjuniorsoccerleague.com for information on classes and clinic dates and locations.

Soccer

Tualatin Hills Junior Soccer Recreational League

Teams will be formed of athletes ages 5-18. Practices begin in August. League games begin in September. Each club is responsible for registering their own players. Registration is generally accepted May 1-July 1. Please contact the appropriate club listed below for more information or log on to tualatinhillsjuniorsoccerleague.com.

Aloha United Soccer Club

Schools: Aloha-Huber, Beaver Acres, Cooper Mt., Errol Hassell, Hazeldale, ISB, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt. (west of Murray Blvd.)

AUSC: 971-770-2872
www.alohaunited.com

Milltown United Soccer Club

Schools: Barnes, Bonny Slope, Cedar Mill, Ridgewood, Terra Linda, West TV, William Walker

milltownregistrar@gmail.com
www.milltownsoccer.org

Oak Hills Soccer Club

Schools: Findley, Jacob Wismer, Oak Hills, Sato
email: pres@ohsoccer.com
www.ohsoccer.com

Somerset West Soccer Club

Schools: Bethany, Elmonica, McKinley, Rock Creek, Springville

president@somersetwestsoccer.org
www.somersetwestsoccer.org

Westside Soccer Club

Schools: Chehalem, Fir Grove, Hiteon, Sexton Mt. (east of Murray Blvd.), Vose, Raleigh Hills, Raleigh Park, Montclair, Greenway, McKay.

WSC: 503-352-0180
www.westsidesoccerclub.com

Soccer Referee Certification

For training and certification for soccer referees, and clinic dates and locations, visit tualatinhillsjuniorsoccerleague.com.

High School Recreational Soccer (O/13-U19)

Athletes not playing high school soccer can register for the recreational coed soccer league. Check with the youth league in your elementary attendance area. If the league does not offer registration for your high school, go to the next closest attendance area club or tualatinhillsjuniorsoccerleague.com.

Classic League

Athletes interested in playing competitive soccer may try out for this league. Tryouts will be held in May. Contact the appropriate club representative for more tryout information.

Bridge City Soccer Academy

www.bridgecitysoccer.org

Oregon Surf

www.oregonsurf.org
hello@oregonsurf.org

Westside Metros Soccer Club

Club Line: 503-626-2975
john.bain@wsmetros.org
www.westsidemetros.org

Volleyball

Fall Youth and High School Volleyball, Grades 4-12

For athletes entering grades 4-12 during the 2025-26 school year. League and online registration information will be available in July. Check the website for more information.

Summer Youth and High School Volleyball, Grades 4-12

Athletes entering grades 4-12 during the 2026-27 school year are eligible to play in this summer league. League and online registration information will be available mid-April. Check the website for more information.



THPRD Sports Leagues - General Information

Sports Leagues - Adult

Basketball

Winter Adult Basketball

League and online registration information will be available in early October. League play will begin in November and run through mid-March. Games will be played Monday through Thursday evenings. Check the website for more information in October.

Summer Adult Basketball

League play will begin in June and continue through mid-August. Additional league and online registration information will be available in April. Check the website for more information. Organizational information will be available at the Athletic Center and on our website.

Cornhole

League information will be available at the Athletic Center and on our website by March. Games will be played on weeknights through Spring, Summer, and early Fall. Organizational information will be available at the Athletic Center and on our website.



Kickball

Kickball League

Kickball is all about having fun! Remember when you were a kid and played kickball with your friends? Kickball is a playground game and also a competitive league game similar to softball. Organizational information will be available at the Athletic Center and on our website in April. Season runs June through August.

Soccer

Soccer Field Use

THPRD coordinates the scheduling of soccer fields for community sports leagues and adult teams throughout the year. Groups wanting seasonal use should call the Athletic Center at 503-629-6330 for a field use application.

Softball

Baseball/Softball Field Use

THPRD will coordinate the assignment of district wide baseball/softball fields from March 1 through October. Any group wishing to reserve fields for Spring and Summer should first obtain an application form from the Athletic Center by emailing sportsrentals@thprd.org.

Open/Women's Slow Pitch Summer Softball

League information will be available at the Athletic Center and on our website, in February. Open League games will be played on Sunday late afternoon and evenings and women's games will be played on Tuesday evenings. League play runs May through August.

Men's Slow Pitch Summer Softball

League information will be available at the Athletic Center website in February. Men's games are played Monday, Thursday and Friday. League play runs May through August.

Industrial Softball

This league is designed for employees of companies/businesses located within the THPRD boundaries. League play will be weekday evenings. Informational packets will be available in February.

Fall Open and Women's Softball Leagues

League information will be available at the Athletic Center and on our website, www.thprd.org, by July. Open League games will be on Sunday evenings. Women's slow pitch games will be Tuesday evenings. League play will run late August through October.

Fall Men's One-Pitch League Softball

League plays weeknights August through October. Organizational information will be available at the Athletic Center and on our website in July.

Adult Softball Tournaments

Individuals interested in hosting Spring/Summer softball tournaments at the THPRD sports complex must submit a facility use agreement and deposit. Call the Athletic Center at 503-629-6330 or send request to sportsrentals@thprd.org.

Volleyball

If you are interested in playing adult volleyball but don't have a team, please call the Athletic Center at 503-629-6330. League and registration information can be found on the website.

Summer Adult Sand Volleyball (Mixed)

This recreational league plays weekday evenings at Cedar Hills Park from June through August. League and online registration information will be available in April.

Summer Adult Grass Volleyball (RO4 & R02)

This recreational league plays weekday evenings at the HMT complex from June through August. League and online registration information will be available in April.

Adult Fall Volleyball

Leagues play mid-September through November. League and online registration information will be available in July.

Adult Winter Volleyball

Games are played mid-week evenings and will begin the first week in January. League and registration information will be available in November.

Adult Spring Volleyball

League play runs April through mid-June. Games will be held weekday evenings. League and registration information will be available in February.



Ligas Deportivas de THPRD - Información General

Ligas Deportivas Juveniles

Tenemos información de las organizaciones en el Athletic Center y en la página web en www.thprd.org

Los fondos de asistencia financiera se pueden utilizar para pagar la inscripción de ligas no competitivas.

Esta es una lista de ligas deportivas disponibles en el área. Es importante considerar que los contactos de cada liga deportiva (vía telefónica o por correo electrónico) puede que tengan, o no tengan atención en español. Esto depende de cada liga ya que son agrupaciones independientes a THPRD. La mayoría de las ligas deportivas pueden ser pagadas por medio del Programa de Asistencia Financiera de THPRD, pregúntenos en el 971-384-9138 o en financialaid@thprd.org

Sistema de identificación para las ligas deportivas juveniles

Todos los participantes de las ligas deportivas juveniles **requieren tener un número de identificación de THPRD**, si corresponde, antes de participar en una liga deportiva juvenil. Consulte el sitio web para obtener información sobre la tarjeta de identificación de THPRD.

Béisbol/Sóftbol

Las inscripciones para las ligas deportivas de béisbol y sóftbol juvenil se realizan a través de las asociaciones mencionadas a continuación. Las asociaciones están divididas en diferentes escuelas del distrito escolar. Si el estudiante va a una escuela privada, le tocara según la liga deportiva que se encuentra en esa área de escuelas. Póngase en contacto con su asociación apropiada para obtener más información.

Todos los grupos de Liga Deportiva para Menores (Little League) del área de Beaverton se rigen por la Liga Deportiva para Menores del Distrito 4 de Oregon.

Ligas de Primavera: Las inscripciones comienzan en Enero. Temporada de marzo-junio.

Ligas de Verano: Inscripciones son en Enero y Febrero. Temporada de mayo- julio.

Ligas de Otoño: Inscripciones comienzan en Agosto. El programa es para menores de 6-12 años de edad. Temporada de Septiembre- Octubre.

Béisbol - Liga Deportiva para Menores | Little League

T-ball: de 4 a 6 años
Sóftbol: de 4 a 14 años
Béisbol: de 4 a 14 años

Liga infantil de Cedar Mill

Escuelas: Barnes, Bonny Slope, Cedar Mill, Findley, Ridgewood, Terra Linda, Tumwater, West TV, Wm Walker, St. Pius, Holy Trinity
www.cedarmillbaseball.org

Liga infantil de Murrayhill

Escuelas: Aloha-Huber, Beaver Acres, Chehalem, Cooper Mt., Errol Hassell, Fir Grove, Hazeldale, Hiteon, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mountain
www.murrayhilllittleleague.com

Liga infantil de Raleigh Hills

Escuelas: Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose, Whitford, Conestoga
www.rhllbaseball.com
Phone: 971-217-7455

Liga Infantil Femenina del Sur de Beaverton

Este es un programa para niñas de 4 a 14 años compuesto por jugadoras que provienen de diferentes equipos (Little League) de Beaverton, Aloha y Raleigh Hills. Este es un programa independiente y solo es de sóftbol.

Escuelas: Aloha Huber Park, Chehalem, Cooper Mountain, Greenway, Errol Hassell, Hazeldale, Kinnaman, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose
president@sbgll.com
southbeavertonll@sbgll.com
www.southbeavertonsoftball.com

Liga infantil de Willow Creek

Este es una liga deportiva de sóftbol para niñas de 4 a 14 años compuesto por jugadoras que están dentro de los límites de Cedar Mill, Westview y Wolf Creek Little Leagues, las cuales son parte del Distrito 4 de Oregon. Este es un programa independiente y es solo de sóftbol. (T-ball mixto continuará bajo las ligas de béisbol).
www.willowcreeksoftball.com

Temporada de primavera/verano

T-ball: 6-8 años, Soft-Tball: 6-8 años
Béisbol: 9-18 años, Softball: 9-18 años

Béisbol | Aloha Junior Baseball/Aloha Sóftbol

Escuelas: Aloha High, Aloha Huber, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman, Mountain View, Nancy Ryles, Sexton Mt., Valley Catholic
www.alohajuniorbaseball.org

Béisbol | Beaverton Junior Baseball

Escuelas: Barnes, Beaver Acres, Chehalem, Elmonica, McKay, McKinley, Montclair, Raleigh Hills K-8, Raleigh Park, Ridgewood, Vose, West TV, Wm Walker, Cedar Park, Meadow Park, Whitford, Beaverton HS
<https://clubs.bluesombrero.com/BEAVERTONJBO>

Sóftbol | Beaverton Blaze Softball

Escuelas: Fir Grove, Greenway, Hiteon, McKay, Montclair, Raleigh Hills, Raleigh Park, Conestoga, Highland Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal, Southridge High
www.oregonblazefastpitch.com

Béisbol | Mountainside Junior Baseball

Escuelas: Aloha Huber, Chehalem, Cooper Mt., Errol Hassell, Fir Grove, Hazeldale, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt., Conestoga, Mountain View, Mountainside High
www.mountainsidejbo.com

Béisbol | Sunset Junior Baseball

Escuelas: Barnes, Cedar Mill, Findley, Ridgewood, Terra Linda, William Walker, West TV, Catlin Gabel, Cedar Park, Meadow Park, Stoller, Sunset High
leagues.bluesombrero.com/sunsetapollobaseballclub

Béisbol | Westview Youth Baseball

Escuelas: Beaver Acres, Bethany, Elmonica, Five Oaks, Jacob Wismer, Lenox, McKinley, Oak Hills, Rock Creek, Meadow Park, Springville, Stoller, St. Mary's for Boys, Westview High
www.westviewyouthbaseball.com

Pelota de Otoño

Para ver disponibilidad contacte a la asociación de Béisbol en otoño: www.westsideyouthbaseball.com

Básquetbol

Programas de Básquetbol de Invierno para grados 5-8 grados

Los Programas de Básquetbol de THPRD para los grados 5-8 son para atletas quienes viven dentro del distrito o asisten a la escuela en el Distrito Escolar de Beaverton. Las prácticas son durante la semana y los juegos principalmente son los sábados en las escuelas de BSD y/o en el Athletic Center. La temporada se extiende de diciembre-marzo. Para su comodidad, la inscripción para el Básquetbol juvenil está disponible en línea en www.thprd.org a partir de principios de octubre. Se requiere su número de identificación de THPRD para registrarse. Si tiene alguna pregunta o necesita ayuda para registrar a su atleta llame al 503-629-6330.

Ligas Deportivas Juveniles

Básquetbol recreativo de primavera para grados de 5 a 8

La Liga Recreativa de Básquetbol Juvenil de Primavera está abierta a estudiantes que actualmente cursan entre grados 5 a 8 y que asisten a una escuela intermedia del Distrito Escolar de Beaverton #48 o que viven dentro de los límites del Distrito #48 o de THPRD. La inscripción comenzará en febrero.

Básquetbol recreativo de verano para grados de 6 a 8

La Liga Recreativa de Básquetbol de Verano está abierta a estudiantes que ingresarán a los grados 6 a 8 en el año escolar 2026-2027 y que asisten a una escuela intermedia del Distrito Escolar de Beaverton #48 o que viven dentro de los límites del Distrito #48 o de THPRD. Los partidos se llevarán a cabo entre semana en el Athletic Center. Consulte nuestro sitio web para más información en mayo.

Básquetbol Escolar de Invierno Grados 9-12

Este programa es para atletas de grados 9-12 quienes que no jueguen en equipos escolares en el año escolar 2026-2027. Las inscripciones e información están disponibles en línea a partir de octubre. Consulte nuestra página web para más información.

Básquetbol Escolar de Verano Grados 9-12

Este programa es para atletas quienes ingresarán a los grados 9-12 en el año escolar 2026-2027. Las inscripciones e información están disponibles en línea a partir de abril 2026. Para más información consulte nuestra página web.

Se necesitan entrenadores voluntarios

Si tiene experiencia en deportes y desea compartir sus conocimientos entrenando a atletas jóvenes, llame al Centro Atlético al 503-629-6330.

Críquet

Club de críquet de Beaverton (BCC)

Este es un club local afiliado a THPRD el cual juega con la Liga de Críquet de Oregon. Aquellas personas quienes deseen ser parte del equipo y puedan jugar ambos tipos de cricket: Hard Ball (pelota dura) y Soft Ball (pelota de tenis) pueden solicitar más información en:

www.beavertoncricketclub.com
email: beavertoncricketclub@gmail.com

Club de Críquet de Portland Metro Open

Esta es una organización sin fines de lucro 501(c)(3) y esta certificada en el estado de Oregon como una Organización de Deportes Amateur, la cual se organiza con fines caritativos para apoyar el desarrollo de Críquet como deporte en el área, para jóvenes y adultos. Aquellas personas interesadas pueden solicitar más información en www.pdxcricket.org o pmocc2@gmail.com



A todos nos encanta el fútbol americano. Jugar, entrenar y socializar. Sin embargo, no podríamos jugar ni un solo partido sin árbitros. Hay una falta significativa de oficiales de fútbol americano juvenil. Se necesitan nuevos oficiales cada temporada para poder garantizar que los juegos sucedan y no se pospongan o cancelen. Visite <http://www.pfoa.us> para obtener más información.

Fútbol Americano

Fútbol Americano Juvenil

Esta liga es para jugadores en los grados K-8. Los jugadores se registran de acuerdo con el área donde este su escuela. Para registrarse u obtener más información, llame o visite el sitio web que se detalla a continuación. Las inscripciones comienzan a principios de la primavera. Las prácticas y clínicas comienzan en agosto. Los juegos se juegan de septiembre a noviembre. Para obtener más información, visite www.tvyfl.org.

Aloha

Inscripción: del 15 de abril al 15 de junio
Email: registrar@alohayouthfootball.com
www.alohayouthfootball.com

Beaverton

Inscripción: del 15 de abril al 15 de junio
registrar@beavertonfootball.com
www.beavertonfootball.com

Mountainside:

Inscripción: del 1 de abril al 15 de junio
registrar@mountainsideyouthfootball.com
www.mountainsideyouthfootball.com

Southridge

Inscripción: del 15 de abril al 15 de junio
president@southridgelyouthfootball.com
www.southridgelyouthfootball.com
register@southridgelyouthfootball.com

Sunset

Inscripción: del 1 de abril al 30 de junio
sunsetyouthfootball@comcast.net
www.sunsetyouthfootball.org

Westview

Inscripción: del 1 de abril al 15 de junio
westviewyouthfootball@gmail.com
www.westviewyouthfootball.com



Ligas Deportivas de THPRD - Información General

Ligas Deportivas Juveniles

Lacrosse

Liga Juvenil de Lacrosse de Tualatin Valley

Este es un programa comunitario creado para enseñar lacrosse a los atletas en los grados 1-8 quienes asisten a la escuela en el Distrito Escolar de Beaverton o viven dentro de los límites de THPRD. El registro de jugadores es según el área de asistencia a la escuela. Para obtener más información o registrarse comuníquese con el grupo apropiado para su área.

TVLAX

president@tvlax.com
www.tvlaxtitans.com

Aloha

www.alohalacrosse.org

Beaverton

president@beavertonbeaverslacrosse.com
beavertonhighschoollacrosse.teamsnapsites.com

Mountainside

info@mountainsidelax.com
<https://mountainsidelax.sportngin.com/>
<https://facebook.com/mountainsidelax>

Southridge

president@southridgeskyhawkseyouthlax.com
<https://southridgelyouthlax.com/>

Sunset

www.sunsetlacrosse.com

Westview

president@westviewyouthlacrosse.com
www.westviewyouthlacrosse.com

Lacrosse – Nivel Preparatoria | Secundaria

Aloha

www.alohalacrosse.org

Beaverton

<https://beavertonhighschoollacrosse.teamsnapsites.com/>

Mountainside

<https://mountainsidelax.sportngin.com/>

Southridge

www.southridgelacrosse.org

Sunset

www.sunsetlacrosse.com

Westview

www.westviewlacrosse.com



Certificación para Entrenadores de Fútbol

Infórmese sobre entrenamiento y certificación como entrenador/a de fútbol. Visite tualatinhillsjuniorsoccerleague.com para información acerca de las clases, fechas de clínicas y ubicaciones.

Fútbol

Liga Juvenil Recreacional Fútbol de Tualatin Hills

Esta liga es para atletas de 5 a 18 años. Las practicas comienzan en agosto y los juegos en septiembre. Cada club es responsable por registrar a sus jugadores. Las inscripciones normalmente son del 1 mayo al 1 de julio. Por favor contacte el club correspondiente, vea la información a continuación o ingrese a tualatinhillsjuniorsoccerleague.com.

Club de fútbol Aloha United

Escuelas: Aloha-Huber, Beaver Acres, Cooper Mt., Errol Hassell, Hazeldale, ISB, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt. (este de Murray Blvd.)

AUSC: 971-770-2872
www.alohaunited.com

Club de fútbol Milltown United

Escuelas: Barnes, Bonny Slope, Cedar Mill, Ridgewood, Terra Linda, West TV, William Walker

milltownregistrar@gmail.com
www.milltownsoccer.org

Club de fútbol Oak Hills

Escuelas: Findley, Jacob Wismer, Oak Hills, Sato

email: pres@ohsoccer.com
www.ohsoccer.com

Club de fútbol Somerset West

Escuelas: Bethany, Elmonica, Lenox, McKinley, Rock Creek, Springville

president@somersetwestsoccer.org
www.somersetwestsoccer.org

Club de fútbol Westside

Escuelas: Chehalem, Fir Grove, Hiteon, Sexton Mt. (este of Murray Blvd.), Vose Raleigh Hills, Raleigh Park, Montclair, Greenway, McKay.

WSC: 503-352-0180
www.westsidesoccerclub.com

Certificación para Árbitros de Fútbol

Para información sobre el entrenamiento y certificación para ser árbitro de fútbol, así como ver fechas de clínicas y ubicaciones visite tualatinhillsjuniorsoccerleague.com.

Fútbol recreativo de la escuela secundaria (O/13-U19)

Atletas que no jueguen fútbol en la escuela secundaria pueden inscribirse en la liga recreativa de fútbol de géneros mixto. Consulte con la liga juvenil en su área de asistencia primaria. Si la liga no ofrece inscripción para su escuela secundaria, vaya al siguiente club del área de asistencia más cercano o visite tualatinhillsjuniorsoccerleague.com.

Liga Clásica

Los atletas interesados en jugar fútbol competitivo pueden probar para esta liga. Las audiciones serán en mayo. Comuníquese con el representante del club correspondiente para obtener más información sobre las pruebas.

Academia de fútbol Bridge City

www.bridgocitysoccer.org

Oregon Surf

www.oregonsurf.com
hello@oregonsurf.org

Club de fútbol Westside Metros

Línea Club: 503-626-2975
john.bain@wsmetros.org
www.westsidemetros.org

Voleibol

Voleibol juvenil y de secundaria de otoño, Grados 4-12

Para atletas que ingresan a los grados 4-12 durante el año escolar 2025-26. La información sobre la liga y el registro en línea estará disponible en julio. Visite la página web para más información.

Escuela secundaria y juvenil de verano Voleibol, Grados 4-12

Los atletas que ingresan a los grados 4-12 durante el año escolar 2026-27 son elegibles para jugar en esta liga de verano. La información sobre la liga y las inscripciones en línea estará disponible a mediados de abril. Visite la página web para más información.



Ligas Deportivas de THPRD - Información General

Ligas Deportivas para Adultos

Básquetbol

Básquetbol de Invierno para Adultos

La información sobre la liga y el registro en línea estará disponible a principios de octubre. Los juegos son de noviembre hasta mediados de marzo. Los partidos se juegan de lunes a jueves por la noche. A partir de octubre consulte el página web para obtener más información.

Básquetbol de Verano para Adultos

Los juegos de la liga son de junio hasta mediados de agosto. La información adicional sobre la liga y el registro en línea estará disponible en abril. La información estará disponible en el Athletic Center y en nuestro página web.

Cornhole - Juego de Bolsas de Maíz

La información de la liga estará disponible en el Athletic Center y en nuestro página web en marzo. Los juegos son entre semana durante la primavera, el verano y principios del otoño. La información está disponible en el Athletic Center y en nuestro página web.



Kickball

Liga de Kickball

¡Kickball se trata de divertirse! ¿Recuerdas cuando eras niño y jugabas con la pelota con tus amigos? Kickball es un juego de recreo y también un juego de liga competitivo similar al softbol. La información está disponible en el Athletic Center y en nuestro página web en abril. La temporada dura de junio a agosto.

Fútbol

Uso de campos para fútbol

THPRD coordina con las ligas deportivas el uso de campo. Los grupos que deseen usar campos por una temporada deben contactar al Centro Atlético 503-629-6330 para llenar una solicitud de uso de campo.

Sóftbol

Uso de Campos de Béisbol y Sóftbol

THPRD coordina la asignación de todos los campos de beisbol/sóftbol de marzo a octubre. Cualquier grupo que desee reservar campos para la primavera y verano debe contactar al Athletic Center para llenar una solicitud. Enviar correo electrónico a sportsrentals@thprd.org

Softbol Abierto/Femenil de Verano | Open/Women's Slow Pitch Summer Softball

La información de esta liga está disponible a partir de febrero en nuestra página web o en el Athletic Center. Los juegos de Softbol Abierto | Open League son los domingos por la tarde o noche. Los juegos femeninos son los martes por la noche. Los juegos de la liga son de mayo a agosto.

Softbol Varonil de Verano | Men's Slow Pitch Summer Softball

La información de esta liga está disponible a partir de febrero en el Athletic Center. Los juegos son los lunes, jueves y viernes. Los juegos de la liga son de mayo a agosto.

Softbol Industrial

Esta liga está diseñada para empleados de compañías y negocios que se encuentren dentro del distrito. Los juegos varoniles son entre semana por la noche. Tenemos paquetes informativos a partir de febrero.

Liga de Softbol Femenino | Open de Otoño y Ligas de Softbol Femenino

La información de esta liga está disponible a partir de julio en la página web o en el Athletic Center. Los juegos de Open League son los domingos por la tarde. Los juegos femeninos de Slow Pitch son los martes por las tardes. Los juegos son de agosto a octubre.

Liga de Softbol Varonil | Liga de Softbol Varonil de Otoño

Los juegos son entre semana por las noches y son de agosto a octubre. La información de esta liga está disponible a partir de julio en la página web o en el Athletic Center.

Torneo de Softbol para Adultos

Las personas que estén interesadas en organizar un torneo de sóftbol en primavera/verano en el complejo de deportes de THPRD deben llenar un acuerdo de uso de las instalaciones (Facility Use Agreement) y hacer un depósito. Contáctenos en el Centro Atlético en 503-629-6330 o sportsrentals@thprd.org.

Vóleibol

Si está interesado en jugar al vóleibol para adultos, pero no tiene un equipo, por favor llame al Athletic Center al 503-629-6330. Para inscripciones e información sobre la liga vaya a la página web.

Vóleibol de Arena para Adultos de Verano (Equipo Mixto) | Summer Adult Sand Volleyball (Mixed)

Esta liga recreativa juega entre semana por las tardes en el Cedar Hills Park de junio a agosto. La información sobre la liga e inscripción está disponible en línea a partir de abril.

Vóleibol en Césped para Adultos en Verano | Summer Adult Grass Volleyball (R04 & R02)

Esta liga recreativa juega entre semana por las tardes en el complejo HMT de junio a agosto. La información sobre la liga e inscripción está disponible en línea en abril.

Vóleibol de Otoño para Adultos

Las ligas se juegan desde mediados de septiembre hasta noviembre. La información sobre la liga e inscripción está disponible en línea a partir de julio.

Vóleibol de Invierno para Adultos

Los partidos se juegan a mitad de la semana por las tardes y comienzan la primera semana de enero. La información sobre la liga e inscripción está disponible en línea en noviembre.

Voleibol de Primavera para Adultos

Los juegos de la liga son de abril a mediados de junio. Los juegos se llevarán a cabo durante la semana por las tardes. La información sobre la liga e inscripción está disponible en línea a partir de febrero.





Tualatin Hills PARK FOUNDATION

Build communities through parks, people and partnerships



If you love THPRD's parks and programs, share the fun!

More than 1,500 of your neighbors rely on financial assistance each year to access THPRD programs—and the waiting list continues to grow...



A gift to THPF helps level the playing field to make health, wellness and community accessible to all.

The Tualatin Hills Park Foundation (THPF) was founded in 1960 as THPRD's philanthropic arm as a 501(c)3 nonprofit organization, (EIN# 93-6033838) to which donations are tax-deductible under IRS guidelines.



Visit us at [THPF.ORG](https://www.thpf.org) to learn more

Fitness Opportunities

Free Fitness Events

Fitness in the Park

June 15- August 23, 2026

Free fitness classes at various THPRD locations. Enjoy Tai Chi, Yoga, and more! No registration required.

www.thprd.org/fitness-in-the-park



Walk with Me

6/17 - Commonwealth Lake Park

6/24 - Rock Creek Trail

7/1 - Cedar Mill Creek Trail

7/8 - Waterhouse Park

7/15 - Bethany Creek Park/Yoshihara Trail

7/22 - Greenway Park

7/29 - Jenkins Estate

8/5 - Jackie Husen Park

8/12 - Lowami Hart Woods

8/19 - Fanno Creek Trail



Sweat and Swim

Raleigh Swim Center

Friday, July 10 9:30-11 am

More info to come.



Fitness Instructor Education

Zumba ® Basic I Certification course

October 17, 2026, 9 am- 5 pm

Conestoga Recreation & Aquatic Center

www.zumba.com

Oportunidades de fitness

Actividades de Fitness Gratis

Ejercicio en el Parque

15 de junio - 23 de agosto de 2026

Clases de fitness gratuitas en centros de THPRD. ¡Tai Chi, Yoga y más!
Sin inscripción previa.

www.thprd.org/fitness-in-the-park



Camina Conmigo

6/17 - Commonwealth Lake Park

6/24 - Rock Creek Trail

7/1 - Cedar Mill Creek Trail

7/8 - Waterhouse Park

7/15 - Bethany Creek Park/Yoshihara Trail

7/22 - Greenway Park

7/29 - Jenkins Estate

8/5 - Jackie Husen Park

8/12 - Lowami Hart Woods

8/19 - Fanno Creek Trail



¡Ejercicio y Natación!

Raleigh Swim Center

Viernes, 10 de julio, 9:30-11 am

Próximamente más información.



Capacitación para Instructores de Ejercicio

Curso de Certificación Zumba® Basic

17 de octubre de 2026, 9 am a 5 pm

Conestoga Recreation & Aquatic Center

www.zumba.com

Personal Training



Private appointments with a certified personal trainer to customize your fitness program, offer accountability and help you reach your goals. Each session is one hour in length.

Prices before June 30, 2026	Sessions	Single Person	Buddy Training*
	Intro (75 min)	\$71	\$53
	3 Sessions	\$200	\$149.25
	6 Sessions	\$365	\$272.25

Prices after July 1, 2026	Sessions	Single Person	Buddy Training*
	Intro (75 min)	\$73	\$55
	3 Sessions	\$207	\$155
	6 Sessions	\$378	\$283.50

*price per person

Have one of these programs?



Call or visit your local THPRD facility to see if you're eligible for a free or discounted membership. **Currently only available to 65+ patrons.**

Entrenamiento personal



Citas privadas con una entrenadora o un entrenador personal certificado para personalizar tu programa de ejercicio, ofrecerte acompañamiento y ayudarte a alcanzar tus metas. Cada sesión tiene una duración de una hora.



Precios antes del 30 de junio 2026	Sesiones	Una persona	En grupo*
	1 Sesión (75 min)	\$71	\$53
	3 Sesiones	\$200	\$149.25
	6 Sesiones	\$365	\$272.25

Precios después del 1 de julio 2026	Sesiones	Una persona	En grupo*
	1 Sesión (75 min)	\$73	\$55
	3 Sesiones	\$207	\$155
	6 Sesiones	\$378	\$283.50

*precio por persona

¿Usted es parte de alguno de estos programas?



Llame o visite un centro de THPRD para ver si es elegible para una membresía gratuita o recibir un descuento. Disponible para personas de 65 años+

Financial Aid Program



What can I use my financial aid funds for?

Funds may be used for sports, swimming, fitness classes, gymnastics, dance, weight rooms, plot fees for the community gardens, affiliated recreational youth sports leagues and more.

For more information:

971-384-9138

financialaid@thprd.org

CALLING COACHES

FOR YEAR-ROUND YOUTH ATHLETIC LEAGUES

Give back to your community and inspire our youth by creating a positive environment that promotes self-confidence and self-esteem.



Athletic Center

Basketball	Winter, Spring, Summer
	Grades 5-12
Volleyball	Fall, Summer
	Grades 4-12

Cedar Hills Recreation Center

Track & Field	Winter, Spring
	Grades 6-8
Cross Country	Summer, Fall
	Grades 6-8

For more information visit our website
thprd.org/connect/volunteer/ongoing-opportunities

Programa de Asistencia Financiera

Programa de Asistencia Financiera



¿Para qué puedo utilizar mis fondos de asistencia financiera?

Los fondos pueden utilizarse para deportes, natación, clases de fitness, gimnasia, danza, salas de pesas, cuotas de parcela para los jardines comunitarios, ligas deportivas juveniles recreativas afiliadas y mucho más.

Para más información:
971-384-9138
financialaid@thprd.org



BUSCAMOS



ENTRENADORES



Para las ligas deportivas juveniles de todo el año

Contribuya a su comunidad e inspire a nuestros jóvenes creando un entorno positivo que fomente la confianza en sí mismos y la autoestima.

Para más información visite la página web
thprd.org/connect/volunteer/ongoing-opportunities



Athletic Center

Básquetbol

Invierno, primavera y verano

Grados 5 a 12

Voleibol

Otoño y verano

Grados 4 a 12

Cedar Hills Recreation Center

Atletismo

Invierno y primavera

Grados 6 a 8

A campo traviesa

Verano y otoño

Grados 6 a 8

Drop-in Programs & Daily Admissions

Pricing valid through 6/30/27

Amenities Included	General Pass	Deluxe Fitness Pass
Group Fitness Classes (includes Zumba®, Yoga, Cycling, Aerobics, Water Fitness and more!)*	⊗	✓
Open Gym	✓	✓
Drop-in Sports	✓	✓
Weight Room	✓	✓
Walking Track	✓	✓
Open Swim	✓	✓
Lap Swim	✓	✓
55+ Swim	✓	✓
Indoor Play Park**	✓	✓

*Admission to instructor-led classes is based on space availability. Age restrictions apply for Elsie Stuhr activities (55+). Babette Horenstein Tennis Center not included.

** Indoor Play Park is included for youth pass holders or youth members of a household pass.

Prices	General			Deluxe Fitness		
	Daily	1 month	Annual	Daily	1 month	Annual
Adult (18-64 yrs)	\$6.75	\$43	\$384	\$10.50	\$73	\$718
Youth (1-17 yrs)* / Senior (65+)* / Military (individual)*	\$6.00	\$39	\$345	\$9.50	\$66	\$646
Two-person household	N/A	\$65	\$576	N/A	\$110	\$1,077
Household (3+)	\$17.25	\$87	\$767	N/A	\$146	\$1,436
Out-of-district individual	\$8.25	\$54	\$480	\$13.25	\$91	\$897
Out-of-district two-person household	N/A	\$81	\$720	N/A	\$137	\$1,346
Out-of-district household (3+)	\$21.50	\$108	\$959	N/A	\$183	\$1,794
In-District Healthcare Partner Program (65+)	N/A	\$0	N/A	N/A	\$44	N/A
Out-of-District Healthcare Partner Program (65+)	N/A	\$0**	N/A	N/A	\$56**	N/A

*Discounts apply to in-district patrons only. Youth, senior and military rates reflect a 10% discount.

**A THPRD assessment fee is required for Out of District Silver & Fit patrons.

Contact your local THPRD facility or go to thprd.org to learn more!

Programas sin inscripción y admisiones diarias

* Precios válidos hasta el 30 de junio de 2027

Servicios incluidos	Pase General	Pase Deluxe
Clases de fitness en grupo (incluye Zumba®, yoga, ciclismo, ejercicios aeróbicos fitness acuático y mucho más)*	✗	✓
Gimnasio abierto	✓	✓
Deportes sin inscripción	✓	✓
Salón de pesas	✓	✓
Pista para caminar	✓	✓
Natación libre	✓	✓
Natación por carril	✓	✓
Natación para mayores de 55 años	✓	✓
Parque de juegos de interior**	✓	✓

*La admisión a las clases dirigidas por un instructor se basa en la disponibilidad de espacio. Se aplican restricciones de edad para las actividades de Elsie Stuhr (mayores de 55). No se incluye el Centro de Tenis Babette Horenstein.

**La admisión para el parque de juegos interior (Indoor Play Park) está incluida para menores que tengan un pase juvenil (Youth Pass) o para los menores que sean parte de un pase familiar (Household Pass)

Precios	General			Deluxe		
	Diario	1 mes	Anual	Diario	1 mes	Anual
Adulto (18 a 64 años)	\$6.75	\$43	\$384	\$10.50	\$73	\$718
Jóvenes (1 a 17 años)*/Adultos mayores (más de 65 años)*/Fuerzas armadas (individual)*	\$6.00	\$39	\$345	\$9.50	\$66	\$646
Grupo familiar de dos personas	N/A	\$65	\$576	N/A	\$110	\$1,077
Grupo familiar (más de 3 personas)	\$17.25	\$87	\$767	N/A	\$146	\$1,436
Persona que no vive dentro del distrito	\$8.25	\$54	\$480	\$13.25	\$91	\$897
Grupo familiar de dos personas que no viven dentro del distrito	N/A	\$81	\$720	N/A	\$137	\$1,346
Grupo familiar que no vive dentro del distrito (más de 3 personas)	\$21.50	\$108	\$959	N/A	\$183	\$1,794
Programa del Proveedor de Salud (65+) para quienes viven dentro del distrito	N/A	\$0	N/A	N/A	\$44	N/A
Programa del Proveedor de Salud (65+) para quienes viven fuera del distrito	N/A	\$0**	N/A	N/A	\$56**	N/A

*Los descuentos se aplican solo a los usuarios del distrito. Las tarifas para jóvenes, adultos mayores y miembros de las fuerzas armadas reflejan un descuento del 10%.

**Para personas quienes viven fuera del distrito se requiere una cuota adicional para ser parte del Programa de Silver & Fit

Para más información visite thprd.org, vaya a un centro de THPRD o llámenos al 503-645-6433 ¡Hablamos español!

Opening a THPRD account

To open a new THPRD account

To enjoy any of our hundreds of classes, programs, camps, and drop-in activities, you must first have a current THPRD account. Accounts are free and easy to create.

Online: www.thprd.org

Step 1: Visit thprd.org/join

Fill out the "Create new household" form for your THPRD account.

Step 2: Activate online account

Follow instructions sent to your email to activate your new online THPRD account.

Step 3: Verify residency in-person at any THPRD facility.

See "Verify Residency" section below.

Walk-in

Step 1: Fill out the Registrant Information Form

Form can be found at www.thprd.org/activities/create-an-account or at any THPRD facility.

Step 2: Verify residency in-person at any THPRD facility.

See "Verify Residency" section below.

For additional information, or assistance in creating an account, please contact our administration office at 503-645-6433.

Verify Residency

During your visit to open a new THPRD account or for accounts created online (before your first scheduled class or league, or after no more than five drop-in activities), please bring the following:

- Any government-issued photo ID that includes your current address (for example, an Oregon Driver's license, Oregon Identification Card, Consular Identification Card).
- If your government-issued photo ID does not include your current address (for example a passport or out-of-state driver's license) please provide an additional proof of residency such as a utility bill, or rental agreement.

If you cannot verify your residency, you may opt to pay the out-of-district rate or request a prorated refund for your class. THPRD reserves the right to verify residency at any time; addresses must be verified every five years. Your account expiration date can be found by logging into your online THPRD account here: www.thprd.org/portal/.

Why do we verify your address?

People who own property or reside within THPRD's boundaries support our services through property taxes and are eligible for benefits that include early registration and lower program costs.

Not a resident?

You are still welcome to enjoy every program and activity the district has to offer, follow the instructions above to create a THPRD account, no residency verification required. Two options are available to patrons who live outside of THPRD's service area.

1. Pay a yearly or quarterly assessment
2. Pay a 25% per-class premium

To learn more about these options, visit thprd.org/activities/am-i-in-district

Abrir una Cuenta en THPRD

Para abrir una cuenta de THPRD

Para poder disfrutar de los cientos de actividades, programas, clases, campamentos, y actividades sin inscripción que tenemos disponibles, primero debe tener una cuenta vigente con THPRD. Esto es gratis y fácil de hacer.



En Línea: www.thprd.org

Paso 1: Visite thprd.org/join

Complete el formulario "Crear grupo familiar nuevo" para su cuenta de THPRD.

Paso 2: Active la cuenta en línea

Siga las instrucciones que le enviaron a su correo electrónico para activar su nueva cuenta de THPRD en línea.

Paso 3: La próxima vez que visite un centro de THPRD lleve un comprobante de domicilio a la recepción.



En Persona

Paso 1: Complete el formulario de información de la persona inscrita

Puede encontrar el formulario en línea o en cualquier centro de THPRD.

Paso 2: Lleve un comprobante de domicilio.

¡Pregúntenos si es elegible para Centro de Bienvenida!

Para más información vaya a thprd.org/events/centro-de-bienvenida

Para obtener más información o asistencia para crear una cuenta, comuníquese con nuestra oficina de administración al 503-645-6433 ¡Hablamos español!

Comprobante de Domicilio

Durante su visita para abrir una nueva cuenta de THPRD o para cuentas creadas en línea (antes de su primera clase o liga programada, o después de no más de cinco actividades sin inscripción), traiga lo siguiente:

*Cualquier identificación con foto proporcionada por el gobierno que incluya su dirección actual (por ejemplo, una licencia de conducir de Oregón, tarjeta de identificación de Oregón, tarjeta de identificación consular).

*Si su identificación con foto proporcionada por el gobierno no incluye su dirección actual (por ejemplo, un pasaporte o una licencia de conducir de otro estado), puede entregar otro tipo de comprobante de domicilio, como una factura de servicios públicos, un estado de cuenta bancario o un contrato de alquiler.

Si no tiene ningún comprobante de domicilio, puede optar por pagar la cuota fuera del distrito o pedir un reembolso prorrateado para su clase. THPRD se reserva el derecho de solicitar un comprobante de domicilio en cualquier momento; las direcciones deben verificarse cada cinco años. Puede encontrar la fecha de vencimiento de su cuenta iniciando sesión en línea en su cuenta de THPRD aquí: www.thprd.org/portal/.

¿Por qué verificamos su dirección?

Las personas que tienen una propiedad o residen dentro de los límites de THPRD apoyan nuestros servicios a través de los impuestos a la propiedad y son elegibles para beneficios que incluyen inscripción anticipada y programas a menor costo.

¿No vive dentro del distrito?

También podrá participar. Solo siga las instrucciones de arriba. No es necesario su comprobante de domicilio. Hay dos opciones disponibles para los usuarios que viven fuera del área de servicio de THPRD.

1. Pagar una cuota anual o trimestral
2. Pagar una prima de 25 % por clase

Para obtener más información sobre estas opciones, visite nuestra thprd.org/activities/am-i-in-district

General Information

Am I in-district?

Live out of district?

Patrons outside the district, including out-of-town guests, are invited to enjoy THPRD programs by choosing between two payment options:

Pay a 25% premium for each class, drop-in activity, fitness pass or program. Typically, out-of-district (OD) rates are listed in this activities guide. This option may not be used for facility rentals. *Please note that out-of-district patrons are ineligible to receive discounts provided to in-district youth, seniors, military families and guests with physical or developmental disabilities.*

OR

Pay an assessment fee (currently \$148.25 per quarter) that allows all household members to receive in-district rates on all THPRD classes, drop-in activities, fitness passes and other programs for any single term or an entire year.

Out-of-district registration dates:

Summer registration at 8 am on Monday, April 13.

Class Observation Guidelines

THPRD invites parents/guardians to observe class activities from inside the classroom/gymnasium on the first and last days of the term. Otherwise, we encourage parents/guardians to remain outside the classroom/gymnasium for the best instructional environment for the children. Off-site programs require a parent/guardian to be present at all times if the child is younger than 10 years of age. If you have any questions or concerns regarding these guidelines, please feel free to speak to the instructor or program coordinator. Thank you for your cooperation and understanding.

Inclement Weather

THPRD programs, classes and sponsored activities may be delayed or canceled if weather conditions warrant. For the latest information on THPRD aquatic and recreation center operations during inclement weather, sign up for text alerts by texting "join" to 833-340-0174 to subscribe. We will also post notices on www.thprd.org, social media and provide info to news media.

Dressing Rooms

It is requested that all individuals age 6 and over use the locker room that is most aligned with their affirmed gender. Please check with front desk staff if you have any questions.

Showers

If you use a THPRD shower but do not participate in a paid activity, a \$3.50 fee will be charged.

Cancellations, Discounts and Refunds

Delays, Closures and Changes

Occasionally centers will be closed or schedules changed or delayed due to special events or makeup classes. We make every effort to announce any change in advance. We strive to provide a clean facility for your enjoyment, and annual closures are required for major repairs and cleaning.

Full or Canceled Classes

All programs operate with a minimum enrollment requirement and maximum enrollment capacities. The district reserves the right to cancel, change or combine programs. Classes will not be canceled within 72 hours of the start date except in extraordinary circumstances. When the district cancels or postpones a class, the total fee will be credited to the participant's THPRD registration account.

Waiting Lists

Once a class is filled, a waiting list will be created. Note: Even if an additional class is created, it may not be at the same time or day as the waiting list class.

Refunds

THPRD's policy is to refund monies collected for services, in a timely manner, whether initiated by the district or the participant.

If a longer refund request period is necessary, it will be noted in the class description and activities guide and on the patron invoice. No credit will be applied to the participant's THPRD registration account with less than the required notice.

For a complete copy of the THPRD cancellation and refund policy, please visit www.thprd.org.

Classes

Requests to drop or change a class must be made five days prior to the first day of class to receive a full refund minus any applicable fees.

Requests made within five days up to the start date will be refunded on a THPRD gift card.

After a patron's second cancellation in a term, a cancellation fee of \$10 will be charged if canceled five days before, and \$20 if within five days.

Camps

Requests to drop or change a camp registration must be made at least 14 days prior to the start of the camp to receive a full refund minus

deposit. An approved request will be refunded on a THPRD gift card. A deposit of \$30 per week will be charged for camps. Camp deposits are nonrefundable and nontransferable.

Tennis Courts

Requests to drop or change a reservation for a tennis court must be made 48 hours prior to the reservation for a full refund.

Discounts

Discounts are available to **in-district** patrons only.

A patron representing multiple protected classes – for example, a 65-year-old military veteran – would not be eligible for multiple discounts.

Senior and Youth Discounts

A 10% discount is available at all THPRD facilities for **in-district** patrons 65 years and older, except at the Stuhr Center, where a discount is already included in the price. Youth discounts apply to daily admissions and passes (no discounts on classes) to children between the ages of 1 and 17. The youth discount rate is the same as the senior discount rate.

Military Discount

All **in-district** individuals and their dependents (with government-issued identification/documents) who are currently serving or have served (active duty, National Guard, Reserves, veterans and retirees) in the U.S. military (Army, Navy, Air Force, Marines and Coast Guard) will receive a 10% discount on qualifying programs and services.

When Discounts Do Not Apply

No discounts are available for non-subsidized district activities. These include but are not limited to private lessons, facility rentals, trips, childcare, concessions, merchandise and special events.

Passes

Deluxe and general passes are non-refundable and non-transferable. No refunds given for deluxe or general passes.

Please note: Gift card purchases are nonrefundable. The only exception is for balances less than \$5. Patrons who qualify for this exception must request the refund.

Información general de THPRD

¿Estoy dentro del distrito?

¿Vive fuera del distrito?

Se invita a los usuarios que viven fuera del distrito, incluyendo a los huéspedes fuera de la ciudad, a disfrutar de los programas de THPRD eligiendo entre dos opciones de pago:

Pague una prima del 25 % por cada clase, actividad sin inscripción, pase de condición física o programa. Normalmente, las tarifas para personas que viven fuera del distrito (OD) se mencionan en esta guía de actividades. Esta opción no se puede utilizar para alquileres en el centro. *Tenga en cuenta que las personas que no viven dentro del distrito no son elegibles para recibir los descuentos que se les dan a los jóvenes, adultos mayores, familiares de miembros de las fuerzas armadas e invitados con discapacidades físicas o de desarrollo.*

Pague una cuota (actualmente \$148.25 por trimestre) que permite a todos los miembros del grupo familiar recibir las mismas tarifas que las personas del distrito en todas las clases de THPRD, actividades sin inscripción, pases de condición física y otros programas por una temporada o por todo el año.

Fechas de inscripción fuera del distrito:

Inscripción de verano a las 8:00 am el lunes, 13 de abril.

Directrices para observar la clase

THPRD invita a los padres/tutores a observar las actividades de clase desde el interior del salón de clases/gimnasio el primer y último día del período. De lo contrario, animamos a los padres/tutores a permanecer fuera del salón de clases/gimnasio para lograr el mejor entorno educativo para los niños. Los programas fuera del lugar exigen que uno de los padres/tutor esté presente en todo momento si el pequeño es menor de 10 años. Si tiene alguna pregunta o preocupación con respecto a estas directrices, no dude en hablar con el instructor o con el coordinador del programa. Gracias por su colaboración y comprensión.

Inclencias del tiempo

Los programas, clases y actividades que patrocina THPRD pueden retrasarse o cancelarse si las condiciones del clima lo justifican.

Para obtener la información más reciente sobre las operaciones del centro recreativo y acuático de THPRD durante las inclencias del tiempo, llame a nuestra línea directa las 24 horas al 503-614-4018 o visite nuestro sitio web, www.thprd.org. También publicaremos avisos en las redes sociales y daremos información a los medios de comunicación.

Vestidores

Todas las personas mayores de 6 años utilizan los vestidores que más se alineen con su género afirmado. Consulte al recepcionista si tiene alguna pregunta.

Duchas

Si usa una ducha de THPRD, pero no participa en una actividad pagada, se hará un cargo de \$3.50.

Cancelaciones, descuentos y reembolsos

Retrasos, cierres y cambios

Ocasionalmente, los centros estarán cerrados o los horarios cambiarán o se retrasarán debido a eventos especiales o para reponer clases. Hacemos todo lo posible para anunciar cualquier cambio con antelación. Nos esforzamos por dar un centro limpio para que usted lo disfrute y los cierres anuales son necesarios para hacer reparaciones mayores y para limpiar.

Clases llenas o canceladas

Para poder operar, todos los programas requieren un mínimo de personas inscritas y tienen una capacidad máxima de participantes. El distrito se reserva el derecho a cancelar, cambiar o combinar programas. Las clases no se cancelarán durante las de 72 horas antes de la fecha de inicio, excepto en circunstancias extraordinarias. Cuando el distrito cancele o posponga una clase, el cargo total será acreditado a la cuenta de inscripción en THPRD del participante.

Listas de espera

Una vez se llena una clase, se crea una lista de espera. Nota: Incluso si se crea otra clase, puede ser que no sea a la misma hora o el mismo día que la clase de la lista de espera.

Reembolsos

La política de THPRD es reembolsar el dinero recaudado por los servicios, de manera oportuna, ya sea que lo inicie el distrito o el participante.

Si es necesario un período de solicitud de reembolso más largo, se mencionará en la descripción de la clase y guía de actividades y en la factura del usuario. No se aplicará ningún crédito a la cuenta de inscripción de THPRD del participante con menos del aviso necesario.

Para obtener una copia completa de la política de cancelación y reembolso de THPRD, visite www.thprd.org.

Clases

Las solicitudes para dar de baja o cambiar una clase deben hacerse cinco días antes del primer día de clase para recibir un reembolso completo, menos cualquier cargo aplicable. Las solicitudes que se hagan dentro de los cinco días anteriores a la fecha de inicio se reembolsarán en una tarjeta de regalo de THPRD.

Después de la segunda cancelación en una temporada, se cobrará un cargo por cancelación de \$10 si se cancela cinco días antes, y de \$20 si se cancela dentro de los cinco días.

Campamentos

Las solicitudes para cancelar o cambiar la inscripción en un campamento deben hacerse al menos 14 días antes del inicio

del campamento para recibir un reembolso completo, menos el depósito. Una solicitud aprobada se reembolsará en una tarjeta de regalo de THPRD.

Se cobrará un depósito de \$30 por semana por los campamentos. Los depósitos de los campamentos no son reembolsables ni transferibles.

Canchas de tenis

Las solicitudes para cancelar o cambiar una reserva de una cancha de tenis deben hacerse 48 horas antes de la reserva para recibir un reembolso completo.

Descuentos

Hay descuentos disponibles solo para usuarios **del distrito**.

Un usuario que representa a varias clases protegidas, por ejemplo, un veterano militar de 65 años, no es elegible para múltiples descuentos.

Descuentos para adultos mayores y jóvenes

Hay un 10 % de descuento disponible en todos los centros de THPRD para los usuarios **del distrito** que sean mayores de 65 años, excepto en Stuhr Center, donde el descuento ya está incluido en el precio. Los descuentos para jóvenes se aplican a las entradas y pases diarios para niños entre 1 y 17 años (no hay descuentos en las clases). La tarifa de descuento para jóvenes es la misma que la tarifa de descuento para adultos mayores.

Descuento a las fuerzas armadas

Todas las personas **del distrito** y sus dependientes (con identificación/documentos proporcionados por el gobierno) que actualmente están sirviendo o han servido (servicio activo, Guardia Nacional, Reservas, veteranos y jubilados) en las fuerzas armadas de los EE. UU. (Ejército, Armada, Fuerza Aérea, Marines y Guardia Costera) recibirán un 10 % de descuento en los programas y servicios que califiquen.

Cuando no aplican los descuentos

No aplican los descuentos en las actividades no subvencionadas del distrito. Estas incluyen, entre otros, lecciones privadas, alquiler de centros, viajes, cuidado infantil, concesiones, mercadería y eventos especiales.

Pases

Los pases Deluxe y generales no son reembolsables ni transferibles.

Tenga en cuenta que: las compras con tarjetas de regalo no son reembolsables. La única excepción es para saldos de menos de \$5. Los usuarios que califiquen para esta excepción deben pedir el reembolso.



Mission Statement

The mission of the Tualatin Hills Park & Recreation District is to provide high-quality park and recreation facilities, programs, services, and natural areas that meet the needs of the diverse communities it serves.

Vision Statement

We will enhance healthy and active lifestyles while connecting more people to nature, parks, and programs. We will do this through stewardship of public resources and by providing programs/spaces to fulfill unmet needs.

Equity, Inclusion, & Belonging Statement

THPRD's goal is to serve every individual with dignity, fairness, and respect. We are dedicated and hold ourselves accountable to being a welcoming and inclusive organization that lives our values by advancing equity, inclusion, fairness, belonging, and respect for all. As stewards of public lands and spaces, we are committed to keeping these spaces safe, accessible and bringing people together.

Board of Directors



Pradnya Patil
Director



Alfredo Moreno
President
Director



Barbie Minor
Director



Miles Palacios
Secretary
Director



Tya Ping
Secretary Pro-Tempore
Director

Management Team

Doug Menke, General Manager
Aisha Panas, Deputy General Manager
Jessica Collins, Executive Assistant
Jared Isaksen, Finance Director

Julie Rocha, Sports & Inclusion Director
Steve Sutton, Human Resources Director
Sabrina Taylor Schmitt, Recreation & Aquatic Director
Holly Thompson, Communications Director





Misión

La misión de Tualatin Hills Park & Recreation District (THPRD) es ofrecer instalaciones, programas, servicios y áreas naturales de alta calidad que satisfagan las necesidades de las diversas comunidades a las que servimos.

Visión

Promoveremos estilos de vida saludables y activos mientras conectamos a más personas con la naturaleza, los parques y los programas. Lograremos esto a través de una gestión responsable de los recursos públicos y ofreciendo programas y espacios que respondan a las necesidades no satisfechas de la comunidad.

Declaración de Equidad, Inclusión y Pertenencia

El objetivo de THPRD es servir a cada persona con dignidad, justicia y respeto. Nos comprometemos y asumimos la responsabilidad de ser una organización acogedora e inclusiva, que vive sus valores al promover la equidad, la inclusión, la justicia, la pertenencia y el respeto para todas las personas. Como organización que resguarda las tierras y los espacios públicos, nos comprometemos a mantenerlos seguros, accesibles y a buscar siempre las mejores formas de reunir a las personas y fortalecer el sentido de comunidad.

Junta Directiva



Pradnya Patil
Directora



Alfredo Moreno
Presidente Director



Barbie Minor
Directora



Miles Palacios
Director Secretaria



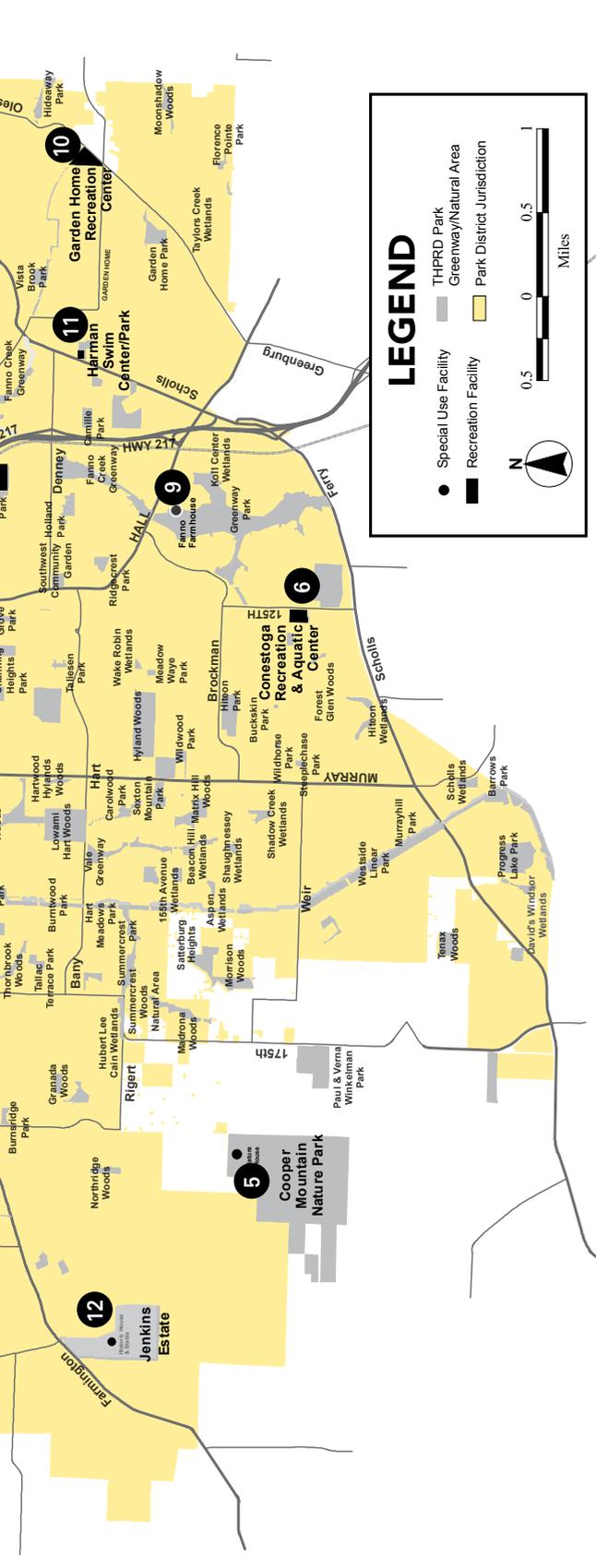
Tya Ping
Presidenta Secretaria
Pro-Tempore

Equipo de Supervisores

Doug Menke, Director General
Aisha Panas, Subdirectora General
Jessica Collins, Asistente Ejecutiva
Jared Isaksen, Director de Financieros

Julie Rocha, Directora de Deportes e Inclusión
Steve Sutton, Director de Recursos Humanos
Sabrina Taylor Schmitt, Directora de Recreación y Acuática
Holly Thompson, Directora de Comunicaciones





LEGEND

- Special Use Facility
- THPRD Park
- Recreation Facility
- Park District Jurisdiction

0 0.5 1 Miles

Map Facility.....	Page	Map Facility.....	Page	Map Facility.....	Page
1 Howard M. Terpenning (HMT) Recreation Complex 15707 SW Walker Road Beaverton, 97006 TriMet #59, 67 Administration Office 503-645-6433	59, 67	6 Conestoga Recreation & Aquatic Center 9985 SW 125th Avenue Beaverton, 97008 503-629-6313 TriMet #62, 92	26, 68	13 Tualatin Hills Nature Park & Nature Center 15655 SW Millikan Way Beaverton, 97003 503-629-6350 TriMet MAX Blue Line	109
2 Aloha Swim Center 18650 SW Kinnaman Road Aloha, 97078 503-629-6311 TriMet #52, 57, 88	20	7 Elsie Stuhr Center 5550 SW Hall Blvd. Beaverton, 97005 503-629-6342 TriMet #76, 78, 88	84	14 PCC Rock Creek Recreation Facility 17705 NW Springville Road Portland, 97229 503-645-6433 TriMet #52, 67	67
3 Beaverton Swim Center 12850 SW Third Street Beaverton, 97005 503-629-6312 TriMet #52, 76, 78	23	8 Fanno Creek Service Center 6220 SW 112th Avenue, Suite 100 Beaverton, 97008 503-629-6305	88	15 Raleigh Swim Center (summer only) 3500 SW 78th Avenue Portland, 97225 503-297-6888 TriMet #58	67
4 Cedar Hills Recreation Center 11640 SW Park Way Portland, 97225 503-629-6340 TriMet #20, 59	52	9 Fanno Farmhouse 8405 SW Creekside Place Beaverton, 97005 503-629-6313 TriMet #76, 78	93	16 Somerset West Swim Center (summer only) 18300 NW Parkview Blvd. Portland, 97229 503-645-1413 TriMet #52, 89	33
5 Cooper Mountain Nature Park 18892 SW Kemmer Road Beaverton, 97007 503-629-6350	108	10 Garden Home Recreation Center 7475 SW Oleson Road Portland, 97223 503-629-6341 TriMet #45	93	17 Sunset Swim Center 13707 NW Science Park Drive Portland, 97229 503-629-6315 TriMet #48, 62	33
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Summer 2026 - Events Calendar

Day	Event Name	Time	Location
June			
3	Blood Drive	8 am-1 pm	Conestoga Recreation & Aquatic Center
7	Kickoff Pride Month Dance Party	4-7 pm	Conestoga Recreation & Aquatic Center
7	EID ul-Adha Celebration & Bazaar	4-8 pm	Cedar Hills Park
12	FIFA Watch Party	6 pm start	HMT Complex/Athletic Center field #1
12	PRIDE Party	6-8:30 pm	Garden Home Recreation Center
14	Band in the Park	5-7 pm	TBD Park
15	Sunset's Summer Kick Off	1-4 pm	Sunset Swim Center
20	夏祭り (Natsu Matsuri)	2-8 pm	Conestoga Recreation & Aquatic Center
24	Hot Dog Wednesday \$	5-7 pm	Cedar Hills Recreation Center
25	Summer Kick-off Event w/ Beaverton Safe Routes to School Bike Rodeo & FIFA Watch Party	6:30-8:30 pm	Mt. View Champions Park
26	Summer Theme Night @ Pool - Kpop Demon Hunters \$	6-8:30 pm	Conestoga Recreation & Aquatic Center
28	Pride in the Park	11 am-2 pm	Cedar Hills Recreation Center
July			
4	4th of July Celebration	11 am-2 pm	Veteran's Memorial Park
8	Enchanted Family Day	10 am-12 pm	TBD Park
8	Frida Kahlo Birthday Celebration	All-day	Garden Home Recreation Center
8	Summer Splash Day \$	4-7 pm	Arnold Park
10	Lights & Sounds on the Lake	6:30-8 pm	Progress Lake Park
11	Concert in the Park w/ Beaverton Community Band	5-7 pm	Autumn Ridge Park
11	Harman's Mermaid Tea Party: Morning Tea	11 am-1 pm	Harman Swim Center
11	Harman's Mermaid Tea Party: Afternoon Tea	3-5 pm	Harman Swim Center
12	Pump it up with Pride	9:30-11 am	Cedar Hills Recreation Center
12	Conestoga Block Party	4-7 pm	Conestoga Recreation & Aquatic Center
15	Hot Dog Wednesday \$	5-7 pm	Cedar Hills Recreation Center
16	Concert in the Park	6:30-8 pm	Greenway Park
24	Summer Theme Night @ Pool - Minecraft \$	6-8:30 pm	Conestoga Recreation & Aquatic Center
25	Concert in the Park w/ Beaverton Community Band	5-7 pm	Ridgewood View
29	K-Pop Summer Bash	10 am-12 pm	Parivar Park

^sSmall admission fee.



4th of July Celebration



Summer Kick-off event



Hot Dog Wednesday event

Summer 2026 - Events Calendar

August

1	Big Truck Day (9 am Silent start, 10 am All)	9 am-1:30 pm	Conestoga Recreation & Aquatic Center
5	Hot Dog Wednesday \$	5-7 pm	Cedar Hills Recreation Center
6	Concert in the Park	6:30-8 pm	Cedar Hills Park
12	Summer Splash Day \$	4-7 pm	Arnold Park
14	Summer Theme Night @ Pool - Spidey and Friends	6-8:30 pm	Conestoga Recreation & Aquatic Center
15	Tri Together: Pedal Run Dip \$	9 am-1 pm	HMT Complex
19	Theater in the Park	6:30 pm	Camille Park
22	Poolside Pride: Summer	6-8 pm	Harman Swim Center
22	Skates in the Park... all wheels welcome!	5-7:30 pm	Center Street Park
29	Canine Community Carnival	9 am-12 pm	Garden Home Recreation Center

September

1-30	Hispanic Heritage Month		Conestoga Recreation & Aquatic Center
TBD	Bilingual Spanish Open House (Welcoming Week)	4-8 pm	Tualatin Hills Nature Center
2	Blood Drive	8 am-1 pm	Conestoga Recreation & Aquatic Center
9-13	Active Aging Week		CRAC and others
19	Threads of Culture		Conestoga Recreation & Aquatic Center
25	Health & Wellness Fair	8 am-1:30 pm	Elsie Stuhr Center

^{\$}Small admission fee.



Big Truck Day event



Canine Community Carnival event



Advertise with THPRD

NEW: THPRD is now offering sponsors the opportunity to advertise your business or organization within the THPRD Activities Guide.



Activities Guide Highlights

- 🌈 Our Activities Guide is available both in print and digital editions.
- 🌈 30,000 copies are printed each year.
- 🌈 1 Million+ visits to the THPRD website annually.
- 🌈 Show the community you support local parks and recreation programs.
- 🌈 Sponsorship dollars help fund district operations that support Adaptive and Inclusive Recreation Services, the Rec Mobile Program, Financial Aid Program, and more!

COST PER AD

Ad Size	One Issue	Two Issues	Three Issues
Inside Back Cover	\$2,500	\$2,250	\$2,025
Back Cover	\$2,250	\$2,025	\$1,823
Full Page	\$2,000	\$1,800	\$1,620
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Discounts available for multiple ads

Other Sponsorship Opportunities

Interested in learning more about THPRD sponsorship opportunities?

We've got options for:



Field Sponsorships – banners etc.



Event Sponsorships – brand activations, sampling, signage, etc.



Digital Promotion – E-newsletter inclusion distributed to 58,000 subscribers

Contact

McKenzie Miller
 Sponsorship Administrator
 m.miller@thprd.org or 971-254-5066



T H P R D Welcomes you!



TUALATIN HILLS
PARK & RECREATION DISTRICT