



December 12, 2025

**Celebrating 70 years of THPRD,
50 years of the Elsie Stuhr Center
and Elsie's Birthday, December 19**

Events Schedule

9 - 9:45 am	Nutrition Presentation*
10 - 11:15 am	Fitness Sampler*
11 - 11:45 am	Gardening Presentation*
11 - 1 pm	Visioning Session*
11:30 - 12:30 pm	Line-Dancing Class*
11:30 - 1 pm	TVF&R Sampler*
1 - 1:10 pm	Speeches
1:10 - 2 pm	Westside Singers perform 70s favorites and Cake Cutting

Crafts and healthy snacks in the lobby from 9 am - 1pm.

*Attend any of these sessions to receive a raffle ticket to win an Elsie Stuhr Day t-shirt.

